Pharmacopœia Extemporanea:

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BODY

OF

MEDICINES,

CONTAINING

A Thouſand Select Preſcripts,

ANSWERING

Moſt Intentions of CURE.

To which are added,

Uſeful *Scholia*, a CATALOGUE of *REMEDIES*, and Copious INDEX:

For the Aſſiſtance of young Phyſicians.

The THIRD EDITION with ADDITIONS,

By the AUTHOR

THOMAS FULLER, M. D. Cantab.

Mille mali ſpecies? Mille ſalutis erunt.

LONDON: Printed for W. and J. INNYS, at the *Prince's Arms* at the Weſt-End of St. *Paul's* Church-yard. 1719.

BRITISH MUSEUM

TO THE PHYSICIANS.

WEDELIUS dedicated his *Physiologia* to his dead Wife; and almost all Writers dedicate to somebody. But for my own part, I have some Things against the common Manner, and Design of Dedicators.

First, they treat their Patron with such false Commendation, and barefac'd Flattery, that they defeat thereby even their own Pretence: For instead of publickly thanking, and honouring him, they plainly injure, and disgrace him, by intimating he is a Fool vain enough to be caught, and impos'd upon by such Stuff.

Then again they address to improper Persons; either to such as are too unlearned, or

otherwise inconsiderable to defend them: Or else too great, and full of Employment to regard them. *W. S.* was an ordinary Man, and of no University; yet one of his Physical Books was inscribed to King *Charles*; another to King *William*; and a third to Queen *Mary*: And to as good Purpose Three more might have been to the *Czar*, Grand *Siegnior*, and Great *Mogul*. For it's not to be supposed, these August Princes should be Judges of such Writings, were ever like to see them; or trouble themselves about them.

Add to this, the Protection they would request against Cavillers and Critics, can signify little. For a substantial Work will stand up in its own Strength, and make its Way without an Helper. But a slight defective Piece will fall, and be trodden down, tho' the Name of the mighty Patron stand in Front to support it. And then all the Dedicator gets, is but to be call'd an impudent unmannerly Fellow, for presuming so sawcily upon Majesty, or Honour, as to make it a Voucher for his paltry Performance.

But that which scandalizes me most of all is, to see a learned, well deserving Author with a Panegyrical Dedication in his Hand, cringe, and crawl after a Purse-proud Citizen, or self-seeking Courtier, in hopes of Patronage; present Support, or perhaps a Promise of being helpt (if he wait long enough) into some petty Place of Profit.

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Theſe Things conſider'd, others may do as they pleaſe; but I declare, I ſee no good Uſe of common Dedications; and therefore at preſent am ſo unfaſhionable as to make none: But inſtead thereof, will firſt ſhew the Occaſion of my compiling and publiſhing my *Pharmacopœia:* Then wherefore I tranſlated it: And laſtly endeavour at an Apology for both.

Before I ventured upon Practice, I made a very great Collection of the beſt, and neateſt Medicines I could pick up from Books, Bills, and Communications; and then compos'd a Manual out of all; not to tranſcribe Receipts out of, but to conſult upon Occaſion, and uſe as an Aſſiſtant to my Memory and Invention.

Accordingly, all along in the Courſe of my Buſineſs, I tied not up myſelf to the Preciſeneſs of ſet Forms, nor fell into the idle way of an Hackney-Bill Practice; but evermore varied Preſcripts as Indications directed; and Palates allowed: For I taſted almoſt every Thing I ordered; and then took Notice how the Compoſition was made up; carefully obſerved its Operation; and conſtantly amended all I diſliked.

By this means my Medicines, and Forms perpetually altering, and increaſing; I found it expedient ever now and then to new-model, and copy them out again. And this from time to time I repeated; till I had made my Book ſix or ſeven times over.

Now it so chanced, that a certain young Gentleman, a Batchelor in Physic, having gotten one of these, carried it into *Holland*, and *Flanders*, and died at *Antwerp*, and left it there.

This unlucky Accident gave me great Uneasiness; for I knew not into what Hands it might fall; and perhaps the *Dutch* might print it upon me, rough as it was, and unprepared for the Press.

To prevent this, I went over it again with Care, and selected such a Body of pleasant, safe, effectual, regularly compos'd, and easily procur'd Medicines, as I judged might suffice to answer most Intentions of Cure. To which I subjoined Virtues, Reason of Operation, Observations, Rules, Cautions, Manner of giving Doses, Index, *&c.* And so having made it a thorow new Work; and hoping it might prove useful to young Practitioners, was content to publish it in *Latin*; and as Editions sold off, successively put out new ones; and never intended it should appear in *English*.

But such is the Unfairness of People, that four several Translations of it were abroad in order to be printed without my Consent, or so much as Knowledge. And at length, when there came out an Advertisement in the *Post-Man*, *Sept.* 18. 1708. that it was going to the Press, in the Company of several other *Pharmacopœias*, on *Michaelmas-Day* next; I was afraid of being ill-used, and so was forced to translate it myself. This

This Relation is true; and may be sufficient to silence a Caviller, and satisfie a reasonable Man, why I publish'd my *Pharmacopœia* at all; and why afterwards in *English*. I was forced to it; and I designed a publick Good.

And I am willing to flatter myself, that I have not wholly failed of Success in my Design. For my *Latin* Book hath had Five Editions in *England*; and Two in *Holland*: And this being the Third of the *English*, makes up Ten Editions. And here, by the by, the Reader is to take notice, that having now brought it up to the round Number of a Thousand Prescripts; I never intend to add any more of them, if it should chance to be printed again. Only if useful *Scholia* occur, perhaps I may insert them; as I have now added all that were in the *Latin* of the last Edition.

But for a farther Apology; suppose I had not been forced (as I really was) to publish my Book: I have yet this to alledge, That I am not the only Person who hath been so industrious as to collect, and so kind as to communicate Medicines. The first Physic Writings were nothing but Receipts; which, when experimented, they used to hang up in the Temples of *Æsculapius*, for the common Benefit. Our *Greek* and *Latin* Authors have left us theirs; particularly *Scribonius Largus* publish'd a whole Treatise in *Latin*, as *Myrepsus* did since in *Greek*, of nothing but Compositions. The *Arabians* have filled their Volumes

lumes with them. And our Moderns, and Moderneſt of all have done the ſame, as *Willis*, *Sydenham*, *Sylvius*, *Ettmuller*, and many others, beſides ſeveral yet living.

And now, if (in order to aſſiſt not Quacks, but young Phyſicians) I have been at the Pains, to gather, methodize, illuſtrate, and publiſh ſo large a Body of Preſcripts; and made one Part of the *Ars longa*, ſomething ſhorter for them; or given Hints to others to do it better; (for ſeveral have publiſhed *Pharmacopœias* ſince, in imitation of mine) or even endeavour'd at it; I ſhall take leave to think, I merit Excuſe at leaſt, if not Thanks. At the ſame time, the Ignorant, the Idle, and the Envious, who do nothing for the Publick themſelves, and hate, and ridicule, and hinder thoſe that labour for it, may go on, and think as their malignant Nature inclines them; but *Lucan* makes a glorious *Encomion* upon *Cato*, when he ſays of him,

Non ſibi, ſed toti genitum ſe credere Mundo.

As for putting it out in *Engliſh*, I can plead again (as before) the Example of our great Predeceſſors in all Ages. *Hippocrates* and the *Grecians* uſed only their Mother-Tongue: *Celſus* tranſlated two Books of Compoſitions out of *Greek*; and accounts it *Dignum ſublimi Romanorum Majeſtate.* The *Arabians* wrote all their Works in *Arabic*. And now

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in our times, the *French* have publiſh'd in their vulgar Tongue (beſides many other Medical Tracts) a large Collection of Receipts for moſt Diſeaſes, in Alphabetic Order; which the Faculty hath licenſed, and the Biſhops recommended to the Pariſh-Prieſts, and charitable Perſons.

And we of our Nation have of late publiſh'd in *Engliſh*, natural Philoſophy, Inſtitutes of Phyſic, Anatomy, Botany, Chymiſtry, Theory, Practice, Obſervations, and Forms of Medicines alſo. And Dr. *Morton* in particular tranſlated his own Book of Conſumptions, being compelled to it in the ſame Manner that I was.

I might, *ex abundanti*, add to this Plea of Precedents, a National one too: It hath not ſeemed good to the Wiſdom of our ſupreme Authority to forbid *Engliſh* Phyſic-Books, no nor ſorry, injurious Tranſlations neither, the Reaſon for which laſt I confeſs I underſtand not.

And farther yet, I could enforce all with this *Dilemma*. If thoſe who cannot read *Latin*, may not practiſe; why doth not Authority hinder them? If they may; why muſt not I help them?

But to draw towards a Concluſion; from what hath been ſaid, it's undeniably evident, that others in all Ages have publiſh'd Medicines, and done it in their vulgar Tongue. Pray, for what Reaſon then muſt I alone be

ſingled

singled out, and censur'd, and ill-used, as tho' I, and none but I, prostituted Learning, profan'd the Profession, and assisted Empirics? No, no; it is not I that assist them; but those that license them: Those that have Power, and don't punish them: Those that favour them, join, consult with them, and employ them. Let them but be discountenanc'd by the Physicians; legally forbidden, and suppressed; and then this poor Book of mine will never be prejudicial to Learning, nor the Faculty neither.

This by way of Apology, which I wish may reach some certain Persons, and give them Pain, till they remember what they have done, and turn better Men. But what my own real Sentiments, and Inclinations are, concerning ignorant, uneducated, presumptuous Peoples Practising, may be more than guessed at from the following Epistle.

BRITISH
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MUSEUM

To

To the ENGLISH READER.

YOU may perhaps object against this Translation, that it's full of hard Words, and a Sort of Latin English. I confess it is so, and that partly upon direct Design, to keep up the Dignity of Physic, set it above the Reach of the Vulgar, and secure it to those it belongs to; and partly upon mere Necessity: For Philosophy and Physic are not so naturalized yet among us, as to speak plain English; and therefore we must allow them to keep their native Greek and Latin Terms of Art, and many Times Expressions also: Otherwise we should be ridiculously singular, and less understood.

And those that are so Ignorant, and Ordinary, that they cannot apprehend what I write, should be so diffident also, as not to read it. For whatever they may think, it is assuredly one of the highest and most criminal Presumptions in the World, to thrust themselves into Physic, a Calling so honourable, so difficult, and so extremely dangerous. Which three Considerations I propose to enlarge upon, as hoping to convince them they ought not attempt it, and persuade them to settle in such Business and Stations as their Parts and Breeding hath fitted them for, and Providence hath commanded them to labour in.

Hippo-

Hippocrates *pronounceth Physic to be the nobleſt of all Arts whatſoever. In ancient Times it was of ſuch venerable Eſteem, that the Inventors and Improvers of it were accounted Gods, and frequently ſtyled Sons of Gods, and Hands of God. 'Twas the common Belief of the Heathens, that it came by Inſpirations; and the Chriſtians held the ſame. Thus St.* Auſtin (de Civ. Dei) *ſaith,* Corporis Medicina (ſi altiùs rerum origines repetas) non invenitur unde ad homines manare potuerit, niſi à Deo. It cannot be conceived whence Phyſic ſhould come to Man, but from God himſelf.

It's certain Matter of Fact, that 'twas encouraged, ſtudied, yea and practiſed by Kings, Princes, Philoſophers, Pontiffs, the higheſt, wiſeſt, and beſt of Men; whereof ſome were honoured with divine Worſhip after Death, and others with Statues at the Public Charge.

Ælian (de Animalib. Lib. 2. C. 18.) *tells us, Heroes only, and the Sons of Gods, formerly underſtood Medicine, and practiſed. And we have authentic Accounts, that 'twas delivered from Father to Son in the* Aſclepiad *Family, excluſive of others, for Twelve Hundred Years, and upwards.*

Homer *acquaints us in what great Eſteem* Machaon *and* Podalyrius *were in the* Grecian *Army.* Virgil *joins* Iapis *the Phyſician to his Æneas: And* Silius Italicus *imitating him, adds* Synalus *likewiſe to* Hannibal.

Archagathus *was the firſt Alien that ever had the Honour of being made free of* Rome. Julius Cæſar *made all the Phyſicians that would come and live there Denizons. When* Auguſtus *baniſhed the other* Greeks *from the City, he excepted the Phyſicians.*

Philippus *was the Darling of* Alexander, Timocleas *and* Nicias *of* Pyrrhus; Dioſcorides *of* Antony *and* Cleopatra; Muſa *of* Auguſtus; Galen *of the* Antonines; Oribaſius *of* Julian. *And of late* Petre de la Valle *reports, That the* Great Mogul *called his Phyſician* Macrob Chan, The Lord of my Health.

What magnificent, and even Prodigal Rewards were heaped upon them in old Times, you may read, and wonder at, in Pliny's Nat. Hiſt. Lib. 29. C. 1.

When Melampus *was to cure* Prætus *(King of the* Argives) *his Daughters, he agreed with him, that he ſhould give him one Third of his Kingdom; another Third to his*

Brother Bias; *and to each of them one of the Princeſſes to Wife.*

The Athenians *honoured* Hippocrates *with an Initiation into the Grand Myſteries, as they had* Hercules *before; gave him a Crown worth a Thouſand Pieces of Gold, the Freedom of* Athens, *and a Maintenance all his Life at the Public Expence.*

Phalaris *gave* Polycletus *four Phials of pure Gold, two Craters of Silver of the Workmanſhip of the Ancients, ten Pair of Thericlian Cups, twenty Virgins, fifty Thouſand* Attic *Crowns. Moreover he ſettled upon him the ſame Salary an Admiral of the Navy and Captain of the Guards uſed to receive: And after all, complemented him, ſaying,* He was not able to pay what the Obligation of Curing him deſerved. *Agreeable to which,* Seneca (de Benefic. Lib. 6. C. 15.) *ſaith,* Quædam pluris eſſe, quam emuntur: Emis à medico rem inæſtimabilem, vitam ac valetudinem bonam. Some things are bought for leſs than they are worth: You buy of a Phyſician that which cannot be equal'd by any Price, namely, Life and Health.

But nearer our own Age. Cornelius Agrippa (de Vanit. Scient. Cap. 83.) *records, That* Peter Aponius, *who profeſſed at* Bononia, *wou'd not ſtir a Foot out of the City to any one under fifty Crowns a Day: And when he was called to Pope* Honorius, *he made his Bargain for four hundred Crowns a Day.*

Thadeus, *a* Florentine *Phyſician, had likewiſe the ſame Sum of fifty Crowns a Day; and being ſent for to* Rome, *and having ſtay'd there ſome little Time, returned home with ten thouſand Crowns in his Pocket.*

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Lewis Duretus, *who came to* Paris *a poor Man, grew into ſuch Favour with* Henry III. *of* France, *that when his Daughter was married, the King led her by the Right Hand,*

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and her Father by the Left, to Church: And the King made her a Preſent of Plate of above forty thouſand Florins value; and he would never eat, but Duretus *muſt be by.*

Philip II. *of* Spain *gave* Valleſius *beſides an exceſſive annual Salary) ſix thouſand Crowns at once.*

Thus were they eſteem'd, careſſed, rewarded. But to make Phyſic all Glorious, and truly Sacred, the Lord of all, Jeſus Chriſt himſelf, employed a great Part of his miraculous Life, not in the Affairs of Government, which he avoided, John vi. 15. *Nor in Matters of Law, which he abſolutely refuſed touching upon,* Luke xii. 14. *But in going about and doing Good, by curing Bodily Maladies: And he ſent forth his Diſciples to heal all manner of Sickneſs, and all manner of Diſeaſe.*

Which Example and Commiſſion ſet it up (in my Opinion) infinitely above all other Arts, Sciences, Faculties, Callings, and Buſineſs whatſoever, Theology only excepted.

And yet now-a-days the Profeſſion of Phyſic (tho' brought to a greater Perfection than ever before) its Dignity and Degrees are ſo deſpicably fallen, that the loweſt of the People, who are not of the Sons of Æſculapius, *pretend to it. And ſuch a mere Mob, and Fag Part of Women, as well as Men, uſurp the Title, that an Univerſity Graduate is aſhamed almoſt to be called Doctor, ſince he muſt ſhare it together with the Barber, Farrier, Mountebank, and wiſe Woman.*

But ſecondly, beſides the Dignity and Honour of Phyſic, it's undoubtedly one of the moſt difficult Arts to attain, that ever humane Wit attempted.

It requires us to underſtand the learned Languages, Natural Philoſophy, all the Parts of the Body, and the Animal Oeconomy; The Nature, Cauſes, Times, Tendencies, Symptoms, Diagnoſtics, and Prognoſtics of Diſeaſes; the Indications of Cure, and Contra-Indications; the Rules and Errors of Living as to the ſix Non-naturals. We muſt have the Skill to judge to whom, for what, when, how much, how often, to preſcribe Bleeding, Vomiting, Purging, Sweating, and other Evacuations: As alſo Opiates, Chalybeates, Cortex, and the numberleſs other Alteratives.

We muſt be very well acquainted with the Virtues, Faults, Preparations, Compoſitions, and Doſes of Vegetables, Animals, Minerals, and all the Shop Medicines. And laſtly, to complete all, muſt be able, upon every emergent Occaſion, to write

write a Bill for a Patient, readily, pertinently, and in Form according to Art.

Now to accompliſh all this, a Man had need be rightly born, and ſet out by Nature with a peculiar Genius, and particular Fitneſs, and with a ſtrong prevailing Inclination to this Study and Practice above all others.

He muſt be endowed with Diligence, Sagacity, Gravity, Integrity; and ſuch a convenient Briskneſs and Courage, as will bear him up, and carry him thro' Difficulties, without preſumptuous Raſhneſs, or barbarous Hard-heartedneſs.

And then, it's neceſſary that he be a Man of a competent Eſtate, to anſwer the great Expence of Education and Expectation: For he muſt be brought up directly in it, from the Beginning of his Studies in the Univerſity; muſt lay out all his Time and Talents upon Reading, Adviſing, Obſerving, Experimenting, Reaſoning, Remembring with an unwearied Labour of Body, and Application of Mind; muſt run thro' Courſes of Anatomy, Botany, Chymiſtry, and Galenic *Pharmacy. And when he hath done all this, cannot handſomely complete himſelf, except he ſee good Variety of others Practice, which (by the by) it's probable he will have more Time for, than he could wiſh, before he can get any of his own.*

Now each of theſe ſingly will require a great deal of Pains, Expence, and Time, to be attained: And yet all theſe, and much more than can be in ſhort ſummed up, ought to be done, and in ſome Meaſure accompliſhed, before a Man can be rightly and duly qualified, even to begin Practice.

And as to Matters of Fact, few, (very few, God knows) there have been, or now are, who, tho' they ſpared not for Education, or Diligence, could ever work themſelves up to a tolerable Sufficiency. Nay, Hippocrates *himſelf, that great Genius, is not aſhamed to confeſs, in an Epiſtle to* Democritus, *That tho' he was now got to old Age, and to the End of Life; yet he was not got to the End of Phyſic; no, nor was* Æſculapius *neither, the Inventor of it.*

By all which it's undeniably evident, that the Science and Practice of Phyſic is one of the largeſt Studies and moſt difficult Undertakings in the World: And conſequently, that neither this, no, nor any other the beſt Collection of Preſcripts, that ever was, will, or can be writ, or printed, can alone make a complete Phyſician, any more than good Colours and Pencils alone can make a fine Painter.

And

And yet every illiterate Fellow, and paltry Gossip, that can make a Shift to patch up a Parcel of pitiful Receipts, have the Impudence and Villany to venture at it: And in hopes of a Pig, Goose, or Basket of Chicken, shall boldly stake their Skill (forsooth) against Mens Lives, and lose them: And at the same time scandalize, and keep out true Physicians that might probably save them.

And this leads me to the third Consideration: The great Danger and Damage occasioned by the rash Tampering of such as are not educated rightly, and qualified for it.

You that enter not by the Door into the Profession, but climb up some other way, ought to take it into your most serious Thought, that Mistakes and Mismanagements in so difficult a Business may easily happen. Often the Mischiefs caused thereby are impossible to be retrieved. And being upon the Body, or perhaps Mind of Man, sometimes produce such undoing Misery, such deplorable Ruin, as would make even a Heart of Stone break, and bleed to Death, to think of it.

Suppose one should lose his Limbs, or Health, and live unhappily in Pain, Sick, or Bed-rid, all his Days, thro' your improper Applications, or ignorant Omissions; would it not turn your very Bowels within you, and make you wish a thousand times you had never been that unadvised Busy-body to act thus foolishly and unfortunately?

But put the Case, again, you beheld a Dead Man (which to me is the most lamentable of all lamentable Spectacles upon Earth:) I say, put Case a poor Dead Man were laid forth before your Eyes, that your Heart tells you might probably have liv'd many a fair Year, had it not been for your Physicking of him: Such a Sight, such a Thought, (if you have the least Humanity left) cannot fail to pierce your very Soul; and ever after the Remembrance, yea the evil Conscience of it must haunt you, and give you Horror and Terror, and a Sort of Hell, to your dying Hour.

Perhaps it might be an Only, and Hopeful Son, in whose Life his Aged Parents Lives were bound up; and they die too, or linger out a miserable Life, in Sorrow and Anguish, worse than Death.

Perhaps the good Father of many little Orphans, who being poor, and now helpless, must piteously perish; or being fallen into bad Hands, and cheated of what was left them, may suffer Poverty, Contempt, Injury, and Misery all their Life long.

Perhaps

Perhaps a Wife, who might have brought forth an uſeful eminent Man; a Hero in his Generation, and the Head of ſplendid Families. And ſo the Miſchief you do may fall upon not only the preſent, but all future Ages.

But Poſſibilities, and Putting of Caſes, are endleſs. The Upſhot of all is, If you take upon you the Cure of the Sick, and be not licenſed, and otherwiſe qualified for it: If you preſumptuouſly thruſt in yourſelf, and bar out another that is authorized and able; tho' no ill Event chance thereupon, yet well it might, and was likely to have done ſo for all you. And therefore good Providence, that protected your Patient, and fenced off the Evil, is alone to be thanked, and you nevertheleſs to be 'blamed.

But if Death enſue upon your arrogant Intermeddling and pernicious Quackery, be aſſured of it, 'tis a Sort of Murder in the Court of Conſcience, and probably will be ſo adjudged at the laſt Great Court.

This is not my private Opinion only, but the Judgment and Deciſion of the Legiſlature of our Land. For the Preſent State of England *tells us*, That by the Law of *England*, if one who is no Phyſician, or Surgeon, and not expreſſly allowed to practiſe, ſhall take upon him a Cure, and his Patient die under his Hands: This is Felony in the Perſon preſuming ſo to do.

'Tis not enough for you to ſay, If I can do no Good, I'll do no Hurt, (which you may as well invert, and ſay, If I do no Hurt, I'll do no Good) No, you interlope, you injure the Faculty, you diſcourage Education, you keep out better Advice, you trifle with Men's Lives, you loſe the Golden Opportunity, you prolong the Caſe till it gets Head, and grows incurable, and mortal; or elſe extremely hazardous, and almoſt helpleſs. And this is doing Hurt with a Vengeance.

To bring this home to you, and make it more plain. If a Houſe be on fire, and you come and pretend to put it out yourſelf, and abſolutely keep off others; and then fling in Duſt inſtead of Water, and ſo the Flames get a Maſtery. In this Caſe, tho' you did not directly intend any poſitive Hurt; tho' you did not actually pour in Oil; nor ſtir and blow up the Coals; yet, foraſmuch as you would needs be an Undertaker, and could not extinguiſh it yourſelf; and ſuffered not others uſed to, and skill'd in the Buſineſs, who coming with Water,

and proper Engines, might have done it: You are really and truly the Cauſe of its being burnt.

Think not to excuſe yourſelf, by pretending you did it out of Charity, and meant well, tho' it fell out ill. No, no; be it known to you, ſuch a Charity as did not appertain to you, and proved murderous, was unpardonable Preſumption; and therefore will not cover the Multitude of Sins.

But this Epiſtle running out into more Length than I intended, and being perhaps not over-grateful; I ſhall, to relieve your Patience, cut ſhort, and conclude, That,

If you are not ſufficient for theſe Things, you'll do well, and wiſely, to deſiſt from this difficult and dangerous Practice, and fall into ſuch a Trade of Life as you well underſtand, and rightly can manage. And then, like the Men who uſed curious Arts (Acts xix. 19.) *you may burn all your Receipt-Books. So ſhall you keep your Innocence, ſave your Conſcience, ſecure your Quiet, and yet reſerve room enough for the Exerciſe of Charity.*

For if at any time your Heart move you to pity, and ſuccour a poor ſick Neighbour, that can't pay for Advice; there will be no Neceſſity that you ſhould try your Skill upon him, till you miſchief or murder him, by way of Charity. Do you but ſend him in a Phyſician, Medicines, and Neceſſaries, without hope of Requital; and truſt me, that will be a handſome Aſſiſtance, moſt nobly becoming a generous Mind, and a charitable Man.

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BOOKS Printed for WILLIAM *and* JOHN INNYS.

PHarmacopœia Extemporanea ſive Præſcriptorum Chilias, in qua Remediorum Elegantium, & efficacium Paradigmata ad omnes fere medendi Intentiones accommodata candidè proponuntur, una cum Viribus, Operandi Ratione, Doſibus & Indicibus annexis. Editio Quinta longe auctior & emendatior, per Tho. Fuller, M. D. Cant. 12*mo.* 1714.

Pharmacopœia Bateana, in Libros duos digeſta. Primo Compoſitiones Galenicæ, altero Proceſſus Chymici: Ordine Alphabetico exarantur: Viribus Doſibuſque illuſtrantur: Atque Catalogis & Indicibus accommodantur. Cura & Opera Thomæ Fuller, M. D. Cantab. 12*mo.* 1719.

Dr. *Bates*'s Diſpenſatory in *Engliſh*, the 4th Edition. By *W. Salmon.* M. D. 8*vo.* 1713.

Medicinal Experiments: Or a Collection of Choice and Safe Remedies for the moſt part Simple and eaſily prepared: Very uſeful in Families, and fitted for the Service of Country People. By the Honourable *R. Boyle*, Eſq; late Fellow of the Royal Society. In three Parts. Containing above five Hundred choice Receipts. The 6th Edition corrected, 12*mo.* 1718.

Proceſſus integri in Morbis fere omnibus curandis, nec non de Phthiſi Tractatulus. Editio quarta à Thom. Sydenham, M. D. 12*mo.* 1712.

Praxis Medica. The Practice of Phyſic: Or Dr. *Sydenham*'s Proceſſus Integri, tranſlated out of *Latin* into *Engliſh*, with large Annotations, Animadverſions, and practical Obſervations on the ſame. Containing the Names, Places, Signs, Cauſes, Prognoſtics, and Cures of all the moſt uſual and popular Diſeaſes afflicting the Bodies of Human Kind, according to the moſt approved Modes of Practice. Among which you have the Pathology, and various Methods of curing a Clap, or virulent Running of the Reins and the *French* Pox, with all their attendent Symptoms, beyond whatever was yet publiſhed on this Subject, by any other Author, Ancient or Modern, ſince the Diſeaſes firſt appeared in the World, to this Day. The third Edition, enlarged throughout with ſome Thouſands of Additions not in the firſt Impreſſion. By *W. Salmon*, M. D. 8*vo.* 1716.

Medicamentorum Εὐπορίστον Theſaurus, ſuccinctè comprehendens, ad omnes fere totius microcoſmi morbos, Experta nec non Specefica Remedia ex celeberrimis tam veterum quam Neotericorum, Scriptis excerpta, ordineque Alphabetico digeſta. Opera & cura J. Cruſo, 12*mo.*

Pharmacopœia Colleg. Reg. Londini Remedia omnia ſuccinctè deſcripta, Editio quarta, per J. Shipton. 12*mo.* 1711.

Antimonial Ale.

TAKE of the beſt Hungarian Antimony (groſſly powder'd and tied up in a Rag) one Pound; Fumitory and Agrimony, each 4 Handfuls; put them into a Bag, which hang into 4 Gallons of middling Ale, after it hath done working.

I adviſe it to be put into the Ale after Fermentation, upon the account of the Antimony. See **Cancer Ale.**

It's for ordinary Drink againſt Feculencies of the Blood, and Cutaneous Affections. Mr. *Boyle* infuſed Cinnaber of Antimony in *Rheniſh* Wine, and attributes to it marvellous Virtues in contumacious Surgical Caſes.

Whatever ſome Outlandiſh Men may invidiouſly ſay, and others as ſlaviſhly believe, middling Ale, brew'd of the beſt Malt, boiled, fermented, depurated according to Art; that hath no burnt, muſty, or otherwiſe ill Smack; that is pale, ſparkling, fine, freſh, and not upon the fret; and alſo, is of Age juſt to leave its Malty Taſte, grow Winey, and yet not run into any Degree of Sourneſs: Such

Liquor is the moſt comfortable and coveted Drink the World perhaps ever yet found out, to pacify the loudeſt of Nature's Cries, under the Tortures of a burning, hot, thirſty Stomach.

For beyond all other things, it cools and moiſtens the parched Membranes of the Stomach; ſcoureth ſalt, acrid, bitter, frothy, ſlimy Filth, from off the *Villæ* and Glands; turns it over the *Pylorus*, and leaves a balmy, benign *Litus* inſtead, to keep all ſupple and eaſy. Thus it quencheth that moſt unſufferable Paſſion of Thirſt, refreſheth the Bowels, relieveth the Spirits, and proves a true Cordial in outragious ſcalding Fevers.

After theſe good Offices in the Ventricle, it detergeth and openeth the Mouths of the Lacteals, that were almoſt baked up with Slime; dilutes and refrigerates the Blood, allays the fervent Heat, and Criſpations of the parboil'd *Fibrillæ*, repairs all the Waſtes with nutritious Chyme; cleanſeth the minuteſt Paſſages and Emunctories; and helpeth the whole Maſs to circulate freely and duly, to nouriſh and cheriſh the Parts, and to throw off its Recrements by Urine, and (where there is an Aptitude) by Sweat and Spittle.

The ſweeter, ſofter and thicker Ale is, the more it ſuppleth, filleth and nouriſheth; the ſmarter and ſtaler, the more it openeth and detergeth; and Hops (which give it the Name of Beer) are for that Intention ſuch an

an Ingredient (not bad for the Stone) and ſo particular, that Nature ſeems to have put it into the World for this very Uſe, without a Fellow: For when the covetous publick Brewers have, in dear Times, uſed all their Endeavours to find out a *Succedaneum* to it, never could they light upon any thing that would clarify, reliſh, and preſerve Beer, as that doth.

Yet in Rawneſs, Windineſs, Weakneſs, and Sourneſs of the Stomach and Inteſtines, occaſioning Belching, Vomiting, Looſeneſs, Colic: Alſo in Pleuriſies, Catarrhs, vagous Pains, Dropſies, and ſuch Effects as ariſe from great Irritability of the Fibres and Nerves, and Colliquation of the Blood and Humours: In theſe Caſes (and perhaps ſome more) the beſt Ale, by reaſon of its Coolneſs, Detergency, Smart, Pricking, Cutting, and Springy Particles, is not adviſable: But Vapid, Thick, Heavy, Fretting, Hard, Sour, Stale, Old, Strong, *&c.* are manifeſtly miſchievous.

In truth the Dietetics merit handling anew. If a Man of a right Genius, Leiſure and Application, were to make true Experiments, and rational Rules of Life, as to the Six *Non-Naturals*; he'd ſupply Phyſick with one of its main *Deſiderata*; for now (as we have it in Books) it's a rich Field untill'd, lying all in Heaps and Generals, and ſo over-run with firſt and ſecond Qualities, that

it produceth little or nothing of Fruit in Phyſick. I hope this may paſs for an Apology for my ſtumbling upon a *Parergon* at my firſt ſetting out, it being ſo conſiderable, and lying ſo directly in my way, that I could not get by without touching it.

Aperient Ale.

Take Roots of Succory, Male-Fern, Liquorice, and the 5 opening Roots, each 2 Ounces; Harts-Tongue, Liverwort, Ground-Ivy, Tamarisk-Tops, each 2 Handfuls; Juniper-Berries, ſweet Fennel-Seed, each 2 Ounces; Raiſins of the Sun ſtoned, 8 Ounces; prepare theſe to be hanged in a Bag in 4 Gallons of Ale, to be fermented together.

The beſt way to fetch out the Faculties of moſt Ingredients is, to work the Ale together with them in it; for that now being run into a notable Pungency and Smartneſs, penetrates into their inmoſt Subſtance, and ſoaks it, and makes it ſoft; and then the gentle Inteſtine Motion of Fermentation knocking aſunder their *Vincula* of Mixture, they naturally fall to Pieces, and ſeparate into Parts; and thoſe Parts are readily taken up into the Body of the circumambient *Menſtruum*; and fill it according to its reſpective Congruity and Capacity.

But Scurvy-Graſs, and ſuch-like Vegetables, whoſe Phyſical Force lieth in a very fugitive Salt, ought not to be put in till Fermentation

mentation be paſt, and then muſt be ſtopped up cloſe.

It opens Obſtructions, corrects torrid, acrid, ſalt Blood, and ſends off its Recrements by Urine. It's ſerviceable after Fevers that have vitiated the Maſs of Blood; as alſo in the hot Scurvy, Rickets, *&c.* The common Doſe is 1 Pint twice a Day.

Arthritic Ale.

Take Guaiacum, Saſſaphras, each 1 *Ounce*; *Ground-Pine, Germander, each* 2 *Handfuls*; *boil in Wort (inſtead of Hops) from* 6 *to* 4 *Gallons*; *into which hang the following Bag of Ingredients, to ferment.*

Take Roots of Avens half a Pound; *Hermodactyls* 4 *Ounces*; *Agrimony, Sage, Betony, each* 4 *Handfuls*; *Dodder of Thyme, Stechas Flowers, each* 2 *Handfuls*; *Raiſins ſtoned half a Pound*; *diſpenſe according to Art.*

Guaiacum, &c. give out their Vertue as willingly by Decoction, as Fermentation; and therefore they are firſt boil'd, and ſtrain'd out again, that there may be the more room in the Veſſel for the other Ingredients.

It's us'd with laudable Succeſs in the Gout, Vagous Pains, Rheumatic Affections, the Dropſy, and Diſeaſes caus'd by too much, and too ſharp *Serum*, and from Relaxation of the Tone of the Parts: Let the Patient off with 1 Pint twice a Day.

Aſtringent Ale.

Take Roots of Comfrey, Solomon's Seal, each 8 Ounces; boil them in 6 Gallons of very ſtrong Wort to 4; ſtrain it off, and when you tun it up, pour into it Juice of Plantain and Yarrow, each 1 Pint; hang into it (in a Bag) Shepherd's Purſe, Knot-Graſs, Sanicle, Mouſ-ear, each 4 Handfuls; Raiſins ſtoned 12 Ounces: Let all work together.

It gives Strength to the Blood, when its *Compages* is too lax, and ſoluble; conglutinates ruptur'd Veſſels; is of ſingular Avail againſt Pain and Flux of the Hæmorrhoids, all Sorts of Bleedings, the Whites, immoderate Sweating, and Ichoroſe Ulcers.

Berry Ale.

Take Berries of Wind-Briar (dried and bruiſed) half a Pound; of Juniper 4 Ounces; of Holly and Ivy, Seeds alſo of Daucus and ſweet Fennel, each 1 Ounce; Herbs of Marſh-mallows, Pellitory of the Wall, Cleavers, Golden Rod, each 4 Handfuls; Raiſins half a Pound; diſpenſe theſe for 4 Gallons.

It breaks off Wind, and cleanſeth the Kidneys and Bladder from Slime and Gravel.

Bitter Aromatic Ale.

Take dried Wormwood 4 Handfuls; Roots of Calamus Aromaticus 1 Ounce and a half; Zedoary 1 Ounce; Spaniſh Angelica, Elecampane

pane, Ginger, Galangale, Winters-Bark, Cinnamon, Seeds of Caraway and Coriander, each half an Ounce; Long-Pepper, Cubebs, Cardamum, Cloves, Mace, Nutmeg, each 2 Drams; prepare all for 4 Gallons.

Bitter and Aromatic Herbs ought to be gathered, to dry and keep, between Flower and Seed Time, that being the Seaſon of their Perfection.

It warms a cold Stomach, and ſtrengthens it when flaccid, aſſiſts Concoction, diſſipates Wind, takes off Loathing, and ſtops Vomiting: Alſo it exalts the Blood, attenuates groſs, and digeſts crude Juices, opens Obſtructions, and furthereth Tranſpiration.

1. Cancer Ale.

Take Roots of Spaniſh Angelica, Burdock, Filipendula, each 4 Ounces; Elecampane 2 Ounces; Gentian, Virginia Snake-Root, each 1 Ounce; Herb Robert, Ragwort, Sage, each 4 Handfuls; Scordium, Rue, each 2 Handfuls; live Millepedes 1 Pint; crude Antimony broken into ſmall Pieces, and tied up in a Rag) 1 Pound; put theſe in a Bag for 4 Gallons.

N. B. This Ale muſt, by no means, be kept till ſtale and eager; and that not only upon the account of the Millepedes, whoſe volatile Salt will be deſtroyed by the Acid; but chiefly for the Sake of the Antimony, which when unlocked by an Acid, is very inclinable to turn Emetic.

Let it ſerve for conſtant Drink for a Month together.

2. Cancer Ale.

Take Guaiacum 4 Ounces; Saſſaphras, Roots of Sarſaparil, ſharp-pointed Docks, Filipendula, Hounds-tongue, and Walnut-tree Rind, each 2 Ounces; Herb Robert, Archangel, each 4 Handfuls; Millepedes 1 Pint; diſpenſe for 4 Gallons.

This may profitably be preſcribed for Scrophulous People alſo, eſpecially ſuch as are of a coldiſh Conſtitution.

I have a thouſand times obſerved (ſaith *Sylvius*) that mild Alteratives are uſed to much more Advantage juſt before, after, or at Meals, that at any other times: For ſo the Virtue of the Medicine kindly mingles with, and inſinuates itſelf into, not only the *Saliva* in the Stomach; but alſo all the Humours that flow together into the Right Ventricle of the Heart, and all the Arteries, and Veins; and by that means the deſired Emendation and Correction of them is the ſooner and more eaſily and happily performed.

Cephalic Ale.

Take Shavings of Guaiacum and Saſſaphras, each 2 Ounces; boil them (inſtead of Hops) in ſmall Wort from 6 Gallons to 4, into which hang the following Bag.

Take

Take Roots of Male-Piony 8 *Ounces*; *Angelica* 4 *Ounces*; *Calamus Aromaticus, Galangale, each* 2 *Ounces*; *Herb Betony, Sage, Ground-Pine, white Horehound, each* 4 *Handfuls*; *Rue, Stechas-flowers, each* 2 *Handfuls*; *Juicy Orange-peel* 2 *Ounces*; *Juniper-berries, Cardamum, each* 3 *Ounces*; *prepare all according to Art.*

It aſſiſts Chylification, and Sanguification; edulcorates the *Serum* of the Blood, corroborates the Brain; depurates the Spirits, extricates them from their ill-ſorted *Copula*; and is of uſe in Soporoſe, Convulſive, and Paralytic Diſtempers.

Chalybeate Ale.

Take Filings of Needles half a Pound; *Roots of Bitterſweet* 1 *Pound*; *maſh them well together in a Marble Mortar, and put them into a Bag for* 4 *Gallons.*

Thus a Phyſician of good Note was wont to order it; and to theſe may be added *Saſſaphras, Juniper-berries, each* 2 *Ounces, dried Worm-wood* 2 *Handfuls.*

Let half a Pint be drank twice a day, with moderate Exerciſe, to mend the Poverty of the Blood, and break through Obſtructions.

You may chalybeate any ſort of Ale by this eaſy Proceſs.

Take Filings of Steel 1 *Pound*; *white Tartar,* 4 *Ounces*; *beat them in a (not Braſs) Mortar, pouring on by little and little Juice of Lemons, as much as needful to bring it into a Maſh*; *after*

after it hath remained 12 *hours, tie it up in a Rag, and put it (with the other Ingredients) into* 4 *Gallons; and let it all ferment together.*

Chlorotic Ale.

Take Guaiacum, Saſſaphras, each 2 *Ounces; Roots of Madder, Smallage, Butchers-Broom, Zedoary, each* 4 *Ounces; Herb-Motherwort, Penny-royal, Mugwort, each* 4 *Handfuls; Feverfew* 2 *Handfuls; Thyme Dittany of Creet, each* 1 *Handful; Daucus-ſeed* 3 *Ounces; Grains of Paradiſe* 1 *Ounce; Filings of Steel (tied up in a Rag)* 1 *Pound; make a Bag for* 4 *Gallons.*

When the Fermentation of the Blood is grown low and languiſhing, this rouzeth it up again afreſh; concocts and incides crude, and pituitoſe juices; opens Obſtructions, procures a good Habit of Body, and a freſh Colour. Let thoſe that lie under a *Chloroſis* make uſe of it for their ordinary Drink.

Daucus Ale.

Take Daucus-Seed 6 *Ounces; Raiſins* 12 *Ounces; put them into a Bag for* 4 *Gallons.*

This is the Proportion given by Mr. *Boyle.*

It cleanſes the Reins and Ureters, expells Gravel and Sand, and prevents the Breeding of the Stone.

It hath ſuch a marvellous Diuretick Faculty, that I know a Gentleman, who having drank it for ordinary Drink a great many Years, at length fell into a Diabetes; and upon

upon leaving it off for that reaſon, grew perfectly well again, and ſo remained at the Time when I wrote this, tho' he then was about 94 Years old; and it's a common thing for very aged Perſons to be not able to hold their Water.

Diuretic Ale.

Take whole Muſtard-Seed 4 Ounces; put it into a Quart of Ale; after 3 or 4 Days begin it; and ever as you pour out a Glaſs, keep it filled up with freſh Ale; thus do as long as the Seed hath any Strength in it.

It attenuates pituitoſe, ſizy Blood; diſſolves its cloſe Contexture, and renders it fit to ſhed off its *Serum.* Alſo it detergeth the Urinary Pipes, irritateth the *Papillæ* and *Pelvis* of the Reins, provoketh them to ſtir and ſqueeze, and perform the Work of Percolation. Thus it moves Urine powerfully beyond Expectation, and is convenient in the Dropſy, Gravel, Scurvy, Palſy.

Epileptic Ale.

Take Male-Piony Roots freſh gathered 4 Ounces; Peacocks-Dung half a Pound; Raiſins 12 Ounces; prepare for a Bag for 2 Gallons.

It's held a Specific againſt an Epilepſy, and Vertigo.

Peacocks-Dung is of two diſtinct Parts; one dark-coloured and chaffy, which conſiſts of

of the undigeſtible Relicts of the Food, and is good for nothing; the other white and uniform, which being the Recrement of the Blood, thrown off in the laſt Digeſtion, and enriched with Volatile Salt, is the only Part that hath Virtue in it.

Hydropic Ale.

Take Broom Aſhes (ſifted from the Coals) half a Pound; *Roots of Horſe-Radiſh 4 Ounces*; *Orris, Calamus Aromaticus, Elecampane, each 2 Ounces*; *Guaiacum, Saſſaphras, Juniper-berries, Daucus-ſeed, each 1 Ounce*; *Muſtard-ſeed, 2 Ounces: Prepare all for 4 Gallons.*

By aſſiſting Concoction, melting down the jelly'd *Lympha*, removing Obſtructions, and provoking Urine, it wonderfully relieves thoſe that labour under an *Anaſarca*; but as for the Dropſy call'd *Aſcites*, and where the Lymphatick Veſſels are burſt, I am of Opinion, in theſe Caſes, 'twill do more Hurt than Good.

Hyſteric Ale.

Take Chips of Box Wood (which the Turners make) half a Pound; *Miſſeltoe minc'd pretty ſmall 4 Handfuls*; *boil theſe in 6 Gallons of new Wort to 4*; *and when you tun it up, hang into it the following Ingredients.*

Take freſh Male-Piony Roots half a Pound; *white Briony 4 Ounces*; *Herbs, Mugwort, Balm, each ſix Handfuls*; *Pennyroyal, Rue, each*

each 2 Handfuls; Seeds of Daucus, Angelica, (or of wild Parſnip) each 2 Ounces; Filings of Tin (tied up in a Rag) half a Pound; diſpenſe all for a Bag.

Women obnoxious to Vapours, ſhould make it their conſtant Drink; or at leaſt take it 3 times a day for a good while.

Icteric Ale.

Take Shavings of Ivory 1 Ounce; white Horehound 4 Handfuls; boil in 6 Gallons of new Wort to 4; into which hang the underwritten Ingredients in a Bag.

Take Roots of ſharp-pointed Dock half a Pound; Turmeric, Madder, each 2 Ounces; of Nettles 4 Ounces; Herbs of Celandine, Cleavers, Strawberries, (Leaves and Roots,) Barberry-rinds, each 4 Handfuls; freſh Sheep's Dung (ty'd up in a Rag) 4 Ounces; live Millepedes 1 Pint; Filings of Steel 1 Pound: Prepare all fit for Uſe.

It enriches and exalts poor watery Blood, corrects crude Juices, freeth the Liver from Obſtructions, and cureth Cachectic and Icteric Perſons.

Juniper Ale.

Take Juniper-Berries (well bruis'd and broken) 4 Ounces; Raiſins half a Pound; mix for 4 Gallons.

It's very grateful both to the Palate and Stomach, breaks off Wind, cleanſeth the Reins,

Reins, waſheth out Gravel and Sand; healeth the ſore and tender Paſſages, and is highly available for ſuch as are troubled with Stone or Spleen.

Pectoral Ale.

Take Roots of China 4 Ounces; Sarſa, Comfrey, Liquorice, each 2 Ounces; Orris, Elecampane, each 1 Ounce; Shavings of Ivory, Hartſhorn, Sanders, yellow and red, each half an Ounce; Herbs, Harts-Tongue, Wall Rue, Ground Ivy, Scabious, each 4 Handfuls; Aniſeed 2 Ounces; Raiſins half a Pound: Prepare all for 4 Gallons.

It may be made Cock-Ale, by adding a Cock parboil'd, bruis'd and cut into pieces.

It ſweetens the Acrimony of the Blood and Humours, incides clammy Phlegm, facilitates Expectoration, invigorates the Lungs, ſupplies ſoft Nouriſhment, and is very profitable even in a Conſumption itſelf, if not too far gone.

Purging Ale.

Take Roots of ſharp-pointed Dock 12 Ounces; Polypodium 4 Ounces; Horſe-Radiſh 2 Ounces; Herbs, Ground-Ivy, Water-Creſſes, Brook-Lime, Scurvy-Graſs, each 2 Handfuls; Saſſaphras, Juniper-Berries, Coriander-Seeds, Liquorice, each 1 Ounce; Senna 4 Ounces; Raiſins half a Pound: Make all theſe fit to put into 4 Gallons. To theſe may be added, Rhubarb 2 Ounces.

Thoſe

Thoſe that are Scorbutick, Cachectic, and abound with Humours, and Feculencies, may drink a Pint of it (more or leſs) every Morn in the Spring for a Week or two, with good Advantage.

Le Mort tells us, that Purging Drinks purge little or nothing, if kept till ſtale and ſour.

Purging Ale with Antimony.

Take Roots of ſharp-pointed Dock 8 *Ounces*; *Polypodium, Elecampane, each* 4 *Ounces*; *Sanders, yellow and red, Juniper-Berries, each* 2 *Ounces*; *Caraway-ſeeds* 1 *Ounce*; *Herbs, Scabious* 8 *Handfuls*; *Liver-wort, Agrimony, each* 4 *Handfuls*; *Senna* 4 *Ounces*; *Rhubarb half an Ounce*; *Agaric* 1 *Ounce*; *Crude Antimony (groſſly bruiſed, and tied up in a Rag)* 1 *Pound*; *diſpenſe for a Bag for* 4 *Gallons*; *to which (when in the Veſſel) add Juice of Fumitory* 1 *Pint*; *ferment all together.*

For the Itch, and all Cutaneous Maladies.

Purging Hydropic Ale.

Take Roots of common Flower-de-Luce 4 *Ounces*; *Horſe-Radiſh* 2 *Ounces*; *Elecampane, Squills, each* 1 *Ounce*; *Muſtard-Seed, Juniper-Berries, Saſſaphras, each* 2 *Ounces: Winters Cinnamon half an Ounce*; *inner Rind of Elder, and dwarf Elder, each* 2 *Ounces*; *Senna* 4 *Ounces*; *Black Hellebore Root, Jalap, Agaric, each half an Ounce*; *diſpenſe for* 4 *Gallons.*

It

It contains Ingredients (beſides the Cathartick) of ſubtle Parts, which reſerate Obſtructions, and force Urine. It's exactly ſuited for the Cure of a Dropſy, and is to be drank every Morning, from half a Pint to a Pint.

Purging Ale for Children.

Take fine Rhubarb (cut into thin Slices) 2 *Drams*; *Liquorice, Anniſeed, each* 2 *Scruples*; *Raiſins ſtoned and ſhred* 30 *or* 40: *Put them into a Glaſs Bottle of Ale holding a Quart.*

It purgeth kindly, without Gripes or Sickneſs, takes off the Slipperineſs of the Ventricle and Inteſtines, and leaves them ſtronger than before. It's a mortal Enemy to Worms; and is given to 2 Ounces more or leſs, and to very young Children in proportion.

Ricket Ale.

Take Roots of Oſmond Royal, (or for want of it, Male-Fern) Liquorice, Saſſaphras, each 1 *Ounce*; *Bark of Aſh and Ivy, each half an Ounce*; *Tamarisk-tops, Harts-Tongue, each* 4 *Handfuls*; *live Woodlice* 250, *Raiſins* 4 *Ounces*; *prepare all for* 1 *Gallon.*

It may well go for a Specific in this Diſtemper, and ſhould be drunk for conſtant Drink.

True Rickets are ſeldom rife, but in thoſe Years when Autumnal Agues reign: Which is worth obſerving, ſaith *Sydenham.* The Rickets were ſcarce heard of till the Year 1630,

1630, and were not mentioned in the Bills of Mortality, till 1634, and then but 14 for that whole Year, from which time they increas'd, ſo as to be 521 in the Year 1660; and now they are decreas'd again; and perhaps may in ſome Years (like a Comet) quite diſappear.

An Extempozary Scozbutic Ale.

Take middling Ale 1 *Quart*; *Spirit of Scurvy-Graſs* 2 *Drams*; *Juniper-berries* 1 *Dram*; *ſweet Fennel-Seed*, *Liquorice*, *each half a Dram*; *Raiſins* 2 *Drams*; *keep it in a glaſs Bottle. To theſe may be added Horſe-Radiſh Root* 2 *Scruples*; *Winters Cinnamon* 4 *Scruples.*

You may make as many and as few as you pleaſe at a time, ſo as to have them freſh one under another.

It's in Vertues much one with the warm *Scorbutic Ale*, eaſilier prepar'd, but perhaps ſomething inferiour in Vertue.

A Sweetning Scozbutic Ale.

Take Pine (or Fir) Tops cut 4 *Handfuls*; *boil them in* 5 *Gallons of very ſtrong Wort to* 3 *Gallons and a half*; *when it's tunn'd up, pour into it the Juices of Brook-lime, Water-Creſſes, Dandelion, Cleavers, each one Pint*; *alſo hang into it the following Bag of Ingredients, and work all together.*

Take Roots of ſharp-pointed Dock 4 *Ounces*; *Sarſa, China, Juniper-berries, each* 2 *Ounces*;

Shavings of Sanders yellow and red, Harts-horn, Ivory, Liquorice, ſweet Fennel-Seed, each 1 Ounce; Harts-Tongue, Liverwort, Agrimony, Ground-Ivy, each 2 Handfuls; Crude Antimony 1 Pound; prepare all rightly.

It brings aduſt, fervid Blood to a Temper, quieteth it when in a furious Ferment, refrigerateth the *Hypocondria* when enraged, and reſtraineth the Ebullition and inordinate Ζύμωσις of the Vaporous Blood and Humours therein. It in a ſingular manner reſpects the hot Scurvy, and Hypochondriac Affections: And is to be uſed for conſtant Drink.

Warm Scorbutic Ale.

Take Roots of ſharp-pointed Dock half a Pound; Horſe-Radiſh 2 Ounces; Guaiacum 4 Ounces; Juniper-Berries, Orange-Peel, each 1 Ounce; Winters Bark, Muſtard-Seed, long Pepper, Cloves, each 2 Drams; Raiſins 4 Ounces; Scurvy-Graſs, Brook-lime, Water-Creſſes, Cleavers, each 4 Handfuls: Prepare all for 4 Gallons.

It concocts Scorbutick Crudity, diſſolves Saline Concretions, waſhes away Pituitoſe Feculencies, reſtores due Mixture to the Blood, makes it to circulate freely through the minuteſt Paſſages, and is ſuited to ſuch as are of a cool Conſtitution.

Ale againſt Scrophulæ.

Take Chips of Guaiacum, Saſſaphras, Walnut-Tree

Tree rinds, Roots of ſharp-pointed Dock, Filipendula and Hounds-tongue, each 2 Ounces; Herb Robert, Arch-Angel, each 4 Handfuls; Raiſins of the Sun ſtoned 1 Pound; live Millepedes 1 Pint: Prepare all for 4 Gallons.

It's good againſt a Cancer, and cutaneous Affections; but ſingularly and ſpecifically reſpects the King's Evil.

Splanchnic Ale.

Take Guaiacum, Saſſaphras, each 2 Ounces; boil them in Water 1 Gallon to 2 Quarts; put the ſtrained Liquor into a Cask with new ſtrong Ale 3 Gallons and a half; and hang a Bag into it with the following Ingredients to work together.

Take Roots of ſharp pointed Dock 8 Ounces; Horſe-Radiſh 4 Ounces; Aſh-tree Bark 2 Ounces; Juniper-berries 1 Ounce; Seeds of Daucus and Coriander, each half an Ounce; Agrimony, Liverwort, Harts-Tongue, Tamariſk tops, each 4 Handfuls: Prepare all to be put into a Bag.

It removes Atrabilarious Humours ſtagnating the *Viſcera*, and cauſes them to be abſorb'd by the Circulating Maſs: It openeth the Obſtructions, and diſcuſſeth the Tumours of the Spleen, quieteth and ſuppreſſeth Convulſive Corrugations of the Fibres; and upon theſe accounts, admirably relieveth Hypochondriac Perſons, if they continue its Uſe as daily Drink for a long time.

Spleen Ale.

Take Barks of Tamarisk 4 *Ounces*; *of Capers and Aſh-tree, Woods of Guaiacum, Saſſaphras, each* 1 *Ounce*; *Herbs of Agrimony* 4 *Handfuls*; *Wormwood, Dodder, each* 2 *Handfuls*; *cut and boil theſe in* 6 *Gallons of new Ale to* 4 *Gallons, into which hang Filings of Needles half a Pound*; *Crude Antimony* 4 *Ounces.*

When it hath fermented enough, and is become clear, give half a Pint twice a Day.

Ale of the Woods.

Take Guaiacum, Saſſaphras, each 2 *Ounces*; *yellow and red Sanders, Ivory, Hartſhorn, Sarſa and China, each* 1 *Ounce*; *Liquorice, Anniſeed, Juniper-berries, each* 2 *Ounces*; *Raiſins half a Pound*; *Antimony (broken into ſmall Pieces, and tied up in a Rag)* 1 *Pound: Prepare all for* 4 *Gallons.*

It warmeth and drieth: Concocteth Crude, attenuateth Groſs, incideth Viſcid, abſtergeth Clammy, and diſperſeth Watery Humours. Alſo it increaſeth Perſpiration, and is very proper and fit in any Cold, Pituitoſe and Rheumatick Malady: As alſo in Serous, OEdematoſe Tumours, and running Ulcers.

An Aromatic Bag.

Take Cinnamon, Nutmeg, each half an Ounce; *Mace, Cloves, each* 2 *Drams*; *Powder all*

all together groſſly, and ſew up in a round Bag. To theſe may conveniently be added dry'd Spearmint 2 Handfuls; Wormwood half a Handful.

This being heated hot upon a Warming-Pan Lid, and ſprinkled with Canary or Claret, and ſo applied to the Stomach, reſuſcitates natural Heat, helps Appetite and Digeſtion, and ſtops Vomiting.

A Cummin Bag.

Take Seeds of Cummin, Gromwel, each 2 Ounces; Nigella 2 Drams; Bay Salt 6 Drams; prepare for a Bag, which heat hot, and rub the Head with, and lay it hot upon the top of the Head.

It's uſeful againſt a Cattarrh, Tumour of the *Amygdals*, Relaxation of the *Uvula*, and Inflammation of the Throat.

Fernelius ſaith, Beſides *Serum* within the *Cranium*, there's other Excrement gathered in the external Parts of the Head; eſpecially under the *Cutis* of the *Vertex*, where the Veſſels have their Extremities: For when they grow Turgid with too much *Serum* or other Humour, they ſhed forth under the Skin that which they cannot carry off, and there it remains, becauſe the Thickneſs and Cloſeneſs of the *Cutis* permits it not to evaporate. And there's ſometimes ſo great a Collection here, that it cauſeth a ſoft Swelling, that manifeſtly heaves off the *Pericranium* from the *Cranium*.

um. This is aſſuredly the Source, this the Matter of all external Diſtillation, which I marvel none of the Ancients obſerv'd. Hence Rheums fall into the Eyes, Cheeks, Teeth, Neck, Shoulder-blades, Sides, Back, Loins, Hips, Thighs, and all the Joints: And this is found to be the Cauſe of almoſt every external Pain. This being a ſingular Opinion of *Fernelius*, *Carolus Piſo de colluvie ſeroſa*, deſerves reading. I quote it that others may conſider of it.

A Bag for the Side.

Take Bay-berries, Seeds of Cummin, Fenugreek, and Camomile Flowers, each 1 *Handful; Bran, Salt, each* 2 *Handfuls: This may ſerve to put into* 2 *Bags.*

Let theſe be made hot, and applied alternately to the Side, when outwardly pained. But if there be bloody Spitting, we muſt beware of hot Applications.

A Bag for the Stomach.

Take dry'd Mint half an Ounce; Wormwood, Thyme, Red Roſe Flowers, each 2 *Drams; Balauſtines, Spaniſh Angelica Root, Caraway-Seed, Nutmeg, Mace, Cloves, each* 1 *Dram; make a courſe Powder for a Bag.*

It ſerves for the ſame Uſes with the Stomach Fomentation, and is to be dipp'd in rough red Wine ſcalding hot, and apply'd.

A Bag

A Bag for Relaxation of the Uvula.

Take Cummin Seed 2 Ounces; Orris, long Pepper, each half an Ounce; make a groſs Powder for a Bag.

It's to be laid upon the Top of the Head. See the *Cephalick Liniment.*

Arthritic Balſam.

Take Oil Olive 8 Ounces, Oil of Vitriol (which muſt be well rectified) 2 Ounces; mix theſe in a Glaſs Mortar.

Schroder mentioneth ſomething like this of *Adeps Humanus* and Spirit of Vitriol. Book 5. Chap. 1.

Balſam called Mirabile.

Take Frankincenſe 2 Ounces; Maſtick, Cloves, Galingale, Mace, Cubebs, each half an Ounce; Aloes Wood 1 Ounce; powder and mix them with Honey half a Pound; Venice Turpentine 1 Pound, and Brandy as much as is uſually required to extract a Tincture. Diſtil them in Balneo; and when you have got all the clear Water, ſhift your Receiver, and then you'll have next a noble red Balſam, which rectify.

This was communicated to me by a *French* Phyſician, who recommended it thus: A few Drops applied, cures all curable Wounds in 24 Hours, and old Ulcers, Fiſtula's, Cancers, Wolf in the Breaſt, *Noli me tangere* in 15

Days, uſing it daily. It's good alſo againſt Carbuncles, and extinguiſheth them in 3 Hours: One Drop dropp'd into the Eyes every third Day, heals all Maladies of the Eyes. 'Tis to be given inwardly from 5 to 10 Drops for all Bruiſes, inward Bleedings, Conſumptions, and Nervous Affections. Thus Travellers will talk; but 'tis Experience and Reaſon that muſt teach.

Nephritic Balſam.

Take Oil of ſweet Almonds new drawn 4 *Ounces*; *Oil of white Poppy and Linſeed new drawn, each* 2 *Ounces*; *Oil of Nutmegs by Expreſſion half an Ounce*; *Oil of Petre* 5 *Drams*; *Balſam of Capivy* 6 *Drams*; *Balſam of Peru* 2 *Drams*; *Oil of Juniper* 4 *Scruples*; *Oil of Anniſeed* 1 *Dram*; *Oil of Vitriol rectify'd* 1 *Ounce*; *Camphire* 2 *Scruples.*

Work them about in a large Glaſs Mortar till they are very hot, and grow black; when they are cool again, digeſt *in Balneo* 2 Days, often ſhaking them; and ſo put the Balſam up to keep for Uſe.

But theſe may be ſooner mix'd, by firſt heating the Oils a little *in Balneo* till they are united; and then while it is ſo, adding the Oil of Vitriol Drop by Drop, and ſtirring till all are embodied together.

This moſt excellent Balſam is found to be very effectual in Pains of the Kidneys; for it ſets open their Sluices, makes the Ureters ſlippery, provokes Urine, and moves the Stone:

Stone: Alſo it cures the Maladies of the Cheſt; for it helps Expectoration, and ſtops a Cough.

Its Doſe is from 10 to 40 Drops, in Syrup of Marſh-mallows, or pectoral Decoction.

Scheffer's Balſam.

Take Volatile Salt of Hartſhorn and of Sal Armoniac, each 1 *Dram; Chymical Oil of Mace* 1 *Scruple; highly rectify'd Spirit of Wine* 1 *Ounce; digeſt according to Art.*

It's a ſort of *Sal Volatile Oleoſum*, to be doſed from 20 to 30 Drops, and taken in a Vehicle ſuitable to the Intention, againſt Pituitoſe Diſtempers of the Brain and Nerves; Stuffing and Heavineſs of the Head by a Cold, Palſy: As alſo againſt Palpitation of the Heart, Hypochondriac and Hyſteric Affections. In a word, it may be uſeful where-ever volatile enlivening Salts are indicated.

A Balſamic Bolus.

Take Conſerve of Red Roſes, Lucatellus's Balſam, each half a Dram; Balſam of Peru 3 *Drops; mix.*

It's a prevailing Medicine againſt an inveterate Cough, and recent Conſumption, Spitting of Blood, Dyſentery, Contuſion; and whereſoever the Veſſels being open'd, or broken, bleed inwardly.

A Bath

A Bath with Sulphur.

Take Sulphur 3 *Pound: Tartar calcin'd with Nitre a Pound and half*; *Common Salt* 12 *Ounces*; *make all into Powder, and boil it in* 7 *Buſhels of Water to* 6; *adding towards the laſt, Bay-Berries bruiſed* 12 *Ounces*; *Roſemary, Lavender, Marjoram, and Betony of each* 12 *Handfuls*; *ſtrain for uſe.*

Note, The Berries and Herbs are to be boiled in a Bag; and when that is took out there will be need of ſtraining the Liquor.

A ſweet Bath.

Take Shavings of Guaiacum 3 *Pound*; *of Saſſaphras a Pound and half*; *put theſe into a Bag by themſelves, and boil them in* 56 *Gallons (or* 7 *Buſhels) of Water, to* 48 *Gallons (or* 6 *Buſhels) and almoſt a quarter of an Hour before it be enough, put into it the following Ingredients, likewiſe in a Bag by themſelves.*

Take Bay Berries 3 *Pound*; *Winters Bark half a Pound, Roots of Florentine Orris, Cyperus, Calamus Aromaticus, Spaniſh Angelica, of each* 12 *Ounces*; *prepare them for Coction.*

When all are boiled their time take out both the Bags; and let the Patient ſit in it in a Bathing-Tub a Mornings, and ſweat as long as his Phyſician judgeth fitting; then putting on a Flannel Shirt, let him continue his

his Sweat a Bed; and drink a Glaſs of generous Wine in it.

Theſe Species may be uſed not above 2 or 3 times; and then freſh muſt be gotten.

Paralytic Perſons may expect good from this great Remedy.

A Bolus for a Bruiſe.

Take Sperma Ceti 1 *Scruple*; *Salt of Hartſhorn* 5 *Grains*; *Balſam of Peru* 5 *Drops*; *Venice Treacle half a Dram*; *Syrup of Meconium, as much as needful, to make it up with.*

It diſſolves clotted Blood, and heals internal Wounds, provokes Sweat and Urine, is very good for Women after Labour; let thoſe that have caught a Bruiſe take it three times a Day, after Bleeding.

For Bruiſes, Dr. *Sydenham* bleeds and purges, by turns, each other Day, till the Party find himſelf pretty eaſy and well: And I judge it a rational Practice, though not found in other Authors; for Bleeding prevents a Fever, and ſucks out of the Part whatſoever can be abſorbed into the Veins. And Purging carrieth off ſuch Humours, as would otherwiſe ſettle in the weak Part, and cauſe Pain and Swelling.

A Bolus of Caſſia.

Take Pulp of Caſſia freſh drawn 6 *Drams*; *Venice Turpentine (waſhed in Parſly Water)* 3 *Drams*; *Powder of Rhubarb* 1 *Scruple*;

Powder

Powder of Liquorice, as much as wants, to make it of a due Conſiſtence.

It's preſcribed in Caſe of Gravel, and in a *Gonorrhœa.*

A Chalybeate Bole.

Take Mynſicht's Tincture of Mars half a Scruple; Balm of Gilead 6 Drops; Conſerve of Roſes 1 Dram; mix.

In Failure of Appetite, Languiſhing and Waſting of Fleſh (where there is no Hectick Fever) it's to be given once or twice a Day for a Month together.

A Cordial Bolus.

Take Powder of Crabs Claws compound, Goa Stone, each half a Scruple; powdered Saffron 5 Grains; make it up with Confectio Alkermes.

It forceth Sweat, and at the ſame time gives Strength to bear it; for it recreates the languiſhing Spirits, and is a fine Cordial. It's of excellent and frequent Uſe in continual Fevers, where the Spirits are (from the beginning) ſtruck as with Malignity; the Strength ſtrangely failing, the Pulſe low, the Urine pale, and Heat not much increaſed.

It's to be taken from every 12 to every 2 Hours, till it be found that Nature riſeth; and when that Point is once gain'd, it muſt not be over-done, but left off again by Degrees, according as the preſent Caſe requires. For in

in ſuch a Fever, it's neceſſary that a Phyſician give conſtant Attendance to make due Obſervation, and ſtrike his Blows right.

A Common Purging Bolus.

Take powder'd Jalap from 1 *Scruple to half a Dram*; *Scammony powder'd from* 3 *Grains to* 8; *Calomel* 15 *Grains*; *Oil of Anniſeed* 1 *Drop*; *Lenitive Electuary, as much as is fit, to make it up with.*

By increaſing or diminiſhing the Jalap and Scammony, it's to be made ſtronger or weaker, according as the preſent Conſtitution requireth: It worketh pretty ſmartly; and therefore purgeth not only what lieth looſe in the Ventricle and Inteſtines, but other Humours likewiſe, from the Bilious and Pancreatick Paſſages, and eſpecially from the Glands of the Guts.

A Sudorifick Bolus.

Take powder'd Virginia Snake-Root 15 *Grains*; *Venice Treacle half a Dram*; *Salt of Harts-Horn* 2 *Grains*; *Saffron* 3 *Grains*; *Oil of Nutmegs* 2 *Drops*; *Liquid Laudanum* 15 *Drops*; *Diacodium, as much as wanting, to make it up with.*

It's an egregious powerful Sudorific, and we have few comparable to it. It's one of the higheſt Alexipharmacs, and a great Medicine in malignant Fevers, eſpecially when attended with a *Diarrhœa*. Beſides all this, it's alſo Stomachic, Cardiac, and Hyſteric.

A Worm

A Worm Bolus.

Take running Mercury well cleanſed 1 *Dram*; *grind it in a Glaſs Mortar, with brown Sugar,* 2 *Drams, till its Particles are ſo finely divided, as to be inviſible*; *towards the laſt dropping in* 2 *Drops of Oil of ſweet Almonds, to which add powdered Scammony, from* 4 *Grains to* 10; *and with Syrup of Succory with Rhubarb, reduce it into a Bolus.*

It looks like a moſt noble Medicine: But I'll ingenuouſly confeſs, I never preſcrib'd it myſelf, nor knew it preſcrib'd by any other. 'Twas communicated to me, and I communicate it again.

A Yellow Bolus.

Take Rhubarb (not toſted, but grated fine) from 1 *Scruple to* 2; *Oil of Cinnamon* 1 *Drop*; *Diaſcordium ſufficient to make it up.*

It's a moſt efficacious Remedy in a *Diarrhœa*, to be given (if the *Diarrhœa* be not much) at Night, otherwiſe early in the Morning, and may be repeated, according as the Caſe ſhall require. See the *Compound Infuſion of Rhubarb.*

Cock Broth.

The candy'd Eringo Roots 2 *Ounces*; *Roots of China, Scorzonera, Currants and Dates, each* 1 *Ounce*; *Shavings of Hartſhorn and Ivory, each half an Ounce*; *the four greater cold Seeds, each*

each 2 *Drams*; *Maiden Hair* 2 *Handfuls*; *the bottom of a ſtale white Loaf*; *a Cock*; *(pick'd, drawn and well bruiſed, ſo as the Bones may be broken) boil all theſe in Barly Water, from* 3 *Quarts to* 3 *Pints*; *then having ſtrain'd it, add Canary* 1 *Pint*; *Electuary of Saſſaphras, Juice of Kermes, each half an Ounce*; *Syrup of Balſam, as much as ſufficeth: Mix them.*

Conſummate Broth.

Take a Capon (pick'd, drawn, and cut into Pieces) Sheeps Trotters, and Calves Feet, each 4; *Shavings of Hartſhorn and Ivory, each half an Ounce*; *yellow Sanders* 3 *Drams*; *Dates* 20; *Raiſins of the Sun ſtoned* 4 *Ounces*; *Pearl Barly* 1 *Ounce*; *boil theſe in Spring Water* 1 *Gallon to* 2 *Quarts, adding, when it's almoſt boil'd enough, Ox-Eye Flowers dried, Herbs of Colts Foot, Maiden Hair, Sage of Jeruſalem, each* 1 *Handful*; *Mace* 2 *Blades*; 1 *Nutmeg, Malaga Sack* 1 *Pint*; *ſtrain it out.*

It's a commodious Preſcription for thoſe that are ſickly, conſumptive, and recovering out of ſome long, waſting Diſtemper; where Strength failing, rich Nouriſhment is requir'd, and yet the Stomach is not able to concoct ſolid Food; for it's digeſted with little Trouble, aſſimulated without Effervescence, eaſily diſtributed, ſoon agglutinated, and not preſently diſſipated by the Heat of the Body. Moreover, it yields ſuch a ſoft, kindly, rorid and glutinous Juice, that it qualifies

lifies the ſaline, hard, pricking, fermenting Particles of the Blood; and ſo obviſcates, and mollifies and reſtrains their impetuous Torrent in the ſmall Canals, that they cannot (by ruſhing and rubbing through) prey upon, and carry off the Subſtance of the ſolid Parts. A large Draught may be allowed twice or thrice a Day.

Broth for a Conſumption.

Take Conſerve of Red Roſes 4 Ounces; Comfrey Root 2 Ounces; Shavings of Hartſhorn 1 Ounce; Maiden Hair 1 Handful; Sage of Jeruſalem 2 Handfuls; Plaintain half a Handful; Raiſins of the Sun 2 Ounces; Dates 4; Boil theſe together with a Chicken, the Crag End of a Neck of Mutton, and three Ounces of Manchet in a ſufficient quantity of Spring Water; and then ſtrain it, and when it's cold take off the Fat.

Let the Sick drink a Porrenger full, two or three times a Day.

1. Broth of Crayfiſh.

Take 100 *Crayfiſh, having pounded them alive in a Mortar, boil them in 2 Quarts of Water to 1 Quart and half a Pint, adding towards the laſt 2 Blades of Mace, 1 Nutmeg ſliced, and old Malaga half a Pint; ſtrain it, and let the Patient ſup up a Draught of it twice a Day.*

2. Broth

2. Broth of Crayfish.

Take the Tails of 20 *Crayfish, Candied Eryngo Roots* 1 *Ounce; the bottom of a white Loaf, Raisins stoned* 2 *Ounces; Liquorice* 3 *Drams; boil these in* 3 *Pints of Water to* 1 *Quart, and strain it.*

Let 4 or 6 Ounces be taken, three times a Day. After the same manner may be made Broth of Snails.

There's so great an Edulcorating Virtue in Crayfish, Crabs and Lobsters, that they manifestly obtund the Acidity of Vinegar itself, when put into a Sawcer of it. And being received into our Bodies, wonderfully take off the bitter Pains of the Strangury: And in a Hectic Fever and Atrophy thence arising, where the Mass of Blood (being deprived of its Nourishing, Kindly, Sweet and Oleose Juice, and being grown eager) flushes, flies, ferments, and furnishes out a poor little Provision of Aliment, and that deprav'd too; these sort of Broths are found exceeding useful. Some hold also, that they are good to prevent Abortion.

Purging Cakes.

Take Sweet Almonds blanch'd 6 *Drams; powder'd Jalap-root* 3 *Drams; Rosin of Jalap half a Dram; fine Sugar* 10 *Drams; Oil of Cinnamon* 3 *Drops; with Mucilage of Gum Tragacanth; make it up into little Cakes for* 6 *Doses.*

A Cataplaſm with Apples.

Take of the Pulp of baked or roaſted ſweet Apples 1 *Ounce*; *white Bread boiled in Milk, and gently expreſſed half an Ounce*; *the White of one Egg well beaten up*; *Raſes his white Troches powder'd* 2 *Drams*; *mix*; *if it want Thickening, add white Starch as much as needful.*

It aſſwageth Inflammatory Pains of the Eye.

A Cataplaſm of Bitters.

Take Venice Treacle, Lupine Meal, each 3 *Drams*; *Wormſeed* 1 *Dram and a half*; *Species of Hiera Picra half a Dram*; *Chymical Oil of Wormwood* 16 *Drops*; *Juice of Tanſey, enough to embody it*; *mix.*

Apply it to the Navel, againſt Worms in Children: See the *Bitter Fomentation.*

A Cataplaſm with Caſſia.

Take Pulp of Caſſia 1 *Ounce*; *Elder Ointment* 2 *Ounces*; *Sperma Ceti half an Ounce*; *powder'd Agaric* 1 *Dram and a half*; *mix all into a Cataplaſm.*

'Twas given me for an extraordinary Remedy, and a great Secret againſt a Quinſey.

A Cataplaſm with Cummin.

Take Onions roaſted under the Embers 1 *Ounce and a half*; *Saffron clipt ſmall with Sciſſors* 15 *Grains*; *Oil of Amber* 12 *Drops*; *powder'd*

der'd Cummin Seed, Ointment of Marſh Mallows, each 3 Drams; mix.

It's very available in Pains of the Ears; ought to be put on hot as can be endur'd, and renew'd every four Hours, as long as the Pain continueth.

Some are mightily againſt putting Opium into the Ears, for fear it relax the Tone, and cauſe Deafneſs: For my part, I have had no great Experience of it myſelf, but don't think it's likely to do ſo.

A Cataplaſm of Eggs.

Take Yolks of Eggs boil'd hard 4; Oil of Amber 2 Scruples; Linſeed Oil as much as needful; mix them well in a Mortar.

It's for the Piles when ſwell'd and painful.

A Cataplaſm with Elder.

Take green Leaves (or, in the Winter-time, inner Bark) of Elder 4 Ounces; cut and boil them in Milk till ſoft; ſtrain away the Milk, and to the Maſh add ſoft Soap 1 Ounce; ſpread it upon a double Cloth; ſtrew it with Ceruſe, and apply it warm.

It wonderfully qualifies Saint *Anthony's* Fire.

A Cataplaſm for the Feet.

Take Venice Treacle 2 Ounces; Muſtard-Seed, Grains of Paradiſe, each 1 Ounce and

half; *Bay Salt* 1 *Ounce*; *black Soap* 2 *Ounces*; *Oil of Spike* 2 *Scruples*; *Vinegar a quantity ſufficient*; *mix all.*

That I may practically explain (according to my Notions) the ſeveral Kinds, Manner of Operation, and rational Uſe of Applications to the Feet; I ſay they act,

I. By impreſſing a brisk Touch on the Soles of the Feet; and the *Cutis* there being exquiſitely ſenſible, the Force of the Medicine is thence deriv'd on, to the minute Fibres, Membranes, Nerves, Brain and Spirits, and ſo very readily to the Heart, Arteries and Blood. Of this kind, there are two ſorts.

1. Thoſe that are by Nature quieting, and made actually hot, as the *Lotion for the Feet*, (which ſee) and they are uſed properly, when the Blood being in an high Ebullition, circulateth unequally, and ruſheth impetuouſly into the ſuperiour Parts: As in burning hot Head-Aches and Watchings.

2. Thoſe that are Acrid, Stimulating, as the *Cataplaſm of Herrings*, and of *Radiſh*: And they are indicated when the Spirits being oppreſſed (but not exhauſted and vanquiſhed) grow ſtupid and ſluggiſh, as in ſoporoſe Caſes.

II. They act (not upon the Feet primarily, but) on the Spirits, by an immediate Contact of Particles ſent off into the Blood. They are of two ſorts likewiſe.

1. Such

1. Such as rouze up and expand, as Treacle, Garlick, Muſtard, Euphorbium, *&c.* And theſe are requir'd where the Spirits are ſpent, and languiſh ſo extremely, that not being able to make good their Continuity and even Expanſion, they fall into Startings, Tremblings and Stoppings, as in Fevers, with Twitchings of the Tendons, and ſwooning Fits.

2. Such as pacify the enraged Spirits, as Pigeons and Chickens ſlit open alive, Lambs Lungs, *&c.* warm. And we uſe theſe, when the Spirits being vehemently irritated, fly into Exploſions; as in pertinacious Watchings, Phrenzies, and Convulſions in Fevers.

A Cataplaſm with Fullers Earth.

Take Crum of white Bread 4 *Ounces*; *white Poppy-ſeed bruis'd* 2 *Ounces*; *Boil in Milk*; *ſtrain away the clear*; *to the remainder, add powder'd Fullers-Earth, Oil of Roſes, each* 2 *Ounces*; *Oil of Mace by Expreſſion* 1 *Dram*; *Camphire* 1 *Scruple*; *mix.*

Shave the Head, and apply this when the *Pericranium* (being over-heated and almoſt inflamed) exciteth Watching and Phrenzy.

But when the Cauſe lieth wholly inward, and the Brain itſelf is affected, I can hardly conceive how it's poſſible for outward Appli-

cations to have any conſiderable Operation through the *Cranium* and *Meninges*.

A Cataplaſm of Herrings.

Take white Briony Root new digged up, (or if it be dried, then the Powder of it) 2 *Ounces*; *black Soap* 3 *Ounces*; *Pickled Herrings (or Anchovies)* 4 *Ounces*; *Salt* 1 *Ounce and half*; *mix.*

It's to be bound to the Soles of the Feet, and changed every 12 Hours, and is chiefly uſed where the Febrile Matter aſſaulting the Head, and oppreſſing the Spirits, cauſeth a Stupor or Sleepineſs.

An Hypnopic Cataplaſm.

Take freſh made Cow-Dung 2 *Pound*; *white Briony Root green gathered* 1 *Pound*; *Bayberries half a Pound*; *Cummin-ſeed, Flower of Sulphur, of each* 4 *Ounces*; *with Lime Water (or ſtrong Lixivium) make a Cataplaſm, adding Hogs Lard* 4 *Ounces.*

A Cataplaſm with Juices.

Take Juices of Onions, Parſly, Smallage, Fennel, each 2 *Ounces*; *Crum of white Bread as much as will take it up*; *beat and mix in a Mortar.*

This is to help off Urine when it ſtops. Let it be applied to the *Regio Pubis*, if the Cauſe be in the Bladder, or down athwart the Belly, if a Gravelly Stone ſlipping down, and ſtopping

ſtopping by the way, have plugg'd up the Paſſage. See the *Diuretick Fomentation.*

A Lateral Cataplaſm.

Take Meal of Linſeed 8 *Ounces*; *Fenugreek, Cummin, each* 4 *Ounces*; *Honey* 2 *Ounces*; *Linſeed Oil as much as requiſite*; *mix all in a Mortar.*

It appeaſeth Pain, wonderfully penetrates and diſcuſſes, hath its Uſe in a Pleuriſy, eſpecially if it lie outward.

It's a remarkable Obſervation of *Wallæus*, that Butter and Cummin-ſeed laid to the Breaſt, may be taſted in the Mouth.

A Cataplaſm with Orris.

Take Orris Powder 1 *Ounce*; *Honey* 3 *Ounces, or as much as ſerves*; *mix all.*

It's profitable in a Quinſey, pituitous Affections of the Breaſt, and external Pain of the Side.

A Cataplaſm with Poppy.

Take red Roſes dried and cut ſmall 4 *Scruples*; *white Poppy ſeeds bruis'd, Oil of Roſes, each half an Ounce*; *Barly-Meal* 1 *Ounce*; *Vinegar enough to temper it into a Conſiſtence.*

It being Refrigerating, Reſtringent and Anodyne, is good to be applied (lukewarm) to the Forehead, in a pulſing ſort of Head-ach.

A Cataplasm in a Quinsey.

Take Figs 4 *Ounces*; *Album Græcum half an Ounce*; *Flower of Sulphur*, *long Pepper*, *each* 1 *Dram*; *Brandy* 2 *Ounces*; *Chymical Oil of Wormwood* 16 *Drops*; *Diacodium as much as will serve*; *beat all in a Mortar till well mixt. To these may be added Swallows*, *or Pigeons Dung*; *lay it to the Throat*, *from Ear to Ear*, *and renew it as often as it drieth.*

Altho' a Quinsey be an Inflammation, and Repellers mostly have place in the very Beginnings of Inflammations; yet, in this Case, they are by all means to be avoided, because the Part affected being full of Salivary Glands, if by refrigerating and repelling Things wrongly applied, the *Saliva* be thickned, the Tone of the Part debilitated, the Obstructions increas'd and render'd more difficult, it cannot otherwise be, but that the Sick must be suffocated.

Now in this Distemper, the main Scopes we are to drive at, are to liquify the *Pituita*, and comfort, and empty the Glands: And these Intentions are serv'd best by such sort of warm external Applications and Gargles: Care being taken at the same time, to cut off, and prevent greater Inflammation, and a Flux to the Part, by plentiful Bleedings, Glysters, Epispasticks, and by proper Internals to appease the angry Rage of the Spirits, and allay the Effervescence of the Blood and Humours.

A Cataplaſm with Radiſh.

Take Roots of Horſe Radiſh, Squills, each 2 Ounces; Rue, Muſtard Seed, Salt, each 1 Ounce; black Soap 2 Ounces; Vinegar as much as uſeful to beat it up with.

Sometimes for the greater Stimulation I uſe to add *powdered Cantharides 2 Scruples*; bind it to the Soles of the Feet in Fevers. See the *Cataplaſm of Herrings*, and *Lotion for the Feet.*

A Cataplaſm with Sedum.

Take Conſerve of red Roſes 2 Ounces; Juice of common Sedum, Syrup of Meconium, of each half an Ounce; Raſes's white Troches powdered, as much as requiſite to bring it to a juſt Conſiſtence; mix.

It's of uſe againſt Pain, Heat, Redneſs, Tumor, and Afflux of Humours to the Eyes.

A Sinapine Cataplaſm.

Take Honey, Vinegar, Brandy, of each 1 Ounce; powdered Muſtard as much as will ſuffice to give it a due Body; mix.

Uſe it in an Apoplexy, Palſy, and Peſtilential Fevers.

A Stomach Cataplaſm.

Take Venice Treacle 6 Drams, Cinnamon, Cloves powder'd, each 1 Dram; Chymical Oil of Mint 6 Drops; Oil of Wormwood 2 Drops; beat it up with a juſt Quantity of Vinegar.

It

It helps againſt Nauſeouſneſs and Vomiting.

A Cataplaſm with Treacle.

Take Andromachus's Treacle 2 *Ounces*; *Myrrh, (wrought up with the Yolk of an Egg) Virginian Snake-root finely powdered, Tartariſed Elixir Proprietatis, of each half an Ounce*; *Oil of Turpentine* 2 *Ounces*; *Camphire* 1 *Scruple*; *Honey as much as ſufficient*; *mix artificially.*

It renews and quickens the Circulation and Diſtribution of Blood, and Spirits, thro' the Parts; recalls natural Heat; reſiſts Putrefaction; cures venemous Bites and Gangrenes.

A Cataplaſm with Turneps.

Take Turneps bak'd in an Oven 8 *Ounces*; *Rue* 4 *Handfuls*; *Muſtard Seed* 2 *Ounces*; *Oil of Juniper* 2 *Drams*; *Nerve Ointment, as much as needful*; *when it's ſpread upon a Cloth, ſprinkle it with Powder of Euphorbium.*

It's for Paralytick Limbs. See the *Paralytick Liniment.*

A Cataplaſm of baked Turneps is excellent for a Tumour of the Scrotum.

A Cataplaſm for Vomiting.

Take Quinces half a Pound; *having cut them in Quarters, and taken out their Core and Seeds, boil them in Vinegar till ſoft*; *then*

then beat them to maſh in a Mortar, and add powder'd Balauſtines half a Ounce; when you have ſpread it on a double Cloth, ſtrew upon it powder'd Cloves 1 Dram; and lay it to the Stomach very hot. Or in beating it up, you may add Hungary-Water half an Ounce; and when it's ſpread upon the Cloth, put upon it powdered Cloves 1 Dram; Oil of Mint 8 Drops; and Oil of Wormwood 4 Drops.

A Cataplaſm of Webs.

Take Venice Turpentine 2 Ounces; Juice of Plantain 1 Ounce and half; Figs 3; the yellow Paring of Orange Rind 2 Drams; Bole 1 Dram and half; Soot half an Ounce; Pigeous Dung 1 Ounce and half; large Spiders Webs 6; black Soap 4 Ounces; Vinegar enough to beat it up with.

To drive an Ague, tie this about the Wriſts, ſo as to make it bear hard upon the Pulſes, two Hours before the Fit.

A Cordial Caudle.

Take ſweet Almonds beaten in a Mortar 12; Yolks of Eggs 2; Conſerve of red Roſes and of Gilly-Flowers, each 1 Ounce; Aqua Cœleſtis half an Ounce; Canary Wine, Damask-Roſe-Water, each half a Pint; work them about well together; then ſtrain, and add Confection of Alkermes 2 Drams; Oil of Cinnamon 2 Drops.

It greatly nouriſheth, recruiteth, and reviveth the Spirits, when waſted and low.

1. A Reſtorative Caudle.

Take the Pith of an Ox's Back out of its Skin half a Pound; Roſe Water and Tent Wine, each 1 *Pint; Dates minced ſmall* 10; *Raiſins of the Sun ſtoned* 24; *Cinnamon* 2 *Drams; Let it ſtand ſtewing in Balneo* 6 *hours; then ſtrain and add to* 6 *Ounces of it, the Yolk of an Egg; Nutmeg and Sugar, as much as ſerves to make it palatable.*

2. Reſtorative Caudle.

Take Tent Wine 2 *Quarts, white Sanders, Acorn Cups, each half an Ounce; Candy'd Eryngo Roots, Dates, Figs, each* 4 *Ounces; Nutmegs ſliced thin half an Ounce; Archangel* 2 *Handfuls; boil to* 1 *Quart; ſtrain it, and while it is yet a little warm, add the Yolks of* 4 *Eggs; white Sugar Candy* 1 *Ounce; mix all.*

To theſe may be added Shavings of Hartſhorn, Ivory, *Priapus* of the Sea-Horſe, Clary, *&c.* give it warm for Breakfaſt every Day.

Currants Anthelminthic.

Take Currants (rubbed, and picked clean) half a Pound; Rhubarb (grated on a Grater, and looſly tyed up in a thin Rag) half an Ounce; Coralline (likewiſe tyed up) one Ounce;

Ounce; Purſlane-Water twelve Ounces; Put all into a glazed Pipkin, lid it over with Paſte, put it into an Oven, when the Houſhold Bread is drawn out, and bake till the Currants are plump and ſoft.

Give a Child a Spoonful every Morning, eſpecially about new and full Moons.

Laxative Currants.

Take Senna 4 Ounces; Juniper-berries bruis'd 2 Ounces; White Wine and Water, each 1 Pint; make a cloſe and warm Infuſion for 6 Hours; then ſtrain out the Liquor, and putting into it Currants (well picked and waſhed) 1 Pound; boil gently till they are ſoft and plump; then run the Liquor through an Hair-Sieve; put into it as much Sugar as will ſerve to bring it into a thin Syrup; boil it a little, adding towards the laſt, Coriander Seeds and Ginger, of each 2 Drams; laſtly ſtrain out the Syrup, and pour it on the Currants to keep together for Uſe.

Manna 4 Ounces may be added to it, but then the leſs Sugar is requir'd.

The Doſe is about 2 Spoonfuls of Syrup and Currants together.

A Decoction of Agaric.

Take Agaric (ſliced and tied up in a Rag) 2 Drams; boil it in Water to 3 Ounces; adding towards the laſt, Cloves bruiſed half a Dram; to the Liquor when ſtrain'd and quite

quite cold, add Scammony prepared 4 *Grains*; *Syrup of Roſes ſolutive* 1 *Ounce*; *Oil of Aniſeed* 1 *Drop*; *mix up for a Potion.*

It's very convenient when Clammy Phlegm, beſmearing the *Viſcera*, is to be purged off: And particularly, I have ſeveral times obſerved it moſt admirable for Green Sickneſs Girls, and to prepare them for Chalybeates: And I have known it to do good ſervice in Cutaneous Affections. Agaric is alſo uſed to cleanſe the Head and Lungs, when Evacuation is required.

A Decoction of Allium.

Take Turners Chips of Lignum vitæ 3 *Ounces*; *Roots of Zedoary* 1 *Ounce and half*; *Decoct in Spring Water* 6 *Quarts, to* 3 *Quarts*; *towards the end adding Roots of Allium bruiſed* 3 *Ounces*; *Seeds of Anniſe, wild Daucus and Cummin, of each* 1 *Ounce*; *and to the ſtrained Liquor put Spirit of Scurvy-graſs half an Ounce*; *mix.*

It's Aperitive, and Diuretic, good in a Dropſy, and may be taken Morning and Afternoon to 6 Ounces.

A ſtrict Diet of *Allium* Broth, without any other Meat or Drink for a conſiderable time, is ſaid to have had marvellous Effects in a Dropſy.

A Decoction of Althæa.

Take Roots of Althæa 2 *Ounces*; *Herb of Althæa* 1 *Handful*; *boil in Barley Water* 3 *Pints,*

Pints, to the waſting of half: Strain, and add compound Radiſh Water, Brandy, of each 4 Ounces; Berries of Juniper, and Bay, of each half an Ounce; Seeds of Anniſe, ſweet Fennel, Caraway and wild Daucus of each 2 Drams; give a warm and cloſe infuſion for 2 Hours; then ſtrain, and diſſolve in the Liquor (over the Fire) Gum Arabick 1 Ounce; Syrup of Meconium 4 Ounces.

This is a ſingular good Compoſition; for it cauſeth Urine, and cleanſeth away Gravel; and yet at the ſame time obtunds Acrimony, and eaſeth Pain.

Antiloimic Decoction.

Take Roots of Zedoary half an Ounce; Contrayerva, Spaniſh Angelica, Shavings of Harts-horn and Ivory, each 2 Drams; Cochineal whole 2 Scruples; boil theſe in fine clear Barley Water, from 2 Pints and half to 24 Ounces; throwing into it, towards the laſt, Saffron 1 Scruple: To the ſtrain'd Liquor not ſqueezed add Epidemical and Treacle Water, each 2 Ounces; Syrup of Gilly-flowers 4 Ounces; Juice of Kermes ſtrain'd half an Ounce; Leaves of Gold 4; mix all together.

When the Venom of a Malignant Fever aſſaulting the Spirits, ſtupifies, and almoſt ſtrikes them dead; theſe generous Alexipharmacs (timely and frequently exhibited) inſpire new Vigour, ſhake off the deleterious *Copula*, and

ſo

ſo ſometimes ſnatch the Sick out of the very Jaws of Death.

But when the Malignity is of an agile, fierce and furious Nature, (ſuch as it is in the Small-Pox, Meaſles, and all thoſe Inflammatory Fevers that partake of Malignity) then *Alexipharmacs*, which drive the Blood into Fervors, and the Spirits into Fury, are to be look'd upon as no better than Poiſons.

Antiphthiſic Decoction.

Take Ox-Eye-Daiſy-flowers dry'd 1 *Handful*; *Snails wiped clean* 3; *Candied Eryngo Root half an Ounce*; *Pearl Barley* 3 *Drams*; *boil in Spring Water from* 1 *Pint and half to* 1 *Pint, and ſtrain it out.*

It ſmooths and reſtrains the ſaline turbulent Particles of the Blood, ſo as to hinder it from ruſhing impetuouſly through the Canals; ravaging and tearing off the Subſtance of the Lungs and ſolid Parts. Alſo it brings in a Supply of ſuch ſoft and inoffenſive Nouriſhment, as gives no Trouble to the Blood when 'tis weak, and of a broken *Craſis*: It takes place therefore, in a newly begun Conſumption, Hectic Fever, Night-Sweats, *&c.* where the Colliquation and Subſtraction of the Humours cauſeth a Waſting of the Muſculous Parts.

Let the Sick ſup it off hot, from a quarter to half a Pint, with an equal quantity of Milk, for Supper and Breakfaſt.

An Aperient Decoction.

Take Roots of Parſly and Fennel, each 1 *Ounce; Barks of Capers and Tamarisk, each half an Ounce; Herbs of Ceterach, Harts-Tongue, Agrimony, Liverwort, each* 1 *Handful; boil theſe in Water and White Wine (added towards the laſt) each* 1 *Pint and half, to* 28 *Ounces; when 'tis ſtrained, diſſolve in it Syrup of the* 5 *opening Roots, and Oxymel ſimple, each* 2 *Ounces.*

It may contend with the temperate Scorbutic Ale for Virtues, and excels it in this, that it's a more potent Diuretick.

An Aſtringent Decoction.

Take Pomegranate Peels bruiſed 1 *Ounce; boil it in* 3 *Pints of Water, till half be evaporated; adding, towards the laſt, Cloves bruiſed half a Dram; Nutmeg* 1 *Dram; ſtrain, and add Syrup of dried red Roſes* 3 *Ounces; ſtrong Cinnamon Water* 4 *Ounces; Mint Water* 1 *Ounce; Venice Treacle* 2 *Drams; mix.*

It ſtrengthens the Ventricle and reſt of the *Viſcera:* Is of much uſe in an enormous ſymptomatic Diarrhœa, Dyſentery, *&c.* The Doſe 4 Ounces; twice a Day.

A Balſamic Decoction.

Take Malaga Raiſins ſtoned and chopp'd to pieces 2 *Ounces; Roots of Sarſa, China, Li-*

quorice, each half an Ounce; Shavings of Hartſhorn and Ivory, each 2 Drams; Tops of St. John's Wort 1 Handful; boil in fine clear Barly Water 3 Pints to 30 Ounces; adding (when its half boiled) Balſam of Tolu 3 Drams; when it's cold, ſtrain, and add Syrup of Rasberries 2 Ounces; Balſam of Peru 8 Drops; Oil of Nutmegs 2 Drops; mix.

Maſtick 6 Drams may be added as it is boiling.

It's given to good purpoſe in a Conſumption; foraſmuch as it corrects acrid *Ichor*, emptieth the ſtuffed *Bronchia*, diſſipates crude Tubercles, and healeth ruptured Veſſels. The uſual Doſe is a quarter of a Pint, two or three times a Day, a little warm'd; for Things that are actually cold, injure the Lungs, when they are tender and wounded.

A Decoction of Barberry Rinds.

Take Barberry Rinds, Turmerick, each half an Ounce; Celandine 4 Handfuls; Gooſe-dung (tied up in a Rag) 2 Ounces; boil in Water 2 Pints and half, towards the laſt adding White Wine half a Pint; Saffron 1 Scruple; reduce it to 1 Quart, and ſtrain it out.

This is a good Medicine againſt the Jaundice. Its Doſe 4 Ounces; together with Syrup of the 5 opening Roots, and Oxymel of Squills, each 3 Drams; twice a Day.

A cer-

A certain Phyſician uſed to pronounce the Jaundice mortal, where he ſaw not only the Skin of the Face, but that of the Head alſo of a dusky yellow Colour.

A Decoction for the Bite of a Mad Dog.

Take Turners Chips of Box-Wood, Male-Piony Seed, each 1 *Ounce*; *Herbs of Sage, Wood-Sage, Betony, Sanicle, Angelica, Devils-Bit, Woody Night-Shade, each* 1 *Handful*; *boil theſe in Water* 5 *Pints to* 4, *and ſtrain it off.*

Let the Party take a quarter of a Pint, together with Venice Treacle half a Dram, three times a Day. I never uſed this; but that in *Pharmacopœa Bateana*, I have ſometimes, with Succeſs, ſo as to prevent Madneſs after a Bite, but if the leaſt Symptom once appear, I ſuppoſe all Medicines will come too late.

A Bitter Aromatic Decoction.

Take Roots of Calamus Aromaticus, Gentian, each 2 *Drams*; *Galangale* 4 *Scruples*; *Herbs of Centory and dried Wormwood, Flowers of Camomile and Stœchas, each* 1 *Dram*; *make a Decoction in Water* 3 *Pints to* 2, *adding at the laſt Caraway-Seeds bruis'd half an Ounce*; *ſtrain it.*

It enjoys all the Virtues of our *Bitter Draught* in the *London Diſpenſatory*; but with this Advantage, that it more powerfully

diſcuſſeth Wind, and warmeth the Stomach. Give 4 Ounces twice a Day.

A Decoction of Burdock.

Take Burdock Roots 4 Ounces; Chamæpitys 4 Handfuls; boil in Water 3 Pints to 28 Ounces; ſtrain, and add Magiſtral Worm Water 4 Ounces; Spirit of Scurvy Graſs, Elixir Proprietatis tartariz'd, each 2 Drams; mix.

It's deſign'd againſt the Gout; for by reaſon of its Stomachic Virtue, it corroborates the the Ventricle and Inteſtines, and prevents the morbific Matter from falling on them. By reaſon of its digeſtive Faculty, it keeps the Blood in a due Mixture, and hinders its Fuſion. By reaſon of its Neurotick Quality, it comforts the Nerves, and reſtrains the raging Excandeſcence of the Spirits. And laſtly, by reaſon of its Diuretic Force, it drains off the Arthritic Humours by Urine, and ſo ſecures them from ruſhing into the Joints.

A Cathartic Decoction.

Take Polypodium Roots 1 Ounce; Aſh-tree Bark, Tamarinds, each half an Ounce; Raiſins 1 Ounce; Cream of Tartar 2 Drams; boil in Water 20 Ounces to 12; to the Liquor when ſtrain'd, add White Wine 4 Ounces; Juice of Lemons half an Ounce; Senna 1 Ounce; Rhubarb, Agaric (tied up in a Rag) each half an Ounce; give theſe a warm and

cloſe

cloſe Infuſion for 12 *Hours: In the ſtrain'd Liquor diſſolve Manna* 2 *Ounces; ſtrain again, and add at laſt a Syrup of Succory with Rhubarb* 2 *Ounces; Oil of Anniſeed* 2 *Drops; Spirit of Scurvy-Graſs, Elixir Proprietatis, each* 4 *Scruples; mix all together for* 4 *Doſes.*

This is ſomething Operoſe, according to the manner of *Apozems*, which are not ſo frequently preſcrib'd now a days, as formerly.

Rough Medicines; and ſhort Courſes are not for Cachectic Perſons. They are habitually weak; their Spirits few; their Blood depauperated; their Juices depraved; their Paſſages obſtructed; their Fibres relaxed; and now to renovate, and reduce all again to a ſound State will coſt a great deal of time, and patience; and will require prudent, and gentle Management; 'twill not be ſufficient to pitch upon proper and efficacious Medicines; but they muſt be daily renewed, and ſteadily continued, otherwiſe 'twill be impoſſible to perfect the neceſſary and great Works of Commixtion, Agitation, Digeſtion, Exaltation, Aſſimulation, Secretion, and Evacuation. Let thoſe that practiſe by Receipts, without rational Method, read over this again.

A Decoction in a Cancer.

Take Roots of Figwort, Mullein, each 2 *Ounces; Filipendula, Herb-Robert, Ceterack, Agrimony, Tormentil, Scabius, Toad-Flax,*

each 1 *Handful*; *Flowers of Elder, Roſemary, each* 1 *Pugil*; *Nettle-Seed* 2 *Drams*; *make a Decoction in Water* 3 *Quarts to* 3 *Pints and half*; *to the ſtrained Liquor add altering Syrup of Apples, and Syrup of Citron Juice, each* 4 *Ounces*; *mix all.*

Let a good Draught be taken thrice a Day.

A Decoction in a Catarrh.

Take yellow and red Sanders, each 2 *Drams*; *Guaiacum, Saſſaphras, each half an Ounce*; *Liquorice* 1 *Ounce and half*; *Raiſins* 1 *Ounce*; *boil in fine Barly Water* 3 *Pints to* 1 *Quart*; *adding at laſt Juice of Hounds-Tongue Leaves* 4 *Ounces*; *ſtrain it.*

The Doſe is a quarter of a Pint thrice a Day.

A Decoction of Catechu ſimple.

Take Japanic Earth 2 *Drams*; *boil in Water* 1 *Pint to* 12 *Ounces*; *let it ſtand to ſubſide, then having poured out the cleareſt, add ſtrong Cinnamon Water, Syrup of Quinces (or of dried Roſes) each* 2 *Ounces*; *mix.*

It notably conſtringeth the *Oſcula* of the *Papillæ*, and excretory Ducts of the Glands; defendeth the exquiſitely ſenſible Membranes by coating them over with a ſoft *Mucus*; appeaſeth the irritated Spirits; and upon theſe Accounts, I have often obſerved it to ſtop a thin tickling Catarrh, beyond almoſt any other Medicine whatſoever.

The

The Doſe 4 Ounces, three times a Day.

A Decoction of Catechu compound.

Take Guaiacum, Saſſaphras, each 3 Drams; yellow and red Sanders, each 2 Drams; the blackeſt Part of Japanic Earth powdered, half an Ounce; Liquorice 1 Ounce; dried Sage 1 Handful; boil in Barley Water 3 Pints to 30 Ounces; ſtrain it out, and ſet it by to ſettle; then pour off the cleareſt, and add Diacodium 2 Ounces; Oil of Anniſeed 1 Drop; mix.

A Cephalic Decoction.

Take Guaiacum, Saſſaphras, each 2 Drams; Male-Piony Root 1 Ounce; dried Sage, Marjoram, Betony, Arabian Stœchas-Flowers, each half an Handful; boil in Water 3 Pints to 28 Ounces; to the ſtrain'd Liquor, add compound Piony Water, compound Syrup of Piony, each 2 Ounces; Tincture of Caſtor 2 Drams; Oil of Roſemary, Nutmeg, each 2 Drops; white Sugar 1 Ounce; mix.

It's aptly preſcrib'd in cold Rheumatic Affections of the Head and Nerves, for Prevention of an Apoplexy, Epilepſy, Benumbedneſs, Palſy, Vertigo, *&c.* And it's to be given to a quarter of a Pint twice a Day.

A Cereviſiate Decoction.

Take Turners Chips of Lignum Vitæ, Liquorice, of each 1 Ounce; Malaga Raiſins

ſtoned and chopped ſmall 2 Ounces; Japanic Earth 2 Drams; boil in good ſtrong Ale Wort 3 Pints to 30 Ounces; to the ſtrained Liquor (clarified by ſubſiding) add Tincture of Benjamin 2 Drams; Syrup of Balſam 2 Ounces; mix.

Its Virtues are much the ſame with thoſe of the Pectoral Extract; only it more powerfully warms, incides, and expectorates, but doth not lubricate, and maturate ſo much.

A Decoction of Chamæpitys.

Take Ground-Pine dried 2 Handfuls; Flowers of Stœchas 2 Drams; Male-Piony Root 1 Ounce; boil in Water 3 Pints to 1 Quart; ſtrain and add Spirit of Scurvy-Graſs, and of Lavender compound, each 1 Dram; mix.

It's a Medicine for Prevention of the Gout, and Cure of Joint-Pains. Let a quarter of a Pint be taken (together with Spirit of *Sal-Armoniac* 20 Drops) thrice a Day.

A Cathogogue Decoction.

Take Malaga Raiſins ſtoned and chopped ſmall 2 Ounces; boil in Spring Water a Pint and half to a Pint; in the ſtrained Liquor infuſe warm Senna, Seeds of Caraway and Cummin, of each 6 Drams; Salt of Tartar 1 Scruple; in the ſtrained, diſſolve Syrup of Roſes ſolutive, Manna, of each half an Ounce; mix.

I have more than once known this operate excellently (without provoking Vomiting) in the

the Colick, and where the Inteſtines were obſtructed with *Scybali.*

A Decoction of Coralline.

Take Mercury vive 2 *Ounces*; *Dittany of Crete* 2 *Drams*; *powder'd Coralline half an Ounce*; *boil in Purſlane-Water* 1 *Pint and half to* 14 *Ounces, when it's ſtrain'd and ſeparated from the Mercury, ſweeten it with Syrup of Lemons* 2 *Ounces.*

Van Helmont commends an Infuſion of Mercury againſt Worms; and it's ſaid of him, he never commends any thing without Reaſon, tho' he ſometimes commends beyond Reaſon.

Let it be given to Children to about 2 Ounces, twice a Day, (for 4 Days running) before the New and Full Moon, and before Purging.

A Depurating Decoction.

Take Roots of Quich-Graſs, Butchers Broom, Fennel, Parſly, each 1 *Ounce*; *Herbs of Cleavers, Dandelion, each* 1 *Handful*; *Currants chopp'd ſmall* 2 *Ounces*; *boil in Water* 3 *Pints to* 28 *Ounces*; *ſtrain, and add Salt Prunel* 2 *Drams*; *Syrup of the* 5 *Opening Roots* 4 *Ounces*; *mix.*

It egregiouſly depurates the Blood, powerfully provokes Urine; is excellent after Fevers that have boil'd up the Blood into a retorrid *Craſis*: Is profitable for Scorbutic Perſons of an

an hot Temperament; frees the Reins and Bladder from Gravel and *Mucus*. The Doſe is 6 Ounces twice a Day.

A Decoction in a Diarrhœa.

Take powder'd Bole Armoniac 1 *Ounce*; *ſoft white Chalk* 3 *Ounces*; *boil in Water* 3 *Pints to* 26 *Ounces*; *ſtrain and ſet it by to ſubſide*; *then having poured off the clear, add Diaſcordium half an Ounce*; *Cinnamon Water, Syrup of Quinces, and of dried Roſes, each* 2 *Ounces*; *Oil of Nutmegs* 2 *Drops*; *mix.*

To repreſs a *Diarrhœa*, give a quarter of a Pint, as often as the preſent Exigence indicates.

A Diuretic Decoction.

Take Roots of Fennel, Sparagus, each 2 *Ounces*; *Winter Cherries* 16; *Golden-Rod* 2 *Handfuls*; *boil in Water and White Wine (added towards the laſt) each* 18 *Ounces to* 22 *Ounces*; *to the ſtrained Liquor add Horſe-Radiſh Water compound* 2 *Ounces*; *Juice of Parſly depurated, Syrup of Marſh-mallows, each* 4 *Ounces*; *Millepedes (tied up in a Rag alive, bruis'd, and waſh'd out into it)* 300; *Salt Prunel* 2 *Drams*; *mix.*

It cauſeth a very plentiful Secretion of *Serum*, and ſaline Recrements from the Blood, and effectually waſheth out the Reins, Ureters and Bladder. The Doſe from a quarter to half a Pint, or more; for diluting Medicines ought to be given in large Quantities.

A Diu-

A Diuretico-Cathartic Decoction.

Take Nettle-roots 1 *Ounce*; *Juniper-berries half an Ounce*; *boil in Spring Water a Pint and half to a Pint, towards the latter end adding Seeds of Parſly, Wild Daucus, of each* 2 *Drams*; *to the ſtrained add Senna half an Ounce*; *Rhubarb, Agaric, (cut thin and tied up in a Rag) of each* 2 *Drams*; *crude Salt Armoniac* 2 *Scruples*; *compound Radiſh Water* 2 *Ounces: Infuſe warm and cloſe* 6 *Hours*; *then ſtrain and clear out* 14 *Ounces*; *to which add Spirit of Scurvy-Graſs* 4 *Scruples*; *Oil of Anniſeed* 4 *Drops*; *Syrup of Roſes ſolutive* 2 *Ounces*; *mix.*

Let it be divided into 4 Potions.

An Edulcorating Decoction.

Take Sarſa, China, each 3 *Ounces*; *yellow and red Sanders, Hartſhorn, Ivory, each* 6 *Drams: Infuſe according to Art, and boil in Water* 6 *Quarts to* 6 *Pints*; *which ſtrain off, and edulcorate with Sugar to make it palatable.*

It's ſaid to correct the Acridneſs of the *Lymphatic Serum*, and leſſen its Quantity; as alſo to promote Perſpiration gently without heating; It's accounted of great Uſe in a recent Conſumption, flying Pains, Rheumatic Affections, Ulcers, and Cutaneous Diſtempers. The Doſe half a Pint, twice a Day.

An Emmenagogue Decoction.

Take Roots of Smallage 2 *Ounces*; *Calamus Aromaticus, Bay-berries, each* 2 *Drams*; *Zedoary, Cubebs, each* 1 *Dram and half*; *Mace* 2 *Scruples*; *Galangale, Grains of Paradiſe, each half a Scruple*; *Dittany of Crete, Penny-royal, each* 1 *Handful*; *boil in Water* 1 *Quart, and White Wine* 1 *Pint, to* 28 *Ounces*; *when it's ſtrained, add Tincture of Saffron (made in Treacle Water)* 1 *Ounce*; *Syrup of Stœchas* 3 *Ounces*; *mix.*

It excites a new Orgaſm in the Maſs of Blood; and forcing it briskly into the Uterine Arteries, opens the Extremities of the Veſſels.

Let the Patient firſt purge, and then near the time of the *Menſtrua*, take from a quarter to half a Pint twice a day, and uſe Exerciſe, and beware of catching Cold.

An Expectorating Decoction.

Take Orris Root 2 *Ounces*; *Agaric (tied up in a piece of Linen)* 4 *Scruples*; *dried Tobacco* 1 *Scruple*; *Hyſſop, Thyme, each* 1 *Handful*; *boil in Water* 36 *Ounces to* 28 *Ounces*; *ſtrain and add Oxymel ſimple* 4 *Ounces*; *mix.*

The Ingredients of this Decoction are endued with ſubtle and acrious Parts; which therefore (by way of the Blood which they paſs through firſt) penetrate into the Tracheal Ducts, and there meeting with Clammy Mat-

ter,

ter, ſo divide, attenuate, move and work it, that the Fibres thence irritated, and ſucceſſively contracted in Coughing, they force up whatſoever is contain'd in the *Trachea* and *Veſicles*. It's a true and very potent Medicine, and ſhou'd be ſupp'd up (like Coffee) very hot, twice a day or oftner, if there be no Fever.

The bitter Febrifuge Decoction.

Take Camomile-flowers dried 2 *Ounces*; *Cochineal* 16 *Grains*; *boil in Water* 3 *Pints to* 1 *Quart*; *in the ſtrained diſſolve Salt of Wormwood* 2 *Drams*; *mix.*

Sometimes I add Treacle Water 2 *Ounces*; *Oil of Juniper* 16 *Drops*; *Spirit of Sal Armoniac* 80 *Drops. And when expedient, put* 20 *Drops of Liquid Laudanum into the Night Doſe.*

It's juſtly eſteemed a Specific in Intermitting Fevers, and a Remedy inferiour to none, but the *Peruvian* Bark; nay ſometimes it hath ſucceeded, when that hath fail'd. I uſe to order 4 Ounces of it every three Hours, between Fits.

The Magiſtral Febrifuge Decoction.

Take fine powder'd Bark of Peru 2 *Ounces*; *boil in Water* 1 *Quart to* 14 *Ounces*; *ſtrain, and to the Maſs remaining having poured a Quart more of Water, boil it again to* 14 *Ounces*; *adding (about the middle of the*

the ſecond Boiling) Balſam of Tolu 3 *Drams*; *Cochineal* 1 *Scruple*; *when it's cold, ſtrain, and having mixed both the ſtrained Liquors together, add Syrup of Gilly-flowers* 4 *Ounces*; *Oil of Nutmegs* 2 *Drops.*

A very long and conſummate Coction is requiſite, to extract the whole Virtue of the *Cortex:* I remember, when once (for Experiment-ſake) I boiled it a great many times, I could not ſo totally exhauſt it, but that the eighth Boiling was ſtill manifeſtly bitter. That we may therefore the more effectually draw out the Virtue of this, and other ſuch-like obſtinate things, it's adviſable to make them (not into a groſs, but) moſt fine Powder, and force it, with long and repeated Coction.

When Patients are ſo weak-ſtomach'd, or ſo humourſome, that either they cannot or will not admit of the Bark in Subſtance, this Decoction uſeth to ſtand me in ſtead; though I acknowledge, it's of much more Avail in Subſtance.

The Doſe is 4 Ounces every 3 or 4 Hours, when the Paroxyſm is off; and ſo is to be continued from Fitt to Fitt, till the Fever be conquer'd.

The Saline Febrifuge Decoction.

Take Salt of Wormwood 8 *Scruples*; *white Sugar* 4 *Ounces*; *boil theſe in Water* 1 *Quart, and deſpume.*

I have

I have very often found this an effectual Medicine, and am wont to prescribe it then especially, when a remitting Fever would not obey the *Cortex*, and began to threaten running over to the Party of continual Fevers. Let 2 Ounces be taken each other Hour.

Fracastorius's Decoction.

Take Diascordium 6 *Drams*; *Alexiterial Milk Water* 10 *Ounces*; *boil to* 8 *Ounces*; *strain and add Mint Water half an Ounce*; *strong Cinnamon Water* 2 *Ounces*; *Syrup of Meconium* 1 *Ounce and half*; *mix up for* 3 *Doses*.

This has even Divine Virtues against a *Diarrhœa*; for it most potently (and almost beyond any thing else) stills and stops sick Fits, anguish, griping Tortures and Rage of the Ventricle and Intestines: It's of notable Use, especially in such Fevers, as are accompanied with a Symptomatic Flux of the Belly.

Fracastorius's small Decoction.

Take Diascordium half an Ounce; *Cochineal* 1 *Scruple*; *boil (for* 2 *or* 3 *Walms) in Water* 1 *Pint*; *adding Sugar half an Ounce*; *strain through a Flannel, and add Cinnamon Water* 2 *Ounces*.

Let it be used for constant Drink in Fevers of an ill kind, all the while they are attended with a *Diarrhœa*.

A De-

A Decoction for Clysters.

Take Mallows 2 Handfuls; Violet-leaves, Grounſel, each 1 Handful; Camomile-flowers, Flax-ſeed, each 2 Drams; ſweet Fennel-ſeed half an Ounce; make a Decoction in Water 1 Pint and half to 1 Pint; which ſtrain out for uſe.

It differs little from the common Decoction in the *London Diſpenſatory*; but becauſe *Beets, Pellitory of the Wall,* and *Mercury,* may not be always at Hand, and are of no value if kept dry, I thought it worth ſetting down, as more parable and ſooner got ready.

A Decoction of Hemp-ſeed.

Take Hemp-ſeed bruiſed 3 Ounces; Agrimony, Shepherds Pouch, Plantain, Knot-graſs, each 1 Handful and a half; boil in Water 3 Quarts to 2 Quarts; edulcorate the ſtrain'd Liquor with Sugar 4 Ounces; or with Syrup of dried Roſes.

It's accounted a Secret, and a Specific againſt involuntary Piſſing a Bed. The Doſe half a Pint twice a Day, or 4 Ounces for a Youth.

A Decoction of Hounds Tongue.

Take Hounds-Tongue-leaves 2 Handfuls; Liquorice half an Ounce; Raiſins 2 Ounces; boil in Water 2 Pints and half to 30 Ounces; adding at laſt, Anniſeeds half an Ounce; to the

the ſtrain'd Liquor add Diacodium 2 Ounces; mix.

It's an excellent thing, and well accommodated for a Cough, roughneſs of the *Trachea*, and all the Diſtempers of the Cheſt, and Organs of Breathing, ariſing from ſharp Rheums. Let a quarter of a Pint be taken twice or thrice a Day.

A Decoction of Horſe-Tail.

Take Horſe-Tail Herb 6 Handfuls; middling Quinces cut to pieces 3; Sumach, Myrtle-berries, each 1 Ounce and half; red Roſes dried 1 Handful and half; Balauſtines 3 Drams; boil in Water 9 Pints to 5 Pints and a half; adding towards the laſt, Gum Tragacanth 6 Drams; ſtrain and add Honey of Roſes, Syrup of dried Roſes, each 3 Ounces; Syrup of Myrtle-berries 1 Ounce and half; mix.

This hath been kept as a Specifick in Ulcers of the Bladder. Give a Draught three times a Day.

An Hyſteric Decoction.

Take Turners Chips of Box Wood, white Briony Root, each half an Ounce; Male Piony and wild Valerian Roots, each 1 Ounce; Stœchas flowers 2 Drams; Myrrh bruiſed 1 Dram; boil in Water 1 Pint and half, (towards the end putting in Juice of Rue 1 Ounce;) to 14 Ounces of it ſtrain'd, add Briony Water compound 2 Ounces; Tincture

of Caſtor 2 *Drams*; *Oil of Amber* 32 *Drops*; *white Sugar* 1 *Ounce*; *mix. The Doſe* 5 *Spoonfuls.*

An Icteric Decoction.

Take Roots of Turmerick, Madder, each 1 *Ounce*; *Celandine Roots and Leaves* 2 *Handfuls*; *Earth-worms (ſlit open and waſhed clean)* 20; *boil in Water and Rheniſh Wine (added towards the laſt) each* 1 *Pint and half to* 28 *Ounces*; *to the ſtrained Liquor, add Tincture of Saffron (with Treacle Water)* 1 *Ounce*; *Syrup of the* 5 *opening Roots* 3 *Ounces*; *mix.*

It inſpires the Maſs of Blood with a freſh, yet mild Ferment; ſearcheth the Hepatic Glands, and ſpecifically cleanſeth and cleareth the bilious Paſſages. After due purging, let a quarter of a Pint be drank twice a Day, till the Yellowneſs diſappear.

An Incraſſating Decoction.

Take Gum Arabic groſſly powdered 3 *Ounces*; *boil it in Water (carefully ſtirring it, leſt it burn to the Skillet) from* 1 *Quart to* 28 *Ounces*; *and add Syrup of Marſh Mallows* 4 *Ounces*; *mix.*

It incraſſateth acrid, thin *Lympha*, and as 'twere ſheaths up the ſharp Points of its ſaline Particles. It's a very good Remedy, and eaſy to be had, againſt ſcalding Urine; may be uſeful in a troubleſome, tickling Cough; and

and a Diabetes. I have tried it in a Rheumatiſm, but did not find it anſwer: And (by the by) the *Serum* of the Blood, in that Diſtemper, is not more Salt than uſual, to my Taſte. I uſe to preſcribe a quarter of a Pint twice a Day.

A Decoction of Juniper.

Take Juniper-berries (well bruiſed, and tied up in a Rag) 4 *Ounces*; *boil them in Canary Wine* 3 *Pints to* 1 *Quart, and ſtrain.*

It's a Stomachic, Carminative, Anticolic, Splenetic and Diuretic Medicine. Let 2, 3, or 4 Ounces be taken twice or thrice a Day.

A Decoction of Juniper comp.

Take Juniper-berries (ſo bruiſed that the Kernels may be broken, and tied up in a Rag) 4 *Ounces*; *boil in* 3 *Pints of fair Water to a Quart. Then having put into it Seeds of Aniſe, Caraway, ſweet Fennel, and Coriander bruiſed, of each* 2 *Drams*; *Salt of Wormwood* 1 *Dram*; *cover all cloſe, and ſet by till cold: Then ſtrain (without much ſqueezing) and put to it fine Sugar* 2 *Ounces*; *Spirit of Scurvy-Graſs, Spirit of Sal Armoniac, of each* 4 *Scruples*; *mix.*

Juniper-berries are called *German* Spice, and are enriched with a volatile Aromatic Salt, and a Balſamic, and (as 'twere) Terebinthinate Oil.

This Decoction ſtrengthens the Stomach; helps Concoction; diſſipates *Flatus*; prevents

the Cholic; alleviates Hypochondriac Maladies; comforts the Brain, Nerves, Lungs, Reins, and *Uterus*; corrects Putrefaction; alters and amends the Calculose Disposition of the Kidneys; promotes the *Menses*, and cleanseth by Urine.

A Decoction called Liberans.

Take Sarsa 6 Ounces; Currants cut small 8 Ounces; infuse (according to Art) and boil in Water 6 Quarts to 3 Quarts; when it's cold, quench in it Calx vive half a Pound; let it stand to subside, then pour off the clear, and put it into Bottles.

Another way of making this is, to make the *Aq. Calcis* first, (allowing to every Gallon of Water 1 Pound of *Calx*) and then infuse the Ingredients in it; thus:

Take Sassaphras, Liquorice, Anniseed, each 4 Ounces; Calx Water (pure clear) 2 Gallons; infuse cold 3 Days, then strain.

It gives great Relief in Defluxions, Struma's, Diabetes, and running Ulcers. For *Calx* affords an excellent Salt, by which, the Muriatic Particles of the Blood being precipitated, the whole Mass becomes more mild, and thereupon more easily embraces the new Chyle, and changeth it into its own Nature; whereby the Flux of the Chyle, to the ulcer'd (or otherwise ill affected) Parts, is render'd less, and consequently a Cure is the sooner wrought;

wrought; a quarter of a Pint is to be taken thrice a Day.

A Decoction of Liquorice.

Take Spaniſh Juice of Liquorice half an Ounce; Honey 1 *Ounce; Water of Calx* 1 *Pint; boil to a total Diſſolution of the Juice; and then having ſtrained, cooled, and decanted the clear Part, add Tincture of Benjamin* 4 *Scruples; mix.*

Its very commodious againſt a Defluxion of thin acrid Rheum.

The Malaga Decoction.

Take good Malaga Raiſins ſtoned and chopped 2 *Ounces; Althæa Root* 1 *Ounce; Liquorice half an Ounce; Mallow-leaves whole* 2 *Handfuls; Linſeed* 2 *Drams; boil in depurated Barly Water* 3 *Pints to a Quart; in the ſtrain'd, diſſolve (over the Fire) Gum-Arabic* 1 *Ounce; mix.*

It obtunds, levigates, and incraſſates; and is therefore of Uſe in a Catarrh, and a Strangury.

A Magiſtral Decoction of Mallows.

Take Mallow Leaves whole 8 *Handfuls; boil in Water* 4 *Quarts to* 3; *let the Liquor run through a Sieve or Cullender of itſelf, without ſqueezing; put into it more whole Mallows* 4 *Handfuls; boil again to* 2 *Quarts, ſtrain again as before; let it ſtand to ſettle,*

then pour off the clear, and put into it Marſh-Mallow Roots 4 *Ounces*; *Liquorice, Raiſins, each* 1 *Ounce*; *Gum-Arabic half an Ounce*; *Salt Prunel* 2 *Drams*; *boil to* 30 *Ounces*; *which after it's ſtrain'd, ſweeten with Syrup of Marſh-Mallows* 2 *Ounces*; *mix.*

It conſiſts of mild, ſoft, mucous Particles, and ſo blunts the Acrimony of Humours, incraſſateth the too thin *Serum*, refrigerateth the Fervour of the Blood, moiſteneth the parboil'd, dry, Habit of the Body; is Diuretick, and as good as any thing is, in the Stone.

Dr. *Grew* ſaith, 1 Pound of Mallow yields 5 Drams and 2 Scruples of Lixivial Salt, that is the 23^{d} Part of the whole: So that this Plant, tho' of a very mild Taſte, yet yields more Salt, than Mint itſelf, a bitter Plant. Whereby it no longer ſeems ſtrange, that a Plant of ſo ſoft a Taſte ſhould be ſo very Diuretick, and ſo evidently affect the Reins

A Decoction of Maſtich.

Take Maſtich 1 *Ounce*; *Mace* 1 *Dram*; *the bottom of a well baked white Loaf*; *boil in the Decoction of burnt Hartſhorn (ſettled and decanted clear)* 3 *Pints to a Quart*; *having ſtrained it, add Conſerve of red Roſes* 4 *Ounces*; *infuſe hot* 4 *Hours*; *then clear it through Hippocrates Sleeve, and mix into it ſtrong Cinnamon-Water* 2 *Ounces.*

Againſt

Againſt *Nauſea* and Vomiting give it little at a time, and often. Againſt *Diarrhœa* give 4 Ounces.

A Nephritic Decoction.

Take Roots of Marſh-Mallows 1 *Ounce and half*; *Liquorice half an Ounce*; *Golden Rod* 2 *Handfuls*; *Pellitory of the Wall*, *Marſh-Mallows*, *each* 1 *Handful*; *Figs* 4; *Juniper-berries*, *Seeds of Macedonian Parſly*, *Burdock*, *Gromwell (the Seeds to be added about the middle of the Coction) each* 1 *Dram*; *boil in Poſſet-Drink (turn'd with White Wine)* 3 *Pints to* 28 *Ounces*; *ſtrain and ſweeten with Syrup of Mallows* 4 *Ounces.*

A Decoction of Nettles Acid.

Take Roots of Nettles freſh gathered 4 *Ounces*; *Nettle-Seed*, *white Tartar powdered*, *of each half an Ounce*; *boil in fair Water* 3 *Pints to the Evaporation of half*; *to the ſtrained add Rheniſh Wine* 4 *Ounces*; *Syrup of Violets*, *and Lemons*, *of each* 2 *Ounces*; *mix.*

To cauſe Urine, give 4 Ounces, or more, for a Doſe.

A Decoction of Nettles Alcaliſate.

Take freſh Nettle Roots 4 *Ounces*; *Nettle Seed half an Ounce*; *Nettle Leaves cut* 2 *Handfuls*; *boil theſe in Well-Water* 3 *Pints to* 26 *Ounces*; *in the ſtrained diſſolve Salt*

Prunel, Salt of Tartar, of each 2 Scruples: Laſtly, add Radiſh-Water compound, Syrup of the 5 Opening Roots, and Syrup of Marſh-Mallows, of each 2 Ounces; Spirit of Sal Armoniac 80 Drops; mix.

A Neurotic Decoction.

Take Guaiacum Chips 1 Ounce; Roots of Male-Piony half an Ounce; Aromatic Calamus, Spaniſh Angelica, of each 2 Drams; fair Spring Water 3 Pints; make a Decoction to 28 Ounces; ſtrain, and add Oil of Roſemary 32 Drops; Balſam of Peru 16 Drops; the Yolk of one Egg; fine Sugar, Compound Piony-Water, of each 2 Ounces; Compound Spirit of Lavender, Spirit of Salt Armoniac, of each 80 Drops; mix artificially.

The Uſe of this is to clarify, and to fortify the Head and Nerves.

A Decoction of Oak-Bark.

Take green Oak-Bark (peeled off from young Branches) 4 Ounces; boil it in the Decoction of burnt Hartſhorn (depurated by Precipitation) 2 Quarts to 1 Quart; pour the ſtrained boiling hot upon Powder of Cinnamon 2 Drams; Nutmeg 1 Dram; Mace, Cloves, of each half a Dram; cover it cloſe; and when cold, ſtrain it out, and ſweeten it with Syrup of Quinces 4 Ounces.

It ſtops a Diarrhœa.

A Pacific Decoction.

Take white Poppy Heads (without the Seeds) 1 *Ounce*; *cut and boil in Water* 3 *Pints to* 28 *Ounces*; *adding at laſt dried Cowſlip-Flowers* 2 *Drams*; *in the ſtrained Liquor diſſolve Diaſcordium* 2 *Drams*; *Syrup of Meconium* 3 *Ounces*; *Syrup of Lemons* 1 *Ounce*; *mix.*

It's more temperate than *Laudanum*; eaſeth Pains, quieteth a tickling Cough; procureth Sleep, and is given to 3 or 4 Ounces.

A Pacific Hyſteric Decoction.

Take dried Heads of white Poppy (cut, and bruiſed with the Seeds) 1 *Ounce*; *boil in Spring Water a Pint and half to half a Pint*; *in which, when ſtrained, diſſolve Aſa-fœtida* 2 *Drams*; *fine Sugar* 1 *Ounce.*

Sometimes, when the Lungs are vapourouſly affected, and alſo ſtuffed with Phlegm, I have, inſtead of 2 Drams of *Aſa-fœtida* preſcribed *Aſa-fœtida* 4 Scruples, and Gum Ammoniac 2 Scruples.

The Doſe is 2 or 3 Spoonfuls.

A Pectoral Decoction.

Take Pearl Barley, Raiſins of the Sun ſtoned each 1 *Ounce*; *Figs, Dates, each* 8; *Liquorice half an Ounce*; *Anniſeed (added at laſt)* 2 *Drams*; *make a Decoction in Water* 3 *Pints to* 1 *Quart*; *which ſtrain out for Uſe.* It's

It's endow'd with a mucilaginous, ſoft, and friendly Sweetneſs: And therefore partly by incraſſating the Blood diſpoſed for Fluxion, and correcting it when acrid; partly by maturating crude Phlegm impacted in the Lungs; partly by appeaſing, humecting and lubricating the Branches of the *Bronchia*, and Membranes of the *Trachea*, gives mighty Relief in a Cough: It's alſo laudably us'd in a Pleuriſy, Rheumatiſm, Small-Pox, Meaſles, and Stone. The Doſe may be 3, 4, or 6 Ounces, two or three times a day.

If you would have it Purging,

Take of this Decoction 1 *Pint and half*; *Senna* 1 *Ounce*; *Agaric, Cream of Tartar, each* 2 *Drams*; *boil to* 14 *Ounces*; *in it ſtrain'd, diſſolve Manna* 2 *Ounces*; *ſtrain again for* 4 *Doſes.*

A Pectoral Balſamic Decoction.

Take Sarſa, China, of each half an Ounce; *dried white Poppy Heads, (cut, and beat without the Seeds) Malaga Raiſins ſtoned, of each* 1 *Ounce*; *Liquorice half an Ounce*; *Japanic Earth* 2 *Drams: Decoct theſe in ſtrong Ale-Wort* 2 *Quarts to* 30 *Ounces*; *adding towards the latter End Balſam of Tolu* 3 *Drams*; *and at laſt Seeds of Caraway, and ſweet Fennel bruiſed, of each* 2 *Drams*; *when it is cold, ſtrain out the Liquor through a Canvaſs Bag without ſqueezing, and add to it Oil of Anniſeed* 2 *Drops*; *Balſam of Peru* 2 *Scru-*

2

2 *Scruples*; *black Bechic Troches* 1 *Ounce*; *Tincture of Saffron (made with Treacle-Water)* 1 *Ounce*; *Tincture of Benjamin* 2 *Drams*; *mix all according to Art.*

A Decoction of Piony Compound.

Take Shavings of Saſſaphras, yellow Sanders, of each 2 *Drams*; *Male-Piony Roots green* 2 *Ounces*; *Madder Roots, Tamarisk, and Caper Bark, of each half an Ounce*; *Herbs of Ceterach, Dodder, Harts-Tongue, Liverwort, of each half an Handful*; *boil theſe in Spring Water* 2 *Quarts till half be evaporated*; *pour it boiling hot through a ſtraining Sieve upon Juniper-berries* 1 *Ounce*; *Bay-berries half an Ounce*; *Seeds of ſweet Fennel, Caraway, Coriander, Wild Daucus, of each* 1 *Dram*; *keep them in cloſe Infuſion*; *when cold, ſtrain without Expreſſion, and add Earth-Worm Water Magiſtral Compound, Gentian Water, of each* 2 *Ounces*; *fine Sugar* 3 *Ounces*; *and mix all artfully.*

This is good in Hypochondriac and Splenetic Caſes. The Doſe may be to 4 Ounces.

A Pleuritic Decoction.

Take of the Pectoral Decoction 1 *Quart*; *Juice of Stone-Horſe Dung* 2 *Ounces*; *Oil of Anniſeed* 8 *Drops*; *white Sugar* 1 *Ounce*; *mix.*

The Doſe 4 Ounces every 4 Hours warm, together with Spirit of Sal Armoniac 15 Drops.

The

The Portugal Decoction.

Take Spring Water 26 *Ounces*; *make it boil, and then put into it Juice of Lemons and fine Sugar, each* 2 *Ounces*; *Cochineal* 1 *Scruple*; *let it continue boiling a very little, ſo as that the Scum may be taken off, then ſet it by to depurate, by way of ſettling*; *pour off the clear, and add Damask-Roſe Water* 4 *Ounces.*

This comes recommended by its pleaſant Colour and grateful Taſte, and is a moſt deſirable Drink in Fevers; for it reſtrains the Heat and Fervour of the Stomach and Blood, quencheth Thirſt, moves Urine. Let it be drank at Pleaſure, without Limitation.

A Pſoric Decoction.

Take Fumitory, Ragwort, each 1 *Handful*; *Liquorice* 1 *Ounce*; *Argent vive* 4 *Ounces*; *boil in Water* 2 *Pints and half to* 1 *Quart*; *ſtrain, and (the Argent being taken out) ſweeten with Sugar, or give it as it is.*

In all manner of Cutaneous Affections, give 4 Ounces Night and Morn.

The common Purging Decoction.

Take Senna 3 *Drams*; *Cream of Tartar* 1 *Dram*; *boil in Water* 8 *Ounces to* 3; *in the ſtrain'd Liquor diſſolve Manna half an Ounce*; *Syrup of Succory with Rhubarb* 6 *Drams*; *Oil of Anniſeed* 1 *Drop*; *mix for a Potion, to be taken in the Morning.*

It

It may be quicken'd with ſome Grains of powder'd Scammony, if there be occaſion; for that alone may ſerve the Purpoſe, as well as Electuary of Juice of Roſes, which hath nothing in it deſirable for a Purge but Scammony, and therefore may be thrown by into the common Heap of abundance of old Trumpery, which we may ſpare in the Shop.

Perhaps the Quantity of *Senna* may be more than needs; for Dr. *Grew* informs us, that 2 Drams of it will impregnate 4 Ounces of Water as ſtrongly, as if twice the Quantity were infuſed; becauſe the Water will bear no more of the Purgative Parts of that Body.

A Decoction of Raiſins.

Take Raiſins of the Sun ſtoned, and chopped ſmall, 4 Ounces; boil in good drinking Water 3 Pints to 1 Quart, and ſtrain.

It's a good pleaſant Drink in Fevers to quench Thirſt; it alſo ſerves very well in Diſtempers of the Breaſt and Spleen. If you mix it with an equal Quantity of Lime-Water, you'll have a ſingular good Remedy againſt Catarrhous Affections, that may ſometime ſtop the Progreſs of a Conſumption.

If you infuſe in it *Senna* 2 Ounces, you'll have a fine Laxative very particularly beneficial to Hypochondriac and Nephritic Perſons, that are Coſtive.

For thoſe that are Nephritic ought to have (ſaith *Saxon*) a familiar Medicine always by

them, to carry the Excrements down customarily though the Inteſtines, ſince 'tis obſerved that ſuch as are Lax, are not troubled with Gravel and Sand, but then he is of opinion, this familiar Medicine muſt not be very Diuretic; and therefore he finds fault with thoſe that for this uſe of prevention, make choice of Caſſia which forceth Urine as well as Stools.

A Decoction of Roſes.

Take Conſerve of Red Roſes 2 Ounces; Malaga Raiſins ſtoned 1 Ounce; Liquorice, Melon-Seeds, each half an Ounce; Barley-Water 3 Pints; boil to 1 Quart, and run it through a Flannel Bag ſeveral Times, till it be pretty clear; then ſet it by to fine by Settlement, and decant it.

It's a proper Preſcript, when muriatic Salt, acrious *Serum*, owzing out of the Glands, and irritating the *Aſpera Arteria*, *Bronchia* and *Veſicles*, excites a moſt vehement tearing Cough; and yet being too thin to be taken hold of, and pump'd up, lies fretting and exulcerating the Lungs, and ſo brings on a Conſumption.

The Decoction called Sacrum.

Take Virginia Snake-Root powder'd 6 Drams; boil it in Water 1 Pint to half a Pint; ſtrain and reſerve the Liquor by itſelf; boil the remaining Root in a Pint more of Water to half a Pint as before, (adding, when

when it is near boiled enough, Cochineal half a Scruple;) ſtrain it; and having mixed together both the Liquors, diſſolve in it Venice-Treacle half an Ounce; Honey 1 *Ounce, and then ſtrain it once more for Uſe.*

Here I preſent you with a moſt deſirable Alexipharmac, ſecond to none; for, it inſpires, as 'twere, the Blood and Juices flowing in the Veſſels and *Viſcera* with a new Ferment; and by moving them gently, and keeping them in an equable uniform Mixture, frees them from Coagulation and Putrefaction. By the ſame kindly Agitation, it diſſipates the Poiſon'd Particles that began to gather in tumultuous Cluſters, and hinders their coming to Maturation; and then ſo occupies, animates, and confirms the Blood and Spirits, as to defend them from taking the venomous Impreſſion: Or if the Peſtilent Miaſme hath already infected the Blood, it ſnatcheth it away from its Hold with a powerful Hand, and throws it out by *Diaphoreſis*.

It's Uſe is very great in Fevers *mali moris*, where the Blood and Spirits want Encouragement; particularly, I have known it eminently available in a Symptomatic *Diarrhœa*: Howbeit, I have ſeen where it has cauſed a looſe Stool or two (even as ſometimes alſo the *Cortex* will do;) add to this, it's a moſt noble Stomachic, Hyſteric, and Authelminthic.

Since Dr. *Sydenham* hath ſet a-foot the cold Regimen in the Small-Pox, Meaſles, *&c.* for which

which all Poſterity is bound to celebrate his Memory with Honour and Gratitude; ſome Phyſicians (who diſtinguiſh not well) have carried it on too far, and diſallow'd of all hot things in all Caſes. And upon this Account it hath been objected to me, that this Decoction is ſo hot, that 'twill fire the Blood. Now, I am ſomething of a Judge in this Matter, having uſed it freely for many Years; and I profeſs, I never yet found any ſuch ill Effect of it: And I muſt believe that theſe Objectors are not experimentally acquainted with it, and have not been very converſant in the Management of ſuch malignant Fevers, as are not Inflammatory, but Depreſſing.

Its Doſe is 2 or 3 Spoonfuls every Hour, or ſeldomer, as the preſent State of the Fever requires.

The Decoction Sacrum Sedative.

Take Virginia Snake Root powder'd groſſly 2 Drams; dry white Poppy Heads (cut croſs the Fibres, and bruiſed with the Seeds) half an Ounce; boil in Water 24 Ounces to 12; adding towards the laſt Andromachus his Treacle 2 Drams; ſtrain for 4 good Doſes.

It's uſeful to procure Reſt, and at the ſame time ſupport the Spirits in ill-conditioned Fevers; but if the Spirits be much oppreſſed by either the Venom of the Diſeaſe, or preceding large Evacuations; there muſt be great Caution uſed in the giving of papaverous Medicines.

The

The Decoction called Sanctum.

Take Guaiacum 1 *Ounce*; *boil it in Water* 2 *Quarts to* 1 *Quart*; *adding (when it is half boil'd) Raiſins* 1 *Ounce*; *Spaniſh Juice of Liquorice* 2 *Drams, and ſo ſtrain it*; *ſometimes I add Japanic* 2 *Drams. Sometimes I omit the Raiſins and Liquorice, and in their ſtead (when it's boil'd enough) add Conſerve of red Roſes* 2 *Ounces*; *and when it's ſtrain'd, ſweeten it farther with Syrup of Juice of Hounds-Tongue* 2 *Ounces.*

'Tis true, it's a ſimple, eaſy, and cheap thing, but for all that a pleaſanter and perhaps more efficacious, than thoſe that uſe to be heaped up (and ſometimes clogg'd) with a pompous *Apparatus*, and numerous Hodg-podge of ill-ſorted Ingredients. It enjoys the ſame Virtues with the *Decoction of Woods*, which ſee. Perhaps it may in a ſingular manner correct Acids, for *Mayow* (p. 37.) ſaith Spirit of *Vitriol*, dropp'd into a Decoction of *Guaiacum*, will ferment with it.

Decoction Sanct. Purging.

Take Guaiacum Chips 1 *Ounce*; *Raiſins of the Sun ſtoned* 4 *Ounces*; *boil in fair Water* 2 *Quarts to* 1 *Quart*; *paſs the Liquor thro' a Sieve boiling hot upon Senna* 2 *Ounces*; *Rhubarb, Agaric (tied up in a Linen Rag) Caraway Seeds, of each half an Ounce*; *ſweet Fennel, and Anniſeed, of each* 2 *Drams*; *ſtop*

them up close, and infuse warm, 6 Hours: In the strained Liquor 26 Ounces, dissolve Manna, Syrup of Roses solutive, of each 2 Ounces; strain again, and add Aqua Mirabilis, and Cinnamon Water, of each 1 Ounce; mix.

The Dose is 4 Ounces.

A Decoction of Sarsa.

Take Sarsa 3 Ounces; Raisins 1 Ounce and half; infuse according to Art, and decoct in Water 2 Quarts to 1 Quart; in the strain'd Liquor dissolve Spanish Juice of Liquorice 2 Drams.

I was contented not to omit this, because the whole Throng of Physicians with one Mouth crieth it up, and daily prescribes it, to sweeten sharp Humours, and cure vagous Pains.

Truly it's a temperate Remedy, if it be any at all. But for my part (if I may have leave to speak out my own Experience and private Sense) I have often seen, where Sarsa and China have obtunded the Vigour of the Stomach; but never in all my Practice could I once observe much Good from them, to any one. Peradventure my having so slight an Opinion of 'em might take me off from continuing their Use long enough to see what they would have done.

It useth to be order'd to half a Pint, two or three times a Day.

The Scarlet Decoction.

Take Nitre in Cryſtals 1 *Ounce*; *white Sugar* 4 *Ounces*; *Cochineal* 16 *Grains or* 1 *Scruple*; *Powder all together, and put it into boiling Water* 1 *Quart*; *continue it boiling juſt long enough to ſcum it*; *then let it cool, and when it's ſettled, decant the clear.*

Becauſe of its beautiful, reſplendent red Colour, it recommends itſelf to the Eye; and is no very unpleaſant thing to the Palate neither. Truly I have tried many Forms, and never could yet find out a more grateful one, of giving *Salt Prunel.* It allayeth the fervor of the Blood, quencheth Thirſt, provokes Urine, and is a very convenient Drink in Inflammatory Fevers without Malignity, and eſpecially in Pleuriſies: It alſo ſtoppeth Bleedings, and driveth out Gravel and Sand.

Nitroſe Medicines ſhould not be ordered in malignant Fevers with Vomiting, or *Diarrhœa*; for they increaſe theſe Symtoms where they are; and they are apt to bring them where they were not before, ſaith *Etmuller.* 1 Vol. 1102.

The Patient may take a quarter of a Pint twice or thrice a Day. I have tried at greater Quantities, and given the whole Quart in the Morning, in two Hours time; but it had a different Effect from what I deſign'd, for it proved Emetick. I hope the Reader will take

this fair Account of my Miſcarriage in good part.

A Decoction of Scorzonera.

Take Pearl Barly half an Ounce; Roots of Scorzonera 2 Ounces; Roots of Sorrel 1 Ounce; Wood Sorrel Leaves 1 Handful; Parings of 2 Pippings; boil in Water 3 Pints to 28 Ounces; ſtrain, and ſweeten with Syrup of Lemon and Rasberries, each 2 Ounces.

It's a pleaſant Drink, ſatisfies Thirſt, repreſſes a Febrile Flame, reſtrains Malignity, carries off by Urine, and is a proper thing for conſtant Drink in continual Fevers.

Yet (as to myſelf) I am not fully ſatisfied, that ſo inſipid and inodorous a Vegetable as *Scorzonera*, can have much Alexipharmac Virtue in it. I like much better ſuch as *Serpentaria* and *Contrayerva*, that have ſomething ſo indelible, that a ſmall Quantity mixt in a very great one of any other Ingredients, will not be loſt, but taſte through all.

A Decoction againſt Scrophulee.

Take Herb Robert, white Horehound, Smallage, Agrimony, each 1 Handful; Dill-ſeed half an Ounce; boil in Water 3 Pints to 1 Quart, and ſtrain.

This was communicated to me as a Specific, but I never uſed it. 'Tis ſaid, it penetrates into the inmoſt Receſſes of the Body, after a very peculiar manner, viſits the Glands, rectifies

ſies their *Craſis* and depraved Ferment, attenuates the feculent Juices, and then caſteth them out. Let a quarter of a Pint be taken twice a Day for a whole Month, waſhing and ſqueezing out into every Morning Doſe 40 Millepedes, tied up in a Rag.

A Decoction againſt the Scurvy.

Take Pine (or Fir) Tops cut ſmall 4 Handfuls; Winters Bark bruiſed half an Ounce; boil in Water 1 Quart to 20 Ounces; pouring into it at laſt, Juice of Dandelion 4 Ounces; ſtrain, and when it's cold add Spirit of Scurvy-graſs half an Ounce; Horſe Radiſh Water compound, and Syrup of Elder-berries, each 4 Ounces.

In the Winter Seaſon, when Herbs have but little and poor Juice, this may opportunely be uſed in their ſtead.

It attenuates, depurates, and briskly actuates the Blood and Juices, diſſolves Scorbutic Concretions, unlocks Oppilations, turns off Feculencies by *Diaphoreſis* and *Diureſis*. The Doſe a quarter of a Pint twice a Day.

Altho' I make no queſtion (ſaith Dr. *Sydenham*, Sect. 6. Cap. 5.) but that the Scurvy may ſometimes be really found in theſe our Northern Climates; yet I am verily perſuaded, it's nothing near ſo common as the vulgar Opinion would have it. But many, yea moſt of thoſe Maladies, which are accuſed for the Scurvy, are either the Effects of ſome Diſtem-

per a forming, and not as yet formed ſo perfectly as to make their Appearance in their own proper and genuine Shape; or elſe are the unhappy Relicts of ſome antecedent Diſeaſe nor abſolutely cured and eradicated; which by contaminating the Blood and Humours, occaſions ſuch Symptoms: And then he inſtanceth the Gout and Dropſy Now, if this be ſo; then certainly he who hath not the Skill to diſtinguiſh and find out the real Diſtemper, but miſtakes it for the Scurvy, and preſcribes accordingly, may poſſibly order a good Medicine; but is never like to cure his Patient.

A Decoction of Sorrel Roots.

Take Sorrel Roots, Raiſins of the Sun ſtoned and chopped ſmall, each 2 *Ounces*; *Liquorice, Pearl Barley, each half an Ounce*; *boil in running Water,* 3 *Pints to* 1 *Quart*; *ſtrain, and add Syrup of Lemons* 1 *Ounce*; *mix.*

It's a pleaſant Drink for People in a Fever.

A Splanchnic Decoction.

Take Turmerick bruiſed 1 *Ounce*; *Rhubarb, Spikenard, each* 1 *Dram*; *Kernels of Aſh-keys half an Ounce*; *Agrimony, Ceterach, each* 1 *Handful*; *Tamariſk tops* 2 *Handfuls*; *boil in Water* 3 *Pints to* 24 *Ounces*; *ſtrain and add Magiſtral Worm Water, Syrup of the* 5 *opening Roots, each* 4 *Ounces*; *Spirit of Scurvygraſs* 2 *Drams*; *Elixir Proprietatis tartarized* 1 *Dram*; *mix.*

It

It putteth the Blood into a ſort of Effervescence, and its conſtitutive Parts into a brisk Motion, whereby they being broken and divided in ſuch a manner, as to hinder all Coagulations and Concretions, its Feculencies and Impurities are eaſily ſeparated, and thrown into their reſpective Emunctories, and thence driven out of the Body. Thus are the vaporous Effluviums ſent into the Habit of the Body, the ſerous Recrements into the Kidneys, the bilious into the Liver, the reſt into the reſt of the Emiſſaries adapted to each; and thence ſecluded and caſt off without Let or Stoppage. The Doſe is a quarter of a Pint twice a Day.

A Splenetic Decoction.

Take Bark of Capers and Aſh-tree, each 2 *Ounces*; *tops of Tamarisk, Agrimony, each* 2 *Handfuls*; *Salt of Tartar* 2 *Drams*; *boil in Water* 2 *Pints and half*; *(adding at laſt White Wine half a Pint*; *Spikenard* 2 *Drams*;) *to* 26 *Ounces of it when ſtrained add Magiſtral Worm Water* 4 *Ounces*; *Radiſh Water compound* 2 *Ounces*; *Spirit of Scurvy-graſs* 2 *Drams*; *Elixir Proprietatis tartarized* 4 *Scruples*; *mix.*

A Styptic Decoction.

Take Roots of Nettle and Comfrey, each 1 *Ounce and half*; *Herbs Yarrow, Plantain, each* 1 *Handful*; *Pomegranate-peel, Gum Ara-*

bic, each 2 *Drams*; *Seeds of white Poppy, Henbane, each* 3 *Drams*; *Boil in Water* 3 *Pints to* 28 *Ounces*; *ſtrain, and add Sugar of Lead* 1 *Scruple*; *Aſtringent Crocus of Mars* 4 *Scruples*; *Syrup of dried Roſes* 4 *Ounces*; *mix.*

It contemperates the acrid, incraſſeth the thin, and refrigerates the hot boiling Blood. It ſtrengtheneth the Tone, corrugates the Fibres, and cloſeth up the Mouths of the Veſſels, and hath place in all manner of Hemorrhages. Let a quarter of a Pint be given twice a day.

A Decoction of Tamarinds.

Take Tamarinds 2 *Ounces*; *Raiſins ſtoned* 4 *Ounces*; *Boil in fair Water* 3 *Pints to* 1 *Quart which ſtrain.*

It reſtrains the Flame of the Blood, allayeth unquenchable Thirſt, humects, looſens, and is proper for conſtant Drink, in thoſe Fevers that bring with them Coſtiveneſs, Drought, and parching Heat.

A Decoction with Tartar.

Take Shavings of Ivory half an Ounce; *Roots and Leaves of Strawberries* 4 *Handfuls*; *White Wine Tartar powder'd half an Ounce*; *Salt of Tartar* 2 *Drams*; *Boil in Water* 1 *Quart to* 1 *Pint and half*; *to the ſtrained add Mint Water, Magiſtral Worm Water, each* 2 *Ounces*; *Aqua Mirabilis* 4 *Ounces*; *white Sugar* 2 *Ounces*; *mix all.*

In

In the Jaundice, let 6 Ounces be taken three times a day.

A Decoction with Tartar Purging.

Take white Tartar powdered 1 *Ounce*; *Raiſins of the Sun, and Currants chopped ſmall, of each* 2 *Ounces*; *boil in an earthen glazed Pipkin in Spring Water* 3 *Pints to a Quart*; *to the ſtrained Liquor put Senna* 2 *Ounces*; *give it an hot infuſion* 6 *Hours*; *then having ſtrained it, let it ſettle, and poured off the clear, diſſolve in it Manna, Syrup of Roſes ſolutive, of each* 3 *Ounces*; *and ſtrain it again.*

The Doſe is 4 Ounces. See *Decoction of Raiſins.*

The Tolutane Decoction.

Take Guaiacum 1 *Ounce*; *Odorous Tacamahacca, Balſam of Tolu, each half an Ounce*; *boil in fine Barley Water* 3 *Pints to* 1 *Quart*; *when it's cold, ſtrain, and add Balſam of Peru* 16 *Drops*; *Oil of Cinnamon and Nutmegs, each* 2 *Drops*; *white Sugar* 2 *Ounces*; *mix artificially.*

As to its Virtues, it falls in with the *Balſamic Decoction*; only 'tis ſomewhat hotter.

A Traumatic Decoction.

Take Roots of Burdock 3 *Ounces*; *Madder* 6 *Drams*; *Rhubarb* 2 *Drams*; *Herbs of Dittany of Crete, St. John's Wort, Sanicle, Bugle,*

gle, each 1 *Handful*; *boil in Water* 2 *Pints, and white Wine (added towards the laſt)* 1 *Pint to* 28 *Ounces*; *when ſtrained, diſſolve in it Venice Treacle* 2 *Drams*; *Honey* 3 *Ounces*; *Oxymel ſimple* 1 *Ounce*; *mix.*

It diſſolves Concretions of the *Cruor*, whereſoever extravaſated, and returns it again into the Circulating Chanel: It drains out Recrements by Sweat and Urine, and doth it without kindling any Fervor: It roborates the Parts that are hurt, conglutinates and heals them. The Doſe is half a Pint twice a Day.

A Decoction of Trefoil.

Take Water Trefoil dried, Ground Pine, each half an Ounce; *Bitter-ſweet* 1 *Handful*; *Bay-berries, Stœchas-flowers, each* 2 *Drams*; *boil in Water* 3 *Pints to* 1 *Quart*; *towards the laſt, adding Juice of Rue* 1 *Ounce*; *ſtrain.*

Buck Bean or Water Trefoil is really a good bitter Herb; but I have uſed it often, and in my Opinion, *Simon Paulli* (in his *Quadrup. Botan.*) celebrates it out of reaſon, and beyond its Deſert.

This Decoction is deſign'd for People troubled with the Scurvy, and the Gout, and promiſeth Relief in Pains occaſion'd by the Infirmity of the *Genus Nervoſum.* The Doſe 4 Ounces three times a Day.

A Decoction of Turneps.

Take Turneps cut into Slices half a Pound; *Herbs*

Herbs Hounds-tongue, Colts-foot, each 1 *Handful; Raiſins of the Sun* 1 *Ounce; Liquorice half an Ounce; boil in Barley Water* 2 *Quarts to* 1 *Quart; adding at laſt Coriander-ſeed bruiſed half an Ounce; let it ſtand cloſe covered till cool; then let it run through a Straining Bag of itſelf, without ſqueezing, and ſweeten it with white Sugar-Candy* 2 *Ounces.*

It's a very good Pectoral to temper Acrimony, maturate and incraſſate.

A Variolose Decoction.

Take Scorzonera Roots 1 *Ounce and half; Liquorice half an Ounce; Figs* 8; *Raiſins ſtoned* 1 *Ounce; ſhaved Hartſhorn* 2 *Drams; boil in Barley Water* 3 *Pints to* 30 *Ounces; adding (when three quarters boiled) Cochineal (not bruiſed)* 4 *Scruples; ſtrain and ſweeten it with Syrup of Gilly-flowers and Lemons each* 1 *Ounce.*

Scorzonera we are under a Neceſſity of preſcribing, becauſe the irreſiſtible Cuſtom of Phyſicians will have it ſo. But ſeeing it hath neither Taſte nor Smell, nor any other manifeſt Quality to recommend it, its Virtues muſt be allow'd to be very obſcure, if any at all: And perhaps the Commonwealth of Phyſick would not ſuſtain much Damage, if it were for the future baniſh'd the Shops, together with the numerous Rout of other Impertinents.

A Decoction of Walnut Rinds.

Take the Rind of Walnut-tree Root 1 *Ounce and half; bruiſe, and let it lie infuſing warm (in an Earthen or Glaſs Veſſel)* 8 *Hours in Elder Vinegar, then dry it. To theſe Rinds thus prepared, add Caper Bark half an Ounce; Tops of Tamarisk, Agrimony, each* 2 *Handfuls; boil in Water and White Wine (added at laſt) each* 1 *Pint and half, till the whole come to* 1 *Quart; which ſtrain out for Uſe.*

It's wholly *Splanchnic*, and ennobled with the ſame Virtues that the *Splanchnic Decoction* is, (which ſee) unleſs perhaps it have a more Specific Reſpect to Affections of the Spleen: For Specifics, which are found by Experience to have reſpect to one Part more than to another, conſiſt of ſuch Particles, as being near of a Kin, and conſequently eaſily aſſociated to the Recrements to be ſtrain'd out by that *Viſcus*, are carried thither (as 'twere electively) together with them, and there perform their Operation. And beſides this Similitude in Liquids, there ſeems to be an organical Kindred in the Solids alſo, whereby a Medicine may ſtrike an Impreſſion, particularly upon one part, and not touch another. Thus, Dr. *Grew* tells us, white *Hellebore* affects the Lips moſt, *Coloquintida* the Middle of the Tongue, wild Cucumber the Baſis of the Tongue, deadly

deadly Night-Shade the Roof of the Mouth, and Jalap-root the Throat.

A Decoction of Walnut Rinds Purging.

Take Walnut Rinds prepar'd as aboveſaid half an Ounce; Agaric (tied up) 1 *Dram; Cloves* 15 *Grains; Salt of Tartar half a Dram; boil in Water* 10 *Ounces to* 4; *to the ſtrain'd add Elixir Proprietatis tartariz'd* 60 *Drops; Scammony powder'd* 2 *Grains; Oil of Anniſeed, Juniper, each* 1 *Drop; mix all for a Potion.*

When Hypochondriac People are to be purged, this is a very proper Cathartic.

A Decoction of the Woods.

Take Guaiacum 4 *Ounces; Saſſaphras* 2 *Ounces; Sanders both red and yellow, each* 1 *Ounce; Ivory, Hartſhorn, each half an Ounce; infuſe and boil according to Art in Water* 6 *Quarts to* 3 *Quarts; then ſtrain, and ſweeten with Sugar ſo as to make it grateful.*

It warmeth, drieth, attenuateth, and procureth Sweat: It's ſuitable to ſuch as are of a cold, ſlabby Temperament, and is uſeful in Catarrhs, Gout, Palſy, Dropſy, *Leucophlegmatia*, Ulcers, *&c.* Its Doſe is 4 Ounces twice a Day.

But for ſuch as are of a bilious Conſtitution, and have acrid Blood, the Quantity of Guaiacum and Saſſaphras ought to be diminiſh'd, and Sarſa and China may make it up.

A De-

A Decoction of Yarrow.

Take Yarrow 2 Handfuls; Archangel with a white Flower, Hounds-tongue, each 1 Handful; red Sanders half an Ounce; boil in Water 2 Pints and half to 1 Quart; adding at laſt Japanic Earth powder'd 2 Drams; Mace bruiſed 1 Dram; Sugar 2 Ounces; ſtrain.

It's deſign'd againſt a *Fluor Albus.* Give 3 Ounces mixed with the White of an Egg beaten up, and as much Sugar as will make it palatable, Night and Morning.

The White Diet.

Take Milk 2 Quarts; the Breaſt of a Capon boiled; Sweet Almonds blanch'd and well pounded 2 Ounces; beat and maſh all in a Marble Mortar; ſtrain and wring it out hard; to this add Rice Meal ſifted 3 Ounces; boil it; and when it begins to grow thick, add white Sugar half a Pound; (perhaps that may be ſomething too much, the Palate is the beſt Judge of the Quantity) red Roſe Water 5 Ounces; boil it with a moderate Fire.

This is a Reſtorative in a Conſumption; and alſo in a *Gonorrhœa,* and *Tabes Dorſalis.*

An Alexipharmac Draught.

Take Alexiterial Milk-Water 3 Ounces; Epidemial, Compound Piony-Water, Syrup of Gilly-flowers, Syrup of Saffron, each 2 Drams; Diaſcordium

Diaſcordium 2 *Scruples*; *Goa-Stone* 1 *Scruple*; *mix.*

In ſuſpicious, ill-condition'd Fevers, it raiſes and ſupports the drooping Spirits, reſiſts Malignity, drives it out from the Center to the Circumference, and provokes Sweat. It may be given every 6 or 8 Hours, according as the Cale ſhall require.

An Antemetic Draught.

Take ſtrong Cinnamon Water, Syrup of Lemons, each half an Ounce; *Salt of Wormwood* 1 *Scruple*; *Oil of Nutmegs and Cloves, each* 1 *Drop*; *liquid Laudanum* 20 *Drops*; *mix.*

It's an approv'd, moſt uſeful and ſeldom failing Remedy. In a bilious Cholick, with enormous Vomiting, and pertinacious Coſtiveneſs, we may add powdered Rhubarb half a Dram, or more, and repeat it till it makes its way by Purging.

An Aſtringent Draught.

Take Waters of Plantain 2 *Ounces*; *Mint half an Ounce*; *ſtrong Cinnamon* 1 *Ounce*; *Syrup of Meconium* 6 *Drams*; *Oil of Nutmegs* 1 *Drop*; *Diaſcordium half a Dram*; *Bole* 1 *Scruple*; *Balauſtines half a Scruple*; *mix.*

It comforts the Stomach and Bowels, retrieves the failing Tone of the Inteſtines, corrects their Slipperineſs, and repreſſeth their continual

continual bearing downwards. To which may be added, that it pacifies the enraged Spirits, and drives the *Radii* of the Humours and Steams from the Center to the Circumference of the Body, and thence carries them off.

A Bechic Draught.

Take powder'd Gum Arabic half a Dram; diſſolve it over the Fire in Scabious and Barley Cinnamon Water, each 1 Ounce and half; then add Mithridate, Diaſcordium, each 1 Scruple; Lohoch Sanans 1 Dram; Diacodium half an Ounce, or 6 Drams; mix.

It obtunds, incraſſates, and reſtrains the acrid irritating *Serum* ſpewed out of the Glands into the *Larynx:* It defends thoſe exquiſitely ſenſible Parts with a mucous Coat, ſweetly cauſes Reſt, and exterminates by *Diaphoreſis* the Lymphatic Recrements of the Blood; and ſo is (upon all Accounts) an appoſite Remedy for ſuch a Cough, as (proceeding from catching Cold) is unmercifully troubleſome, eſpecially at Night, juſt after lying down in Bed.

Our Bitter Draught.

Take Waters of Carduus 2 Ounces; of Mint and ſtrong Cinnamon, each 2 Drams; of Gentian compound half an Ounce; powder'd Virginia Snake-root 1 Scruple; mix.

It's ennobled with the ſame Virtues that the *Decoctum Sacrum* is, which ſee. Moreover it

it ſtrengthens the Stomach, ſtops Vomiting, and kills Worms.

A Draught for a Bruiſe.

Take Canary 4 *Ounces*; *Oil of Turpentine* 10 *Drops*; *Sealed Earth, Dragons Blood powder'd, each* 1 *Scruple*; *white Sugar* 2 *Drams*; *mix.*

It abſorbs acrious, extravaſated *Serum*, preſerves the due Mixture of the Blood, impreſſes on it a Balſamic Conſolidating Character, and ſtints inward Bleeding.

A Camphorate Draught.

Take Camphire (rubbed, and diſſolved in a Mortar with a few Drops of Oil of ſweet Almonds) 8 *Grains*; *Corn Poppy Water* 3 *Ounces*; *Syrup of Marſh-Mallows* 6 *Drams*; *Sugar of Lead* 2 *Grains*; *mix.*

It's highly applauded for Scalding and Dropping of Urine, occaſion'd either by Epiſpaſticks, or ſharp *Serum*. Alſo (as I have heard) it's a praiſe-worthy Remedy againſt frequent Micturition, that dangerous Symptom in the Small-Pox.

A Cardiac Draught.

Take Black-Cherry Water, Alexiterial Milk-Water, each 1 *Ounce*; *Mint-Water* 1 *Dram*; *Epidemial, Piony compound Waters, each* 2 *Drams*; *Confection of Alkermes* 1

Scruple; *Oil of Nutmeg* 1 *Drop*; *Syrup of Gilly-flowers* 3 *Drams*; *mix.*

It's good in Failing of Spirits, Sick Fits, and Fainting.

A Draught for a Catarrh.

Take Colts-Foot Water 6 *Ounces*; *white Sugar-Candy powder'd* 6 *Drams*; *the Yolks of* 2 *Eggs: Having beat them up together, and ſet them over a gentle Fire, ſtir and mix them well, aud give it the Patient juſt as he goes to Bed.*

This Draught uſually gives great Relief in a (let me call it) Guttural, Rheumatic and Evening Cough, cauſed by catching Cold, which is pretty quiet all Day, but returns at Night, eſpecially when one lies down in Bed, inceſſantly diſturbing, and vexatiouſly hindering Reſt: For, by reaſon of its ſweet unctuous Mucilage, it ſo defends the *Larynx*, that it feels not the Pricking of the ſharp irritating *Serum*, and ſo ſtaves off the Cough, and dallies away the Hour, 'till at length the time of Coughing is ſlipp'd, and Sleep ſteals on.

But in a Pectoral Cough (which comes deep, and ariſes from pituitous Blood, pouring out groſs Feculencies into the Lungs) a too liberal Uſe of Sugar ſeems pernicious; foraſmuch as it renders the Maſs of Blood more feculent than it was before, and ſtuffs up the loaded *Bronchia* with a freſh Income of Filth, and affecteth the Fibres with a putredinous Diſpoſition.

In

In the Iſle of St. *Thomas* (ſaith *Garenciers*) under the Equator, they grind their Sugar-Canes; and when they have preſſed out the Juice, they throw the remainder to the Hogs, which grow ſo fat and tender with it, that they may vie for goodneſs with the *Spaniſh* Capons, and are given to People of weak Stomachs. Hence may be collected, that if Sugar hath a Faculty to produce ſuch a tenderneſs in Hogs Fleſh, which is the groſſeſt and hardeſt of all Fleſh; for the ſame reaſon 'twill promote and haſten Corruption, and a *Sphacelus* in the Lungs, which are of a ſoft and ſpongey Subſtance: And on the contrary, that they may be preſerv'd from it, by Styptics and Aſtringents.

A Cephalic Draught.

Take Black Cherry Water 3 *Ounces*; *Compound Piony Water, Syrup of Piony compound, each half an Ounce*; *Tincture of Caſtor* 30 *Drops*; *Liquid Laudanum* 15 *Drops*; *Cinnaber of Antimony (or rather native Cinnaber)* 1 *Scruple; mix.*

It's highly conducive in Idiopathic Convulſive Illneſſes; that (beginning primarily in the Brain itſelf, or Nerves) are cauſed by an ill-ſorted *Copula*, forcing the Animal Spirits into Exploſions. But in ſuch as are Sympathetic, and excited by meer Irritation, either of ſharp Humours ſomewhere in the *Viſcera*, or Worms, or painful Breeding of Teeth, al-

though it may do ſome good, (by helping off the preſent Exploſion) yet any one may eaſily perceive, the principal Remedies are to be fetch'd from elſewhere, according as the variety of Cauſes requires.

For preſent Cure, give it (if it can be done) in the very Fit. For prevention, give it at Night, 3 Days ſucceſſively, before the New and Full Moon.

A Conſolatory Draught.

Take Waters of Black-Cherries 2 *Ounces*; *of Mint, Damask Roſes, Orange Flowers Cæleſtis, each* 1 *Dram*; *ſtrong Cinnamon, and compound Piony Waters, each* 2 *Drams*; *Confection of Alkermes, Gaſcoin Powder, each* 1 *Scruple*; *Oil of Cloves* 1 *Drop*; *Syrup of Gilly-flowers* 3 *Drams*; *mix.*

It notably ſuccours the Spirits when ſunk, and failing; and does eminent Service in Weakneſs, Faintings, and Palpitation of the Heart.

A Diagrydium Draught.

Take Diagrydium finely powder'd 12 *Grains (to* 15;*) Antimony Diaphoretic half a Scruple*; *Salt of Tartar* 6 *Grains*; *Oil of Juniper* 6 *Drops*; *work all well in a Mortar with the Yolk of an Egg*; *then add by Degrees Syrup of Roſes ſolutive, Milk Water and Cinnamon Water, of each half an Ounce*; *Mint-Water and Aqua Mirabilis, of each* 2 *Drams*;

Drams; *Spirit of Salt Armoniac* 12 *Drops*; *mix ſ. a.*

A Diaphoretic Draught.

Take of Carduus Water 2 *Ounces and half*; *Epidemial, Treacle Water, Syrup of Meconium, each half an Ounce*; *Diaphoretic Antimony* 1 *Scruple*; *Venice Treacle* 2 *Scruples*; *Spirit of Sal Armoniac* 10 *Drops*; *mix.*

It will not be perhaps an eaſy Matter for any one to find out a more certain, pleaſant, and powerful Diaphoretick: For Opiates are moſt excellent Companions to Sudorifics, becauſe they both increaſe the Evacuation, and alſo all the while prevent Fatigue and Turmoil. And then Cordials and Volatiles are very properly mix'd with Opiates, becauſe they opportunely hearten up the Spirits, and give them ſuch a Stoutneſs, that the Narcoticks cannot knock them down.

If Diaphoretic Antimony (ſaith *Fr. Hofman*) be very well prepared, ſo as to partake plentifully of nitrous Earth, it may be kept good many Years, and given without any harm at all: But if the Sulphur of the Antimony exceed, becauſe 'twas not ſufficiently calcined with Nitre: then, in Tract of Time, being expoſed to the Air, 'twill contract Scurvy, malignant Qualities, that diſcover themſelves by proving Emetic. To avoid which, it muſt be faithfully and carefully prepared. See farther of this under the *Warwick Potion.*

Dr. *Grew* ſaith, That *Antimonium Diaphoreticum*, with Spirit of Nitre, and Oil of Vitriol, ſeverally, makes a conſiderable Effervescence; wherefore, it's not a uſeleſs Preparation, as (from the Calcination and Ablution uſed therein) ſome have thought. I myſelf have tried the Experiment with Oil of Vitriol, and know not how I miſcarried, for I could perceive no Effervescence at all.

A Diuretic Acid Draught.

Take Horſe-Radiſh Water compound 1 *Ounce and half*; *Brandy, Juice of Lemons, each half an Ounce*; *Syrup of Violets* 1 *Ounce*; *mix.*

It takes away Thirſt, tempers Choler, corrects the Acrimony of Salts, refrigerates, fuſes, liquifies the Blood, and makes it ſhed off its *Serum* plentifully: It cuts, attenuates, and ſcours off ſlimey Phlegm, provokes Urine, and evacuates Gravel and Sand.

It's proper where there's a hot Scorbutick Conſtitution, a febrile Diſpoſition, and where either viſcid or gravelly *Pituita* ſticking in the Kidneys or Bladder (without Imflammation or Ulcer) hinders the Courſe of the Urine.

A total Suppreſſion of Urine not cauſed by Stone, *Mucus*, Caruncle, or any thing obſtructing the Urinary Paſſages; but by the Blood's being ſo confuſed as to its Parts, and ſo locked up as to its Texture, that it cannot let

let its Aquoſity go from it; Obſervations of which Caſe we have in *Rivers*, *Willis*, and *Sylvius*; and I myſelf have met with three, and plainly deſcry'd it by this, that no Pain, either in the Loins or *Pubes* preceded, and the Bladder (by Proof of the Catheter) had no Urine in it.

This remarkable, and (if not timely helped) mortal Obſtruction, hath ſometimes been removed, by giving very liberally, in large Quantities of Water, Oil of Vitriol, or Spirit of Nitre. And I judge, more Certainty of Succeſs might be expected from it, if Phlebotomy were premiſed, and cold Fomenting uſed afterward.

Dr. *Baynard* firſt hit upon this lucky Cure, and ought to be remembred with Honour for it. See what he ſaith, *Cold Bath*, Part 2. Pag. 351. Obſervations well worth conſulting, are to be found in *Philoſoph. Tranſact.* N°. 215. I have known the like Caſe where Chymical Acids prevailed. Whether Acid Spirit of Honey may have any Specifick Propriety there, I leave to Experience to determine.

But before I had any Hint of this Practice, I attended a Patient thus obſtructed: I could get no Urine, and therefore conſtantly carried off what I could by daily Laxatives and Clyſters: His Belly was not ſwelled, neither did his Veins ſeem over full; towards the laſt his Breath ſmelt plainly of Urine, and he had cold Sweats; the thirteenth Day he grew very drow-

zy; that Night there ran from him (as I judged) between two and three Gallons of Urine, and he died by Morning. I ſuppoſed at that time his Kidneys mortifying, and all the Urinary Parts and Paſſages loſing Tone, his Water flooded away for that Reaſon juſt before Death.

A Diuretic Dioſc Draught.

Take French White (or Rheniſh) Wine 4 *Ounces*; *Oil of ſweet Almonds* 1 *Ounce*; *Oil of Turpentine* 20 *Drops*; *white Sugar half an Ounce*; *mix.*

It potently expels Urine and Gravel, and is moſt commodious when the Reins, Ureters, or Bladder, are (not much inflam'd and hot, but yet) excoriated and ulcerated: As alſo in Fits of Gravel and Sand (but not of the Stone) where the Urine looks limpid or blackiſh, turbid or bloody, or where it is chylous or purulent.

Helmont will by no means allow, that it's in the Power of Medicines, to lubricate and relax the Urinary Paſſages, becauſe they would then do ſo firſt to the Stomach and Inteſtines; and ſo they do, I think; and therefore his Reaſoning hath nothing in it.

Now there have been many odd Inſtances, to make one more than ſuſpect, that tho' Anatomy hath not diſcovered any other way for the Urine, but through the Blood; yet there may be a nearer Cut from the Stomach and Inteſtines, by the Convenience of which,

Remedies

Remedies may come entire, or but little alter'd, to the Reins and Ureters. Among many ſuch, *Hoechſtetter*, *(dec. 3. caſ. 4.)* tells of one that voided running Mercury with his Urine. And (to come to our very Purpoſe) I myſelf was called to a Patient, where they ſhew'd me Oil of Almonds, which had been that Day taken, and was brought off again by Urine: And when I doubted it might ſlip off the other way, the Party (who is one of great Veracity) aſſured me, and affirm'd poſitively, that there was no Miſtake, and that it came really and truly by way of Urine.

Diemerbroeck ſaith, he hath more than once ſeen, where Lamb's Kidney-Fat roaſted, had been almoſt all voided with the Urine a little after it had been eaten.

Authors give Accounts of Pins, Needles, a Bodkin 4 Inches long, an Iron Key, a Bullet, Quickſilver, Beards of Barley, Pieces of Muſhrooms, Lettice, Smallage-Root, Raiſin-Stones, whole Anniſe, Melon, and Winter-Cherry Seeds, coming away with the Urine. Now, ſince it is utterly impoſſible for theſe to paſs round with the Blood, and through the Kidneys, it muſt needs be, that there are peculiar Water-Paſſages from the Stomach, or Inteſtines, which miſſing the Kidneys, fall directly into the Bladder; and tho' they are not yet diſcovered to the Eye, ſo neither are thoſe that carry Milk to the Dugs.

In the *Philoſ. Tranſ.* N°. 65. it is ſaid, There is certainly another Paſſage of the Urine to the Bladder than by the Ureters; an Experiment having been lately made, whereby the Ureters of a Dog were ſo carefully tied up, that nothing could paſs that way; and yet the Bladder (which had been emptied before) was found full of Water. This Experiment is related at large in N°. 67. p. 2049.

An Epileptic Draught.

Take Salt of Amber 2 *Grains*; *Oil of Roſemary* 2 *Drops*; *fine Sugar* 1 *Dram*; *having rubbed them well together in a Glaſs Mortar, add Waters of Black-Cherries an Ounce and half*; *of Rue, and Compound Piony, each* 2 *Drams*; *Spirit of Lavender comp. Spirit of Salt Armoniac, of each* 6 *Drops*; *(more or leſs according to the Age of the Patient) mix.*

A Febrifuge Draught.

Take Carduus Water 3 *Ounces*; *Treacle Water, Syrup of Meconium, each half an Ounce*; *Diaſcordium half a Dram*; *Salt of Wormwood* 1 *Scruple*; *Spirit of Salt Armoniac* 15 *Drops*; *Oil of Cloves* 1 *Drop*; *mix.*

It gives Relief in intermitting Fevers; eſpecially in ſuch of them as invade with cruel cold, ſhivering, ſhaking Fits, that continue long. Let it be given an Hour before the coming of the Ague; and preſently going to Bed,

Bed, let him do all he can to fall into a Sweat, and keep in it two Hours.

But this Sort of Cure by a *Diaphoreſis* is not always certain; for I have obſerved in ſome that while I had them in a full ſmoaking Sweat, it hath ſtrangely gone off all of a ſudden, and the Horror and Rigour came on at the uſual Time; and they were the worſe for it, becauſe they lay damp in the cold Fit.

Riverius's Febrifuge Draught.

Take Succory Water 3 *Ounces*; *Salt of Wormwood half a Dram*; *Spirit of Vitriol* 20 *Drops*; *or rather as much as is found ſufficient to balance the Salt.*

This is a Medicine no ways deſpicable for the Cure of vernal Agues. Let it be drank an Hour before the Paroxyſm, the Patient lying in Bed, and endeavouring to ſweat: And let it be repeated likewiſe before every ſucceeding Fit, till at length the Ague be extinguiſh'd.

This will be the more effectual, if it be given before the Luctation be ceaſed.

A Draught againſt a Fluor.

Take the White of an Egg; *beat it up very well with ſtrong Cinnamon-Water* 1 *Ounce.*

'Tis to be taken daily, Night and Morn, to reſtrain the white *Fluor*, and alleviate Weakneſs, and Pain of the Back, occaſion'd thereby;

by; but must never be used near the time of the Menstruous Returns.

A Draught for Gravel.

Take Juice of Parsly 1 *Ounce and half*; *Brandy half an Ounce*; *Oil of Anniseed* 2 *Drops*; *Spirit of Salt Armoniac* 8 *Drops*; *white Sugar* 2 *Drams*; *mix.*

It provokes Urine, potently expels pituitous Filth, Granulating Tartar, Gravel and Sand. But where there is a larger Stone than can pass the Parts, these strong Provokers must be by all means forborn, lest if it lie in the Kidney, they (by forcing it into the Ureter, and plugging up its Passage as close as with a Cork) occasion a fatal Suppression of Urine: And if it be in the Bladder, lest they scour and wash off the viscid *Mucus*, which casing over and sheathing up, as 'twere, its pricking Asperities, made it lie soft and easy before; and also lest it disturb and dislodge the Stone (that rested quiet in its place) and cause it to roll and rub, and excoriate, and so excite a most terrible cruel Paroxysm.

An Hemoptoic Draught.

Take Plantain-water 4 *Ounces*; *Wine Vinegar*, *Syrup of Comfrey*, *each half an Ounce*; *the White of* 1 *Egg beat up*; *mix.*

This is, in truth, a noble, experimented, and easily parable Remedy. It mightily refrigerates,

frigerates, incraſſates, and puts a Reſtraint on the vehement hot, bubbling, leaping Blood; conſtringes, purſes up, cloſes and conſolidates the Apertures of the Veſſels.

A Draught of Hounds Tongue.

Take Juice of Hounds-tongue half an Ounce; Corn Poppy Water 1 Ounce and half; white Sugar 2 Drams; Oil of Anniſeed 1 Drop; mix.

This is a good uſeful thing in thin Rheums and Coughs, to be taken juſt at going to Bed.

An Hydragogue Draught.

Take Cambogium powdered, Cream of Tartar, each 14 Grains; Oil of Juniper (well mixed with white Sugar 1 Dram and a half) 3 Drops; white Wine 3 Ounces; mix.

For the Virtues, ſee the *Hydragogue Pills.*

An Hyſteric Draught.

Take Penny-royal Water 2 Ounces; compound Briony Water 3 Drams; Tincture of Caſtor 1 Dram; Juice of Rue half an Ounce; Syrup of Mugwort half an Ounce; mix.

You may give it before, in, or immediately after the Fit; alſo for Prevention, 3 or 4 Nights together before the uſual Menſtruous Seaſons.

A Japa-

A Japanic Draught.

Take Frog-Spawn Water 2 *Ounces*; *Syrup of dried Roſes* 2 *Drams*; *powder'd Japanic Earth* 1 *Scruple*; *Sugar of Lead* 4 *Grains*; *Oil of Cinnamon* 1 *Drop*; *Liquid Laudanum* 20 *Drops*; *mix.*

It hath marvellous Virtues againſt Vomiting of Blood, and Spitting of Blood, immoderate Flux of the *Menſes*, and all other internal Bleedings.

Tachenius (*Hypoc.* p. 104.) ſaith in diſtilling Frogs Spawn, it riſes all into Water, except ſome black dry *Granula*, and it abounds with an occult Volatile *Alcali*, and recipitates the Lead out of a Solution of *Saccharum Saturni*, ſooner, and more than any other refrigerating Water whatſoever. That 'tis to be highly eſteem'd, for he knew it happily cure a deſperate Hemorrhage of the *Uterus*, and tells us, that outwardly apply'd, it without fail takes away the Pain of the Gout and Stone.

Ettmuller (L. 1. p. 1202.) tells us that Frog Spawn ought, for Diſtillation, to be gathered a few Days before the New Moon, and then if it be carefully diſtill'd, 'twill yield good Water; but at any other Seaſon, its Water will ſtink, though it be diſtilled a hundred times over.

A Milky Draught.

Take the Yolk of an Egg, brown Sugar Candy powder'd fine 6 Drams; red Roſe Water 1 Ounce; Oil of Nutmeg 1 Drop; mix theſe thoroughly well, make them Blood warm, and add Milk juſt from the Cow a quarter of a Pint.

Let it be taken and continued a long time (eſpecially all the Month of *May*) for Supper and Breakfaſt in a Hectic Fever, Night Sweats, and ſuch an Atrophy as does not ariſe from ulcerated Lungs, but acrid fermenting Blood, which cannot aſſimulate the Chyle, and turn it into nutritious Juice.

A Nitrous Draught.

Take red Poppy Water 3 Ounces; Salt Prunel powdered fine 1 Dram; Syrup of Violets 1 Ounce; mix.

It refrigerates the Blood, cuts its Sizineſs, opens Obſtructions, extinguiſhes Inflammations thence ariſing; quenches Thirſt, moves Urine, and is chiefly prevalent againſt a Pleuriſy, *Peripneumonia*, Quinſy, and ſuch Inflammatory Fevers, as partake not of any Malignity.

An Oleoſe Draught.

Take new drawn (not rank) Linſeed Oil 3 Ounces; Oil of Anniſeed 3 Drops; Syrup of Maiden-hair 1 Ounce; Spirit of Salt Armoniac 12 Drops; mix.

It's

It's a Nonſuch for a Pleuriſy, (where there is bloody Spittle) Inflammation of the Lungs, and Phthiſic, due Bleeding not neglected.

The Patient muſt not drink in an Hour at leaſt after it, for the Oil will be apt to get uppermoſt in the Stomach, and be caſt out by Vomiting.

We always crave for new-drawn ſweet Oil, I ſuppoſe becauſe it's not ſo offenſive in taking; but I believe that which is rancid is really better, as being more Digeſting and Expectorating.

To depurate it, *Ettmuller* orders to put Water into it, ſhake it well about, ſet it by to ſettle, and pour off the clear; which Operation is to be repeated till it grow limpid and pure. I have heard it's a good way to put into a Pint of Oil 1 Ounce of *Sal Nitre*, and ſhake it about till it be fine.

A Common Paregoric Draught.

Take Black-Cherry Water 2 Ounces and half; Epidemial, and ſtrong Cinnamon Water, each 2 Drams; Syrup of Meconium 1 Ounce; mix.

It's a very uſual and uſeful Preſcription to allay Pain, and procure Reſt.

A Refrigerating Paregoric Draught.

Take red Poppy-water 2 Ounces; Frog-Spawn Water, Syrup of Lemons, each 1 Ounce; Liquid Laudanum 25 Drops; mix.

It's

It's for the ſame Uſes with that next above, but reſpects a feveriſh Heat and Drought more than it.

A Peruvian Draught.

Take Carduus (or Alexiterial Milk) Water 2 *Ounces*; *Epidemial Water, Syrup of Gilly-flowers, each* 2 *Drams*; *Oil of Nutmeg* 1 *Drop*; *very fine powder'd Peruvian Bark* 1 *Dram*; *mix*,

This is a good pleaſant way of giving the *Cortex* for Intermitting Fevers

A Pleuritic Draught.

Take fine powder'd Olibanum (or inſtead of it fine black Roſin) 1 *Dram*; *mix it well in a Mortar with the Yolk of an Egg*; *to which add Diacodium* 6 *Drams*; *red Poppy-water* 1 *Ounce and half*; *Oil of Anniſeed* 2 *Drops*; *Spirit of Sal Armoniac* 12 *Drops*; *mix*.

A Preparing Draught.

Take Rheniſh (or French white) Wine 3 *Ounces*; *powder'd Cream of Tartar* 1 *Dram*; *Syrup of the* 5 *opening Roots, and Oxymel of Squills, each half an Ounce*; *mix*.

Let it be taken the Night before a Purge, where you judge the Ventricle and Inteſtines are ſmear'd over with viſcid Phlegm, ſticking to them like Glue.

A Saccharine Draught.

Take Damask Roſe, and Barley Cinnamon Waters, and powder'd brown Sugar Candy, each 2 Ounces; diſſolve it over the Fire for a Draught, to be taken at Bed-time.

It emulates the Virtues of the Draught for a Catarrh: for it lines the (exquiſitely ſenſible and irritable) Parts with an agreeable Slime; defends them from the Injuries of ſharp Rheums, incraſſates thin, and obtunds muriatic, acrid *Serum*. But in conſideration of its extraordinary Proportion of Sugar, it muſt not be obtruded on thoſe, whoſe Stomachs are dawb'd over and burden'd with a great Load of clammy Phlegm.

A Saponaceous Draught.

Take Venice Soap (ſcrap'd very thin) from 2 Scruples to 4; boil it in Cows Milk from 6 Ounces to 4; then add Sugar 3 Drams, and ſtrain it.

Let it be given Mornings and Afternoons for 4 or 5 Days. It's reckon'd a moſt prevailing Medicine againſt the Jaundice.

Barbette (de Epilepſiâ) tells of a Maid troubled almoſt a whole Year with Epileptic Fits, which uſed to hold her from 7 in the Morning till 9 at Night; after he had purged her once, he gave her the following Draught twice a Day; and in about 30 Days entirely cured her.

Take

Take Venice Soap half a Dram; boil it in Milk to 3 Ounces; ſtrain it out for 1 Doſe.

A Saturnine Draught.

Take Frog-Spawn Water an Ounce and half; Vinegar half an Ounce; Juice of Nettle-tops 2 Drams; Syrup of white Poppy Heads 6 Drams; Sugar of Lead 6 Grains; Allum 3 Grains; Dragons Blood half a Dram; mix.

It ſtoppeth Hemorrhages.

A Draught in the Small Pox.

Take Cochineal from half a Dram to 1 Dram; boil it in Alexiterial Milk-water 4 Ounces to 3; in the ſtrained diſſolve Diaſcordium, from 1 Scruple to 1 Dram; Diacodium 6 Drams; Oil of Nutmeg 1 Drop; mix.

This blows up the Fire a little, and at the ſame time reſtrains the Spirits from ſparkling too vigorouſly; it's a fine Medicine, if judiciouſly given. But Quacks and Nurſes were beſt not venture upon it.

A Styptic Draught.

Take Plantain, Frog-Spawn Water, each 1 Ounce and half; Barley Cinnamon Water, Wine Vinegar, each 3 Drams; Syrup of white Water-Lillies half an Ounce; Aſtringent Crocus of Mars half a Dram; Sugar of Lead 5 Grains; mix.

It ſucceeds happily againſt all the ſorts of Hemorrhages; eſpecially Overflowing of the *Menſes*, and Vomiting of Blood.

A Draught of Volatiles.

Take Volatile Salt of Hartſhorn half a Scruple; Salt of Amber 5 Grains; Canary Wine 4 Ounces; Oil of Nutmegs 2 Drops; white Sugar 2 Drams; mix.

This is one of the moſt commodious Forms of giving Volatile Salts, without much Affront to a nice Palate, and is really a ſort of *Sal Volatile Oleoſum*, prepar'd *extempore*: It ſupporteth and raiſeth falling and proſtrate Spirits, diſſolves grumous, cuts fizy, moves ſtagnating, and depurates feculent Blood. 'Tis uſually preſcribed in Colds, with a dull heavy Head-Ach, Lethargy, Palſy, Fainting, Trembling of the Heart, Pleuriſies, and Dropſy.

A Draught in a Vulnerary Fever.

Take Alexiterial Milk Water 2 Ounces and half; Treacle Water, Vinegar, each 6 Drams; Crabs Eyes levigated 2 Scruples; Diaphoretick Antimony 1 Scruple; white Sugar-Candy 2 Drams; Oil of Turpentine 4 Drops; mix.

Sylvius gives a Caution againſt putting mucilaginous Syrups into ſuch Mixtures as have Crabs Eyes and Acids in them, becauſe they will grow ropy, and unfit for Uſe. And I my ſelf have ſeen the like in a Julep with Crabs Eyes

Eyes and Acids, when it had been kept a while, though it were ſweeten'd with nothing but Sugar.

An Electuary againſt Abortion.

Take Conſerve of red Roſes, Marmalade of Quinces, Candy'd Nutmeg, Juice of Kermes ſtrain'd, Syrup of Quinces, Syrup of Coral, each half an Ounce; Species of Hyacinth 3 Drams; Aromaticum Roſatum, Aſtringent Crocus of Mars, each 2 Drams; Sugar of Lead 1 Dram; Oil of Nutmeg 4 Drops; mix.

It ſtrengtheneth the Stomach, diſcuſſeth Wind, refreſheth the Spirits, confirms the Ligaments and Tone of the *Uterus*, and egregiouſly comforts the *Fœtus*. Half an Ounce is to be given twice a Day.

An Acid Electuary.

Take Conſerve of Wood Sorrel 1 Ounce and half; Conſerve of red Roſes, and of Heps, each 1 Ounce; Syrup of Violets half an Ounce; Oil of Vitriol as much as ſerves to give it a grateful Tartneſs; mix.

See the *Refrigerating Julep*, with which it vies for Virtues.

1. An Analeptic Electuary.

Take powder'd Chocolate, ſweet Almonds blanch'd, double-refin'd Sugar ſearced, ſweet Butter unſalted, each half an Ounce; Pulp

of Conſerve of red Roſes paſſed through a Sieve 1 *Ounce and half*; *Juice of Kermes ſtrain'd half an Ounce*; *Balm of Gilead* 2 *Scruples*; *Syrup of Balſam* 2 *Ounces*; *mix.*

2. Analeptic Electuary.

Take powder'd Chocolate 2 *Ounces*; *Juice of Kermes ſtrain'd half an Ounce*; *Ambergriſe (ground with a little Loaf Sugar)* 8 *Grains*; *Oil of Cinnamon* 1 *Drop*; *Oil of Nutmeg* 2 *Drops*; *Syrup of Balſam* 2 *Ounces*; *or as much as needs to give it a due Conſiſtence*; *mix.*

It nouriſhes and ſtrengthens, repairs the waſted Fleſh, recruits loſt Spirits, and brings Aſſiſtance in pining Conſumptions. But I have ſometimes obſerv'd it ſate too heavy upon weak Stomachs.

Let half an Ounce be taken at 8 in the Morning, and at 4 in the Afternoon, drinking after it Aſſes Milk.

An Apophlegmatic Electuary.

Take Betony Leaves powder'd 6 *Drams*; *Root of Pellitory of Spain* 2 *Drams*; *Oil of Cloves (or of Saſſaphras, or of Origanum)* 4 *Drops*; *Honey as much as ſufficient*; *mix.*

It draws out watery and pituitous Humours, by irritating and vellicating the Parts of the Mouth; and hath place in a Tumour and Inflammation of the *Columella* and Tonſils, Quinſey, Tooth-Ach, Stuffing of the Head, inve-

inveterate Cephalalgie, Soporoſe Diſtempers, Epilepſy, Palſy, (eſpecially of the Tongue) and all ſorts of cold phlegmatic Diſeaſes of the Brain and Nerves.

For theſe Uſes, let it be chew'd and rolled about in the Mouth, in the Morning faſting, for half an Hour, holding down the Head, and ſpitting it out. After it, let the Mouth be waſh'd with warm Water; it may alſo be repeated 2 Hours before Supper Time.

An Aſtringent Electuary.

Take Conſerve of red Roſes 2 Ounces; Diaſcordium half an Ounce; powder'd Bole 2 Drams; Dragons Blood 1 Dram and half; Balauſtines half a Dram; Oil of Nutmeg and Cinnamon, each 2 Drops; Syrup of dry'd Roſes 1 Ounce; mix.

It comforts the Ventricle and Inteſtines, recovers the Tone of the Bowels, bridles their diſorderly Periſtaltic Motion, concenters Acrimony, appeaſeth Gripes: In a word, it's an abſolute Medicine, furniſh'd at all Points (where Aſtriction is requir'd) to repreſs a *Diarrhœa*. But here it is to be obſerv'd, that as long as Appetite and Digeſtion remain ſound, a *Diarrhœa* never doth hurt. The Doſe is half an Ounce.

A Balſamic Electuary.

Take Conſerve of red Roſes 2 Ounces; new unſalted Butter waſhed in Roſe-Water 1

Ounce; *Yolk of Egg half an Ounce*; *powdered Balſam of Tolu* 4 *Scruples*; *Balm of Gilead* 2 *Scruples*; *mix.*

It diſſolves rough, thick Phlegm, beſmearing the *Bronchia*, and renders all the *Meatus* ſlippery, and eaſily paſſable: It repairs and heals (as a Balſam) the Veſicles of the Lungs when tumid, and tenſe, and ſtrain'd beyond their natural Tone. Therefore, thoſe that labour under a dry Conſumptive Cough, find a great deal of Benefit by it.

The Doſe is 2 Drams ever now and then, eſpecially when the Cough is moſt urgent.

Mr. Boyle's Electuary.

Take white Poppy and Henbane-ſeed powder'd, each half an Ounce; *Syrup of Corn-Poppy, Conſerve of red Roſes, each* 1 *Ounce and half*; *mix.*

It refrigerates the Blood, incraſſates thin, and contempers acrid *Serum*; cloſes up the Mouths of the Veſſels, quiets the Irritations and Spaſms of the Minute Fibres. The Honourable Mr. *Boyle* gives it high and deſerved Commendations againſt Spitting of Blood.

The Doſe is the Quantity of a Walnut, twice a Day, after due Bleeding, and gentle Purging.

A Camphorate Electuary.

Take Conſerve of Rue 3 *Ounces*; *Venice Treacle* 1 *Ounce*; *Camphire* 8 *Grains*; *Oil of Amber* 16 *Drops*; *mix.*

It

It reprimands the Animal Spirits when too furious, and ready for Tumult and Exploſion; diſciplines them into Order again, ſhakes off their heterogeneous *Copula*, and ſometimes expels it quite. Upon theſe Accounts, it's found by Experience to be very ſerviceable to Hyſteric Women, howbeit ſome cannot away with the odious *Ructus*, which Oil of Amber cauſeth.

The Doſe is the Bigneſs of a Cheſnut, 3 times a Day, with an Hyſteric Julep.

A warm Cardiac Electuary.

Take Conſerve of Gilly-flowers, Conſerve of the yellow Peel of Lemons, each 1 *Ounce*; *candy'd Citron-peel, green Ginger, Electuary of Saſſaphras, Juice of Kermes ſtrain'd, each half an Ounce*; *Oil of Nutmeg* 2 *Drops*; *Oil of Cinnamon and Cloves, each* 1 *Drop*; *mix.*

It operates primarily and properly upon the Stomach, comforting it, by being Aromatic and Warm; and from thence raiſing up the Spirits into a kind of Ovation, refreſhes the languiſhing Heart, and recruits waſted Strength. Upon this Account (which I note by the by) all true Stomachics, of right and due, ought to be accounted of the ſame Family with Cardiacs. Let half an Ounce be taken three times a Day.

A tem-

A temperate Cardiac Electuary.

Take Conſerve of Gilly-flowers 3 Ounces; Conſerve of Barberries, Juice of Kermes ſtrain'd, each half an Ounce, Pearls levigated 4 Scruples; mix.

It's ſuitable for People in Fevers, that complain of Sinking of Spirits and ſick Fits; for reſtoring (after a kindly gentle manner) the failing Ferment, both in the Stomach and Blood, it puts the Spirits into a brisker Motion, without increaſing the Fever. Let two Drams be given every 6 Hours, with a proper Julep.

A Carminative Electuary.

Take powder'd Golden Rod, Vervain, Savory, Marjoram, Thyme, Anniſeed, each 1 Dram; common Roſin 6 Drams; Mithridate half an Ounce; clarified Honey 2 Ounces, or as much as needs; mix.

It corrects both crude and acrid Humours, warms the Stomach, promotes Urine. It hath been kept as a Family Medicine in a certain Gentleman's Houſe, and is a notable experimented Thing againſt windy Pain in the Stomach, and flatuous Stitches in the Side. The Doſe from 2 Drams to half an Ounce twice a Day.

A Cephalic Electuary.

Take powder'd Male-Piony Root half an Ounce;

Ounce; Humane Cranium, Cinnabar of Antimony (or rather Native) each 2 Drams; candy'd Nutmeg 1 Ounce; Syrup of Piony compound 2 Ounces, or as much as is requir'd; Oil of Roſemary and Sage, each 4 Drops; mix.

It chears and roborates the Brain, depurates the foul, and fixes the too volatile Spirits, is beneficial in Convulſions, Epilepſy, Dizzineſs, and Idiopathic Cephalalgie.

The Doſe is from 1 Dram to half an Ounce Mornings and Nights, eſpecially about New and Full Moon.

An Electuary with Cinnabar.

Take factitious (not adulterated) Cinnabar half an Ounce; grind it to an Alcohol; add to it double-refined Sugar powdered and ſearced an Ounce and half; Syrup of Elder-berries as much as ſuffices; make it up into an Electuary not too moiſt, leſt the Cinnabar, being heavy, ſink to the bottom.

Fred. Hofman tells us, that common factitious Cinnabar is not always to be truſted to, foraſmuch as it's frequently prepared with Arſenick, that it may bear the more glorious Colour: And that we have for common Sale in our Shops, is uſually mixed with red Lead.

Some have no Opinion of Cinnabar, and hold it for a mere Chip in Pottage, of no manner of Effect, good or bad; and this, becauſe they obſerve that it ſuffers no Alteration in

in the Stomach or Inteſtines, but comes off with the Excrements in a red Powder, juſt as 'twas taken in. But others magnify it highly, and ſay, ſince 'tis a Mercurial, it cannot well be ſuſpected for an idle, unactive Medicine: But all the while it ſtays in the Ventricle, and Inteſtines, it influences Digeſtion, alters the Chyle, affects the Membranes, and from them the Brain and Nerves. Therefore they are of Opinion, that it diſſolves and depurates the Blood, penetrates the utmoſt and ſecreteſt *Receſſus* of the Body, deoppilates the Glands and Nerves, frees them from obſtructing Viſcoſity, corrects their morboſe Juices; and for theſe Reaſons they preſcribe it againſt all foul cuticular Eruptions, Arthritic Pains, *Tubercula cruda* of the Lungs, *Scrophulæ*, Ulcers (tho' venereal) and Convulſive Affections.

But by reaſon Mercury is no very good Friend to the Brain and Nerves, and the Membranous Parts depending on them; it's to be given cautiouſly to ſuch Perſons, as naturally have weak Nerves and diſſipable Spirits; ſuch as are troubled with Tremors, and are liable to Palſies; and all ſuch as are extremely weakened by either great Fits of Sickneſs, or exceſſive Evacuations.

An Electuary with Cinnamon.

Take good, well-ſcented, and biting Cinnamon in fine Powder 6 Drams; Oil of Nutmeg by Expreſſion 2 Scruples; Saffron half a Dram;

a Dram; *Balauſtines*, *Cochineal*, *of each* 1 *Scruple*; *Flowers of Benjamin half a Scruple*; *Spirit of Lavender Compound*, *Juice of Kermes ſtrain'd*, *of each half an Ounce*; *Syrup of Rasberries as much as requiſite*; *make all up into an Electuary of a due Conſiſtence.*

This is for a Child-bed Woman, when a *Diarrhœa* happeneth, and the *Lochia* fail.

An Electuary with Colophony.

Take Conſerve of white Arch-Angel flowers 1 *Ounce and half*; *Diaſcordium*, *green Ginger*, *powder'd Colophony*, *each half an Ounce*; *Oil of Cinnamon* 4 *Drops*; *Syrup of dried Roſes as much as fits to make it up with*; *mix.*

It conſtringes, corroborates, edulcorates, mundifies, dries, heals: Beſides other its Uſes, it's very ſpecifically good in a *Fluor Albus*; but if the Malady be inveterate, I take it for incurable. A white *Fluor* is ſaid to be diſtinguiſhable from a *Gonorrhœa*, in that the firſt ceaſeth (or at leaſt abateth) at the time of the *Catamenia*, which the other doth not.

After other things that ought to be done methodically, according as the Caſe ſhall require; let 3 Drams of this be taken twice a day, for a long time.

A Cretaceous Electuary.

Take fine ſoft white Chalk waſhed, *Conſerve of Roman (or Sea) Wormwood*, *each* 1 *Ounce*;

1 Ounce; Oil of Wormwood 1 Drop; Oil of Mint 2 Drops; Syrup of Quinces enough to mix it with.

This merits a principal Seat among the nobleſt of the Stomachics; it cauſeth a comfortable glowing Warmth in the Stomach, and breaks its Acidity. It's prevalent againſt Heartburning, Pain in the Stomach, Belching, Queaſineſs, Vomiting, Inappetency, *Diarrhœa.*

Let 3 Drams be given twice a day, when the Stomach is moſt empty.

An Electuary with Currants.

Take of the beſt Rhubarb (finely grated, without being dried) half an Ounce; Currants picked clean, and rubbed with a coarſe Cloth, 3 Ounces; Syrup of Succory with Rhubarb half an Ounce; Oil of Anniſeeds 2 Drops; beat it well in a Mortar, till it all be exactly mixed.

It's for 8 Doſes to be taken a Mornings; after each let the Patient drink a Draught of *Scorbutic Ale*, together with *Elixir Proprietatis* 20 Drops.

An Expectorating Electuary.

Take Conſerve of Roſemary-flowers 1 Ounce; green Ginger, Millepedes powder'd, (I fancy live ones are better) each half an Ounce; Flower of Sulphur 2 Drams; Flower of Benjamin, Saffron, and Virginia Tabacco, each 1 Scruple; Orris Root 1 Dram; clari-

fy'd

fy'd Honey, 1 Ounce and half, or as much as wants; mix.

It concocts cold, and cuts viſcid Phlegm, opens the Bronchial Ducts, irritates the Lungs ſo as to provoke a Cough, and powerfully expectorates. The Doſe 2 or 3 Drams thrice a day.

An Electuary with Ginger.

Take green Ginger 1 Ounce; Conſerve of red Roſes 3 Ounces; (ſometimes I order a like Quantity of each) Oil of Cinnamon 4 Drops; Oil of Cloves 2 Drops; mix.

It comforts the Stomach, chears the Heart aſſiſts Digeſtion, takes off Squeamiſhneſs, ſtops Vomiting, diſſipates Flatus's, and upholds native Heat. Give the bigneſs of a Nutmeg an Hour before Dinner and Supper.

The Grand Electuary.

Take Conſerve of Gilly Flowers, Conſerve of the yellow Peel of Orange, and Lemon, each 1 Ounce; Candyed Citron, Candyed Nutmeg, Candyed Ginger, Electuary of Saſſaphras, Juices of Kermes ſtrained, Spirit of Lavender compound, of each half an Ounce; Oil of Cinnamon, Cloves, of each 3 Drops; Oil of Anniſeed, Mint, Wormwood, of each 1 Drop; Syrup of Rasberries ſufficient to make it up with; beat it all well, and paſs it through a pulping Sieve.

This is a great Cordial.

An Hydropic Electuary.

Take Conſerve of Roman Wormwood 2 *Ounces*; *powdered Gutta Jemon* 2 *Drams*; *Species of Aromat. Roſat. Oil of Nutmeg by Expreſſion, of each* 1 *Dram*; *Syrup of Roſes half an Ounce*; *mix all perfectly.*

Let not the Apothecary take Conſerve of common Wormwood; becauſe 'twill make the Medicine ſo unpleaſant, that moſt Patients will refuſe it, or at leaſt-wiſe will not repeat it ſo often as the Dropſy requireth.

Two Drams of it contains half a Scruple of the *Gutta Jemon.*

An Hyſteric Electuary.

Take Conſerve of ſtinking Arrach 4 *Ounces*; *Oil of Amber* 48 *Drops*; *mix.*

The Doſe is the quantity of a Cheſnut.

An Icteric Electuary.

Take green Ginger (pulped through a Sieve) 6 *Drams*; *Andromachus his Treacle* 2 *Drams*; *powder'd Turmeric* 6 *Drams*; *Saffron* 2 *Scruples*; *Cloves, Anniſeed, of each* 1 *Scruple*; *Volatile Salt of Salt Armoniac half a Dram*; *Salt of Tartar half a Scruple*; *chymic Oil of Nutmeg* 4 *Drops*; *Oil of Mint, and Wormwood, of each* 1 *Drop*; *Syrup of the* 5 *opening Roots as much as ſufficient*; *mix, and beat up with Art.*

A Lax-

A Laxative Electuary.

Take powder'd Senna, Cream of Tartar, each 4 Scruples; Pulp of Prunes paſſed thro' a Sieve 2 Ounces; Syrup of Roſes ſolutive as much as ſufficient; mix.

This pleaſantly-taſted Medicine lubricates the Inteſtines, and procures a Stool or two without Sickneſs or Gripes, and may ſerve for four Doſes to be taken at Night, for which the Party need not keep Houſe the next day.

Lucatellus's Electuary.

Take Conſerve of red Roſes 2 Ounces; Conſerve of Heps 1 Ounce; Lucatellus's Balſam half an Ounce; Species of Diatragacanth frigid 1 Dram; Syrup of Balſam 3 Drams; mix.

It incraſſates, reſtringes, heals; and is profitable againſt Hoarſeneſs, Cough, Spitting of Blood, and all inward Hemorrhages whatſoever: Is good even in a Conſumption itſelf, provided it be not a confirm'd one too far gone.

Let the Quantity of a ſmall Bean be exhibited thrice a Day.

An Electuary of Mallows.

Take Conſerve of common (or rather Vervain) Mallow Flowers, new Butter unſalted, each 2 Ounces; powder'd Nutmeg 4 Scruples; mix.

It's ſlimey, ſoft and oily, and therefore is a commodious Remedy againſt a dry husking Cough, Aſperity of the *Trachea*, and all ſorts of Maladies of the *Thorax*, and Organs of Reſpiration, that ſpring from acrious Humours. Moreover, it may be given to allay Sharpneſs of Urine, and (becauſe it anoints, as 'twere, and makes the Ureters ſlippery) to make an eaſy Deſcent for Sand and gravelly Stones.

The Doſe half in Ounce twice a Day, at a good diſtance from Meals.

An Electuary with Manna.

Take Sperma Ceti 2 Drams; work it with the Yolk of an Egg in a Mortar, till uniformly mixed; then add Manna picked all of the clean ſort; Extract of Caſſia new drawn, Penids, of each half an Ounce; Oil of Almonds as much as it will well take up; beat it in by degrees; and make an Electuary according to Art.

Very good in the Thruſh; and againſt a dry husking Cough; and is Laxative.

An Electuary of Mars.

Take Conſerve of Róman (or Sea) Wormwood, and of Scurvy-Graſs, each 3 Ounces; green Ginger 1 Ounce and half; Ruſt of Iron (made into fine Duſt) 6 Drams; Oil of Cloves and Saſſaphras, each 6 Drops; Syrup of the 5 opening Roots 1 Ounce; mix.

It exalts depreſſed Blood, and gives it a lively

lively florid Colour; opens Obſtructions, makes the Fibres ſtrong and ſpringy: Is convenient in a *Chloroſis*, Suppreſſion of the *Menſes*, Scurvy, Jaundice, Dropſy, and (to ſum up all) in Cachexies of what kind ſoever.

The Doſe is 3 Drams every Morning and Afternoon, at 5, for a whole Month or 6 Weeks together.

Cuſtom indeed hath obtain'd to give Chalybeates Mornings and Afternoons, and ſtrictly to enjoin Exerciſe to promote their Efficacy; but all Things are not equally expedient for all; For ſome have I known, in whom Steel Medicines, thus taken, would always ſtir up great Turmoil at Stomach, nidorous Belching, and ſick Qualms; and the way to prevent and eſcape theſe, was to take them at Night, preſently go to Bed and ſleep, and ſo would they bear them well enough. This is not only mine, and a Novel Obſervation, for *Claudinus (de Ingreſſu ad Infirmos*, p. 401.) ſaith, many have been cured that took Steel in Bed; and therefore it's not always neceſſary (as the common Opinion runs) to uſe Exerciſe after it.

If Chalybeates raiſe any great Perturbations, *Sydenham* adviſeth to give *Laudanum* diſſolved in ſome Hyſteric Mixture, every Night.

An Electuary of Maſtich.

Take Conſerve of red Roſes 2 Ounces; Raiſins of the Sun paſſed through a pulping

Sieve 1 *Ounce*; *powder'd Maſtich* 1 *Dram and half*; *Nutmeg half a Dram*; *Syrup of Meconium as much as ſuffices*; *mix.*

It coats over the upper Parts of the Throat and *Larynx* with a Sort of Emplaſtic Slime, and ſo obtunds their exquiſitely irritable Senſe: It alſo prohibits the Extillation of too thin, ſharp, and fluxile *Serum* from the Glands, remedieth a moiſt Cough, that troubleth moſt in the Evening, eſpecially at firſt going to Bed.

Let the Quantity of a Nutmeg be taken diſſolv'd in the Mouth, and gradually ſwallow'd at every Coughing Fit.

A Mineral Electuary.

Take powder'd Gum Guaiacum half an Ounce; *malax it with the Yolk of an Egg*; *then add powder'd Sulphur vive* 1 *Ounce*; *Syrup of the* 5 *Roots enough to make it into a Conſiſtence*; *mix.*

I have known it preſcribed, with Succeſs, againſt Miſchiefs occaſion'd by the external abuſe of Quickſilver.

An Electuary of Mint.

Take Conſerve of the right Spear-Mint 4 *Ounces*; *Oil of Cinnamon* 4 *Drops*; *Oil of Cloves* 2 *Drops*; *Oil of Anniſe and Wormwood, each* 1 *Drop*; *mix.*

It ſtops Vomiting, takes away Loathing of Meat, invites Appetite, helps Digeſtion, corrects nidorous Belching, aſtringes and corrobo-

rates

rates a weak Stomach. Some hold that Mint hinders Conception; but perhaps that may be a fanciful Opinion, and grounded upon no Experience or Reaſon, as many others are, that Tradition hath handed down to us.

An Electuary of Miſleto.

Take powder'd Miſleto 1 *Ounce*; *Native Cinnaber ground upon a Porphyry, Matthias his Spirit of Lavender, of each half an Ounce*; *Oil of Roſemary* 8 *Drops*; *Syrup of Cowſlips* 2 *Ounces and a half*; *when they are exactly mixed, add Spirit of Salt Armoniac as much as will give it a quick biting Taſte*; *keep it in a Gally-pot, tied over very cloſe with a Bladder.*

For Cephalic Affections; but in a more eſpecial Manner for ſuch as are ſpaſmodic, and vertiginous.

An Electuary of Muſtard.

Take powder'd Muſtard-ſeed half an Ounce; *Conſerve of Rue* 2 *Ounces*; *Syrup of Stœchas* 1 *Ounce and half*; *Oil of Roſemary, Lavender, each* 4 *Drops*; *mix.*

It penetrates into the Nerves, opens their Obſtructions, and puts a new Sprightlineſs into the clogg'd Spirits: 'Tis of Uſe in the cold Scurvy and Dropſy, but is principally deſign'd againſt ſoporous Illneſſes and the Palſy. The Doſe is from 2 Drams to half an Ounce thrice a Day.

An Electuary with Myrrh.

Take powder'd Myrrh half an Ounce; Olibanum 1 *Dram; Saffron half a Dram; work them together in a Mortar with the Yolk of an Egg, and add fine powder'd white Sugar-Candy half an Ounce; Pulp of Raisins passed thro' a Sieve* 1 *Ounce; Syrup of Balsam half an Ounce; or as much as is sufficient to make it up with.*

It hath Virtues much like the *Lohoch of Myrrh,* which see.

A Nephritic Electuary.

Take powder'd Seeds of Flixweed, clarify'd Honey, fresh Butter, each 1 *Ounce; powder'd Nutmeg* 1 *Dram; make it up with Syrup of Marsh Mallows.*

It admirably prevents and mitigates those Cholic Pains, which commonly are occasion'd by a Fit of the Stone in the Kidneys. For Prevention, let half an Ounce be taken Night and Morning for three Days together, before the New and Full Moon, and a Glass of white Wine after it. To alleviate the present Pain, let the same Dose be taken as soon as ever any Grudging of the Fit a coming is perceiv'd, and let it be repeated every 4 Hours for 6 times; and let a quarter of a Pint of the *Magistral Decoction of Mallows* be drank after each Dose.

A Pectoral Electuary.

Take powder'd white Troches, clarify'd Honey, Conſerve of red Roſes, unſalted Butter, each 1 *Ounce*; *Oil of Nutmeg* 4 *Drops*; *make it up with Syrup of Jujubes.*

It's an elegant Compoſition for a troubleſome tickling Cough, ariſing from a thin, ſharp Defluxion. Let it be taken from the Point of a Knife, and ſwallow'd leiſurely as it diſſolves, as often as the Coughing Fit aſſaults.

I can't forbear (ſaith *Sylvius)* warning young Phyſicians from ordering profuſe quantities of Sugar when they would correct, and carry off clammy Phlegm: Since that is ſo far from looſening and leſſening it, that it aſſuredly increaſes it, and renders it more glutinous, and hard to be gotten up. Therefore he blames in Coughs (eſpecially ſuch as threaten Conſumptions) the abuſive dayly Uſe of extravagant Quantities of Conſerve of Roſes: For that will not abſterge, defecate, and conſolidate an Ulcer in the Lungs; but will be ſure to deſtroy the Stomach, and render the Malady incurable.

A Peruvian Electuary.

Take finely powder'd Peruvian Bark 1 *Ounce*; *the blackeſt part of Japanic Earth* 1 *Dram*; *Balſam of Peru half a Dram*; *Oil of Nutmeg* 2 *Drops*; *Syrup of Rasberries* 3 *Ounces*; *mix.*

Sometimes (when there's no Fear of a *Diarrhœa)* I omit the Japanic Earth, and add freſh Butter half an Ounce; for its Oilyneſs and Smoothneſs makes the Bark much eaſier to be ſwallow'd, and then it ſits not ſo hard upon the Stomach neither.

If it chance to occaſion a *Diarrhœa*, I add Powder of Balauſtines; and to the Evening and Morning Doſes, 15 or 20 Drops of *Liquid Laudanum.*

It's a true Specific againſt any ſort of Intermitting, or fairly remitting Fevers, and is contrived for 8 Doſes, to be given every 3 or 4 Hours.

A Peruvian Aſtringent Electuary.

Take powder'd Bark of Peru 1 *Ounce*; *Balſam of Tolu*, *Japanic Earth*, *each* 1 *Dram*; *Mr.* Boyle's *Syrup as much as is ſufficient*; *mix.*

It's a Specifical and very effectual Remedy for Spitting of Blood; for it conſolidates, and (as 'twere Hermetically) ſeals up the gaping or ruptur'd Veſſels, and that without Danger of an Ulcer of the Lungs, which frequently happens upon taking other Medicines, to the irreparable Detriment of the Sick. Alſo after due Phlebotomy, it extinguiſhes Colliquative Hectic Fevers, as ſaith the Communicator.

It's for 10 Doſes to be taken twice or thrice a Day, with two or three Spoonfuls of Plantain or Snail Water.

A Pe-

A Peruvian Epileptic Electuary.

Take powder'd Bark 6 Drams; Virginia Snake Root 2 Drams; Syrup of Piony as much as needs; mix it up into a ſoft Electuary.

I *(i. e.* Dr. *A.)* have experimentally found it a moſt prevalent and moſt certain Remedy.

If (after due Evacuations) 1 Dram be given to adult Perſons (and a leſs Doſe to others) Morning and Evening, for three or four Months, and afterwards three or four Days before Change and Full of the Moon, it abſolutely eradicates Epileptic and Hyſteric Diſeaſes; and alſo thoſe odd Epileptic Saltations called St. *Vitus*'s Dance, in which the Affected are vexed with a thouſand ridiculous Geſticulations and Leapings, after the manner of thoſe in *Apulia*, that are bitten by a *Tarantula*, as the *Roman* Phyſician, Dr. *Baglivi*, hath deſcrib'd it.

But though the ſaid excellent Author accuſes the Bark, as being the Cauſe of incurable Meſenteric Obſtructions; for my part, I could never yet obſerve any ſuch Effect, provided the Body were rightly prepared for it: Yet I muſt acknowledge, that in continual, malignant, petechial Fevers, Jaundice, and Child-bed Women, (during the Flowing of the *Lochia)* it's accounted deſtructive. Thus far Dr. *A.* But Dr. *Morton* is of another Opinion, *(de morbis acutis*, p. 139.) ſaying *Cortex in Puerperio ſalubriter*

ſalubriter miniſtratur; The Bark is a wholſome Medicine for Child-bed Women.

An Electuary of Piony.

Take Conſerve of Piony-flowers 1 *Ounce*; *powder'd Piony Root* 6 *Drams*; *Piony-ſeed excorticated* 2 *Drams*; *Balſam of Peru* 4 *Scruples*; *Syrup of Piony* 3 *Ounces*; *mix.*

It's prevalent againſt the Falling-Sickneſs, and ſuch-like Convulſive Diſeaſes.

Poterius's Electuary.

Take Poterius *his Antihectic half an Ounce*; Haly's *Powder freſh made* 1 *Ounce and half*; *Syrup of Jujubes as much as ſuffices*; *mix.*

It deſtroys all manner of exotic, corruptive Sharpneſs, and Aſperities of the Blood and Juices, and induces a balſamic, ſoft, and oleoſe Diſpoſition. It's ſecond to none in a Hectic Fever, and may be taken to two or three Drams twice a Day, with a Draught of Aſſes Milk.

A Purging Electuary.

Take Powder of Jalap Root 2 *Drams*; *Rhubarb* 1 *Dram*; *Scammony (prepared with Sulphur)* 1 *Scruple*; *Cream of Tartar* 2 *Scruples*; *Oil of Anniſeed and Cloves, each* 2 *Drops*; *Lenitive Electuary* 1 *Ounce*; *Syrup of Roſes ſolutive half an Ounce*; *or as much as ſerves to make it up.*

The

The Doſe is from 2 Drams to half an Ounce, or 6 Drams in the Morning, with due Obſervance.

The Quadrate Electuary.

Take powder'd Roſemary-leaves half an Ounce; Syrup of Stœchas 1 *Ounce and half; Balſam of Peru* 12 *Drops; Oil of Nutmeg and Roſemary, each* 2 *Drops; mix.*

It's deſign'd againſt cold Affections of the Head and Breaſt.

An Electuary of Rhubarb.

Take Conſerve of red Roſes 6 *Drams; Diaſcordium half an Ounce; powder'd Rhubarb* 2 *Drams; Oil of Nutmeg and Cinnamon, each* 2 *Drops; Liquid Laudanum* 80 *Drops; Syrup of Quinces half an Ounce; mix.*

I like better of leaving the *Laudanum* out of the Compoſitions, and dropping it into each Doſe at taking.

It eaſeth the Pain of the Guts, very gently turns out the morbific Matter, and pins the Door after it. And ſtops a Looſneſs. The Doſe is 3 Drams, or half an Ounce, at Bed-time.

An Electuary of Roſes.

Take Conſerve of Roſes 2 *Ounces; Sugar of Roſes, (powder'd, and ſearced) ſweet Butter, (unſalted, and waſhed in Roſe Water) of each half an Ounce; Expreſſed Oil of Nutmeg,*

Sperma

Sperma Ceti, of each 1 *Dram*; *the Yolk of* 1 *Egg*; *Oil of Anniſeed* 1 *Drop*; *Tincture of Benjamin* 80 *Drops*; *make it up according to the Apothecaries Art.*

It's Uſe is againſt Hoarſneſs, Rheumatic Cough, and the like Spirital Diſtempers.

The Royal Electuary.

Take Conſerve of Gilly-flowers 2 *Ounces*; *of Heps, Gelly of Rasberries and of Currants, Juice of Kermes ſtrain'd, each half an Ounce*; *Ambergriſe (well ground in a Mortar, firſt with Sugar-Candy* 16 *Grains*; *and after with Oil of Vitriol* 4 *Drops)* 4 *Grains*; *having wrought it up into an Electuary, and added as much Oil of Vitriol as may make it pleaſant, paſs it all through a pulping Sieve.*

An Electuary in a Rupture.

Take Conſerve of Hypericon-flowers 1 *Ounce*; *Pulp of Comfrey-root (baked in an Oven with Sugar Lain upon Lain) half an Ounce*; *the Stone called Hæmatites (reduced with Spirit of Wine on a Marble to an Alcohol)* 2 *Drams*; *Dragons Blood in Drops* 1 *Dram*; *Sugar of Saturn, Balſam of Peru, of each half a Dram*; *Oil of Anniſeed, of ſweet Fennel-ſeed, of each* 2 *Drops*; *Syrup of Coral* 1 *Ounce*; *or as much as there is occaſion for to make it up with*; *mix.*

The Doſe is 2 or 3 Drams.

A Sa-

A Sanative Electuary.

Take Sperma Ceti 1 *Dram*; *yellow Wax* 3 *Drams*; *Oil of ſweet Almonds* 1 *Ounce*; *having melted all together, and taken it from the Fire, keep it continually ſtirr'd, and when it's almoſt cold, and hath Conſiſtence enough to ſtand, mix it in a Mortar with Conſerve of red Roſes* 1 *Ounce and half*; *clarified Honey* 1 *Ounce*; *and ſo make it into an Electuary.*

It's very profitable againſt a tickling Cough, Eroſions of the Mouth, and firſt Paſſages, Thruſh, Dyſentery, *&c.* The Doſe 2 or 3 Drams four times a day, or oftener.

An Electuary of Sarſa.

Take Meal of Sarſa ſearced 1 *Ounce*; *Gum of Guaiacum half an Ounce*; *Oil of Juniper* 16 *Drops*; *the Yolk of* 1 *Egg*; *Syrup of Balſam* 3 *Ounces*; *or as much as requiſite to mix it.*

It doth good for running Joint-Pains, and in foul Ulcers.

An Electuary of Satyrion.

Take candy'd Satyrion Root 2 *Ounces*; *candy'd Eryngo Root* 1 *Ounce*; *candy'd Nutmeg half an Ounce*; *Juice of Kermes, Spirit of Clary, each* 2 *Drams*; *long Pepper powder'd* 16 *Grains*; *mix.*

It's an Aphrodiſiac, and after a ſingular manner reſtores People that are Conſumptive and

and Emaciated. The Doſe 2 or 3 Drams, Evening and Morning, with a Glaſs of Old Malaga, or Tent Wine.

A hot Scorbutic Electuary.

Take Scurvy-graſs 3 Ounces; Currants, white Sugar ſearced fine, each 1 Ounce and half; Powder of Arum compound 6 Drams; Winters Bark 2 Drams; Oil of Saſſaphras 4 Drops; Syrup of Elder-berries 1 Ounce; or as much as needs.

It abounds with a ſmart, pungitive, volatile Salt; and therefore volatilizeth fixt and acid Salt; mends the Blood and Juices, when over-run with a ſcorbutick Dyſcraſy, diſſolves Coagulations, beats open Obſtructions, carries away Feculencies both by Sweat and Urine; is available againſt the rancid Sort of Scurvy, Jaundice, Dropſy, Palſy, *&c.* Let half an Ounce be taken twice a day, for a Month running. Steel may be added, if the Caſe require.

A temperate Scorbutic Electuary.

Take Conſerve of Wood Sorrel 4 Ounces; of Heps 1 Ounce; Powder of red Coral half an Ounce; of Ivory, Harts-horn, each 2 Drams; Syrup of the 5 opening Roots 2 Ounces; mix.

It's a well-ſuited Medicine to thoſe that are Scorbutick, and of a hot Conſtitution: It reſtores the loſt Ferment of the Stomach, aſſiſts the

the Ventricle and *Viſcera* ſerving to Chylification in the Performance of their Office; tempers and depurates the Blood, and aduſt Juices; diſcharges Stoppages, and promotes Urine. The Doſe half an Ounce twice a day.

A Spirituous Electuary.

Take Volatile Salt of Salt Armoniac 1 *Scruple*; *Oil of Roſemary* 2 *Drops*; *double refined Sugar ſearced* 1 *Ounce*; *Naples Bisket dry'd, powder'd and ſearced, an Ounce and half*; *Muſtard Seed* 2 *Drams*; *compound Piony Water, and Matthias his Spirit of Lavender, of each* 6 *Drams*; *mix all up into an Electuary.*

It conſiſts of ſubtle Parts, is a brisk Medicine, comforts the Stomach, Head, Nerves; recreates the Spirits, and helps ſuch as have a *Tremor*, or are in Danger of a Palſy.

A Splanchnic Electuary.

Take Conſerve of Roman (or Sea) Wormwood, and of Scurvy-graſs, each 2 *Ounces*; *candy'd Elecampane Root half an Ounce*; *Powder of Arum compound* 3 *Drams*; *long Pepper, Salt of Wormwood, each half a Dram*; *Syrup of Fumitory* 1 *Ounce*; *mix.*

It has the ſame Virtues with the *Splanchnic Decoction*, only 'tis hotter. The Doſe 2 or 3 Drams twice a day.

A Sto-

A Stomachic Electuary.

Take Conſerve of red Roſes, and Roman Wormwood, each 1 *Ounce and half*; *Conſerve of Mint, of yellow Orange-peel, green Ginger, Venice-Treacle, each half an Ounce*; *ſometimes I add long Pepper* 24 *Grains*; *Oil of Cinnamon* 4 *Drops*; *Oil of Cloves* 2 *Drops*; *Syrup of Quinces ſufficient to make it up*; *mix.*

When we would have Electuaries (or Powders) remain a good while in the Stomach, it's beſt to give them alone, without a Liquid Vehicle, and permit no Sort of Drink that may waſh them off in an Hour after. Upon this Account alſo, it's requiſite that ſuch Electuaries be made of a grateful Taſte, and ſoft Conſiſtence, that they may be the better ſwallow'd down.

It corrects the Coldneſs, Crudity, and Laxity of the Stomach; breaks off Wind, reſtores Appetite, helps Digeſtion, cures Vomiting.

Let the Quantity of a Walnut be taken an Hour before Meals for an Appetite, and juſt after Meals for Digeſtion.

A Styptic Electuary.

Take Conſerve of red Roſes 3 *Ounces*; *Aſtringent Crocus of Mars* 3 *Drams*; *Sugar of Lead* 1 *Dram*; *Syrup of Quinces (or of dry'd Roſes) half an Ounce*; *mix.*

It ſtays immoderate Flux of the *Menſes*, and all inward Hemorrhages. The Doſe half an Ounce.

A Sulphurate Electuary.

Take Conſerve of red Roſes 2 *Ounces*; *Balſam of Sulphur Terebinthinated* 1 *Dram*; *mix.*

It reſiſts Putrefaction, mundifies, conſolidates, dries, roborates, and tempers Acids; is uſed for Defluxions into the Breaſt, Cough, and beginning Conſumption: But when a Hectic is once begun, Sulphureous Medicines are too hot, and muſt be forborn. And ſome forbid Balſam of Sulphur in a Conſumption, where there hath been a Breach in the Lungs, and Spitting of Blood. The Doſe 2 Drams, twice or thrice a Day.

An Electuary of Tamarinds.

Take Pulp of Tamarinds, Extract of Caſſia, of each 6 *Drams*; *Manna (diſſolved over the Fire in Roſe Water, ſtrained, and evaporated to the Conſiſtence of Hony) an Ounce and half*; *Senna powdered* 2 *Drams and half*; *Cream of Tartar half a Dram*; *Syrup of Violets as much as requiſite: Mix all up into an Electuary.*

It's a gentle Laxative for Children, ancient People, and ſuch as are weak.

An Electuary of Tartar.

Take good Cream of Tartar, (not adulterated with Allum) Naples Bisket, of each half an Ounce; powder and ſift both, then add Oil of Vitriol 8 Drops; and Syrup of Violets as much as needful; beat all up into an Electuary.

Angelus Sala is very liberal in his Commendations of Tartar; ſaying, It refreſheth the Tongue when parched and dry, extinguiſheth Thirſt, repreſſeth the Fervor and Ebullition of Bile, reſtores Appetite, quieteth Pain of the Stomach, attenuates, and diſſolves viſcid, clammy, and mucilaginous Humours; opens Obſtructions of the interiour *Viſcera*, diſſipates Flatus's, incides crude tartareous Humours, and carries them off more commodiouſly, and benignly, than any other Medicament can pretend to do.

And he relates of himſelf, that when he was often, and moſt miſerably racked with the Cholic, and could not be freed from it by any other Medicines, he took 6 Drams of Powder of Tartar, by which he was purged, and releaſed from his Torture; and at length, by many Repetitions of the ſame, entirely cured.

A Terebinthinate Electuary.

Take Conſerve of red Roſes 4 Ounces; Oil of Turpentine 80 Drops; mix.

It's

It's an excellent uſeful Thing for a Cough that is cauſed by thick Phlegm impacted in the Lungs; for purulent Exulcerations, where there is no great Hectic Fever; as alſo to deterge the Reins, and enforce Urine. Doſe 2 or 3 Drams twice a Day.

An Electuary for the Thruſh.

Take true Bole, Sugar Penids of each an Ounce; reduce them to fine Powder, and with freſh Butter (waſhed in Roſe Water) two Ounces; mix all up.

Let the quantity of a Filbert be often held in the Mouth, and ſwallowed by little and little.

An Electuary with Turmeric.

Take Conſerve of Celandine-leaves 1 *Ounce; powder'd Turmeric half an Ounce; Trothes (or rather dried Fleſh) of Vipers* 3 *Drams; Rhubarb, Saffron, each half a Dram; Syrup of Fumitory as much as ſuffices; mix.*

It revives the Ζύμωσις of the Blood, adds freſh Vigour to the depreſſed volatile Salt; ſtimulates, and gives Motion to the Bile ſtagnating in the Liver, and ſo happily cures the Jaundice. Doſe the Quantity of a Walnut, twice a Day, with a Glaſs of white Wine after it.

1. An Electuary of Zedoary.

Take powder'd Zedoary 1 *Ounce; Balſam of Peru* 1 *Dram,* 1 *Yolk of an Egg; Spirit*

of Lavender compound 2 *Drams*; *Syrup of Piony* 3 *Ounces*; *mix.*

It's for the Cholic.

2. An Electuary of Zedoary.

Take Conſerve of Marjoram 6 *Drams*; *Balſam of Peru* 2 *Drams*; *powder'd Zedoary* 1 *Ounce*; *Diacodium* 2 *Ounces*; *mix. You may add upon occaſion Long Pepper* 16 *Grains.*

It's helpful in a Cholic Fit, and may be given after Way made through the Inteſtines by Cathartics: But its main Uſe is for Prevention of an habitual Hyſteric Cholic, where the Stomach and Guts are cold, lax, and weak. The Doſe 2 Drams twice a Day, at a good diſtance from Meals.

A Cardiac Eleoſaccharum.

Take Oil of Cinnamon 6 *Drops*; *Saffron, Muſk, Ambergriſe, each* 3 *Grains*; *white Sugar* 1 *Dram and* 15 *Grains*; *make it into a Powder to be divided into* 6 *Doſes, and given in a fitting Vehicle.*

For the proof of diſtilled Oils, put a Drop or two into a Silver Spoon; and hold it over hot Coals; or the Flame of a Candle: If then the Oil quickly fly off clean, and leave no greaſineſs behind, you may conclude it's not adulterated with expreſſed Oil, or any ſort of Fat.

An Anodyne Elixir.

Take Camphire, Myrrh, Saffron, each half an

an Ounce; *Contrayerva Root*, *Cloves*, *each* 1 *Ounce*; *Opium* 2 *Drams*; *Spirit of Wine rectify'd without Heat* 20 *Ounces*; *Digeſt in a Dunghil* 6 *Weeks*, *then decant the clear Liquor for Uſe.*

It's one of the beſt Medicines to cure Cholick and Nephritic Pains; it reſiſts Poiſon, cauſeth Sweat, and is much eſteem'd at *Leyden*, ſaith Dr. *A.*

The Doſe is from 5 to 20 Drops in a fitting Vehicle.

A Cathartic Elixir.

Take Senna 6 *Drams*; *Rhubarb* 2 *Drams*; *Liquorice* 1 *Dram and a half*; *Anniſeed*, *Carawayes*, *each* 1 *Dram*; *Cochineal* 1 *Scruple*; *Saffron half a Scruple*; *Brandy* 12 *Ounces*; *Aqua Mirabilis*, *Cinnamon Water*, *each* 2 *Ounces*; *after due Infuſion*, *ſtrain and add Syrup of Roſes ſolutive* 2 *Ounces*; *mix.*

I account of this as the beſt I ever met with of this kind. The Doſe is 2 Spoonfuls at Night, and 3 the next Morning, or elſe 5 or 6 Spoonfuls in the Morning only.

An Elixir with Cloves.

Take Elixir Proprietatis tartariz'd, *Matthias his Spirit of Lavender*, *of each half an Ounce*; *Cloves bruiſed* 1 *Dram and* 4 *Grains*; *Cochineal* 8 *Grains*; *Grains of Paradiſe* 48 *Grains*; *let all ſtand* 3 *Days cold*; *then ſtrain.*

The Doſe is 15 or 20 Drops in a Glaſs of white Madera, Mountain, or Sherry Wine.

A Stomach Elixir.

Take Elixir Proprietatis tartarized three Drams; Oil of Cloves, Nutmeg, each 6 Drops; Oil of Mint 2 Drops; Oil of Wormwood 1 Drop; mix.

The Doſe is 15 or 20 Drops in a Draught of Sack, or Sherry Wine, in the Morning.

A Stomach Elixir with Cinnamon.

Take Elixir Proprietatis tartarized three Drams; Oil of Cinnamon 12 Drops; mix.

The Doſe is 15 or 20 Drops in a Glaſs of Wine.

A Volatile Elixir.

Take Spirit of Lavender according to Matthias 2 Drams; Tincture of Benjamin half a Dram; Spirit of Salt Armoniac a Dram and half; mix.

It refreſheth the Spirits in ſick Fits, and Hyſteric Faintneſs. The Doſe is 20 or 30 Drops in an appropriate Vehicle.

Emetic Forms.

Take luke-warm Water 1 Pint; Oil of Olive (or of ſweet Almonds) 4 Ounces; mix for a Draught.

Take green Tea half an Ounce; boil it in Water (or Ale) from 1 Pint to half a Pint for a Draught.

Take

Take Oxymel of Squills 6 Drams; Salt of Vitriol 4 Grains; mix for a Child 6 Years Old.

Take Oxymel of Squills 3 Ounces; drink it in a Draught of Poſſet.

Take Oxymel of Squills 1 Ounce; Salt of Vitriol 15 Grains; Infuſion of Crocus Metallorum 3 Drams; mix.

Take Oxymel of Squills 2 Ounces; Salt of Vitriol 1 Dram and half; Cinnamon Water 2 Ounces; mix, and let 2 or 3 Spoonfuls be taken twice or thrice an Hour, as long as Vomiting is deſir'd to be continu'd.

Take Oxymel of Squills, Oil of ſweet Almonds, each 4 Ounces; let 2 Ounces be taken, and repeated till it operate.

Take Groundſel 1 Handful and half; Currants half a Handful; Anniſeed (added at laſt) 2 Drams; boil in Ale 12 Ounces to half a Pint, for a Draught.

Take inner Rind of Elder 2 Handfuls; boil in Milk and Water, each half a Pint, till half be evaporated, and ſtrain it out for 1 Doſe.

Take green Aſſarabacca from 5 Leaves to 9; bruiſe and pour on them Ale (or white Wine) 3 Ounces; let them ſtand together cold an Hour, and then ſtrain and ſqueeze out the Liquor for a Doſe.

Take Emetic Tartar from 1 Grain to 5 or 6.

Take Emetic Wine (prepared with Crocus Metallorum, and Glaſs of Antimony in white

Wine) from 20 *Drops (which Doſe I have known given to a ſmall Infant) to* 6 *Drams,* 1 *Ounce, or* 10 *Drams.*

Take powder'd Root of Ipecacoanna, from half a Scruple (for a Child) to half a Dram, 2 *Scruples, or (at moſt for a grown Man,)* 1 *Dram.*

It were to be wiſhed, that young Practitioners (for whoſe Sake I compil'd this *Pharmacopœia)* would be very cautious in the Uſe of, or rather would wholly forbear, the following Emitics.

Tobacco Leaves.
All the ſorts of Spurges.
White Hellebore.
Glaſs } *of Antimony* } *in Subſtance.*
Regulus }
Crocus Metallorum }
Turbith Mineral.
Sulphur of Antimony.
Flowers of Antimony.
Aurum Vitæ.
Mercurius Vitæ, which hath been called *Mercurius Mortis.*
Hercules Bovii.

The Arabic Emulſion.

Take Gum-Arabic 1 *Ounce; bruiſe and boil it in fine Barley Water* 1 *Quart, till it be wholly diſſolved; with this Solution, and Mallow Seed, white Poppy Seed, and ſweet Almonds blanch'd, each half an Ounce; make*

an

an Emulſion according to Art; to which add Sugar of Lead 16 *Grains, Syrup of Marſh Mallows* 3 *Ounces; mix.*

In any Scalding of Urine, cauſed either by Acrimony of the Blood, or by Epiſpaſtics, or gravelly Sand, it's a preſent Remedy. The Doſe 4 or 6 Ounces, two, three, four, or more times a day.

An Aſthmatic Emulſion.

Take Millepedes alive 120; *bruiſe them in a Marble Mortar, pouring on them by little and little, Penny-Royal Water* 6 *Ounces; in the Liquor ſtrongly expreſſed diſſolve Gum Ammoniac* 3 *Drams; ſtrain and put to it Tincture of Benjamin* 3 *Drams.*

The Doſe is a Spoonful in a Draught of Pectoral Decoction ſeveral times a day.

A Balſamic Emulſion.

Take Balſam of Tolu 6 *Drams; decoct it in fine Barley Water* 3 *Pints to* 1 *Quart; when it's cold, ſtrain it, and adding ſweet Almonds blanch'd* 6 *Drams, Balm of Gilead* 16 *Drops, white Sugar* 1 *Ounce, make an Emulſion according to Art.*

It's a fit Preſcription for conſumptive Perſons; for it ſoftens down harſh Juices, comforts the Lungs, diſcuſſes crude Tubercles, corrects Putrefaction, and makes the Parts ſound.

Give

Give a Draught of 4 Ounces four times a day.

Bunner's Emulsion.

Take Gum Ammoniacum 1 *Dram and a half; having dissolv'd it cold in a Mortar, in Hyssop Water,* 4 *Ounces, and Rhenish Wine* 2 *Ounces, strain it out for* 2 *Doses.*

In an Asthma it's accounted an extraordinary and never-failing Remedy, and puts off the suffocating Fit so effectually, that I have not seen a better, saith the Author. *Consil.* 34.

A Cathartic Emulsion.

Take Rosin of Scammony, (or Scammony powder'd fine) half a Scruple, or as much as suits the Patient's Constitution; Yolk of Egg 2 *Drams; white Sugar* 1 *Dram; Damask Rose and Barley, Cinnamon Water, each* 6 *Drams; mix for* 1 *Dose.*

This Rosin is wont to be faulty upon two Accounts; either it will not dissolve in the Body, but be cast out again unaltered, without causing any Purgation at all; or it will stick in the Folds of the Ventricle, and Intestines, so as to work ruggedly, and cause Sickness at Stomach, Vomiting, Gripes, and Hypercatharsis: But thus broken into its minute Particles, and divided, and kept asunder by the Admixture of the Yolk, it's perfectly cicurated, and useth to do its Business effectually, and safely enough.

Dr. *Jones*

Dr. *Jones* (of *Opium*, p. 297.) when Roſin ſticks at Stomach, for Remedy, giveth *Sal. Tart.* a Scruple in a Spoonful or two of Brandy, and repeats the ſame often: He alſo commends Yolks of Eggs and Soap.

A Common Emulſion.

Take ſweet Almonds blanch'd, Cucumber, and white Poppy Seeds, each half an Ounce; refined Sugar 1 *Ounce; beat theſe all together in a Marble Mortar, till they are almoſt like Paſte; then adding fine Barley Water, by little and little, a Quart, make an Emulſion, according to Art; which ſtrain and ſqueeze out, thro' a linen Cloth.*

If the Sugar be thus beaten in with the Almonds and Seeds, it will fetch out their oily Part, and make the Emulſion the whiter and better.

The Uſes of this are great and many, 1. For Heat, Eſtuoſity, Eroſions of the Stomach, and Thirſt. 2. For Fervors and Tortors of the Bladder, ſcalding Urine, and *Gonorrhœa*. 3. For Ebullition and Acrimony of the Blood in inflammatory Fevers, Pluriſies, Rheumatiſm, Watchings, and *Delirium*. 4. To ſupply and reſtore *Serum*, when deficient in an ardent and in Hectic Fevers, the Body being parch'd and dry'd up; ſummarily to lenify, ſupple, refrigerate, and humect.

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precipitate their lacteous Substance, therefore its againſt rules of Pharmacy to preſcribe in Emulſions, Syrup, or Juice of Lemons; Spirit of Vitriol, Sulphur, or any of that kindred.

Let the Patient take a full ſatisfying Draught at Pleaſure: If the Stomach be very tender and weak, or if there be a Diarrhœa, let it be given warm.

A Cordial Emulſion.

Take Epidemial and compound Piony Water, each 4 Ounces; Citron Seeds half an Ounce; make an Emulſion, to which (when ſtrained) add Sugar of Pearl 3 Drams; Oil of Nutmeg 1 Drop; mix.

In malignant Fevers, let the Sick take 2 or 3 Spoonfuls twice or thrice a day.

A Diuretic Emulſion.

Take freſh gather'd Nettle Roots 4 Ounces; boil them in Spring Water 3 Pints to 2 and a half; to the ſtrain'd Liquor add Seeds of Nettles half an Ounce; Parſley 1 Ounce; Anniſe, Muſtard, of each 2 Drams; infuſe hot 4 Hours; ſtrain without ſqueezing; with 28 Ounces of it, and ſweet Almonds, Melon, Gromwel, white Poppy Seeds, of each half an Ounce, white Sugar an Ounce and half, make an Emulſion according to Art; to which add Radiſh Water compound 4 Ounces; Egg Shell, ground to an impalpable Alcohol half an Ounce; mix.

An

An Edulcorating Emulsion.

Take Gum Arabic 3 *Ounces*; *dissolve it over the Fire in limpid Barley Water a Quart*; *when it's cold, add Crabs Eyes prepared by Levigation and Lotion an Ounce and half*; *double refin'd Sugar* 2 *Ounces*; *Oil of Nutmeg* 2 *Drops*; *mix.*

The said preparation of Crabs Eyes is this, beat and grind them well in a (not Brass, but) Marble Mortar; pour fair Rain Water upon them; stir all together, so as to make it a Turbid and Milky Liquor; then having let it stand quiet a very little while, that the grossest part may subside, decant the white Water into a large Earthen Vessel.

Then grind (with the Pestle) the Crabs Eyes again, pour on more Water; mix well, let the gross part sink, and decant the pure white into the same Vessel.

These Operations repeat, till you have gotten all the fine part of the Crabs Eyes together in the Earthen Vessel.

Cover the said Vessel with a Cloth to keep the Dust; set by till all the Powder be clean fallen out of the Water, and subsided to the bottom.

When the white ground is pretty firmly settled, gently pour off the clear Water, take out the Sediment, spread it in Earthen Dishes; when it is dry enough make it up into Balls, which dry and keep in Glass Bottles for use.

After

After this manner may all Teſtaceous, and Cretaceous Subſtances be prepared, and rendred fine to any degree deſired; yea much more exquiſitely fine, than they can by Levigation alone.

This is good in Heart-burning (ſo called) and Strangury.

An Emulſion with Harts-horn.

Take Decoction of burnt Harts-horn (not clear but white) 1 *Quart*; *ſweet Almonds blanch'd, white Poppy Seeds, each half an Ounce*; *make an Emulſion, to which (when ſtrained) add ſtrong Cinnamon Water* 2 *Ounces*; *Oil of Nutmeg* 1 *Drop*; *fine Sugar* 1 *Ounce*; *mix.*

It's uſed with happy Succeſs for conſtant Drink in ſuch Fevers as are accompanied with a ſymptomatic *Diarrhœa.*

Calcin'd Hartſhorn being a mere *Terra damnata*, wholly bereav'd of all Salts, muſt needs, as it boils in Water, imbibe the Salt of that Water, and leave its Pores empty and eſurient: And then that eſurient Water taken into our *Viſcera* and Veſſels, will greedily ſuck into it whatſoever Salts it finds, and will carry them out of the Body with it. And (as I judge) this is the Manner how it correcteth the Ventricle and Inteſtines, and edulcorateth the Blood and Juices.

Dr. *Mayow (de Thermis Bath.* 264.) lends us ſome Light in this Matter, ſaying, If Salt of Tartar

Tartar be mix'd with Spring Water, a Precipitation follows, and it turns white; which is a certain Proof that Spring Waters have an Acid Salt in them.

Tachenius on the contrary (as you may ſee in Juniper Water compound) will have it, that Spring Waters contain an *Alcali*. Now if theſe two Authors ſpeak of Spring Water in general, they are both wrong: for its undeniably certain, that ſome Waters are impregnated with *Acid*, and others with *Alcaliſate* Salts.

An Hyſteric Emulſion.

Diſſolve cold in a Mortar Aſa-fœtida 2 Drams, in Black Cherry-Water half a Pint, and ſtrain.

It's an excellent *Euporiſton* in Hyſteric Fits or Faintings. The Doſe a Spoonful.

A Pacific Emulſion.

Take white Poppy Seed 2 Drams; 1 ſweet Almond blanch'd, with red Poppy Water 3 Ounces and half, make an Emulſion; to which add Mint Water 1 Dram; Diacodium 3 Drams; for a ſingle Doſe.

It ſooths up and compoſeth to Quiet the mad raging Spirits, and perſuadeth Sleep: It's more temperate than *Laudanum*, and lieth not ſo heavy on the Stomach as *Diacodium*.

An Emulsion of Piony.

Take Piony and white Poppy Seeds, blanch'd Almonds, each half an Ounce; fine Loaf Sugar 1 *Ounce; Oil of Nutmeg* 2 *Drops; when they are well beaten together, add by degrees, black Cherry Water* 1 *Quart; make an Emulsion according to Art; to which, when strain'd, add compound Piony Water* 2 *Ounces; mix.*

N. B. After this manner may any Chymical Oil be commodiously mix'd up, and made fit to take: Or it may be done with the help of Yolk of Egg, as in the *Juniper Mixture*, which see.

It's given for the Epilepsy, and all Convulsive Diseases, but is especially of egregious Use in Fevers with Head-Ach, frightful Dreams, Snatching of the Tendons, *&c.*

The Dose from 2 to 4 Ounces every eighth or sixth Hour.

A Stypticc Emulsion.

Take Comfrey Root, cut into thin Rundles, 4 *Ounces; boil it in Water* 3 *Pints to* 1 *Quart; strain out the Liquor, with which and sweet Almonds blanch'd, white Poppy and Henbane-seeds, each half an Ounce, white Sugar* 1 *Ounce, make an Emulsion, and dissolve in it Salt Prunel* 1 *Dram; Sugar of Lead* 1 *Scruple.*

It refrigerates, contempers, and incrassates the Blood; closeth up the Mouths of the Vessels,

Veſſels, pacifieth the unquiet Spirits, and is a uſeful thing to ſtay Bleeding at the Noſe, Spitting of Blood, Flux of the Hemorrhoids or *Menſes*. The Doſe 4 Ounces twice a Day.

A Variolose Emulſion.

Take ſweet Almonds blanch'd; Seeds of Melons, Cucumber, white Poppy, of each 2 Drams; double refined Sugar half an Ounce; when all are ſufficiently beaten up in a Marble Mortar, pour on by degrees Gelly of Hartſhorn and Ivory (made without Juice of Lemons) 4 Ounces; Alexiterial Milk Water 12 Ounces; ſtrain and wring it out ſtrongly, then add Epidemial, and Cinnamon Water, of each an Ounce; Diaphoretic Antimony rightly prepar'd 2 Drams; mix.

The Doſe is 6 or 8 Spoonfuls.

An Aluminous Epithem.

Take burnt Allum powder'd half an Ounce; Nutmeg 1 Dram; Honey of Roſes as much as ſufficient to make it of the Conſiſtence of an Ointment, which ſpread upon Paper, and bind upon that Side of the Face that is in Pain, with a convenient Cloth.

The Tooth-Ach is entitled to it, and it hath place when the Cauſe is not a hollow, rotten Tooth, but a ſharp Rheum affecting the whole Jaw, and one Side of the Face, which bringeth a Conflux of Humours, and an Inflammation; for it repels very powerfully.

An Anodyne Epithem.

Take Brandy 4 *Ounces*; *Camphire half a Dram*; *Opium* 2 *Drams*; *diſſolve.*

It comforts the Nervous Parts, by its Warmth; appeaſeth the raging Spirits; penetrates deep; ſets open the Pores; attenuates; diſſipates; obtunds the dolorifick Matter, and drives it off by *Diaphoreſis*. It may be of uſe in an Iliac Paſſion.

Avicenna's Epithem.

Take Wood-Aſhes 2 *Ounces*; *Vinegar* 8 *Ounces*; *make a Lixivium*; *into which ſtrained, dip Linen Cloths*; *wring them out, and lay them over the Head.*

This is deſign'd for cold Maladies of the *Pericranium.*

An Epithem of Calx.

Take Calx 2 *Ounces*; *thin Honey as much as ſufficient to bring it to the Conſiſtence of an Unguent, to be ſpread upon Leather, applied to the Part affected, and renew'd as often as it grows dry.*

It muſt be mingled with Care and Artifice, (eſpecially if the *Calx* be new calcin'd and unſlack'd) otherwiſe 'twill riſe into Bubbles, and grow into Lumps. I have ſometimes added common ſoft Soap.

It's a notable Experiment, and well proved, againſt fix'd Scorbutic Pains and Joint-Rheumatiſms.

matiſms. I never offer'd at it in the true Gout, but am of Opinion 'twould be very available; and it may be the ſafer ventur'd upon, becauſe it doth not repell. It's a good Thing to lay on Chilblains that are not broke. It's almoſt a Cauſtic.

A Cordial Epithem.

Take Queen of Hungary's Water 6 Drams; compound Spirit of Lavender, Spirit of Saffron, each 2 Drams; Apopleptic Balſam 1 Scruple; Oil of Cloves 10 Drops; mix.

It's a proper Preſcription againſt Swooning Fits, and Palpitation of the Heart; but is not agreeable to Hyſteric Women, becauſe of its Perfume, which few of them can bear.

An Epithem of Sugar of Lead.

Take Vinegar half a Pint; Sugar of Lead 1 Ounce; diſſolve.

Fold a Linen Cloth, dip it into this Liquor, apply it abſolutely cold to the Region of the Heart; and as often as it waxeth warm, repeat it cold again.

'Twas communicated to me by an eminent Phyſician, as a miraculous Experiment againſt Bleeding at the Noſe: He told me, 'twill at firſt (by reaſon of its Cold) ſtrike the Patient into a little quaking and ſhaking like the Horror of an Ague Fit; and in a ſmall time after, let the Flux of Blood be never ſo pouring, 'twill moſt certainly ſtop it.

A Saponaceous Epithem.

Take the Spirit that comes over firſt in the Diſtillation of Magiſtral Worm Water ſix Ounces; Spirit of Scurvy-Graſs 2 Drams; Spirit of Salt Armoniac 6 Drams; Venice Soap ſcraped thin 1 Ounce and half; Camphire 6 Drams; Opium 1 Dram; Saffron half a Dram; give it due Digeſtion, and then decant the clear.

It mightily relieves and ſuccours Gouty People, where it proves not too hot; for it roborates the Part affected without any manner of Repulſion, ſtreightens our painful Criſpations of the Fibres, appeaſes wild rioting Spirits, ſheaths up ſharp Points of Salts, diſſipates dolorific *Ichor*, and draws it off by Tranſpiration.

John Conrade Rhumelius hath given us the following pretty conciſe Preſcript, which I ſuppoſe this was meant to be an Improvement of.

Take Venice Soap 2 Ounces; Camphire from 2 Drams, to half an Ounce; Spirit of Wine as much as needs; give it due Digeſtion, then having ſeparated it from its Fæces, keep it for Uſe, and let it be applied to the pain'd Part with Linen Cloths.

A Stomach Epithem.

Take Spirit of Wine Camphorated 4 Ounces; Andromachus his Treacle 2 Drams; Oil of

of Cloves 16 *Drops*; *Oil of Nutmegs* 8 *Drops*; *Oil of Mint* 4 *Drops*; *Oil of Anniſe, and Wormwood, of each* 2 *Drops*; *mix.*

This is good againſt Coldneſs, Laxity, and Pain of the Stomach; as alſo againſt Nauſeouſneſs, and Vomiting.

A Chymical Errhine.

Take Turbith Mineral half a Scruple; *Powder of Liquorice half a Dram*; *Nutmeg* 1 *Scruple*; *Oil of Roſemary* 2 *Drops*; *make it all into a Powder, to be ſnuffed up into the Noſe in a very ſmall Quantity.*

Errhines are to be us'd chiefly in the Morning, but (if need be) at any other Time alſo: They draw out of the Head and Noſe abundance of Water, *Mucus*, and viſcid Phlegm, and are pertinently preſcrib'd againſt ſuch Illneſſes of the Head, as are caus'd by tough, clammy Matter, and have been of long Continuance and contumacious, ſuch as gravitative Head-Ach, Palſy, and drowzy Diſtempers.

This of Turbith is wonderfully powerful, brings off eſpecially thin *Lympha* (as though it raiſed a Salivation thro' the Noſe) ſo plentifully and ſtreamingly, that none can imagine it who hath not ſeen it: But if repeated too often, 'twill fret the Membrane of the Noſtrils, and make it ſore; therefore, after every time of uſing it, it would not be amiſs to ſnuff up warm Milk or Oil.

A Deterging Errhine.

Take Decoction of Mother of Thyme 5 *Ounces*; *Antiphthiſic Tincture* 1 *Ounce*; *Tincture of Benjamin half a Dram*; *mix.*

An Errhine of Elaterium.

Take powder'd Elaterium 4 *Grains*; *Langius's Water* 1 *Ounce*; *Oil of Nutmeg* 2 *Drops*; *mix.*

Make Tents of Tobacco Leaves, dip them in this Mixture, thruſt them up the Noſe, and let them there continue as long as they can be endur'd.

An Errhine of Euphorbium.

Take powder'd Euphorbium half a Scruple; *white Wine* 1 *Ounce*; *Spirit of Scurvy-graſs* 2 *Drams*; *Oil of Marjoram* 2 *Drops*; *mix.*

Dip Cotton into it, and having ſhaped it fitting, put it up the Noſtrils.

Ludovicus (*Pharmac.* p. 147.) decocts *Euphorbium* half a Dram in Water half a Pint; then ſtrains out, and uſes it ſparingly, becauſe 'tis corroſive and ſemi-virulent.

An Errhine of Juices.

Take Leaves of Honey-ſuckle 4 *Handfuls*; *Primroſe* 3 *Handfuls*; *Betony* 2 *Handfuls*; *Marjoram* 1 *Handful*; *ſtamp theſe, and ſtrain out their Juice.*

Put

Put ſome of it in the Palm of your Hand, and ſnuff it up two or three times, or let it be blown up with a Quill, or Tobacco Pipe.

A ſolid Errhine.

Take Confect. Hamech, powder'd Scammony, each 2 *Drams*; *Euphorbium* 16 *Grains*; *make it into a Maſs like Paſte, out of which form longiſh Pellets to be thruſt up the Noſe, and to be there kept an Hour with a Muffler.*

A Vitriolic Errhine.

Take Marjoram Water (or Tea made with Marjoram) 1 *Ounce*; *diſſolve in it Salt of Vitriol half a Scruple.*

Ettmuller takes white Vitriol 2 Drams, Water 8 Ounces, diſſolves, and lets it ſtand to precipitate.

Sometimes he allows but 2 Scruples to 8 Ounces; but if it be too ſtrong, it may eaſily be weakened to any Degree with Water.

'Tis one of the beſt Errhines to bring away *Mucus*, and plenty of Rheum: And if it be made mild, it may be uſed to new-born Babes, when their Noſtrils are ſtopt.

A Citrine Eſſence.

Take Tincture of Salt of Tartar a Pint; *Powder of Roſinous Jalap* 2 *Ounces*; *Cloves* 32 *Grains*; *Saffron* 16 *Grains*; *infuſe warm and cloſe* 4 *or* 5 *Days.*

The Doſe of the filtred Eſſence is from 2 Drams to half an Ounce.

A Cordial Hyſteric Eſſence.

Take Oil of Cloves 30 *Drops*; *Oil of Amber* 6 *Drops*; *Oil of Anniſeed* 4 *Drops*; *mix.*

Or to theſe may be added *Spirit of Salt Armoniac* 2 Drams.

After the ſame manner may be contriv'd of Chymical Oils infinite other Eſſences, Stomachic, Carminative, Cephalic, Diuretic, *&c.* according to the various Intentions of the Preſcriber.

Let 3 Drops be taken dropt on a Lump of Sugar, or Sugar-Cake, or in Beer, Wine, or other appropriate Vehicle.

Aſthmatic Expreſſion.

Take live Millepedes 128; *bruiſe them in a Marble Mortar, adding Waters of Hyſſop* 4 *Ounces*; *of Penny-royal* 2 *Ounces*; *of Piony compound* 1 *Ounce*; *in the ſtrained Liquor diſſolve Gum Ammoniac* 32 *Grains*; *ſtrain again, and add Tincture of Benjamin* 2 *Drams*; *Syrup of Balſam* 1 *Ounce*; *Oil of Anniſeed* 1 *Drop*; *Spirit of Salt Armoniac as much as will give it a pretty ſmart Acrimony*; *mix.*

It's to be given a Spoonful at a time in the Paroxyſm.

An

An Expression of Brooklime compound.

Take Brooklime, Water-cresses, Borage, Plantain, each 4 Handfuls; having stamp'd them in a Stone Mortar, and pour'd on them Water 2 Quarts, let them stand cold an Hour; then strain out the Liquor, and drop into it as much Oil of Vitriol as will give it a convenient Tartness: This set by, and when it's settled and grown very clear, decant it, and keep it in glass Bottles for Use.

Thus may be prepared Expressions of Purslain, Nettles, *&c.* And to these may be added *Lap. Hæmatites*, Syrup of Coral, of Meconium, *&c.* according to the present intentions of Cure.

This easy parable, and cheap Expression, hath the same Virtues with the temperate *Scorbutic Expression*, but refrigerates much more.

Among other its Uses, I esteem it a very admirable Thing against Bleeding at the Nose, and Inflammation of the Eyes.

It may be drank to half a Pint twice a day.

An Icteric Expression.

Take Celandine 2 Handfuls; Juniper Berries 1 Ounce; to these well bruis'd, add Saffron (cut small with Scissors) 1 Scruple; white Wine (or Rhenish) 1 Pint; Aqua Mirabilis 2 Ounces; after it hath stood cold 12 Hours, strain out the Liquor, and sweeten it

it with Syrup of the 5 opening Roots 1 *Ounce and half.*

After due Purging (or Vomiting, if needful) give 3 Ounces 3 times a day, till the Jaundice wear off. To this may be added Millepedes 200.

An Expreſſion of Millepedes ſimple.

Take live Millepedes, and white Sugar, each 3 *Ounces, when they are well beaten and mix'd together in a Mortar, add white Wine* 1 *Pint, and ſtrain and ſqueeze out the Liquor.*

Millepedes abound in Volatile Salt (as all Inſects do;) they incide, and diſſolve tough clammy Phlegm whereſoever it ſticks; attenuate, exalt, and depurate the Blood, penetrate into the Glands, Nerves, Fibres, ſmalleſt Pipes and Paſſages, piercing through Obſtructions, deterging, cleanſing, and comforting, and are famous for their Diuretic Quality: They are uſed in Caſes of Gravel, Sand, Dropſy, Jaundice, King's-Evil, Cough, Phthiſic, Conſumption at the beginning, Hypochondriac Affects, Scorbutic Joint-Pains, Dimneſs of Sight. They procure and preſerve a good Skin and fine Complexion, and are much celebrated for an internal Medicine in ſore Breaſts, malign Phagedenic Ulcers, and Cancers.

They ſeem not convenient for ſuch as have hot, thin Blood: And I have heard, (but can't ſay much to it from my own Experience) that

that if they be given at Night in large Quantities, they will occaſion Scalding of Urine; and when they do ſo, the true Remedy of it is Balſam of Capivy.

The Doſe is 3 Ounces every Morning for a long time.

An Iſteric Expreſſion of Millepedes.

Take live Millepedes 100; *Saffron cut ſmall half a Scruple*; *Nutmeg half a Dram*; *white Sugar half an Ounce*; *when theſe are all well beaten up together, pour on the Maſs Celandine (or Cleaver) Water* 4 *Ounces*; *Magiſtral Worm-Water* 2 *Ounces*; *and ſtrain out the Liquor ſqueezing it hard.*

The Title denotes its Virtues: Give half of it in the Morning, and the reſt at 4 in the Afternoon every day.

An Expreſſion of Millepedes for a Chin Cough.

Take live Millepedes cleanſed 2 *Ounces*; *Anniſeed* 1 *Dram*; *Nutmeg half a Dram*; *white Sugar* 1 *Ounce*; *having beat them well and added Penny-royal Water* 6 *Ounces, compound Briony and compound Piony Waters, each* 1 *Ounce, ſtrain it out.*

The ſtrange Obſtinacy of this Diſtemper, calls for an equal Perſeverance in the Uſe of Remedies. Bleeding being firſt performed, give Children a Spoonful after every Fit of Coughing, and give it unweariedly, till the Cough

Cough be conquered at laſt, and quite drove away.

But our famous *Sydenham* ſaith, " What " others may be able to do in this caſe, I know " not; as for my ſelf, I have made uſe of a- " bundance of all ſorts of Medicines and ſtill " loſt my Labour, and at laſt, am firmly per- " ſuaded that this ſort of Cough is ſuperable " by no means but Phlebotomy, and repeated " (and that only gentle) Purgation.

An Expreſſion of Piony.

Take Male Piony Roots, (freſh taken up and bruiſed) 2 *Ounces*; *Miſſelto cut ſmall* 1 *Ounce*; *Canary Wine* 1 *Pint*; *give them a hot and cloſe Infuſion for* 2 *Hours*; *then having wrung out the Liquor, add to it compound Piony Water, and compound Syrup of the ſame, each* 2 *Ounces*; *Tincture of Caſtor* 2 *Drams*; *Oil of Nutmegs* 2 *Drops*; *mix.*

It clarifies and invigorates the Brain and Nerves, and is of Uſe in Convulſive Maladies, Eſſential Head-Ach, Megrim, Vertigo, Palſy, and Hyſteric Affections.

Give 3 Ounces every Night and Morning.

A Pleuritic Expreſſion.

Take green Dandelion 4 *Handfuls*; *bruiſe, and pour on it red Poppy Water* 1 *Pint*; *then ſtrain, and add Salt Prunel* 1 *Dram*; *Crabs Eyes levigated* 2 *Drams*; *Syrup of red Poppies* 3 *Ounces*; *mix.*

It

It gives a Check to the raging Orgaſm of the Spirits, qualifies the Fervor of the rarified boiling Blood, melts down gellied *Lympha*, and provokes Urine.

After needful Bleeding, (without which nothing will ſignify much) let 5 Spoonfuls be given each other Hour.

A Refrigerating Expreſſion.

Take Male Pimpernel 3 Handfuls; Borage 6 Handfuls; Roots of Borage cut into thin Rundles 2 Ounces; Pippins 3; Salt Prunel 2 Drams; white Sugar 1 Ounce and half; ſtamp, and pour on them Meadow Sweet Water 3 Pints; when they have ſtood cold a Night's ſpace, ſtrain out the clear Liquor.

It's dedicated to the Service of ſuch melancholy Perſons, as are of an aduſt, hot, and dry Temperament; for it corrects atrabilarious Blood, qualifies its Ebullitions, tempers flatulent Eſtuoſities of the *Hypochondria*, refrigerates the over-heated Brain, condenſes rarified, and reſtrains boiſterous Spirits, precipitates Salts, and carries them off by Urine.

The Doſe is 6 Ounces twice or thrice a day, for a good long Courſe of Time.

A Roſaceous Expreſſion.

Take the ſofteſt, free, white Chalk pow-der'd 2 Ounces, Bole Armoniac 1 Ounce; boil in Water 3 Quarts to 1 Quart; ſet it by to ſubſide; then having decanted the clear, put into

into it Conſerve of red Roſes 6 Ounces; digeſt warm for 12 Hours; and ſo run it thro' a ſtraining Bag, till it be clear.

This is truly a preſent and truſty Remedy for ſuch a *Diarrhœa* as ought to be ſtopp'd, whether it proceed from Acrimony and Fermentation of Humours, or Weakneſs and Slipperineſs of the Guts, either with or without Gripes. If any find it too cold for them, it may eaſily be holp, with Cinnamon-Water, or Venice-Treacle.

The Doſe is 6 Spoonfuls twice, thrice, or oftener, a day, as the Caſe ſhall require.

A Scorbutic temperate Expreſſion.

Take Brooklime, Water Creſſes, Dandelion, Cleavers, each 4 Handfuls; Oranges cut to pieces with their Peel 4; ſtamp and add white Wine, Elder Flower Water, each 1 Pint; when they have ſtood a while, ſtrain out the Liquor, which when clear pour off, and ſweeten with Sugar to make it palatable.

It's very advantagious for thoſe Scorbutic People that are of a hot Conſtitution, and apt to be troubled with Erratic Fluſhings, Hectic Heats, and Waſting of Fleſh. Let 4 Ounces be drank twice a day.

A warm Scorbutic Expreſſion.

Take Scurvy-graſs, Water-creſſes, Brooklime, Celandine, each 4 Handfuls; to theſe, when ſtamp'd, add white Wine half a Pint;

Horſe

Horſe Radiſh Water compound, Magiſtral Worm Water, each 4 Ounces; after it hath ſtood an hour, ſtrain out the Liquor, and add Spirit of Scurvy-graſs 2 Drams; white Sugar 2 Ounces, or as much as will make it grateful; mix.

It emulates the Virtues of the hot Scorbutic Ale; (which turn back to) let 4 Spoonfuls be taken thrice a day in a Draught of Ale or Beer.

A Styptic Expreſſion.

Take common Daiſie, Mouſear, Yarrow, Nettles, each 3 Handfuls; having ſtamp'd them, pour on Plantain Water 12 Ounces; after it hath ſtood an Hour, ſtrain it, and add Salt Prunel 2 Drams; Syrup of dry'd Roſes 2 Ounces; mix.

It refrigerateth, tempereth, depurateth, and incraſſateth the Blood; alſo it conſtringeth the gaping, and healeth the wounded or broken Veſſels; and upon theſe Accounts cureth Spitting of Blood, and all Sorts of Hemorrhages.

The Doſe is 3 Ounces twice or thrice daily, till the Cure ſucceed; but Laxatives muſt be interpoſed at due times.

A Pectoral Extract.

Take the beſt Malt can be got (not burnt in drying) ready ground 1 Gallon and a half; Water 2 Gallons; make Ale-Wort according to Art.

To

To this (drawn off clear) add Malaga Raiſins ſtoned and ſhred ſmall half a Pound; Liquorice 2 Ounces; powder'd Japanic Earth 1 Ounce; boil till it come to half a Gallon; then ſtrain it out, and having added Cochineal 4 Scruples, ſet it on a moderate Fire, to evaporate till it come to the Conſiſtence of Honey.

I have often caus'd this extraordinary neat and efficacious Medicine to be prepared, and ever eſteem'd it the more excellent upon this Account, that tho' it be a thick, glewy Sort of Mucilage, yet, by reaſon of its grateful Auſterity, it doth not (like all other Incraſſating Pectorals) relax, and ſit heavy upon the Stomach; but on the other hand, comforts it, and ſtrengthens, and confirms its Tone.

Its Buſineſs is, to moiſten the Membranes of the *Larynx* when parch'd, appeaſe them when irritated, heal them when excoriated: To refrigerate the Glands when over-heated, ſoften them when ſwell'd hard, and conſtringe them when lax and ſpungy: To temper the Acrimony of the *Serum*, incraſſate it when too thin, and reſtrain it when flying out. And ſo, upon theſe Accounts, it's a moſt ſubſtantial and adequate Remedy for a Rheumatick Cough, and Aſperity of the Throat. To be taken like a *Linctus*.

An Anodyne Foment.

Take white Poppy Heads (cut, and bruis'd with

with their Seeds) Dill Seeds, each 2 Ounces; Leaves of Henbane, Hounds-Tongue, common Night-ſhade, Camomile Flowers, each 2 Handfuls; boil in Water 3 Quarts to 2 Quarts, and ſtrain it out.

It explicates the corrugated Fibres, compoſeth enraged Spirits, obtunds acrious Humours, attenuateth Viſcid, and returns Stagnating into the common circulating Chanels.

Let it be uſed very hot, with Flannel Stupes, and repeated as often as Pains grow ſtrong again.

An Arthritic Foment.

Take Oil of Vitriol rectify'd, Spirit of Wine rectify'd, of each a like Quantity; mix theſe artfully, and digeſt in a temperate Heat 10 *Days.*

Infinite Caution ought to be uſed in external Applications to the Gout; as alſo all nervous Affections in the extreme Parts: For if the morbific Matter be thereby diſlodged, and not corrected, nor carried off, it may ſhift to ſome noble Part, the Brain, or Stomach, as ſomewhere it needs muſt.

A certain Baronet's Daughter had a grievous Pain in her Loins, which (upon I know not what external Repellent) flaſh'd ſuddenly up into her Head, and entirely took away her Senſes, and laid her in a ſtrange Sort of Amazement, with a Mixture of Fright and Fury: It alſo ſtruck her as abſolutely blind, as if her Eyes

had been beat out; and tho' ſhe opened, and turned them about freely, and they appeared clear enough; yet when I put a lighted Candle into the very Face of her, ſhe had no Perceivance of it in the leaſt. Dr. *Sloane* was joined with me for her; and upon Means uſed, in three or four Days, the Cloud upon her Brain broke, and by Degrees diſperſed like a Fog in a Sun-ſhining Morning; and ſhe found her perfect Senſes and Sight again, but was aſtoniſh'd at her being, as 'twere, in a new World of Species; for every thing appeared black, and all ſo diſproportionably magnify'd, that ſhe knew Nothing by Sight.

But the Optic Nerves and Ophthalmic Membranes gradually ceaſing to be ſpaſmodically conſtringed, recovered free Paſſage for the Spirits, and regain'd their Natural Tone; and conſequently the Eyes returned to their proper Figure, and juſt Convexity, and then officiated as formerly. But ſhe came not to perfect Health till ſhe had drank the *Bath* Waters, and thereby warmed, and ſtrengthened the whole Nervous Syſtem.

An Aſtringent Foment.

Take Oak Bark 2 Ounces; Pomegranate Peel half an Ounce; Balauſtines, red Roſes dry'd, each 1 Handful; boil in Water 2 Quants to 1 Quart; ſtrain, and add rough red Wine half a Pint; to theſe may alſo be added Allum 2 Drams, or half an Ounce.

It

It corrugates the relax'd Fibres, ſtrengthens their Tone, ſhuts up the External Pores, and ſtraitens the internal Paſſages, hinders the Afflux of Humors, and repels them off: It's good in the Beginning of Inflammations, during the time of Influx, and as long as the Matter is repaſſable: Alſo in OEdematous Tumours, Vomiting, *Diarrhœa*, immoderate Flux of the *Menſes* or Hemorrhoids, Falling out of the Womb or Inteſtines, and in Ruptures, after the putting back of the Guts.

A Foment with Bitters.

Take round Birth-wort Roots 1 *Ounce*; *common Wormwood dry'd, Lavender Cotton, Tanſy, Tops of Savine, each* 1 *Handful*; *Bears-foot half a Handful*; *Coloquintida, Aloes, each* 1 *Dram*; *make a Decoction in Water* 3 *Pints to* 1 *Quart, and ſtrain.*

It's no unuſual thing for Worms to creep into the *Plicæ* of the Inteſtines, and lie and lurk there ſo cloſely and ſecurely, as to elude the Force, not only of altering, but purging Medicines alſo, which ſlip by, and never touch them at all. In this Caſe, Externals (and this Fomentation eſpecially) are exceeding uſeful to diſturb and drive them out of their Dens into the open Ways of the Inteſtines, where Purgers finding them, may kill and expel them by Siege.

Let it be uſed to the Region of the *Abdomen*, with Flannel Stupes hot, before Purging.

A Camphorate Foment.

Take Vinegar 1 *Pint*; *diſſolve in it over the Fire Nitre* 1 *Ounce*; *Camphire* 1 *Dram.*

Apply it quite cold to the Region of the Breaſt, and 'twill marvellouſly ſtop enormous Bleedings at the Noſe. Lay it to the Region of the Pubes and Teſticles, and 'twill put off a drunken Fit.

A Colic Foment.

Take Camomile Flowers 2 *Ounces*; *Juniper and Bay-berries, each* 1 *Ounce*; *Crude Salt Armoniac half an Ounce*; *boil in Water* 3 *Quarts to* 2 *Quarts, adding at laſt Seeds of ſweet Fennel, Caraway, Cummin, and Anniſe bruis'd, each half an Ounce*; *to the ſtrain'd add Brandy* 1 *Pint*; *mix.*

This is uſeful, not only in a Flatulent or Wind-Cholic, but alſo in the terribly torturing bilious Cholic; for when the Pain rages intolerably, as though the very Guts would break, and the Sick is ſo exceſſively coſtive and ſhut up, that even the ſtrongeſt Cathartics cannot work their way through: Then it is that theſe Foments come in to our Aſſiſtance, like Help ſent from Heaven; for by gratifying the Muſcles of the *Abdomen* with a pleaſing warm Irrigation, reviving native Heat, driving off Flatus's, letting looſe the ſpaſmodic Knot, and re-eſtabliſhing due Periſtaltic Motion through the Inteſtines, they happily aſſiſt Purges to do their

their Buſineſs to purpoſe, and break off the Diſeaſe.

A Corroborating Foment.

Take Salt of Tartar half an Ounce; Shavings of Saſſaphras, Guaiacum, of each 1 *Ounce; boil in fair Water* 2 *Quarts to* 3 *Pints; to the ſtrained add Mother of Thyme, Marjoram, Roſemary, Lavender, of each* 1 *Handful; Muſtard Seed half an Ounce; Nutmeg, Mace, of each a Dram and half; Cloves* 1 *Dram; infuſe hot, and cloſe* 2 *Hours; and ſtrain. When you uſe it, you may drop in Spirit of Salt Armoniac enough to make it quick.*

It's to be uſed to the Head, or any Limb that is weak, or in Pain, from a cold Cauſe. After it, the Part may be wrapped up in a Cloth rubbed with Cephalic Liniment, and fumed with the Smoak of Frankincenſe.

A Diuretic Foment.

Take Roots of Smallage 4 *Ounces; Roots of Fennel, Linſeed, each* 2 *Ounces; Herbs Pellitory of the Wall, Mallows, Arſmart, Camomile Flowers, each* 2 *Handfuls; boil in Water* 3 *Quarts to* 2 *Quarts; in the ſtrain'd diſſolve Crude Salt Armoniac (or if you cannot get it, Salt Prunel) half an Ounce; common Soap* 2 *Ounces; mix.*

It's uſed with laudable Succeſs in the cruelleſt Fits of the Stone in the Bladder, accom-

panied, with moſt lamentable Torture and Suppreſſion of Urine: But it doth not operate (as vulgarly believ'd) becauſe it conſiſts of Ingredients that are properly Diuretic, and endow'd with a Specific Gift of expelling; but partly, becauſe it relaxes and recreates (by its ſoft Foment and kindly Warmth) the Muſcles of the *Abdomen* and Bladder, which the Pain and Afflux of Humors had render'd tenſe and rigid; and partly, becauſe (by mildly pricking them up as 'twere, and ſtimulating) it provokes them to fall on a-freſh upon the uſual Buſineſs of Conſtriction.

A Dyſenteric Foment.

Take Oak Leaves green 10 *Handfuls*; *boil them in a cloſe cover'd Pot in ſtrong Wine Vinegar as much as needful for a Foment, with which let the Anus be fomented, and the hot Vapour received up into it.*

This truly is *Rulandus* his Experiment; but (I declare it) I ſhould ſcarce truſt to ſuch a ſlight Remedy alone, in ſo direful, calamitous, and hardly ſuperable a Malady. Howbeit, I am not unwilling to allow it place, provided it put not by the Uſe of other proper Remedies.

A Foment of Elder.

Take green Leaves (or in the Winter Time, inner Bark) of Elder 4 *Handfuls*; *boil in Water* 3 *Pints to* 1 *Quart*; *in the ſtrain'd diſſolve common Soap* 1 *Ounce.*

It's

It's of great Effect and Specific Virtue against an *Eryſipelas*, powerfully ſtopping and ſubduing it. But when the Cuticle is corroded, and the Part raw like a Burn, it will cauſe ſuch ſmarting Pain, that it can ſcarce be endur'd.

An Emmenagogue Foment.

Take Roots of white Briony 4 *Ounces*; *round Birth-wort* 2 *Ounces*; *Zedoary*, *Bay-berries*, *each* 1 *Ounce*; *Herbs Feverfew*, *Mugwort*, *Savine Tops*, *Camomile Flowers*, *each* 2 *Handfuls*; *boil in Water* 1 *Gallon to* 5 *Pints*; *to the ſtrain'd add Brandy* 1 *Pint*; *mix for a Foment*, *to be uſed very hot*, *to the Region of the Abdomen and Pubes.*

It warms and comforts the Parts, breaks open pituitous Obſtructions, attenuates feculent groſs Blood, moves it when ſtagnating, and inclines its Courſe to the Veſſels of the *Uterus*.

A Foment in Flux of the Haemorrhoids.

Take Mullein, *Yarrow*, *Plantain*, *Elder Leaves*, *each* 4 *Handfuls*; *Pomegranate Peel* 1 *Ounce*; *boil in Water and rough red Wine*, *each* 3 *Pints to* 2 *Quarts*; *in the ſtrain'd diſſolve Allum half an Ounce*; *Sugar of Lead* 2 *Drams*; *mix.*

It doth a great deal of good, not only in this mention'd Caſe, but alſo in immoderate Flux of the *Menſes*, *Diarrhœa*, and Beginning of Inflammations; for it wonderfully aſtringeth and repelleth.

A Foment for Pain of the Haemorrhoids.

Take Onions 2 Ounces; Linseed one Ounce; Herbs Henbane, Toad-flax, Yarrow, Mullein, each 2 Handfuls; boil in Water 3 Quarts to 2 Quarts; in the strain'd dissolve Opium 2 Drams; mix and use it luke-warm.

It relaxeth the cruel Tension of the Vessels, obtunds the Acuteness of Pain, melts down and discusses those viscid and grumous Feculencies that lay Obstructions and excite Tumors: And lastly, it repels the Inundation of the Blood.

A Foment for Inflammations.

Take Roots of Marsh Mallow, white Lilly, each 1 Ounce and half; Herbs Mallows, Mullein, Henbane, Flowers of Elder, Camomile, Melilot, each 1 Handful; Seeds of Flax, Fenugreek, each 6 Drams; boil in Water 3 Quarts to 2 Quarts, and strain.

It's Emollient and Anodyne, equals the next following; but the Difference is, it doth not discuss so powerfully.

A Lateral Foment.

Take Marsh Mallow Roots, white Poppy Heads, (cut and bruised with the Seeds) each 2 Ounces; Seeds of Flax, Fenugreek, Cummin, Bay-berries, each 1 Ounce; Mallows, Feverfew, each 3 Handfuls; Camomile Flowers 2 Handfuls; boil in Water 1 Gallon to 2 Quarts, and strain.

It

It mollifies, diſcuſſes, eaſes Pain: Is certainly very helpful in a ſpurious, pituitous, or flatulent Pleuriſy, where the Matter lieth outward, and there's no great Inflammation; for it relaxeth the rigidly tenſe *Fibrillæ*, quieteth the painfully agitated Spirits, attenuateth thick Phlegm, diſcuſſeth vaporous Steams; and as to the noxious Matter collected, it partly returneth it to Circulation, and partly calls it out by *Diaphoreſis*. But in a true, internal, furious Pleuriſy, with bloody Spitting, and ruſhing Afflux of unruly Blood, ſuch a Foment is likely to do more Hurt than Good, becauſe it may increaſe the Afflux, and Inflammation.

An Ophthalmic Foment.

Take dryed white Poppy-heads, (cut, and bruiſed with the Seeds) 2 Ounces; boil in Spring Water a Quart to a Pint; in the ſtrained diſſolve Raſes his white Troches half an Ounce; mix.

You may add a little Allum to it in ſome Caſes.

A Pacific Foment.

Take Vine and Willow-leaves, Lettuce, each 2 Handfuls; white Water Lilly-flowers, red Roſes, each 1 Handful; white Poppy-heads (with the Seeds) 2 Ounces; boil in Water 1 Gallon to 2 Quarts; in the ſtrain'd diſſolve Opium 2 Drams.

Uſe

Uſe it warm with a Spunge to the Temples, Forehead, whole Head and Feet: It deſerves to be employ'd where 'tis not altogether ſafe to give Hypnoticks; namely, in Fevers that rage impetuouſly, with Fervour, and pulſing Pain of the Head, pertinacious Watchings, and Danger of a *Delirium*; for by its ſoft Cheriſhment, kindly Warmth, and temperate Humidity, it humects, mitigates, and appeaſes acrious, boiling Juices, and derives them from the Head, either by Perſpiration or Circulation, and ſo diſpoſeth the weary, worn-out Spirits to Reſt, and procureth placid Sleep.

But in Fevers of a malignant Nature, where the Spirits, by the Venom being oppreſs'd, ſtaggering, ſcarce able to ſuſtain themſelves in orderly Rank and File, and almoſt ſtruck dead, are in danger of falling into Dozing or Convulſions: In this Caſe I adviſe it to be avoided as Poiſon.

Heurnius Method. (Lib. 2. Cap. 7.) prepareth a Somniferous Spunge, which ſee.

A Podagric Foment.

Take Ground Pine, Southernwood, each 4 *Handfuls*; *boil in Water* 3 *Quarts to* 2 *Quarts*; *in the ſtrain'd diſſolve Salt of Tartar, and Salt Armoniac, each* 2 *Ounces.*

It maintains and roborates the Tone of the Part, appeaſes the Irritation and Excandeſcence of the Spirits reſiding in the *Fibrillæ*, and either faſtens upon the Arthritic Salts, draws them

them out, or elſe precipitates and hinders them from dolorific Effervescencies: And (which makes it ſafe) in the mean time repelleth not at all; for Repellents in the Gout are ſometimes moſt exceeding dangerous, becauſe they may drive the morbific Matter to the Stomach or Brain.

A Scorbutic Foment.

Take Ground Pine, Henbane, each 2 *Handfuls*; *Winters Cinnamon half an Ounce*; *Horſe-Radiſh root, Earth Worms, (added at laſt) each* 2 *Ounces*; *boil in Lime-water* 3 *Pints to* 1 *Quart*; *to the ſtrain'd add Spirit of Scurvy-graſs* 2 *Ounces*; *Opium* 1 *Dram*; *mix.*

It's prevalent in fix'd Scorbutic Pains, foraſmuch as it ſuſtains the Tone of the Parts, layeth the weary Spirits to reſt, knappeth off the ſharp Points of the Salts, and forceth the acrid *Ichor* to evaporate either by inſenſible *Effluvia* or Sweat.

A Spirituoſe Foment.

Take Queen of Hungary's Water 6 *Ounces*; *Matthias his Spirit of Lavender, Spirit of Scurvy-graſs, of each an Ounce and half*; *Spirit of Salt Armoniac* 1 *Ounce*; *Camphire* 4 *Scruples*; *Oil of Terebinth* 80 *Drops*; *mix and digeſt.*

It attenuates, diſcuſſes, warms, corroborates; is available againſt Maladies (eſpecially of the membranous

membranous Parts) occaſion'd by pituitoſe Obſtruction, relaxed Tone, or Over-ſtraining of the *Fibrillæ*; it's commendable in the Palſy, Joint-Pains; as alſo in the Cholic, and Iliac Paſſion.

A Splenetic Foment.

Take dry'd Tobacco Leaves 1 *Ounce*; *infuſe warm* 2 *Hours in Water* 2 *Quarts*; *in the ſtrained diſſolve Gum Ammoniac half an Ounce.*

Let the Region of the Spleen be fomented with Flannel Stupes dipt into it, and wrung out as hot as can be endur'd.

A Stomachic Foment.

Take rough red Wine 1 *Pint*; *Brandy, Wine Vinegar, each half a Pint*; *dry'd Wormwood, Mint, each half a Handful*; *Biſtort Root half an Ounce*; *Pomegranate Peel two Drams*; *Cloves, Mace, Nutmeg, Cinnamon, each one Dram*; *Venice Treacle half an Ounce*; *Macerate cloſe in Balneo* 2 *Hours, and uſe the ſtrain'd, as hot as can be ſuffer'd.*

This is indeed a noble Remedy, notably comforting, warming, ſtrengthening, and is uſed with good Succeſs, when the Stomach being grown cold and flaccid, is troubled with *Flatus*, Pain, Queaſineſs, Vomiting, Loſs of Appetite, and ill Digeſtion: It's good alſo in a *Diarrhœa*, *Hypercatharſis*, Dyſentery, *&c.*

A Fo-

A Foment for a Tympany.

Take Nitre 2 Ounces; Salt Armoniac 1 Ounce; Spirit of Wine with a great deal of Phlegm in it 1 Quart; mix and diſſolve in a Glaſs.

Foment the Belly with Flannel Stupes dipt in it twice a Day, for half an Hour at a time, and after Fomentation apply a Cataplaſm of Cow-dung, ſprinkled over with *Album Græcum*; to which may be added our *Apertive* or *Splanchnic Ointment.*

A Frontal with Camphire.

Take Camphire 8 Grains; Vinegar 1 Ounce; red Roſe Water 7 Ounces; diſſolve.

It's uſeful in Watching, Head-Ach, and *Delirium*, in ſuch Fevers as fetch their Original from Fervor and Rarefaction of the Blood, and not from Oppreſſion and Confuſion of the Spirits, as it uſeth to be in malignant Fevers: Which Diſtinction is to be accurately made and obſerv'd.

A Frontal with Maſtich.

Take powder'd Maſtich, Frankincenſe, each 2 Drams; white Chalk, Bean Meal, each half an Ounce; White of Egg well beaten, Oil of Roſes, each 6 Drams; Vinegar as much as needs to make it fit for ſpreading on a Cloth.

It's

It's to be uſed when the Eyes are afflicted with Rheums, and that for Prevention as well as Cure; for it ſticks very faſt, compreſſes, and conſtringes the little *Tubuli*, and internal Paſſages, and ſo hinders the Deflux of Humours: For you muſt know, that the Parts about the Eyes are ſo conſtituted, both by their ſpungy Fabrick and declivous Situation, as to be apt to receive whatever Humour flows down from either the *Pericranium* or neighbouring Muſcles. Yea (which tho' it be wonderful, yet) it's not not unuſual for a Blow upon the Head to ſettle down into a black Eye.

A Frontal with Opium.

Take Breaſt Milk, White of Egg well beaten, each 1 *Ounce*; *Opium* 10 *Grains*; *Camphire* 5 *Grains*; *mix and uſe it to the Forehead cold.*

It hath the ſame Virtues with the *Camphorate Frontal*, unleſs perhaps it refrigerates the Humors leſs, and quiets the Spirits more.

A Roſaceous Frontal.

Take red Roſe-Water 4 *Ounces*; *Vinegar of Roſes* 2 *Ounces*; *Oil of Roſes* 1 *Ounce*; *White of* 1 *Egg*; *mix.*

Let double Linen dipt in this Mixture be laid to the Forehead and Temples cold, and be changed as often as it drieth.

It's

It's a Remedy for very hot pulſing Pains of the Head, Watchings, and *Deliriums*, in ſuch Fevers as are not malignant.

1. A Fume in a Catarrh.

Take Olibanum, Amber, Benjamin, Storax Calamite, Gum of Guaiacum, Balſam of Tolu, each 2 Scruples; reduce all into a coarſe Powder to ſprinkle upon live Coals for a Smoak.

If the Catarrh have brought on an Aſthma, Fumes are to be avoided, for fear of Suffocation. I knew one ſtrangled thus almoſt to Death.

2. Fume in a Catarrh.

Take Gum Guaiacum, Gum of Juniper, Maſtich, Benjamin, Myrrh, Orpiment, each 1 Dram; Cloves 2 Drams; Balſam of Peru 16 Drops; make them into a groſs Powder, to be ſtrew'd on Coals to perfume a Night-Cap with.

A Fume in a Conſumption.

Take Fiſtic Nut Peel, Myrrh, Amber each 2 Drams; Sulphur-vive, Orpiment, each 1 Dram; make all into a groſs Powder, the Smoak of which is to be receiv'd into the Mouth, by the help of a Funnel inverſed.

Willis tells us the Adminiſtration of Fumes, and Vapours in a Conſumption (when it is not yet deſperate) ſometimes does more good, than any

any other Remedy; forasmuch as they enter directly through the Wind-pipe, and reach the Lungs, and by immediate contact cleanse, dry, warm, correct Putrefaction, corroborate the very Substance; and open the fistulary Passages.

Whilst the *Parenchyma* of the Lungs is imbued and repleniſh'd with extraneous Juices, your stronger Sort of Fumes are by no means to be used, but milder ones are not to be omitted, saith *Bennet*.

Fumes are not to be taken immediately upon the Erosion of a Vessel, or Breach of *Parenchyma* of the Lungs, but 14 Days at least after the Spitting of Blood, saith the same Author.

A Fume for Falling out of the Anus.

Take Malē Frankincense, Amber, Cloves, each half a Dram; red Roses, Balaustines, each 2 Drams; make a gross Powder, the Fume of which is to be receiv'd (after the Anus is put up) through a Close-Stool Chair.

Thus Use and Custom will have it; but as for me, I can scarce persuade myself to believe, that the Smoak of Balaustines, or any other (tho' never so Astringent) Vegetables, can retain any Astringent Quality.

A Fume for Falling out of the Uterus.

Take Beetles 3 Drams; Eel-skins minced small 1 Dram; make a Powder.

This

This odd thing was communicated to me, and ſaid to be good alſo in the blind Piles.

The vulgar Opinion of the Procidence of the *Uterus* is a mere Miſtake: That which is taken ſo to be is in truth, either 1ſt, The whole *Vagina*, which being weaken'd, and extended hangs out; Or 2d, Its Membrane only, for when that is eroded, or relaxed it will put forth, and appear like a large round Body faſtned by a narrow Neck.

1. An Odoriferous Fume.

Take Benjamin 1 *Ounce*; *Storax Calamite half an Ounce*; *Laudanum* 2 *Drams*; *Muſk, Ambergriſe, each* 1 *Grain and half*; *with Mucilage of Gum Tragacanth, make Troches*; *of which, and Duſt of Willow-coals being added, odoriferous Candles may be made.*

Some things (ſaith *Zwelfer*) that are ſweet enough of themſelves, ſtrew'd upon Coals, yield a Stink: So Cinnamon, Cloves, Coriander, and Nigella Seed, Roſes; yea, and Muſk itſelf, if thrown upon a hot Fire, and burnt quick, are wont to give but an ill Scent.

2. An Odoriferous Fume.

Take Cyperus-roots 1 *Ounce and half*; *Calamus aromatic, Willow-coals, each* 1 *Ounce*; *Storax Calamite, Benjamin, each* 2 *Drams*; *with Mucilage of Gum Tragacanth (extracted with Spirit of Wine) make Paſtils according to Art.*

Being put into a Chaffing-Diſh of freſh Coals, they exhale a very ſweet Odour, to correct the ill Smell of a Room.

A Fume in a Teneſmus.

Take white Poppy-heads half an Ounce; Mullein half a Handful; red Roſes, Balauſtines, Frankincenſe, each half a Dram; Maſtic 1 *Dram; make a groſs Powder, the Smoak whereof (caſt upon Coals) is to be received through a perforated Chair.*

A common Gargle.

Take Plantain Water 10 *Ounces; red Roſe Water* 3 *Ounces; Syrup of Mulberries* 2 *Ounces; Honey of Roſes ſtrain'd* 1 *Ounce; Oil of Vitriol as much as ſerves to give it a fitting Acidity.*

It's Uſed in Fevers to waſh, cleanſe, cool the Mouth, and put off Thirſt.

A Detergent Gargle.

Take Verjuice 12 *Ounces; Syrup of Raſberries* 4 *Ounces; mix.*

It deterges, and ſcours off thick Viſcoſity, and ſlimy Naſtineſs ſticking to the Tongue, and Parts of the Mouth; humects and refrigerates the Throat when dry'd up and parch'd; corrects the muriatic Acrimony of the *Saliva*, and extinguiſhes Thirſt: But in Caſe of a ſore Thruſh, Eroſions, and little Exulcerations, 'twill cauſe ſuch Smarting, that it can ſcarce be

be born; and then we muſt have Recourſe to Refrigerants, Moiſtners, Emollients, Mucilages, and Aſtringents.

Diſcolouration, and Foulneſs of the Tongue in Fevers is cauſed partly by *Saliva*, which ſticking in its Aſperities is there baked by fervent Heat, and inſpiſſated, and partly by aduſt Vapours continually iſſuing forth by Expiration. The middle of the Tongue is moſt ſo in regard it is rougheſt, and lieth directly in the way of the Vapours. But the Tip and Edges are always in motion and rubbing upon the Gums and other Parts, and are thereby more cleanſed, and eſcape better.

An Emollient Gargle.

Take Roots of Marſh Mallow, Liquorice, Pearl Barley, each 1 *Ounce*; *Bran (ty'd up in a Bag)* 1 *Handful*; *inner Rind of Elm, Gum-Arabic, each half an Ounce*; *Figs* 8. *Boil in Water* 3 *Pints, in* 28 *Ounces of which (when ſtrained) diſſolve Syrup of Marſh Mallows, and of Jujubes each* 2 *Ounces*; *Lohoch Sanans half an Ounce.*

We uſe it in Fevers, againſt Inflammation, Siccity, Aſperity, Chaps, Clefts, afflicting parching, and burning up (as 'twere) the Tongue, Mouth, and Throat.

A Gargle againſt Feotor.

Take Myrrh 2 *Drams*; *Florentine Orris, Cyperus Aromatic Reed, and Spaniſh Ange-*

lica Roots, of each a Dram; *Roſemary Leaves a Handful*; *Cloves half a Dram*; *white Wine* 4 *Ounces*; *Spring Water half a Pint*; *make warm cloſe Infuſion* 2 *Hours*; *to the ſtrained Liquor add Hungary-Water ſix Drams*; *Tincture of Benjamin two Drams*; *mix.*

It correcteth, and cleanſeth Foulneſs and ill Smells of the Mouth and Breath.

A Levigating Gargle.

Take Comfrey Roots 2 *Ounces*; *Gum-Arabic* 1 *Ounce*; *boil in Barley Water* 20 *Ounces to* 12 *Ounces*; *ſtrain and add red Roſe-Water* 1 *Ounce*; *Syrup of Marſh Mallows* 3 *Ounces*; *mix.*

For Virtues it may compare with the Emollient before, only it digeſts leſs, and refrigerates more.

A Gargle with Maſtich.

Take Maſtich half an Ounce; *boil it in Spring Water* 12 *Ounces*; *in* 8 *Ounces of it ſtrained diſſolve Sugar of Lead* 2 *Scruples*; *Syrup of Balſam* 2 *Ounces*; *mix.*

'Tis to be uſed againſt Inflammation, Excoriation, Puſtles, and ſuperficial Soreneſs of the Mouth.

A Gargle for Heat of the Mouth.

Take Plantain Water 8 *Ounces*; *red Roſe Water* 4 *Ounces*; *Whites of Eggs beaten thin* 4; *Salt*

4; *Salt Prunel* 4 *Scruples*; *Syrup of Marſh Mallows* 4 *Ounces*; *mix.*

It refrigerates the Tongue, Jaws, and Parts adjacent, when burnt up with Heat; refreſhes them with Moiſture and *Mucus*, when dry and parch'd, and moderately repels acrious Humours flowing into them.

A Muſtard Gargle.

Take fair Water half a Pint, Brandy, Vinegar, of each 4 *Ounces*; *Muſtard-Seed powder'd half an Ounce*; *Sugar* 1 *Ounce*; *mix.*

Theſe Things may eaſily be procured, and preſently thrown together, in caſe of Haſte, in ſoporoſe Diſtempers; and are uſeful alſo in a *Paralyſis* of the Tongue.

1. Gargle with Myrrh.

Take red Aſtringent Wine 1 *Pint*; *powder'd Myrrh* 2 *Drams*; *mix.*

It detergeth, aſtringeth, repelleth, drieth, healeth: Is a moſt excellent Waſh for ſwell'd, fungous, flaccid, bleeding, eroded, and putrid Gums; cleanſeth and freeth the Mouth from Foulneſs and ill Scents, healeth (even Venereal) Ulcers of the Jaws and Throat. Moreover, it may be injected, or ſnuffed up into the Noſe, to good Purpoſe, in an *Ozæna*, where putrid Matter, lodg'd in the little Caverns of the ſpungy Bones, ſends forth abominably ſtinking *Effluvia.*

2. Gargle with Myrrh.

Take powder'd Myrrh 1 *Dram*; *diſſolve it in a Marble Mortar with Yolk of Egg* 2 *Drams*; *add Honey of Roſes ſtrain'd* 2 *Ounces*; *white Wine half a Pint*; *mix.*

This for Ulcers of the Mouth and Throat.

A Paralytic Gargle.

Take white Wine half a Pint; *Muſtard made up as it comes to Table* 2 *Ounces*; *Savory (or Thyme) Water* 4 *Ounces*; *Honey of Roſes* 2 *Ounces*; *Vinegar enough to render it pretty tart*; *mix.*

Riverius preſcribeth thus. *Take Muſtard Seed powder'd* 1 *Dram*; *Vinegar of Roſes, white Sugar, each* 1 *Ounce*; *Water* 3 *Ounces*; *mix.*

Inſtead of Savory or Thyme-Water (if not at hand) may be ſubſtituted a Decoction of Saſſaphras.

A Gargle with Pellitory.

Take Pellitory of Spain half an Ounce; *Seeds of white Poppy and Henbane, each* 2 *Drams*; *Cloves half a Dram*; *white Wine half a Pint*; *Vinegar* 4 *Ounces*; *boil till it come to half a Pint*; *then ſtrain and add Brandy* 2 *Ounces.*

By vellicating the Parts, melting down groſs Phlegm, and making it flow, it powerfully draweth both it and ſharp *Serum* out of the Gums

Gums and Glands: And by appeaſing enraged Spirits, and compoſing their dolorific Conflicts, it extinguiſheth the Senſe of Pain; and then, by warming the Parts, diſcuſſing the Tumor, and reſtoring their Elaſticity, hinders any farther Afflux of Humours. And ſo Reaſon tells us, and Experience moſtly confirms it, that 'tis a noble, and every way well appointed Remedy for the Tooth-Ach.

A Gargle for Phlegm.

Take Hyſſop Water 10 *Ounces*; *Rectifyed Spirit of Wine* 1 *Ounce*; *Spirit of Scurvygraſs half an Ounce*; *Spirit of Caſtor two Drams*; *Spirit of Salt Armoniac* 4 *Scruples*; *powder'd Pellitory of Spain* 1 *Dram*; *Honey* 4 *Ounces*; *mix and uſe it cold.*

By attenuating, inciding, vellicating and irritating, it powerfully draws and evacuates *Saliva* and viſcous Phlegm out of the Glands and Emunctories of the Mouth; and therefore juſtly claims place in phlegmatic, cold, chronical, cephalic Diſeaſes, in torpid, ſoporoſe Maladies. In the Lethargy, gravative Head-Ach, Palſy, (eſpecially of the Tongue) Tooth-Ach, Elongation of the *Uvula*, Tumor of the Tonſils, Quinſey, *&c.*

And no Body here need fear increaſing of the begun Inflammation by the Uſe of ſo acrid and brisk a Medicine; foraſmuch as it's cauſed (generally ſpeaking) by groſs, clammy Phlegm, impacted in the ſpungy Parts; which damming

up the Blood, and ſtopping it's Courſe, occaſions an Inflammatory Inundation: And therefore moſt certain it is, that the true Cure of a Quinſey mainly conſiſts in the Eliquation and Eduction of that ſame ſtagnating and obſtructing Phlegm.

A Quieting Gargle.

Take Black-Thorn Rind, Pellitory of Spain Root, of each half an Ounce; Cloves 1 *Dram; boil in fair Water* 12 *Ounces to* 8 *Ounces; to the ſtrained add Hungary-Water, Honey of Roſes ſtrained, of each* 2 *Ounces; Laudanum Liquid* 124 *Drops; Spirit of Salt Armoniac, as much as ſufficeth to make it conveniently biting; mix.*

Hold it cold in the Mouth, and ſpit out; be ſure not to ſwallow it, becauſe of the *Laudanum.* It takes off the Tooth-Ach.

A Gargle for a Quinſey.

Take Columbines 2 *Handfuls; inner Rind of Elm* 1 *Ounce; Jews Ears, Liquorice, Album Græcum, each half an Ounce; boil in Water* 2 *Pints and half to* 26 *Ounces; in the ſtrain'd diſſolve Salt Armoniac* 2 *Drams; Syrup of Rasberries, Honey of Roſes, each* 3 *Ounces.*

It humects, foments, and mollifies the Muſcles of the Throat when inflam'd, ſwoln up till almoſt crack'd, parch'd, and ſcorch'd with Drought and Heat. It deterges the Glands and

and ſalival Ducts when outwardly ſmear'd over with Slime, and opens them when inwardly ſtuffed up with Phlegm.

But where viſcid Phlegm is the main Cauſe, and the Glands ſuffer more than the Muſcles, there's a Neceſſity of flying to ſuch Medicines as attenuate powerfully and draw out.

A Refrigerating Gargle.

Take Waters of Frog Spawn, Plantain and Elder-flowers, each 4 *Ounces*; *red Roſe Water* 2 *Ounces*; *Whites of Eggs (beat up to Water)* 4; *white Sugar* 1 *Ounce*; *mix.*

I have ſeen it thus preſcribed.

Take the white of one Egg; *whisk it up with Frog Spawn Water* 5 *Ounces, add Roſe Water, and Honey of Roſes, each* 1 *Ounce*; *mix and ſtrain.*

It's a moſt grateful Thing in hot burning Fevers, and very commodious in Heat, Drought, Aſperity, and Eroſion of the Tongue and Mouth.

A Gargle with Roſes.

Take dry'd red Roſe Flowers 3 *Drams*; *Pomegranate Flowers and Peel, each* 2 *Drams*; *Myrtleberries, powder'd Bole and Japanic Earth, each* 1 *Dram*; *Allum* 1 *Scruple*; *boil in Plantain Water and rough red Wine, each* 6 *Ounces to* 8 *Ounces*; *in the ſtrain'd diſſolve Honey of Roſes* 2 *Ounces.*

It cleanſeth the Tongue when beſmear'd and coated over with ſlimy Filth, and helps for the Laxity of the ſalival Glands.

A Scorbutic Gargle.

Take Madder Roots 1 *Ounce*; *Pellitory of Spain, Winters Cinnamon, each* 2 *Drams*; *Honey-Suckle Leaves, Sage, Sanicle, Columbines, each* 1 *Handful*; *boil in Lime-Water* 2 *Pints and half to* 28 *Ounces*; *to the ſtrain'd add Spirit of Scurvy-graſs half an Ounce*; *Honey of Roſes* 4 *Ounces*; *mix.*

It freeth the Gums, and other Parts of the Mouth, from the naſty Foulneſs of the Blood and *Saliva*, occaſioning, in Scorbutic Perſons, Corruption, Putrefaction, and Stench. And it drieth and healeth up the little Ulcers occaſion'd thereby.

A Gargle with Sedum.

Take common Sedum 4 *Ounces*; *having bruiſed it, ſteep it cold all Night in Spring-Water* 12 *Ounces*; *then let it run through a ſtraining Sieve, and diſſolve it in Sugar of Lead (or elſe Salt-Prunel)* 2 *Scruples*; *white Sugar an Ounce*; *mix.*

It refrigerates and repels.

A Gargle in the Small-Pox.

Take French Barley, Liquorice, each half an Ounce; *Marſh-Mallow Roots, Tares, each* 1 *Ounce*; *Figs* 12; *Jews-Ears* 1 *Handful*; *boil in Water* 2 *Pints and half to* 28 *Ounces*; *in*

in the ſtrain'd diſſolve Oxymel ſimple, and Honey of Roſes, each 2 Ounces; mix.

It mollifies, humects, and ſmooths the Mouth and Throat when inflam'd, ſwell'd, diſtended, ſtiff, parch'd, rough and painful: It maturates Pock-Puſtules in the Throat, and helps on Salivation.

But towards the laſt Stage of the confluent Sort, when the Ptyaliſm begins to ſink and go off, if it fall out, that the *Saliva* be ſo excocted and viſcid, as to bring Hazard of Suffocation, (which is a not unuſual Caſe) then Neceſſity calls for Medicines that powerfully attenuate and irritate; (ſuch as the *Gargle for Phlegm* above deſcrib'd) and when it is uſed, the Proportion of Spirit of Salt Armoniac is to be increaſed or diminiſhed, according as the preſent Exigence requires, and the Patient can bear.

A Gargle for Teeth on Edge.

Take Purſlane (a little bruiſed) 2 Handfuls; Spring Water 12 Ounces; let them ſtand together cold an Hour, ſtrain the Liquor through a Sieve, without ſqueezing; to half a Pint of it add free Chalk waſhed 2 Drams; Salt of Tartar half a Dram; Hungary Water 1 Ounce; Tincture of Benjamin 2 Drams; mix.

Gargle

Gargle of black Thorn.

Take black Thorn Bark 2 *Ounces*; *boil it in Water* 2 *Pints and a half to* 24 *Ounces*; *in the ſtrain'd diſſolve Allum* 4 *Scruples*; *Vinegar* 2 *Ounces*; *Honey of Roſes* 6 *Ounces.*

It aſtringeth moſt powerfully, and is a good Thing when the Gums are grown looſe, putrify'd, ill-ſcented, eaten away, and apt to bleed: It faſtens the Teeth, and brings up new Fleſh on them; it heals Ulcers, and helps for ſtinking Breath.

Another notable Effect of it is, that when the Salival Glands are ſo ſtuff'd up, as to be over-ſtrain'd and loſe their Tone, it, by conſtringing and ſqueezing them cloſer, (like a Spunge) preſſeth out the influx'd Phlegm, and makes them able to reſiſt the Afflux of more.

But if it happens that the *Pituita* in the Glands be too thick and tough to be wrung out by Conſtringents, then recourſe muſt be had to the above-deſcrib'd *Gargle for Phlegm*, or ſuch-like Medicines, as potently incide the Phlegm, and vellicate and open the Parts.

A Gargle with Vine-leaves.

Take Vine-leaves, Sage, female Fluellen, Cinquefoil, Bramble Buds, each half a Handful; *boil in Water* 1 *Pint and a half to* 1 *Pint*; *to the ſtrain'd add Allum* 1 *Dram and half*;

half; *Vinegar*, *Honey*, *each* 2 *Ounces*; *boil again and skum it.*

It moſt excellently refrigerates, waſhes, deterges, aſtringes, reſiſts Putrefaction, cleanſes out Filth, and purifies the Mouth, and merits place as well in Fevers as in the Scurvy.

And here I take occaſion to obſerve, that Allium, and the like auſtere Things, do in no wiſe (as ſome may think) ſhut up the Salival Paſſages, or hinder the iſſuing out of Spittle; but on the contrary (becauſe they ſqueeze the Glands into leſs Compaſs, as I noted in the *Gargle of Black Thorn*) much promote the ſame; which may evidently appear to any one that minds Experience.

A Gargle for Ulcers.

Take Lime-water 8 *Ounces*; *powder'd Mercury dulcis three times ſublimed* 1 *Dram*; *Digeſt warm* 12 *hours*; *in the ſtrain'd Water diſſolve Syrup of dry'd Roſes* 1 *Ounce.*

The Benedict Injection in *Pharmac. Bat.* hath *Lime-Water* half a Pint, and *Mercury dulcis* 3 Drams.

It potently drieth, and deſtroyeth ill Ferments; and is therefore preſcribed in rebellious, and ſtubborn Ulcers of the Mouth and Throat.

I have known it tryed in Cancerous Ulcers of the Tongue; but, I muſt confeſs, with no manner of good Effect: For Mercurials (as far as I have obſerved) do more Hurt than Good in

in a Cancer; which Thing (tho' it be by the By) I thought fit to note here, for a Caution to young Practiſers.

A Gargle for the Uvula.

Take Columbines 4 Handfuls; red Roſes dry'd, Balauſtines, each half a Handful; long Pepper 4 Scruples; Myrrh 2 Drams; boil in Water 1 Quart, and white Wine half a Pint, to 26 Ounces; to the ſtrain'd add Brandy, Syrup of Rasberries and Mulberries, each 2 Ounces; mix.

N. B. Black Currants make the pleaſanteſt Syrup that ever I taſted: I frequently uſe it, and prefer it, for ſore Throats, far before that of Mulberries.

It's preſcrib'd (and that to very good Purpoſe) when the *Uvula*, Tonſils, Muſcles of the Jaws, *Larynx* and *Pharynx*, are ſtuffed up, ſwoln and inflamed: For, partly by attenuating and vellicating, partly by conſtringing and expreſſing, it evacuates the pituitous Filth therein collected.

And then, by ſqueezing into leſs Compaſs the ſpungy, tumid, and tenſe Glands, and reducing them to their natural Bounds and *Craſis*, it cuts off any farther Afflux to the Parts.

Of Gargles.

Now that I may gather up into one view, what I have before ſcatter'd under ſeveral Heads; I'll lay down the following Rules, concern-

concerning the ſeveral Sorts of Gargles, and their skilful Choice, according to curative Intentions.

1. If extremely thick and tough Matter be to be brought out of the Glands, then acrious, penetrating, and irritating Things (ſuch as Spirit of Salt Armoniac) are to be uſed.

2. If it be not ſo very tough, and yet ſtagnates by reaſon of the fungous Laxity of the Glands, auſtere conſtringing Things will perform that Office.

3. If ſlimy Filth coat over the Tongue and Mouth, Acids and Detergents are required.

4. If the Parts be excoriated, tender, ſmarting, dry and parch'd, Mucilages and Emollients are moſt commodiouſly preſcrib'd.

5. If the Muſcular Parts be a little (and but a little) inflam'd, and there be no great Fulneſs, or Afflux of Blood, Refrigerants and Repellents may be allow'd at firſt.

6. But if the Muſcular Parts be inflam'd much, by reaſon of the Ebullition of the Blood, and the Inflammation be fix'd, Emollients will do the Buſineſs.

An Anodyne Glyſter.

Take new Milk half a Pint; Brandy two Ounces; Oil of Anniſeed half a Dram; Diaſcordium 6 Drams; let it be given lukewarm, juſt before Sleep, and retain'd if poſſible all Night.

When

When the Inteſtines are beſmear'd over with a glutinous Slime, and thereby refrigerated, relax'd, and tortur'd with Spaſms, Wind and Gripes; this warms, comforts, eaſes, and reduces them to a ſound *Craſis*.

'Twould make one ſmile and vex both at the ſame time, to ſee the ſilly Pride and Malignity of ſome of our little pert Scorners, who, tho' they have neither read, ſeen, nor thought much in Phyſick, are yet continually ſetting up for Judges, and condemning all, but their own dear ſelves, and Notions. Such Inſolents as theſe I expect may fall ſeverely upon me, for preſcribing ſuch Quantities of vinous Spirits and chymical Oils in Glyſters: But were they to make due Tryal of the ſame, there's no doubt on't, but Obſervation would teach 'em better, and happy Succeſs would command them to applaud what they now oppoſe.

And though this be not a very vulgarly eſtabliſh'd Practice, yet they may know it's not mine only, nor a new one neither: For *Rondeletius* (born above 200 Years ago, p. 895.) cured a Woman of a grievous Cholic Fit with a Glyſter of nothing but *Hippocras* Wine, in which were infuſed Cinnamon, Pepper, Ginger, Grains of Paradiſe. And *Sanchez* (p. 123.) orders the ſame.

Dr. *Stubbs* (*Philo. Tranſac.* N° 37. p. 271.) relates, that in the Cholic Bilious, they (in *Jamaica*) uſually give Glyſters of a Pint of Brandy, which will make them as drunk, and

as

as mad, as if they had taken it at their Mouth. He obſerv'd, that leſs Brandy would fox them in a Glyſter, than if drank by them: He try'd a Quarter of a Pint in a Glyſter on himſelf; and it made him not dead drunk, but raging mad. And he ſaith, he remembers ſtill how unruly he was, ſo as to be held in Bed, his Reaſon being depraved by theſe Fumes.

Upon this Obſervation, I would ſcarce ever exceed two or three Ounces of Brandy; and I declare, ſo far I have often gone with Safety and Succeſs.

As to Chymical Oils, I find *Duretus (de Morb. Internis*, cap. 41. p. 410.) commends Oil of Juniper diſtill'd, half an Ounce, in Malvatic Wine. And *Claudius Deodatus* preſcribes boldly thus.

Take Malvatic Wine, Oil of Walnuts, each 3 Ounces; Spirit of Wine 1 Ounce; chymical Oils of Juniper and of Rue, each 2 Drams; mix, and put it up very hot.

N. B. Half an Ounce of chymical Oil ſeems an extravagant Quantity: I never gave above 2 Drams, and ſeldom ſo much.

Of Volatile Salts in Glyſters; ſee Epileptic Glyſter.

An Apoplectic Glyſter.

Take Pellitory of Spain half an Ounce; Coloquintida (tied up in a Rag) half a Dram; Rue 2 Handfuls; boil in Water to 12 Ounces; and to the ſtrain'd add Infuſion

of Crocus Metallorum 3 *Ounces*; *Tincture of Caſtor half an Ounce*; *Salt Gem*, *Oil of Amber*, *each* 2 *Drams*; *mix.*

If the *Coloquintida* be not tied up in a Rag, its little Duſt that boils off will cauſe moſt horrid Gripings, which I ſhould never have imagain'd it could, had not Experience aſſur'd me of it, ſaith *Ettmuller*.

It's very conducive in ſoporoſe Affections, as Lethargy, *Coma*, Apoplexy, and the Palſy. But if it ſtay not with the Patient, it muſt be repeated again: For it's no unuſual Thing in theſe Caſes, for Glyſters to come ſlip away preſently, by reaſon that the Inteſtines having their Fibres benumbed, and paralytically relaxed, loſe their retentive Faculty.

A Balſamic Glyſter.

Take Broth of Sheeps Inwards (or Head) 10 *Ounces*; *Yolks of Eggs* 2; *Lucatellus's Balſam* 1 *Ounce*; *Sheeps Sewet* 2 *Ounces*; *mix, and put it up juſt hot enough to keep the Sewet melted.*

If the Sewet be ſubigated with Yolk of Eggs, 'twill be preſerv'd from Concretion.

By fomenting, anointing, and lining the Inteſtines, it cheriſheth, compoſeth, appeaſeth, and healeth the Fervors, Corrugations, Tortors, Eroſions and Ulcers: And is a moſt deſirable Remedy for a Dyſentery, after once Bleeding and Purging.

A Gly-

A Glyſter of Bitters.

Take Virginia Snake Root powder'd 1 *Dram*; *Pulp of Coloquintida (tied up in a Nodule)* 1 *Scruple*; *Tanſy, Savine-tops, each half a Handful*; *decoct in Water to 6 Ounces*; *ſtrain and add Oil of St. John's Wort half an Ounce*; *chymical Oil of Wormwood half a Dram*; *Species of Hiera Picra half a Scruple*; *mix.*

It kills and expells *Aſcarides* which have their Reſidence near the *Anus*: But as to the other common long ſort of Worms, while they are well, and lively to creep about, and inclinable to aſcend into the upper Guts and Stomach, the bitter Glyſter is not to be adminiſtred, leſt it force them upwards, where they may prove very troubleſome and miſchievous. But the true and effectual Way of them is, firſt to give Anthelminthics by the Mouth for ſome Days, to make the Worms weak and languiſhing, and to drive them down into the lower Guts; and then, after that, the bitter Glyſter to fetch them out.

The *Aſcarides* are but a feeble Nation, and yet ſo exceeding hard to be deſtroy'd, that tho' they ſhould all and every Individual be drove out, yet there will not be an end of 'em ſo; for a new and numerous Off-ſpring will in a little time be hatch'd out of their Eggs, which they leave depoſited in the *Inteſtinum rectum*: And therefore, aſſure your ſelf, it's of

no great Avail to expell the Parents, unleſs their Off-ſpring and Seeds alſo be extirpated, and clean caſt out.

And this may be beſt atchiev'd, if we do not preſently give over the Glyſters, as ſoon as the *Aſcarides* ceaſe coming away, and are quiet; but repeat them every third Day; and after, once a Week, till they, their Neſts, and Eggs are all torn off, and thrown out; which Piece of Practice I have not yet found in any Author.

Since I wrote this, in turning over Books, I met with ſeveral Obſervations to the ſame Purpoſe; as in *Freitagius (Auror Chym.* cap. 37. p. 360.) As often as the Patient took a Purge, ſhe brought away Worms, together with clammy Phlegm, always mix'd with many Seeds reſembling the Eyes of ſmall Fiſh; out of which, without doubt, the Worms were daily germinated.

And in *Mercurialis* (Conſil. 13. p. 71.) *Id minimè ſilentio prætereundum judico, ad conſumendam omnem Aſcaridum materiam; delendam Inteſtinorum proprietatem; nec non præcavendum ne malum redeat, detur Aloës Scrupulus unus ſingulâ quaque hebdomade.* To prevent their return, give every Week a Scruple of Aloes.

And I found in *Bartholine (Act. Med.* Vol. 4. cap. 46.) an Account of a Woman of 50, who for many Years had a freſh Brood of *Aſcarides* hatch'd every Month, and which (when

(when numerouſly ſwarming) ſhe eaſily expelled with a Wormwood Glyſter. She told him their manner was, to come at the New Moon, continue the firſt Quarter, and never trouble her all the reſt of the Month.

From this Relation I conclude, that ſuch an eradicating Glyſter as this, given every New Moon, and Firſt Quarter, for ſome Months, may probably deſtroy them quite.

See Suppoſitories for this purpoſe.

A Carminative Glyſter.

Take Camomile Flowers, Bay-Berries, each half an Ounce; ſweet Fennel, and Cummin Seeds (added at laſt) each 2 Drams, boil in Water to 12 Ounces; ſtrain, and add Brandy 2 Ounces; Oil Olive 1 Ounce; Oil of Anniſeed 2 Drams.

It's uſeful, and good for the Inteſtines when refrigerated, debilitated, relaxed, obſtructed, lined with Phlegm, blown up, and tortured with Wind and *Flatus:* In particular, in the Wind Colic, in a general Dropſy, and *Maraſmus* alſo, when it happens (without a Hectic Fever) upon the account of Want of Concoction, and Diſtribution into the Lacteal Veins.

For the better apprehending of this, I would have it underſtood, that Wind, or *Flatus*, and Vapours, are very different Things.

Wind is what is cauſed by either windy Diet, or elſe by bad Digeſtion, or by both: It's no where but in the Cavity of the Sto-

mach, or Inteſtines; it happens preſently upon eating, diſcovers itſelf by a little Sickneſs, and Fulneſs at Stomach, Yawning, and Drowzineſs; which, in a while, either finds Vent upward; or, if it paſs into the Guts, puffeth up the *Abdomen*, rumbleth about a while, and ſo breaks away; or elſe, if it continue pent up there, cauſing a pinching Pain, it's what I call a Wind Colic, and is no great Illneſs, (provided the Stomach and Inteſtines be not organically depraved) but eaſily cured by Glyſters, Carminatives, and Paregorics.

Vapours (which *Helmont* calls *Gas Sylveſtre*, an inviſible, impalpable, and incoercible Spirit, and may perhaps be likened to that of bottled flying Ale, the wild Part of which no Chymiſt can catch) are produced by an highly volatilized acrid glandulous Juice, viciouſly fermenting with a crude viſcous Matter; (and that not in the Cavity of the Inteſtines, ſo much as in their Membranes, the Meſentery, yea, and uttermoſt *Loculi* of the Body, where the Extremities of the Arteries have thrown out, and depoſited it,) and ſo driving the Elaſtic Spirits (reſiding in, and flowing into thoſe Parts) into divers wonderful Confuſions, Trepidations, Startings, Fluſhings, and Exploſions. This troubleth moſtly when the Party is empty; and is what I mean by Hypochondriac and Hyſteric Affections, ſuch as unaccountable Uneaſineſs, Vermiculations, Fluſhings, Tenſion of the *Hypochondria*, Croaking of the Guts,

Guts, Gripes, and what uſeth to be called Vapours, and Spleen Pains, Fears and Fancies.

In this Caſe theſe Glyſters do good, by appeaſing the Spirits, comforting the weak Fibres, attenuating heavy Phlegm, correcting the Inteſtinal Glands, diſcuſſing the Fermenting Combinations, and driving them out of the Body,

But when it riſes higher, and the Caſe becomes downright Convulſive, as it doth in a true Hyſteric Colic; then every extraneous thing that touches on the tender Membranes gives Offence, and irritates, and increaſes the exorbitant Exploſions. Of which ſee more in the next enſuing.

A Colic Glyſter.

Take Canary Wine, Linſeed Oil, of each 6 Ounces; Oil of Amber half a Dram; to which may be added liquid Laudanum 40 *or* 60 *Drops; mix.*

It brings good Aſſiſtance in horrid torturing Pains of the Bowels, and pertinacious (ſpaſmodic) Coſtiveneſs; foraſmuch as it recreates the Membranes of the Guts, explicates Corrugations of the Fibres, expells Wind, ſoftens Excrements, and empties the Inteſtines: And therefore it's proper, and uſeful in a Flatulent, and in a Bilious Colic.

But in the Hyſteric Colic (unleſs the Inteſtines are extreamly ſtuffed up with hard Excrements, and the Diſeaſe be in its Begin-

ning as yet, and not very raging) Glyſters are generally to be avoided; for they provoke the tender Fibres, excite ſtronger Convulſions, and Dolours: render the Diſeaſe more outragious, and hard to be cured; and now and then raiſe it up to ſuch a Degree, that it becomes mortal; which young Practiſers may do well to take good Notice of. And becauſe it's a Matter of great Concern for them to underſtand this rightly, I will not grudge my Pains in treating it more largely than my deſign'd Brevity uſually alloweth.

As we find nothing of the Small-Pox before the *Arabian* Authors; nor of the Rickets, before Dr. *Gliſſon*: And the *Romans* (as *Pliny* aſſures us, *lib.* 26. *cap.* 1.) knew not the Colic itſelf before *Tiberius* had it; ſo neither did we ever read of the Hyſteric Colic, as ſuch, before Dr. *Sydenham*: And therefore, whatſoever others have ſaid before him of the Cure of the Colic, muſt by no means be referred to the true Hyſteric Sort.

I can't deny, indeed, but that *C. Piſo* publiſh'd (1618.) his Opinion of the Colics being Nervous: And our famous Dr. *Willis* made a much farther Advance ſince upon a like Hypotheſis. But yet, 'tis manifeſt, neither of them had a clear Preception of this ſpirituous Colic, ſo as to diſtinguiſh it rightly from the other Humoral one. And therefore they never did, nor could eſtabliſh a proper Method for its particular Cure.

No, this Atchievement was reſerv'd for the immortal *Sydenham*. He it was that firſt plainly deſcrib'd it, and diſtinguiſh'd it, and determined it ſo eſſentially different from the Bilious Colic, that the ſelf-ſame Method which cures one, heightens and enrages the other. And he being our peculiar Author for this Diſeaſe, (for none has written to much Purpoſe of it ſince, that I know of) I think it not Pains ill placed to give an Abſtract of what he delivers.

Only, firſt, I crave Leave to produce a remarkable Paſſage out of *Lewis Duretus*, who, tho' he dy'd above 100 Years before *Sydenham*, and could not in thoſe dark Times make out a thorough Diſcovery, yet went a great way with it, both as to Notion and Practice; and merited the Admiration and Thanks of Poſterity.

In *Hollerium* l. 1. c. 41. p. 407.] *Aliquando dolor Colicus prænuncius eſt Arthritidis & Paralyſis; aut Tranſlatione Materiæ ad ſuperiores partes, aut temerariâ Curatione; ut ſi* Clyſteres Materiam diſcutientes *primò injeceris. Nam ſi innaſcatur dolor Colicus à repentinâ collectione materiæ; & injiciantur* Clyſteres Carminativi, *fit Diſſeminatio materiæ.*

A Colic is ſometimes the Fore-runner of the Gout, or Palſy; and that either from a Tranſlation of the Matter to the ſuperior Parts, or from Male Practice, as when Glyſters are given that diſcuſs: For where the Colic is

cauſed

cauſed by a ſudden Collection of Matter, if Carminative Glyſters be injected, they will diſperſe the Matter into other Parts.

Now by ſuperior Parts, it's evident he can mean nothing but the Brain, and its Appendixes the Nerves. By ſudden Collection of Matter, I think we may fairly underſtand (tho' he had not a clear and diſtinct Notion of) the Ataxy of the Spirits, whoſe ſpaſmodic Exploſions are as ſudden as the Blaſt of Gun-powder: And in ſuch a Colic, he ſaith Glyſters are Male Practice, becauſe they drive the Convulſions out of the Bowels into the *Genus Nervoſum*.

But to come to *Sydenham*, he ſaith, (*Epiſt. to Cole*, p. 141.) 'It's manifeſt enough, that the Whole of Hyſteric Affections is to be accounted for from the Animal Spirits being not rightly diſpoſed, and not from corrupted *Semen*, or menſtruous Blood, ſending up malignant Vapours into the Parts affected, nor from (I know not what) perverſe Depravation or Congeſtion of Humours. And if the *Fomes* lay in Matter, then Vomiting, Purging, Bleeding, Faſting, and the like, would prevent Hyſteric Affects; whereas we ſee (on the contrary) they conſtantly excite them.

De Morb. Acut. p. 228. Bleeding and repeated Purging, which are moſt apparently indicated in the Beginning of the Bilious Colic, have no place here, except in Caſe of a very great Fulneſs of Blood and Humours; which ſome-

ſometimes (tho' ſeldom) I have found in Women of a mighty ſanguine Temperament, and Viragoes: For Experience teaches, that the Pain, and all the other Symptoms, will be exaſperated by the Tumult which Evacuations cauſe. And I have more than once obſerv'd, that the Repetition, even of the moſt mild Glyſters, have brought on a continued Series of Symptoms.

And if we do but conſider the Circumſtances to which this Diſeaſe is moſtly owing, ſuch as too great Loſs of Blood, violent Paſſions of the Mind, hard Labours of the Body, and the like; all which forbid ſuch Things as may raiſe up a greater Perturbation of the Spirits, and inſtead call for Anodynes: I ſay, if we conſider this, then Reaſon joins with Experience, and tells us, this Diſeaſe is produc'd rather by the Ataxy and inordinate Motion of the Spirits, than by any Fault of the Humours. And I doubt not in the leaſt, but that this Diſeaſe (which tho' it bring bitter Pains, yet of itſelf no Hazard of Life) often becomes mortal, by Miſcarriages of this Kind.

Epiſt. to Dr. *Cole*, p. 167.] I affirm, That often repeated Evacuatious (which are certainly much indicated in the Bilious) do in the Hyſteric Colic not only not reſtrain the Pains and Vomiting, but irritate them farther, (by promoting the Perturbation of the Spirits, which Perturbation is the true Cauſe of theſe Symptoms); whence at length the Malady turns

to

to Convulſions, and then quickly off goes the Sick.

Thus that great Man abſolutely forbids repeated Bleeding, Purges and Glyſters; ſpeaks home to the Purpoſe, and poſitively, in the Caſe, urges Reaſon and Experience both: And his Opinion hath ſtood in his Works above 30 Years, and they have been printed in ſeveral Countries, as in *England* twice or thrice, in *Strasburg*, *Genevâ*, *Leipſick*, *Amſterdam*. And I remember not any deſign'd Oppoſition to it in any Book in all this Time; only a little ſpiteful Libeller has of late (to defend an ill Cauſe) ſhew'd his Teeth, and bark'd at it.

And now, becauſe this great Diſtinction of Bilious and Hyſteric Colic, and their reſpective Cure, is ſo immediately Practical, and of ſuch Concern in Practice; it were to be wiſh'd, that ſome Perſon, or Society, of ſufficient Ability and Integrity, would be ſo publick-ſpirited, as to give us their Experience, Reaſon, and laſt Thoughts concerning it; to the end, that if it be an univerſally true Doctrine, they may eſtabliſh it as ſuch; or if it want diſtinguiſhing, they may clear it, and ſet us right. And this would be better Work, than running into Parties and Factions, and abuſing and vilifying one another; and by that means (accidentally at leaſt) ruining the Repute of (next to Divinity) the moſt Uſeful and Honourable Profeſſion in the World.

We

We had a moſt lamentable Inſtance lately of a Symptomatic, Hyſteric Colic; which, becauſe it might occaſion more Caution for the future, and has been falſly repreſented, merits a true Relation. But for the ſake of ſome, who were trick'd in to concern themſelves, I draw a Veil over it However, ſince an unknown Glyſter was given, and a great deal depends upon it, perhaps I may ſtrike ſome Light into the dark Caſe, by ſubjoining what follows.

Ettmuller (Vol. 1. p. 615.) ſaith, *Bartholine* obſerv'd, That a Glyſter of the *Decoction of Tobacco* cauſed wonderful Diſturbance, Convulſions, cold Sweats, and other moſt terrible Symptoms; and tells us, he himſelf had ſeen the very ſame in his Practice. And (p. 1301.) *Clyſter ex Decocto Tabaci ſummè periculoſus eſt, cùm uſum ejus (ſubitò ac modò applicatus fuerit) Præcordiorum Anxietates, Lipothymias, Vomitus, Sudores circa frontem frigidos, totius feralem quaſi Pallorem, aliaq; Symptomata inſecuta fuiſſe noverim.* A Glyſter of the *Decoction of Tobacco* is a moſt extremely dangerous Thing; for I have known where there have followed (immediately, as ſoon as ever it was injected) Sickneſs and anguiſh at Heart, Swooning, Vomiting, cold Sweats, cadaverous Paleneſs, and other the like frightful Symptoms. And I myſelf (who write this) had a Relation given me many Years ago, of one Mr. *Osbeſton*, near

Lewes

Lewes in *Suſſex*, who, from a Glyſter of Tobacco infuſed in Sack, when he had a Colic upon him, fell preſently into horrid burning Pains, Convulſions, Faintings, and ſo periſh'd miſerably upon the Spot, as 'twere all in Flames.

The common Glyſter.

Take of our Decoction for Glyſters 12 *Ounces*; *Syrup of the Juice of Groundſel, (or of Buck-Thorn) ſalt Butter, brown Sugar, each* 1 *Ounce*; *Oil of Anniſeed* 8 *Drops*; *mix.*

It's to waſh out the Inteſtines, eſpecially the great ones, and to diſcharge them of Wind and Excrements.

Hildanus (Cent. 1. *Obſ. Chir.* 77. p. 56.) ſaith, in the Adminiſtration of Glyſters, it's of Moment to place the Patient in a proper Poſition, reſpect being had to the Situation and Courſe of the *Colon.*

The *Colon* begins at the *Cæcum* in the Right Side; thence aſcending by that Kidney, and bending to the Concave of the Liver, it runs under the Stomach to the Spleen on the Left Side; then turning a little backward, and deſcending to the Left Kidney (at which Place it's narrower, and without *cellulæ*) it creeps downward; and ſo, having fetch'd two Compaſſes up and down like an S, it runs into the *Rectum.*

Now from this Deſcription it's evident, that the ſick ought to be placed on his right Side; for

for if he lie on his Left, the whole Bulk and Weight of the *Viſcera* would preſs both upon the *Rectum*, and alſo the back Part of the *Colon*: And ſo the Glyſter could not be forced up into the upper Part of the *Colon*, but would ſtay in the lower Turnings, and not be retained long. Whereas, if the Sick lie on his Right Side, the Glyſter may eaſily be conveyed up to the Bending under the Spleen; and from thence without Obſtacle even to the Valve; and ſo would remain the longer in the Body, and do the more Good.

A Comforting Glyſter.

Take Canary Wine 1 *Pint*; *Diaſcordium half an Ounce*; *Yolks of Eggs* 2; *mix*.

But half the uſual Quantity is preſcrib'd, to the end that it may the longer be retain'd in the Body.

What Cordial Julaps are to the Stomach, the ſame this Glyſter is to the Guts; for it ſo refreſhes them, as to raiſe an univerſal Exultation of the whole *Syſtaſis* of the Spirits, whereby they are rouzed up, and enabled to perform their Buſineſs briskly, and throw out whatſoever is offenſive to Nature, and noxious, vigorouſly.

Beſides many other Uſes, it's eminently ſerviceable in malign Fevers, and Gout in the Inteſtines; and that not only becauſe it ſuccours the fainting Spirits, but alſo becauſe it defends the *Viſcera* themſelves and driveth

the

the *Radii* of the Miaſm outward, from the Center to the Circumference.

I had Acquaintance with a celebrated Phyſician, who ſometimes preſcrib'd this Glyſter in the Small-Pox, to promote Expulſion. But I judge this Piece of Practice is rarely and cautiouſly to be imitated, becauſe this Inflammatory Diſtemper oftener wants a Bridle to keep it back, than Spurs to prick it forward.

A Corroborating Glyſter

Take dry'd Wormwood, Centaury, each 1 *Handful; Camomile Flowers, Bay-berries, each* 3 *Drams; boil in Sheeps-head-Broth to* 10 *Ounces; to the ſtrain'd add Brandy* 2 *Ounces; Oil of Turpentine and Juniper, each half a Dram; mix.*

It (like an internal Fomentation in the Inteſtines) repairs their natural Heat and Vigour, re-eſtabliſhes the relax'd Fibres, refreſhes the tir'd Spirits, deterges heavy Phlegm, breaks off Wind, and appeales Pains.

An Emollient Glyſter.

Take Milk 10 *Ounces; Oil of Camomile* 3 *Ounces; Honey of Herb Mercury, Brown Sugar, and Pulp of Caſſia, each* 1 *Ounce; Oil of Anniſeed half a Dram; mix.*

It ſoftens hard Excrements and conglobated *Scybala*, lubricates the Bowels, and purges.

The

The Practitioner who is ſo very mean and mercenary, as to make his buſineſs a mere Trade to get by, runs up to his Patient in haſte, clutters over a few general Queſtions, calls for Pen, Ink and Paper, ſcribbles over one of his Hackney Bills, ſtays juſt to take a Fee, and ſo whirles away to the next.

It's ſtrange how he can chain even natural Conſcience, ſo as to keep it from ſtinging him. And it's as marvellous how people that are Sick in good earneſt, can be brought to like ſuch careleſs, formal, inſignificant, and ſometimes pernicious Treatment, and accept of gentile Deportment, and good Words for good Practice.

He ought certainty to allow Time and Thought to find out the Nature, Cauſes and Complications of the preſent Diſtemper, to obſerve the Time, Procedure, Tendency, and Symptoms of it, to judge of Indications and Contraindications; and laſtly, to write an handſome Preſcript rightly ſuitable to the preſent Caſe, and not diſagreeable to the individual Perſon.

For its (even proverbially) known, one Man's Medicine is anothers Poiſon: And there is that difference in Bodies, that even this harmleſs emollient Glyſter will mightily diſturb ſome People. And Dr. *Willis* tells us, ſome (eſpecially ſuch, I ſuppoſe, as are obnoxious to an Hyſteric Colic) have the interior Tunicle of the *Colon*, ſo exquiſitely tender, ſenſible,

and irritable, that upon the injection of any (tho' an Anodyne) Glyſter, immediately the Spirits flaſh into Exploſions, and inflate and tear the Membranes, ſo as to excite moſt outragious Tortuers in the *Abdomen*.

An Epileptic Glyſter.

Take Camomile-flowers 1 *Handful*; *boil in Water to* 3 *Ounces*; *ſtrain, and add Spirit of Hartſhorn* 8 *Drops*; *Oil of Anniſeed* 5 *Drops*; *Honey of Roſes* 3 *Drams*; *the Author ſaith, there's no need of Yolk of Egg to mix it.*

The Uſe of Volatile Salts in Glyſters I take to be a new Practice, not thought of by our Fore-fathers in Phyſick: Yet *Ettmuller* (whoſe Preſcript this is) writes, that a certain eminent Phyſician commends them (not without Succeſs) in an Epileptic Paroxyſm, and gives them as well to Children as to grown Perſons; and this he order'd for an Infant of a Year old.

A Febrific Glyſter.

Take Peruvian Bark fine powder'd 2 *Ounces*; *boil in ſeveral Waters till it come to half a Pint*; *let it paſs through a Sieve, ſo as to be turbid, and add Diaſcordium half an Ounce*; *Oil of Anniſeed* 1 *Drop*; *mix. I ſometimes add Cinnamon Water.*

If the Patient cannot retain it long enough, boil in it Pomegranate-Peel (or Flowers) half an Ounce; and add Cinnamon Water two Ounces.

I have

I have often experimented this Glyſter, and found it egregiouſly prevalent againſt Intermitting Fevers, eſpecially in Children in a leſs Doſe: For I muſt ingenuouſly own, that I have often known it fail of its Effect in grown Perſons; and I never order it but to thoſe Patients that either have a Prejudice againſt the *Cortex*, or are ſo tender ſtomach'd, or ſo humourſome, that they cannot, or will not take it by the Mouth.

The Manner of uſing it is, to adminiſter it preſently after the Paroxyſm, and as ſoon as it comes away, to give another of the ſame, and repeat it *toties quoties*, ſo as that the Inteſtines may be continually imbued with it, from Fit to Fit, till the Fever be driven.

Ad. Helvetius, a *Pariſian* Doctor, perhaps found out this Sort of Remedy, and wrote a little Book of it. His Way is thus:

Take Pulverized Bark 1 *Ounce*; *mix it in a Pint of warm Water, without putting any thing to't beſides.*

He gives it juſt after the Fit, and repeats it three times a day, till the Patient is thoroughly well. After the Cure, he continues the ſame for the ſpace of 12 Days, *viz.* the firſt 6 Days one in the Morning, and another in the Evening. The laſt 6 Days, one in the Morning only. But in my Practice I never found it needful to make ſuch Repetitions; and I am perſuaded it would hurt the Inteſtines to do ſo.

He ſaith, when the Patient cannot hold the Glyſter long enough, he adds to each Syrup of Meconium 1 Ounce, which will make it ſtay without Pain.

A Glyſter in the Gripes.

Take powder'd white Chalk half an Ounce; Rue, Camomile-flowers, each half a Handful; boil in Water half a Pint to 4 Ounces; to the ſtrain'd add Tincture of Caſtor 3 Drams; Diaſcordium 2 Drams; Syrup of Meconium half an Ounce; Oil of Anniſeed 10 Drops; mix.

It concentrates Acids, comforts the Inteſtines, diſſipates Wind, eaſes Pain, takes off Spaſms, and is ſuperlatively good and convenient for ſmall Children; when (by reaſon of hard breeding of Teeth, or acrious Humours) they have green griping Stools, and are troubled with Inquietude, Watchings, feveriſh erratic Fluſhings, and Convulſions threaten them.

An Hyſteric Glyſter.

Take round Birth-wort, and white Briony-roots, each half an Ounce; Rue, Feverfew, Penny-royal, Camomile-flowers, each half a Handful; boil in Water to 1 Pint, in which (when ſtrain'd and cold) diſſolve Aſa-Fœtida 1 Dram; Oil of Amber 2 Drams, brown Sugar 1 Ounce; mix.

In the very actual Hyſteric Fit, it may be injected, powerfully to repreſs the Ataxy of the exploding Spirits. Perhaps it may be found too ſtrong for ſome worn-out, weakly Conſtitutions.

A Glyſter for Infants.

Take new Milk 3 *Ounces*; *Oil of ſweet Almonds, Syrup of Violets, each half an Ounce*; *Oil of Anniſeed* 12 *Drops*; *mix.*

It mollifies and looſens, diſſipates Wind, and eaſes Pains.

A Laxative Glyſter.

Take either Chicken, or Veal-broth 12 *Ounces*; *Oil Olive, brown Sugar, each* 2 *Ounces*; *Oil of Anniſeed, half a Dram*; *mix.*

It comforts the Inteſtines, diſcuſſes Wind, ſoftens the Excrements, and looſens the Belly.

A Lenient Glyſter.

Take new Milk 10 *Ounces*; *Mucilage of Fleawort, and Quince Seeds (extracted in red Poppy Water)* 3 *Ounces*; *Yolks of* 2 *Eggs*; *Diacodium* 2 *Ounces*; *mix.*

It hath place when the Sharpneſs of Choleric Humours vehemently ſtimulates, vellicates, pricks, and corrodes the Inteſtines: For it obtunds Acrimony, lines the Membranes with *Mucus*, and compoſes and appeaſes the irritated Spirits.

A Glyſter with Mullein.

Take Mullein, and Elder Flowers, each half a Handful; Herbs, Hemlock, Henbane, each 1 *Handful; boil in Smith's Forge-Water to* 12 *Ounces; to the ſtrain'd add the Yolk of* 1 *Egg; Linſeed Oil* 2 *Ounces; Oil of Amber half a Dram; Balſam of Sulphur* 2 *Drams; mix.*

It diſcuſſes the Swellings of the internal Hemorrhoids, effectually allays their Pains, heals the little Ulcers, and hinders a farther Afflux of Blood, and ill Humours.

A Nouriſhing Glyſter.

Take Broth made of Sheep's Inwards 10 *Ounces; Yolks of* 3 *Eggs; Canary Wine* 3 *Ounces; Juice of Kermes half an Ounce; mix.*

Some deny that there are truly Nouriſhing Glyſters; but I incline to the contrary Opinion, 1. Becauſe the *Colon* hath Lacteal Veſſels implanted into it, tho' not many. 2. I have ſundry Times obſerved, that the Glyſter of Pomegranate-Peels hath been kept in the Body 24 Hours; and the next Stool that followed was not liquid, but hard and ſolid. 3. *Hildanus (Cent.* 4. *Obſ.* 30.) tells of a certain Woman, who for 6 Weeks took in no Suſtenance at her Mouth, but by the Benefit of ſuch Glyſters, was ſo well ſupported, that being great with Child, went out her full Time, and was happily brought to Bed. 4. *P. Borellus*

(Cent.

(*Cent.* 1. *Obſ.* 56.) ſaw a Perſon made drunk by a Glyſter of Wine: And the like I noted before in *Anodyne Glyſter*. I could produce many more Arguments; but I preſume theſe may abundantly ſuffice, to prove that there are ſuch Things as Nouriſhing Glyſters.

An Oily Bitter Glyſter.

Take Linſeed Oil 6 Ounces; Coloquintida tied up in a Rag 1 Dram and a half; boil a little, and ſtrain it.

Rulandus anointed the Belly with Part of it, and injected the reſt Glyſter-wiſe into one that was moſt miſerably afflicted with the Iliac Paſſion, and gave preſent Relief: But he is not to be raſhly imitated, leſt the Glyſter ſhould be forcibly driven up into the Ventricle, and increaſe the Vomiting, which was very enormous before, and ſo haſten Death. Yet, notwithſtanding, when the Belly is obſtinately bound up, before the Periſtaltic Motion of the Guts is wholly inverted, and before the Inteſtines become inflam'd and mortify'd (which Dr. *Willis* ſaith he found, by Diſſection, in almoſt all that died of an Iliac Paſſion) I judge it may be a profitable Remedy.

But if a Colie (which often occurs) takes up its Stage high, either in, or juſt below the Ventricle; then Glyſters (tho' never ſo powerful) ſignify little or nothing, becauſe their comfortable Operation reacheth not up into the ſmall Guts.

Nay, ſometimes they mightily enrage the Pains, and render them more obſtinate: For ſince the vermicular Protruſion of the Guts is ſet a going, and determined downward, chiefly by the Plenitude and Gravity of the Excrements preſſing, and aggravating; if thoſe Inteſtines which are below the ſpaſmodic Gripe be exonerated, and eaſed by a Glyſter, their Motions downward will thereupon become languid, and ſeldom, and perhaps may quite ceaſe; But at the ſame time, thoſe above the Gripe being in exquiſite Torment, and not able to drive the Motion down through the Convulſive Knot, will fly upwards in violent Exploſions, and ſo render the Colic, which was ſharp before, outragious; and ſo much the more pertinacious, becauſe the Periſtaltic Motion below hath done working, for want of Excrements in them to provoke it.

Sennertus is of the ſame Mind *(de Colicâ*, p. 881.) where he ſaith, (and is quoted by *Riverius*) if Glyſters (which is a common thing) do no good, and the Matter is fixed in the upper Inteſtines, they are not to be obſtinately inſiſted on too long. 'Twas obſerv'd, that when a Patient had had thirty Glyſters (which was a vaſt Number) without any manner of Relief, another Phyſician cured him preſently, with Manna an Ounce and half, and Oil of ſweet Almonds 2 Ounces in fat Chicken Broth.

And

And alſo *Jungken* (*Medic. Præſent.* p. 661.) ſaith, " In truth I never yet could ſee a Colic " cured by Glyſters; becauſe they reach not " the ſeat of the Malady, which is fixed in " the upper Inteſtines, and is cauſed not ſo " much from the great quantity, as Malignant " quality of ſubtile and pungent Particles run- " ning into an inordinate Fermentation.

And *Crato*, (*Conſil.* 10. p. 85.) *Clyſteria*, &c. If the Obſtruction be fix'd above the Navel, Glyſters reach not the Matter; and if they are often repeated, do Hurt.

The Ancients, in an Iliac Paſſion, when the Inteſtines were ſtuffed, and extended with hard Excrements and Wind, had a Practice of blowing into the *Anus* with Bellows, that the Guts, being thereby ſtretched open, might make room for the hard Lumps to come away by the help of Glyſters, which had been before injected to make the Paſſage ſlippery.

Hippocrates (*Lib. de Morbis*, p. 50.) recommends it, whom *Amatus Luſitanus* (*Cent.* 1. *Cur.* 100.) ſaith, you will not repent Reading. *Trallianus* alſo adviſeth it (*Lib.* 10. *Cap.* 1. p. 576.) Of this alſo ſee *Epiphan. Ferdinandus* (*Hiſt* 74. p. 220.) All this I quote, not to boaſt my Reading; but to have it conſidered, whether *Ettmuller* be in the right (Vol. 1. p. 98.) where he calls this *Ridicula cura veterum.*

This contrivance brings into my Mind another related by *Mayerne* (*Prax.* cap. 19.) which

which tho' it be not exactly of the ſame ſort; yet may poſſibly, at ſome time or other prove uſeful, either by relieving one in a miſerable diſtreſs, or at leaſt in giving a wiſe Man a word of Hint to improve by.

One *Dickenſon* being in a ſad and deſperate condition, from ſuppreſſion of the Urine, cauſed by a Caruncle, and Gravel-Stone fixed in the *Urethra*, forced Air into the Bladder by the help of an empty Syringe, ſtopping it in by preſſing the Virga with his Fingers every time he drew out the Syringe for freſh Air. And when the Bladder was filled, and the Paſſage dilated; he let go at once; and ſo the Wind burſting out with a force, carried the Gravel before it (like Shot out of a Gun) and made way for the Urine to flow freely. Afterwards upon the like occaſion, he ever had recourſe to the ſame Expedient, and it never failed him.

Mayern thinks the Air might conveniently be forced up like a Glyſter out of a Bladder fixed to a convenient *Catheter*, and filled with Wind.

Some Neoterics, inſtead of this ſimple Airy *Flatus*, uſe the Smoak of Tobacco as a preſent Remedy in Flatulent Pains of the Guts, Convulſive Obſtructions of the Belly, Colic, and Iliac Paſſion; and particulary *Sydenham* accounts it the moſt effectual of any Glyſter he knows of.

Of Tobacco Glyſters, and their ill Effects, ſee *Colic Glyſter*.

A Gly-

A Glyſter of Four Oils.

Take Oils of Linſeed and Camomile each 6 Ounces; Oil of Scorpions and Turpentine each 2 Drams; mix.

It's commodiouſly preſcribed againſt the Stone, and Sand in the very Paroxyſm; for it lubricates the Paſſages, breaks the Spaſm of the *Viſcera*, ſoftens hard Excrements, disburdens the Inteſtines preſſing upon the Reins, Ureters and Bladder, and ſo openeth the Ways, and forceth ſmall Stones, gravelly Matter, and Sand, to deſcend, and be evacuated with leſs Difficulty and Dolour.

A Glyſter of Pomegranate.

Take Pomegranate Peel bruiſed half an Ounce; Flowers of the ſame 1 Dram; boil in Milk half a Pint to 4 Ounces; to the ſtrained add Brandy (or Cinnamon Water) 2 Ounces; Diaſcordium 6 Drams; Oil of Nutmeg 6 Drops; mix.

That it may be the longer and eaſilier retain'd, (which is of great Moment in this Caſe) foment the *Anus* with ſome warm Aſtringent Decoction; or at leaſt, apply hot Cloths to it, and let the Patient compoſe himſelf to ſleep as ſoon as he can. Perhaps alſo it might be well for him to lie upon his Right Side; for ſo the *Colon* will not be ſo much preſſed upon by the Weight of the other Inteſtines.

This

This (beyond almoſt all other Aſtringents) is prevalent in ſtopping ſuch a Looſeneſs as comes without Gripes, and is occaſion'd, not ſo much by the Quantity and Sharpneſs of Matter, as Laxity and Lubricity of the Inteſtines.

A Purging Glyſter.

Take of the Decoction for Glyſters 12 *Ounces*; *Mixture for Glyſters* 3 *Ounces*; *mix.*

The Title ſets forth its Uſe.

I am of Opinion, that Glyſters (notwithſtanding the Valve of the *Colon*, which hinders their corporal Aſcent any higher) may purge not only the *Rectum* and *Colon*, but all the upper Guts alſo: For the Periſtaltic Motion once begun in the lower ones, may very eaſily (and uſeth to) be continu'd ſucceſſively up, even to the *Pylorus* itſelf; and by that means the Excrements are borne downwards, and ſqueez'd forwards, through the whole Tract of the Inteſtines; and this eſpecially in thoſe, whoſe Guts being wove up of fine-ſpun *Fibrillæ*, are touchy and irritable, and therefore eaſily purged.

A Refrigerating Glyſter.

Take of the common Emulſion 12 *Ounces*; *Oil of Lillies* 4 *Ounces*; *Salt Prunel* 2 *Scruples*; *Sugar of Lead* 1 *Scruple*; *mix, and inject it Milk-warm.*

It's

It's adviſable, when a very acrid fiery Bile being plentifully ſuffuſed into the Inteſtines, excites Fervor, Fury, and Dolour, as in the *Cholera morbus*, and ſome ſort of Fevers.

Some have dared to inject Glyſters actually cold, and ſome again condemn it as male Practice. But ſeeing the Stomach, (which is of a far more exquiſite Senſe, and hath ſuch a ſympathetic Influence upon the whole Syſtem of the Spirits) I ſay, ſeeing the Stomach can bear cold, yea even Icy Draughts, why ſhould not the Guts the ſame, or more? But I never made any Experiment of this Matter; and therefore only propoſe, but not impoſe it.

Altho' I propoſed thus modeſtly, yet I am inform'd ſome have ſcoffed at me for it. Now, when a Man of Senſe and Civility is not of my Opinion, he hath free Liberty to enjoy his own: But when a ridiculing Buffoon makes Mouths at me, I look upon him as a ſort of Man-Monkey: He is welcome to play his Tricks, provided he bite me not. I ſhall therefore not anſwer a Fool in his Folly, but extract a Paſſage from *Vander Heyden*; who, in the Year 1649, put out a Tract of Whey, cold Water, and Vinegar; and tells us, 'tis the confirm'd Experience of his 53 Years Practice in *Gaunt*.

In Fluxes of the Belly, (accompany'd with Fever, or Gripings) after he hath ordered large Quantities of Whey, and repeated Purgation, he gives Glyſters; and ſaith, To the end the Party

Party may retain them longer, I would have them always adminiſtred cold, and be often repeated, if there be an extreme Griping with the *Diarrhœa*; and ſo much the oftner, in caſe the Party void Blood: But if that ceaſe, and ſome purulent Matter only, or the ſame mixed with a very little Blood, be voided from ſome Ulcer, you muſt then give your Glyſter a little warm.

And I have always, and to People of all Ages, adminiſtred cold: And for Inſtance to the Daughter of the Count *de Wachen*, who was ſick of a Dyſentery, and was not above a Fortnight old; by which her Health was ſpeedily reſtored: And even in the very depth of Winter I have, with very good Succeſs, done the like to Children of not above two or three Months old. And moreover, I have divers Times cauſed 2, 3, or 4 Spoonfuls of Vinegar to be put into the Glyſters, and that where the Patient hath voided in one Day 2 or 3 Pints of Blood: Neither did my Expectation fail me; for the Blood, by reaſon of ſo piercing a Cold, was ſuddenly repelled, and the Orifice of the Veſſels contracted and ſhut up.

This being a Practice not in Uſe with us, and ſo old that it's now new again, I was willing to lay it before the ingenious Reader, to the end he may conſider, and make what Uſe he pleaſes of it: For a wiſe Man ſometimes makes great Improvements from an odd Hint, which

which an unthinking Dolt will over-look, and a ridiculing Droll laugh at.

A Saponaceous Glyſter.

Take Mallows, Golden Rod, each 1 *Handful*; *Juniper and Bay-Berries, Dauçus and Parſley-Seed, each* 2 *Drams*; *boil in Water to* 12 *Ounces*; *in the ſtrain'd diſſolve Caſtile Soap half an Ounce*; *Oil of Camomile* 1 *Ounce*; *Oil of Anniſeed,* 2 *Drams*; *Syrup of Violets* 2 *Ounces*; *mix.*

It potently diſperſeth Wind, ſofteneth indurated *Fæces*, evacuateth the Inteſtines, lubricateth the Urinary Paſſages, expelleth Sand; and therefore, upon all theſe Accounts, belongs eſpecially to, and is very commodious for thoſe that are troubled with Gravel and Sand.

A Somniferous Glyſter.

Take Opium 8 *Grains*; *diſſolve in the Yolk of* 1 *Egg*; *then add Erratic Poppy Water* 6 *Ounces*; *Diaſcordium half an Ounce*; *mix, and inject luke-warm at Sleeping Time.*

In acute, and other great Diſtempers, when want of Sleep, (cauſed by Vehemence of Pain, Eſtuoſity of Humours, or Reſtleſneſs of Spirits) grows to that Paſs, as to weaken ſo much, that 'tis no longer ſafe to venture Opiates in the Stomach; then (that Nature may not be deſtitute of all Aſſiſtance) Authors adviſe to give them in Glyſters. Thus *Sennertus*

tus (de Phrenit.) counſelleth to mix Opiates in Glyſters, where the Patient is weakened to the utmoſt Degree, and therefore may not take them by the Mouth. And *Riverius (de Phrenit.)* aſſerts, that *Laudanum* uſed in Glyſters procures Sleep effectually enough, and more ſafely, than when ſwallow'd.

Notwithſtanding, young Practitioners may be careful in ordering it: For *Platerus* (lib. 1. Obſ. p. 136.) tells us, he preſcrib'd an Opiate Glyſter to an old Man in a Fit of the Stone; upon which he ſlept, and waked eaſy; but the Nerves of his Tongue were ſo ſtruck, that he ſtammer'd like a drunken Man; yet his Speech return'd again, as the Force of the Narcotic wore out. And *Salmuth* (Cent. 3. Obſ. 97.) writes of a *Coma Somnolentum*, occaſion'd by 1 Dram of Opium diſſolv'd in a Glyſter, which was cured by another of Malvatic Wine.

A Sweet Glyſter.

Take New Cows-Milk 6 Ounces; Melaſſos 2 Ounces; mix.

This Glyſter is to be made uſe of before the bitter one, whilſt the Worms, lying in the ſmall Guts, bite and gnaw, and cauſe the Belly-Ach: For they will greedily make to the Milk, which is ſweet and delicious to them; and ſo leaving off biting, will come out of their lurking Holes, and crawl downwards, and lie ready and eaſy to be caſt out by Siege.

A Tere-

A Terebinthine Glyſter.

Take Urine of a Man in Health 1 *Pint*; *Venice Turpentine (diſſolved in* 2 *Yolks of Eggs)* 1 *Ounce*; *Oil of Anniſeed* 1 *Dram*; *Melaſſos* 1 *Ounce*; *mix.*

It's but a Whimſy to preſcribe Urine of Wine Drinkers, as ſuppoſing ſuch moſt enrich'd with Spirits; whereas it has no vinous Spirits at all, and is not ſo pure, natural, and humane a Liquid, as the Urine of ſuch as drink little, and let themſelves be healthy.

Urine ſeems a very proper Ingredient in a Glyſter, becauſe it being lately a Gueſt in the Body, is now receiv'd again in a friendly manner, and ſupplieth the Place of a Bile: For *Pecquet* is clear in it; and *Helmont* alſo, that the Salt of Bile, and of Urine, is the very ſelf-ſame, and both moſt certainly nitrous.

Terebinth diſſolv'd in Glyſters is beneficial in the Dropſy, Colic, and Stone; not only becauſe its Balſamic Particles comfort and heal the Inteſtines, but alſo, becauſe taken up by the Veins, and circulating with the Blood, they move Urine.

Ettmuller reports, that when a Glyſter of Milk, and Turpentine 3 Drams, diſſolv'd with the Yolk of an Egg, had been given in the Morning, and retain'd all Day, it gave the Urine a ſenſible Violet Odour at Night, as Turpentine taken by the Mouth uſeth to do.

This Obſervation makes it more than probable, that the Balmy Particles of Turpentine get into the Maſs of Blood, circulate with it every where, fly through the minuteſt Paſſages, and diffuſe themſelves into the inmoſt Receſſes of the corporeal Frame.

And that they agitate and remove the ſtagnating morbific Matter, and where they find it degenerated into ſalt, acrid, ſowr, pontic, putrid, viſcid, feculent, *&c.* they correct, and reduce it to Freſhneſs, Sweetneſs, and a better *Craſis*; and that they ſeparate from the Blood and Humours heterogeneous *Copula's*, and throw them off by *Diureſis*. This in the liquid Parts.

And as to the Solid; that they ſearch, open, and deterge the Canalicular Fibres of all ſorts; Nerves, Glands, Bowels, *Uterus*, Reins, Bladder, and Urinary Paſſages; and by their Balſamic *Afflatus*, refreſh, heal, and ſtrengthen them.

It therefore promiſeth well in the Belly-Ach, flatulent and humoral Colic, Dyſentery, Conſumption, and other Thoracic, Infirmities. Alſo in Maladies of the Nerves, either from Oppilation, or Laxity: In Cachexies, Dropſy, and all internal Ulcers. Alſo to prevent the Stone, cauſe Urine when the Paſſages are ſtopped up by Gravel, or gelatinous *Mucus*; help for a Dyſurie, and may be uſeful in a white *Fluor*, and *Gonorrhœa*.

But then for this Uſe of altering and mending the Juices and Fibres, it muſt be given frequently, and in ſuch ſmall Quantities as will not purge itſelf off.

N. B. Turpentines taken at the Mouth are likely to have the ſame Effects; but they are apt to hurt the Stomach, if daily uſed.

Pectoral Honey.

Take Honey 1 *Pound*; *Elecampane, Liquorice, of each* 1 *Ounce*; *Seeds of Cummin, Aniſe, ſweet Fennel, Flower of Sulphur, of each half an Ounce.*

Put all into a glazed Pipkin, fit on its Cover; *and having paſted it up cloſe, ſet it into the Oven (after the Houſhold-Bread is taken out;) and after it hath ſtood there* 12 *Hours, pour the clear Honey out thro' a Hair Sieve.*

Honey of Raiſins.

Take Malaga Raiſins freed from the Stalks and Stones 2 *Pound*; *Currants pick'd and rubbed clean with a Cloth* 1 *Pound*; *Jujubes half a Pound*; *beat all in a Marble Mortar, and boil in a convenient quantity of clear Barley Water, till the Goodneſs be boil'd out into the Liquor*; *then ſtrain and ſqueeze it out, and having ſet it by to ſettle, and decanted the clear, and added to it carify'd Honey, and white Sugar-Candy, each* 4 *Ounces,*

boil it again gently till it be reduc'd to a Mellaginous Conſiſtence.

Here I deſire the *Engliſh* Reader to take Notice once for all, that our Herbals give ſuch poor, ſorry, deficient, falſe, and undiſtinguiſhing Accounts of the Virtues of Simples, that he muſt not venture Practice upon their Authority. To inſtance in Raiſins, when they are preſcrib'd, Raiſins of the Sun are generally made uſe of; whereas they and Malaga have their ſeveral Faculties and Uſes no where to be found in ſuch-like Books.

For Raiſins of the Sun are pleaſanter to the Palate, quench Thirſt, and deoppilate more than Malaga, by reaſon of a delicate tartarous Acidity mixed with the Sweet; and ſo are better in thirſty Fevers, and Splanchnic Caſes.

But Malaga incraſſate, obtund, and maturate more than they, by reaſon of their mucilaginous Sweetneſs; and therefore are preferable in Catarrahs, Rheumatiſm, Small-Pox, Stone, and whereſoever a thin, acrid, crude *Serum* is to be corrected or ripen'd.

Mayern's Honey of Raiſins.

Take Raiſins ſton'd and chop'd ſmall 4 Pound; Water 6 Quarts; macerate them 24 Hours; then boil till but a third Part remains, which ſtrain and boil again, till it become as thick as Honey.

A Char-

A Chartaceous Hydrogala.

Take of the fineſt Writing-Paper cut ſmall 4 *Sheets*; *Naples Biskets* 2; *Spring-Water* 2 *Pints and half*; *having boil'd it to* 1 *Pint and half, and ſtrain'd it, add Milk* 1 *Pint and half*; *then boil it again to* 1 *Quart*; *and at laſt, ſeaſon it with fine Sugar and Nutmeg, according as may be grateful.*

It edulcorates, incraſſates, obſtipates; in particular, it ſuccours thoſe that are troubled with *Diarrhœa*, immoderate Flux of the Terms, or Morning Sweats.

Aſthmatic Hydromel.

Take Fox-Glove Flowers freſh gathered, half a Pound; *pour upon them Water boiling hot a Quart*; *ſtop it cloſe up*; *after* 12 *Hours ſtrain out the Liquor, and add to a Pint and half of it Gum-Ammoniac (diſſolv'd in Vinegar* 4 *Ounces, and ſtrained)* 1 *Ounce*; *Honey* 4 *Ounces*; *Tincture of Benjamin* 2 *Drams.*

Let it be taken by a Spoonful at a time, adding (when judg'd expedient) ſome Drops of Spirit of Salt Armoniac.

Calceous Hydromel.

Take Lime-Water 8 *Pints*; *Chips of Guaiacum, Shavings of Saſſaphras, of each* 2 *Ounces*; *Malaga Raiſins* 2 *Ounces*; *Liquorice* 1 *Ounce*; *Seeds of Caraway, and Coriander,*

of each half an Ounce; macerate cold a Day's Time; then diſſolve (over a gentle Heat) in the ſtrain'd Infuſion, Honey 8 Ounces.

The *Lixivium* of *Calx* contains in it a notable Salt peculiar to itſelf; by which the ſharp Particles of the Blood (as well muriatic as acrid) being precipitated, the whole Maſs becometh mild; and ſo, by that means, eaſily receiving the new Chyle, and converting it into its own Nature, the Afflux of Humours to ulcerated Parts is prevented; and conſequently the Cure of ſuch Ulcers accelerated: It's good therefore in Conſumptions.

An Hydromel of Cherries.

Take Spring Water 6 Quarts; Honey 1 Quart; when it's boil'd to a perfect Deſpumation, add Juice of red Cherries 1 Quart; and boil it a little more, ſcumming it carefully.

It's a delicate pleaſant-taſted Liquor, and may ſerve for uſual Drink to quench Thirſt, dilute and maturate.

After the ſame manner may be prepared Hydromels of Juice of Citron, or any other grateful acid Juices, ſaith Dr. *Laſher*.

Hydromel with Comfrey.

Take Comfrey Roots 4 Ounces; Plantain Leaves 2 Handfuls; Seeds of white Poppy, and Henbane, of each 2 Drams; Decoct in depurated Barley-Water 3 Pints to 28 Ounces;

ces; in the clear ſtrained Liquor diſſolve Honey 4 *Ounces; Sugar of Saturn* 24 *Grains; when it is cold, add Whites of Eggs well beaten up* 4; *mix all very well.*

For any Sort of Hemorrhage, give four Ounces.

A Diuretic Hydromel.

Take Roots of Madder, Fennel, each one Ounce; Parſley 2 *Ounces; Bay and Juniper Berries, each half an Ounce; Daucus and ſweet Fennel Seeds, each* 2 *Drams; boil in Water* 2 *Pints and half to* 28 *Ounces; to the ſtrain'd Liquor add Juice of Pellitory of the Wall, and Honey, each* 4 *Ounces; boil it again as long as any Scum ariſeth.*

A Diuretic Levigating Hydromel.

Take Roots of Althæa 1 *Ounce; of Fennel and Parſley, of each half an Ounce; Mallow Leaves* 2 *Handfuls; Malaga Raiſins* 1 *Ounce; Liquorice half an Ounce; boil in depurated Barly Water* 3 *Pints, to* 1 *Quart; in the ſtrained Decoction diſſolve Gum-Arabic* 1 *Ounce; Honey* 3 *Ounces; boil again, and take off the Scum.*

Give a Quarter of a Pint, together with as much White Wine, three times a Day.

Joel's Hydromel.

Take Zedoary half an Ounce; Gum-Ammoniac (not ſtrain'd) 2 *Drams; Flower of*

Sulphur 3 *Drams*; *clarify'd Honey* 2 *Ounces*; *Water* 1 *Pint*; *boil* (*without ſcumming it*) *to* 12 *Ounces*; *at the latter end, adding Saffron* 12 *Grains*; *and when it's quite cold, ſtrain it off.*

It very potently incides, qualifies, and brings off tough Phlegm, that by ſtuffing up the Pneumonic Paſſages, cauſeth an Orthopnœa and moiſt Aſthma: Now whether it be convenient in a dry, convulſive, feveriſh Aſthma, during the Fit, I am ſcarcely ſatisfy'd; but am inclin'd to believe in that Caſe, it may give the Blood too much Fervor, increaſe the Orgaſm of the Humours, and conſequently make the Fit greater.

You may give the Patient a Spoonful or 2 often.

1. A Pectoral Hydromel.

Take Liquorice 2 *Ounces*; *Malaga Raiſins ſtoned and cut ſmall* 4 *Ounces*; *boil in depurate Barley Water from* 3 *Pints to* 1 *Quart*; *to the ſtrain'd add Honey* 2 *Ounces*; *and boil again till it be well deſpumated.*

2. Pectoral Hydromel.

Take Pearl Barley, Malaga Raiſins ſtoned, each half an Ounce; *Figs* 4; *Liquorice* 2 *Drams*; *Roots of Elecampane, Orris, Calamus Aromaticus, and dry'd Tobacco, each* 1 *Dram*; *Colts foot, Ground Ivy, Rocket, Sanicle, each* 1 *Handful*; *ſweet Fennel and Anniſeed*

Anniſeed (added towards the laſt) each 2 *Drams; make a Decoction in ſimple Hydromel* 3 *Pints to* 1 *Quart, and ſtrain it out for Uſe.*

It almoſt equals that of *Joel* (above-deſcribed) for inciding and expectorating; but for mollifying, lubricating, digeſting, and maturating, it goes beyond it. It's eminently beneficial in a deep, laborious Cough, where the inward Receſſes of the *Thorax* are ſtuff'd up, and over-loaded with tough Phlegm: But in a feveriſh, thin, ſharp Catarrh, perpetually dropping thro' the guttural Glands, 'twill prove prejudicial; for by fuſing, heating, and tumultuouſly exagitating the Humours, 'twill moſt infallibly increaſe the Diſtemper.

You may give 3 Ounces, or more, to be ſupped up as hot as Coffee, 3 times a day.

Simple Hydromel.

Take pure Spring Water 2 *Quarts; Honey half a Pound; boil it till it's thoroughly ſcummed.*

Some make it of Water 5 Pints, and Honey 1 Pint.

This may ſerve to prepare any Compound Hydromel with; is ſeldom uſed alone, yet might be a good agreeable Drink, during the whole Fit of an Aſthma, for ſuch as are troubled with an old Cough, or with Gravel or Sand.

Honey

Honey conſiſts of a ſweet, viſcid Principle manifeſt, and of an acrid Volatile, ſomething occult. From its Acridneſs, it detergeth and drieth: From its Viſcidneſs, digeſteth and healeth.

Zwelfer highly diſapproves of clarifying Honey by violent Boiling; and will allow only a little warming, and ſtraining of it thro' *Hippocrates* his Sleeve. He affirms, there is no need of Deſpumation; and that thus cleanſed, it's moſt pure, and may be ſo kept natural, and with its own proper Virtues entire and untainted: Whereas, if it be urged with a hot Fire, the Wax and *Propolis* will be ſo boiled into its Body, and ſo ultimately mix'd, as to render it impure, and give it an unpleaſant Taſte and Smell, that cannot be got out of it again, tho' it be clarify'd ten times over.

And moreover he acquaints us, that the whole Subſtance of Honey will at length be turned into Bubbles, and Air, and be evaporated and loſt, if it be boiled apace, and long enough, and Water be continually put into it.

An Anthelminthic Infuſion.

Take Wormſeed bruis'd half an Ounce; Mint Water 4 Ounces; Gentian compound, and Cinnamon Water, each 2 Ounces; infuſe hot for an Hour; then ſtrain, and add Syrup of Succory with Rhubarb 2 Ounces; Oil of Nutmeg 2 Drops; mix.

Give

Give a Child 2 Spoonfuls twice a day for 3 days, and then after it a proper Cathartic.

Ægineta (Book 4. Chap. 57. Page 384.) ſaith, when Children will not take Medicines, if you lay them on their Backs, and bind them down, and hold open their Mouths with an Inſtrument, and put a Glyſter-Pipe down their Throats, you may inject what Bitter you pleaſe, in ſpight of their ſtruggling.

Araldine Infuſion.

Take Leaves of Polypody of the Oak, and of Fox-glove, each 4 Ounces; having cut, and put them into a glazed Pipkin, and poured on them Spring Water enough to extract their Virtue, put the Lid on it, cloſe it up with Paſte, and let it ſtand in an Oven the day after Baking 12 Hours. Then paſs the clear Liquor through a Sieve without ſqueezing, and keep it in a Glaſs Bottle for Uſe.

'Tis commended for Convulſive Diſeaſes. The Doſe Night and Morning from one Spoonful to five.

An Arthritic Infuſion.

Take Ground-Pine (dry'd, waſh'd and bruiſed) 1 Ounce; Lavender-flowers dry'd, Venice Treacle, each half an Ounce; ſtout, ſtrong, red Wine 1 Quart; infuſe hot 2 Hours, and ſtrain.

To drive the Gout out of the Stomach and Inteſtines, let the Patient drink half a Pint, and

and repeat the ſame Draught as often as the Phyſician ſhall judge needful.

A Bitter Infuſion.

Take common Water diſtill'd 2 *Quarts*; *Brandy half a Pint*; *Salt of Tartar* 32 *Grains*; *Gentian-root* 3 *Drams*; *tops of Carduus*, *Centory*, *Camomile-flowers*, *each* 6 *Drams*; *Cochineal two Scruples*; *Infuſe in Balneo* 12 *Hours*, *and ſtrain.*

Common Water diſtill'd in an Alimbic will keep in the Shop as well as other diſtill'd Waters, and may ſerve as a cheap and general Vehicle in Julaps, Infuſions, *&c.* and is diveſted of all Sorts of Salts, and Qualities.

I chooſe Carduus Tops rather than Seed, becauſe the Seed, being oily, is apt to make the Infuſion muddy; but as here order'd, 'twill be diaphanouſly clear.

It's a little warmer than the common bitter Draught, becauſe in a Quarter of a Pint of the Liquor there is about half an Ounce of Brandy.

I uſe to give it either alone, or with bitter Wine, ſometimes preſcribing equal Quantities, ſometimes of the Infuſion 12 Ounces, and of the Wine 4 Ounces, and ſo varying as I ſee fit. The Doſe is 6 or 8 Spoonfuls twice a day.

A Bitter Chalybeate Infuſion.

Take Alexiterial Milk Water 1 *Pint and half*; *Mint*, *Gentian compound*, *Magiſtral Worm*

Worm Water, each 4 *Ounces*; *Gentian-root* 4 *Scruples*; *tops of Carduus, Centory, and Camomile-flowers, each* 8 *Scruples*; *after* 12 *Hours warm Infuſion, run it through a Sieve without ſqueezing, ſo that it may be pure clear and fine, and mix with it Chalybeate Wine* 1 *Quart.*

An Infuſion of Camomile.

Take diſtill'd Water 1 *Quart*; *Brandy* 4 *Ounces*; *Salt of Tartar* 2 *Scruples*; *Camomile-flowers dry'd and bruis'd* 2 *Ounces*; *infuſe warm* 12 *Hours, and decant the clear thro' a Flannel Strainer.*

See the bitter Febrific Decoction.

A Cardiac Infuſion.

Take Conſerve of red Roſes 1 *Ounce*; *Conſerve of Borage-flowers* 2 *Ounces*; *candy'd Citron-peel beat to a Maſh* 6 *Drams*; *pour on them Borage Water* 9 *Ounces*; *Meadow ſweet Water* 3 *Ounces*; *Damask Roſe Water* 2 *Ounces*; *having mix'd all very well in a Marble Mortar, and let them ſtand cold an Hour, ſtrain out the Liquor, and add to it Juice of Kermes half an Ounce*; *Juice of Lemon* 1 *Ounce*; *Syrup of Rasberries half an Ounce*; *and paſs it all thro'* Hippocrates's *Sleeve, till it be pretty clear and fine.*

It reſtrains the Fervor, and allays the Impetuoſity of the too inflammable Blood; at the ſame time it alſo clarifies and rouzes up the Spirits

Spirits darkened and depreſs'd with atrabilarious Vapours. 'Tis a very grateful and comfortable Thing in a burning Fever, eſpecially if the Patient be inclinable to Hypochondriaciſm and Melancholy. You may give a large Wine-Glaſs full thrice a day.

A Cephalic Infuſion.

Take dry Peacocks Dung (the white part) 4 *Ounces*; *Millepedes alive bruis'd* 1 *Ounce*; *Black-Cherry Water, white Wine, each* 1 *Pint and half*; *let them ſtand cold* 24 *hours, then having clarify'd it, by often paſſing it through a Flannel Bag, add* Langius's *Antepileptic Water* 3 *Ounces*; *Spirit of Lavender compound* 1 *Dram and half*; *Oil of Nutmeg* 3 *Drops*; *Syrup of Piony compound* 6 *Ounces, mix.*

It cleanſes out the *Meatus* of the Brain, when choak'd up and grown unpaſſable by reaſon of muddy Feculencies; roborates its Tone when flaccid and ſunk, and defecates the Animal Spirits when clogg'd and incens'd with an heterogeneous *Copula*; refreſhes and invigorates them when feeble and fainting; diſcuſſes the Miſts and Clouds of the Head, and procures Serenity and Sun-ſhine: Therefore we employ it with happy Succeſs in an Idiopathic Head-Ach, Vertigo, Scotomy, *&c.* giving a Quarter of a Pint Nights and Mornings.

An Infuſion for a Colic.

Take Zedoary-root contuſed 2 *Ounces*; *Canary Wine, Brandy, each half a Pint*; *macerate in a gentle heat* 12 *hours. To the ſtrain'd add Oil of Juniper* 16 *Drops*; *Oil of Cloves* 4 *Drops*; *fine Sugar* 1 *Ounce*; *mix.*

In a Bilious Colic no Medicine will avail much, till the Body be wrought through with a Purge; and after it is ſo, this Medicine will be uſeful. In an Hyſteric Colic Dr. *Sydenham* preſcribes Zedoary between the Fits. Two or three Ounces are to be taken 3 or 4 times a day.

An Epileptic Infuſion.

Take Miſſelto cut and bruis'd 4 *Ounces*; *Juice of Rue* 1 *Ounce*; *Brandy* 4 *Ounces*; *Spring Water* 28 *Ounces*; *Salt of Tartar* 2 *Scruples*; *infuſe in a gentle heat* 12 *hours: Let the ſtrained ſubſide, till depurated, which decant and ſweeten with Syrup of Piony compound* 4 *Ounces.*

Mr. *Boyle* (Uſefulneſs of Philoſ. p. 175.) relates an Hiſtory of a radicated Epilepſy cured by Miſſelto of an Oak. But, for ought I know, it's only the Superſtition of the Druids, and Scarcity of that of the Oak, which gives it the Preference before that of Hazel, white Thorn, Lime, Apple, or even Crab-tree.

An Infusion of Nettles compound.

Take Nettle Roots fresh gathered 4 *Ounces; Nettle Herb* 2 *Ounces; Seeds of Nettle, Daucus sylvestris, Annise, Cummin, each half an Ounce; Lime-Water* 2 *Quarts; set them into a warm Oven to infuse (close stopped up)* 12 *hours; decant the clear Liquor, and in* 28 *Ounces of it dissolve Gum Arabic* 2 *Ounces; Crude Allum* 32 *Grains; Mr.* Boyle's *Syrup (or Diacodium)* 4 *Ounces; mix.*

For bloody Urine, or Ulcers of the Reins and Bladder, give 4 Ounces for a Dose.

A Purging Infusion.

Take Senna 1 *Ounce; white Tartar powder'd half an Ounce; Elder-flower-water, white Wine, each half a Pint; infuse warm and close in a glass or glazed (but not Brass) Vessel,* 12 *hours. To* 12 *Ounces of it clear strain'd, add Syrup of Succory with Rhubarb* 4 *Ounces; Oil of Annise-seed and Oil of Nutmeg, each* 2 *Drops; mix.*

Senna (saith *Fr. Sylvius)* is a kindly, gentle Medicine, if given either in Substance or Infusion; but decocted, is not so; for then it's apt to cause Gripes, especially in such as abound with austere and acid Humours.

This Infusion will fit Children, as well as grown People; for it operates very friendly, and yet effectually. If any Constitution call for it stronger, a few Grains of powder'd Scammony

Scammony may be added (when cold) to each Doſe. The Doſe to grown Perſons is 3, 4, or 5 Ounces. Hence it may eaſily be proportion'd for all Ages.

A Red Infuſion.

Take Diaſcordium half an Ounce; Cochineal 2 Scruples; Cloves 1 Scruple; red Liſbon Wine 6 Ounces; Cinnamon Water 2 Ounces; let all ſtand at the Fire ſtopp'd cloſe 2 hours. Strain and add Syrup of Quinces (or of Meconium) 1 Ounce and half; mix.

It's for 2 Doſes againſt a *Diarrhœa.*

A Reſerating Infuſion.

Take green Fig-leaves 1 Ounce; common Daiſy Roots 6 Drams; Contrayerva 2 Drams; Spring Water 1 Pint; Brandy 2 Ounces; Salt of Tartar 1 Scruple; make a warm and cloſe Infuſion, which ſtrain and edulcorate with Sugar.

Its Uſe is to reſerate the too cloſe *Compages* of the Blood, that it may ſhed off its *Serum* and other Recrements.

An Infuſion of Rhubarb compound.

Take Rhubarb ſliced thin 2 Drams; yellow Mirobalans bruiſed 1 Dram; Salt of Wormwood 15 Grains; Plantain and Cinnamon Water, each 2 Ounces; infuſe warm and cloſe a Night's ſpace; then having ſtrain'd it out, add Oil of Anniſeed 1 Drop; Syrup

of Roſes ſolutive half an Ounce (or 6 Drams) mix.

Sometimes, where there are Gripes, I preſcrib'd thus.

Take Rhubarb 2 Drams; Brandy 1 Ounce and half; Cinnamon-Water 1 Ounce; infuſe (over hot Coals) an Hour; to the ſtrained add Syrup of Roſes ſolutive 1 Ounce; Oil of Nutmeg 1 Drop; powder'd Rhubarb half a Scruple; mix.

It evacuates ſlimy, bilious, or any other Matter that offends, and provokes the Inteſtines; takes away Gripes, diſſipates Wind, roborates the Bowels, corrects their Lubricity, Fortifies the Tone; and ſo is thoroughly furniſhed with all Requiſites, rightly and rationally to ſtop and cure a *Diarrhœa.*

An Infuſion with Roſes compound.

Take Red Roſes, Balauſtines, each 2 Drams; Oak Bark half an Ounce; Spring Water 1 Quart; give it a warm Infuſion for 12 Hours; then ſtrain, and add Barley Cinnamon Water, 4 Ounces; White Sugar 2 Ounces; Oil of Nutmeg 2 Drops.

It aſtringes potently, and therefore conduceth in a *Diarrhœa* and Spitting of Blood. But, becauſe it may poſſibly be miſchievous in the Hands of the unskilful, or unwary, I am willing to put down here two Cautions worth obſerving.

1. In

1. In a Symptomatic Flux of the Belly, where an acute Fever is the primary Diſtemper, it's a difficult Caſe; and it's ſafer then to ſet upon it with direct Alexipharmacs, which may be able to grapple with the hoſtile Venom, and drive it outwards, than with Aſtringents and Opiates, which unhappily concentrate, and ſhut up the malignant Humours, hinder the Depuration of the Blood, and ruin the weak Spirits.

2. In an *Hæmoptyſis*, after the Eruption of Blood is actually ſtopt, there may be extravaſated Gore, and grumous Clots remaining in the Lungs; and while they are ſo, Aſtringent, are bad, foraſmuch as they are an Impediment to Excreation, and cauſe Shortneſs of Breath, Suffocation, vehement acute Fevers, Inflammation of the Lungs, and Death itſelf.

The Doſe is 3 or 4 Ounces, to be repeated till the Indication be anſwered.

An Infuſion of Roſes ſimple.

Take Conſerve of Red Roſes 4 *Ounces*; *Oil of Sulphur* 48 *Drops*; *(or as much as ſuffices to bring it to a fit Acidity) Spring Water* 1 *Quart*; *macerate warm all Night*; *in the Morning run it, till clear, through a Flannel Bag.*

It doth all that can be looked for from Tincture of Roſes; namely, refrigerates overheated, reſtrains boiling, corrects ſalt, acrid, and incraſſates thin Blood. It tempers Choler,

ſatiates Thirſt, refreſhes the Stomach, reſtores loſt Appetite, and moderately aſtringes, 'Tis a pretty pleaſant Julep, uſeful in burning and malignant Fevers, in Hæmorrhages at the Noſe, Spitting and Vomiting of Blood, Flux of the Terms, bilious *Diarrhœa*, Dyſentery, *Pica*, and Danger of Abortion.

A Wine Glaſs of it may be taken twice or thrice a Day.

After the ſame manner may be prepared an Infuſion of Conſerve of Wood-Sorrel, or Violets, againſt great Heat of the Stomach, and Thirſt in Fevers.

The Spaniſh Infuſion.

Take Spring Water 3 Pints; Salt of Tartar half an Ounce; Saffron (ſnip'd ſmall with Sciſſors) half a Dram; Spaniſh Juice of Liquorice, ſliced thin, 1 Ounce; digeſt warm and cloſe 24 Hours; and then ſtrain it.

It edulcorates, maturates, incides, and expectorates. In a thin Defluxion, owzing out of the Glands of the Throat, whoſe Nature is to return moſtly in the Evening, and then moleſt with a vexatious Cough, give half a Pint cold juſt at going to Bed.

But in a true Pectoral Cough, which is owing either to an acrid *Lympha* inceſſantly ſuffuſed, or to groſs heavy Phlegm depoſited, obſtructing and oppreſſing the *Bronchia*, or lobular Appendixes of the Lungs, let a Quarter of a Pint be drank hot every Night and Morning.

In

In a ſeveriſh Catarrh, with frequent, uncertain Returns, and Changes of Shiverings and Fluſhes, Heavineſs of the Head, Noiſe in the Ears, Redneſs of the Eyes, and thin running at the Noſe; let it be ſipped off hot, like Coffee, all day long at times, and let the Patient keep himſelf up in his Chamber, and avoid the cold Air.

A Styptic Infuſion.

Take ſtinging Nettle-Roots 4 *Ounces*; *Salt Prunel half an Ounce*; *Juice of Nettles* 2 *Ounces*; *Spring Water* 1 *Quart*; *make a warm Infuſion for* 12 *Hours*; *then ſtrain, and add Syrup of Marſh-Mallows, (or of Meconium)* 4 *Ounces*; *mix.*

A Traumatic Infuſion.

Take green Twigs of woody Night-ſhade (cut like Sarſaparilla) 4 *Ounces*; *Cochineal* 1 *Scurple*; *White-Wine* 1 *Quart*; *infuſe hot and cloſe all Night*; *then having ſtrained out the Liquor, add Syrup of Ground Ivy* 4 *Ounces*; *Venice-Treacle half an Ounce*; *mix.*

It's a ſingular Experiment in a Contuſion; for it diſſolves extravaſated Clots of Gore after a marvellous manner, drives it again into the circulating Maſs of Blood; and there, partly by *Diaphoreſis*, partly *Diureſis*, and ſometimes by Purging, throws it out of the Body. It operates ſo powerfully and ſpecifically, that upon the Uſe of it, I have ſome-

times (not without Aſtoniſhment) obſerved black Urine, which I ſuppoſed was made ſo by Clots of Blood diſſolved, abſorbed, and mixed in with the *Serum*. Let 6 Ounces be taken twice, or 4 Ounces thrice a day.

Infuſion of Zedoary compound.

Take Roots of Zedoary, Aromatic Reed, of each half an Ounce; Seeds of Caraway, ſweet Fennel, of each 2 Drams; Nutmeg, Cardamum, Saffron, of each 1 Dram; Cloves, Grains of Paradiſe, of each half a Dram; Alexiterial Milk Water a Pint; Waters of Mint half a Pint; of Cinnamon 4 Ounces; of Gentian, and Wormwood (both) compound, of each 2 Ounces; Macerate cloſe and moderately warm a day's ſpace; then having ſtrain'd and let it ſettle clear, decant, and add Spirit of Lavender compound, and Spirit of Salt Armoniac, of each 2 Drams; mix.

It's Stomachic and Cephalic; is a proper Medicine to drive the Gout out of the Stomach and Bowels, and is profitably given in the dry Belly-Ach, as it is called in the *Weſt-Indies*.

Attempering Juice.

Take Dandelion, as much as you think fit, pound it to a Maſh, put it into a glazed Pipkin with a Cover, ſtop it up with Paſte, ſet it in an Oven after the Bread is drawn; let

it

it ſtand in ſix hours, then putting it into a Hair Sieve, let the clear Liquor drain out.

Thus may Juices be extracted from any other juicy Herbs.

Thoſe who have a cold, weak Stomach, apt to Crudities and Belching, had need abſtain from all manner of raw Juices; and therefore the moſt convenient Way of preparing them for ſuch Perſons is thus to bake them in an Oven.

This ſimple Medicine dilutes the Blood and Humours, corrects their acrid Salt, and is a principal Thing in a hot Scurvy, and cutaneous Affections. I have known where it hath done good, even in a *Lepra Græcorum*, ſo far as to keep it from itching, heating, and ſpreading, and made it tolerable, though it could not cure it.

Let four or ſix Ounces be drank thrice, or oftner, in a day.

Juices for a Dropſy.

Take green Plantain Leaves 4 Handfuls; Liverwort, Brooklime, each 2 Handfuls; having pounded them in a Stone-Mortar, add Horſe-Radiſh Water compound, half a Pint; and wring it out hard through a Cloth.

Famous *Willis* aſſerts, he hath often preſcribed it with Succeſs. The Doſe is three Ounces thrice a Day.

Juice for the Haemorrhoids.

Take the Juice of Yarrow depurated, 1 *Pint*; *White Sugar* 2 *Ounces*; *mix.*

When the Flux of the Hæmorrhoids is ſeaſonable and moderate, it purgeth the Body of feculent groſs Blood, and preſerves from, and cures many ill Diſtempers, ſuch as Pleuriſy, Scurvy, Leproſy, Cancer, Melancholy, Hypochondriaciſm, Madneſs, Scirrhus, Tumors of the *Viſcera*, *&c.*

But if by Loſs of Strength, Pain in the Back and Thighs, Failing of Appetite, ſqualid Habit of Body, greeniſh or dusky Colour, and Deadneſs of Look, you are certainly aſſured, that the Flux is too much, and ought to be moderated; then this (eaſily procured) Styptick may bring good Aſſiſtance, and was the great Secret of a certain great Phyſician. And *Riverius* ſaith, the Decoction of Yarrow uſed as uſual Drink, for three Days together, happily takes off the Pain of the Piles.

The Doſe is 3 or 4 Ounces twice a day.

Of all Juices, I account that of Apples, beyond compare, the beſt; becauſe Nature hath wrought it up to a much higher Degree of Generoſity, and Maturity, than that of crude traſhy Herbs, which afford nothing of that delicate Dulco-acid, Aromatic, and Odoriferous Liquor iſſuing from ſome of our fine ſorts of Apples, ſuch as *Kentiſh* and Golden Pippins, *&c.* And what *Simon Paulli* hath ſaid againſt them,

I take

I take to be from a miſtaken Prejudice. They are not fit for Medical Uſe, till they have been gathered a while, and ſweat in a Heap.

The beſt Way is not to drink their Juice, becauſe that will gripe, and purge ſome People; but to eat them raw, or ſcoop out, and eat the Pulp for a long Courſe of Time every Morning.

Thus have they given more Help to Scorbutic and Splenetic Patients, (eſpecially ſuch as were of a hot dry Conſtitution, and apt to be coſtive) than any thing elſe the Shops or Fields could furniſh out. I knew one that uſed to eat 30 every day for his Breakfaſt. Dr. *Baynard* highly cries them up as a moſt noble Pectoral, and cured himſelf twice of a confirmed Conſumption by the Uſe of them. See *Cold Bath*, Part 2. Page 314.

Juices of Herbs may be preſerved good for Medicinal Uſe three Ways.

1. By bottling, and putting ſweet Oil upon them, as is uſed in Flasks of Wine.

2. By boiling away a Quarter Part, carefully ſcumming, and then adding to every Pint of Juice two or three Ounces of Brandy.

3. By letting them ſettle, decanting off the clear, and putting them into Bottles fumed with Sulphur. And this Way is judged the beſt of all.

Scorbutic Juices.

Take Juice of Plantain, Brooklime, Water Creſſes, Dandelion, each 1 *Pint; of Sorrel, Lemons, and white Wine each half a Pint; let it ſtand (in a Cellar) till the thick part ſubſide; then having decanted the clear Liquor, add to it Horſe-Radiſh Water compound, Magiſtral Worm-water, fine Sugar, each four Ounces; Spirit of Scurvy-graſs ſix Drams; mix.*

The Juices of Herbs egregiouſly dilute, edulcorate, purify, and ſoften ſalt, harſh, torrid, and irritable Blood; convey off (by Urine) Saline and Bilious Recrements, refreſh the eſtuating *Hypochondria* with a grateful *Refrigerium*, correct a dry ſtrigoſe Habit with mollifying Moiſture; and (in my Judgment) are the very firſt in the Family of Antiſcorbuticks; and ſo much the more, becauſe they are carried into the Blood in their true natural State, and full and entire Virtues, without being perverted and ſpoiled by Coction, or any other ill applied Artifice.

But they are more medicinal in the Spring than any other Time of the Year, and that not only becauſe Nature in humane Bodies being then of itſelf upon raiſing a Ζύμωσις, and Renovation of the Blood, may be eaſily aſſiſted in its Work; but alſo, becauſe the Juices themſelves are then, in their own Nature, really much richer, and efficacious, as *Simon Paulli*

Paulli obſerves, ſaying, An evident Proof that Scorbutic Herbs are enrich'd with Volatile Salt, moſt eſpecially in the Spring Seaſon, is this; That if we prepare an Eſſence or Tincture of them at the end of *April*, or beginning of *May*, 'twill look red like *Chio*, or Malvatic Wine, which it will not do in other Seaſons of the Year.

Let a Quarter of a Pint be drank daily in the Morning, and at Four in the Afternoon.

Vinous Juice of Scurvy-graſs.

Take Garden Scurvy-graſs, gathered in a dry time, as much as you pleaſe; preſs out its Juice; fill a Veſſel with it, ſuppoſe of 4 Gallons; work it (like Ale) with Yeſt 2 Spoonfuls; when it hath done working, bung it up cloſe, and keep it in a good Cellar. At ſix Months end, 'twill be clear, and yellow like Sack, and then bottle it out, and it will keep good many Years, ſaith Willis.

For the cold, rancid Scurvy, Palſy, Dropſy, and flying Pains, drink 3 or 4 Ounces twice a day.

An Acid Julep.

Take pure Spring Water (boil'd half away) 28 *Ounces; Syrup of Violets* 3 *Ounces; Syrup of Gilly-flowers (or Rasberries)* 1 *Ounce; Spirit of Vitriol, as much as ſerves to make it pleaſantly tart; mix.*

Spring

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Spring

Spring Water (when its Crudity is boiled off) drinks clean in the Mouth, and in many Caſes I prefer it before Barley Water; which, being full of heavy, fulſome Mucilage, is often found ungrateful both to the Palate and Stomach of weak People.

Riverius tells us, Acids ſhould never be omitted in bilious Fevers, becauſe Bitters are dulcify'd by Acids: And if they be intenſe in their Degree, they'll deſtroy the Bitterneſs even of Aloes, and *Colloquintida* itſelf. And when Choler is deſpoiled of its Bitterneſs, it's mortified, and can do no Hurt.

And at another Place he ſays, it ought to be minded of Spirit of Vitriol and Sulphur, that the Uſe of them is great in putrid Fevers, becauſe they notably refrigerate, open, reſiſt Putrefaction, hinder Inflammability of Humours, and quench Thirſt. Yet, notwithſtanding, in a Pleuriſy, Peripneumony, Coughing of Blood, Conſumption, and the other Pulmonary Affects, in Inflammation of the Ventricle, Dyſentery, bloody Urine, and Ulcers of the Kidneys and Bladder, they are very pernicious, and muſt be forborn.

This (elegant, and delicately pleaſant) Julep may be given cold in burning Fevers, to 3 or 4 Ounces, four times a day.

That I may the more amply illuſtrate the Efficacy of chymical Acids, I'll communicate an Obſervation; which, tho' it may look incredible, yet is in every part preciſely true: And,

And, for the Satisfaction of any that will enquire, I ſet down Place and Names.

J. T. Coachman to Mr. *Dixon*, Recorder of *Maidſtone* in *Kent*, fell ill of a fiery Fluxing Small-Pox. The tenth Day, after Eruption, his Fever running high, he fell into a Phrenzy, and bled at Mouth, Noſe, Eyes, and Ears; his Pocks alſo all about his Body bled, and he made bloody Urine.

I chancing to be that Day at their Town, Mr. *Finch*, his Apothecary, conſulted me. The Caſe ſeeming utterly deſperate, I deſired to be excuſed; but when he would not be denied, I order'd plentiful Bleeding, and a powerful Styptic, and Paregoric. Theſe availing nothing at all, we gave 40 Drops of *Oleum Vitrioli* in a large Vehicle, and half an Hour after repeated the ſame. As ſoon as ever he had taken theſe, marvellous was the Alteration! After he recovered, he remembred he underwent Conturbations and Struggles unexpreſſible, and Dolours and Anguiſh ſo intolerable, that, he ſaid, if it were to be done again, he ſhould much rather die quietly, than endure ſuch Pangs to ſave his Life.

But immediately all the Sluices of Blood were ſhut up; anon he ſlept, after awaked perfectly in his Senſes, without any Fever; and from that time gradually amended to a perfect Recovery.

In the Philoſophic Tranſactions N° 109, Pag. 193, we have a Relation of a very odd Bleeding worth reading.

An

An Alexiterial Julep.

Take Alexiterial-Milk-Water, black Cherry Water, each 4 *Ounces*; *Rue Water* 3 *Ounces*; *Epidemial* 2 *Ounces*; *Tincture of Saffron (extracted in Treacle-Water)* 1 *Ounce*; *Syrup of Gilly-Flowers* 2 *Ounces*; *Goa and Contrayerva Stone, each* 1 *Dram*; *Confection of Alkermes* 2 *Drams*; *mix.*

It's uſeful and neceſſary in putrid and malignant Fevers, where the Spirits are over-born, and almoſt ſlain by a deleterious and mortifying Venom; namely, to give them a lively brisk Expanſion, and to rouze 'em up, and make 'em able to recover the due Mixture of the Blood, vanquiſh the Venom, and expel it.

For theſe Purpoſes it may be allowed to 5 Spoonfuls every 8th, 6th, or 3d Hour, as the Caſe requires.

But it's heedfully to be obſerved, that as ſoon as ever the *Phlogoſis*, and Vigour of the Spirits and Blood is thus regained, we muſt immediately deſiſt, or at leaſtwiſe diminiſh its Doſe, and give it ſeldomer, leſt ſo raging a Fire be kindled, that it ruin the humane Fabric.

An Amber Julep.

Take Waters of Parſley, and Fennel each 4 *Ounces*; *Magiſtral Worm and Horſe-Radiſh compound Waters, each* 1 *Ounce*; *Syrup of the* 5 *Roots* 2 *Ounces*; *Salt of Amber half a Dram*; *mix.*

Ape-

Aperients, Diſſolvents, and Diuretics, do much in an *Anaſarca* (tho' not in an *Aſcites.*) For this Malady ariſeth from a morboſe Redundancy of *Lympha*, ſoaked into the minute Hollowneſſes and Interſtices of the *Fibrillæ*, of which (diſpoſed like little Pipes) the whole Syſtem of the Body is wove up and conſtituted: And 'tis increaſed by that *Lympha*'s growing thick, gelatinous and ſizy; whereupon it dams up the ſmall Aquæducts, and occaſions the reſt of the *Lympha*, that comes ſtreaming after, to break over its Banks, and lay all under Water about it.

Therefore, ſuch Things as have Power to liquify and thin that ſame Size, thruſt it out from the Filaments, bring it back into the circulating Maſs, and at laſt turn it out by Urine, are apparently of mighty Efficacy and Advantage.

Which Things being to be expected, eſpecially from Aperients and volatile Diuretics, this preſent Julep muſt be looked upon as a Medicine of much Avail againſt an univerſal Dropſy, provided it have not gone on too far, and be as yet only an Affuſion in, or among the fleſhy Fibres, and have not burſt the Lymphatics, and fallen into the Cavity of the *Abdomen.*

Due Purging, not omitted, 4 Ounces are to be drank thrice a Day.

An

An Antemetic Julep.

Take Oak Bud, and Barley Cinnamon Water, each 3 Ounces; Gentian and Wormwood Waters (both compound,) Syrup of Lemons, each 2 Ounces; Salt of Wormwood 2 Scruples; Liquid Laudanum 40 Drops; mix.

The conſtituent Elements of this are, a fix'd Salt put to an acid, and turn'd into a third of a neutral Sort, Aromatics, Aſtringents, and *Laudanum:* Therefore it obtunds the acrious Ferment, recals the Vigour and Tone of the Stomach, regulates the Furies of the Spirits, charms the Spaſm of the *Fabrillæ*, and effectually ſtops Vomiting.

The Doſe is 3 Spoonfuls, often repeated; for the recoiling Stomach will bear but ſmall Quantities.

An Aſtringent Julep.

Take Waters of Plantain, and Oak Buds, each 4 Ounces; Mint Water half an Ounce; ſtrong Cinnamon-Water 2 Ounces; Syrup of dried Roſes 1 Ounce and half; Diaſcordium, Bole, each 4 Scruples; Japanic Earth 2 Scruples; Oil of Nutmeg 2 Drops; mix.

It's deſigned againſt a *Diarrhœa.* Now a Symptomatic *Diarrhœa* (and that is ever ſuch an one which breaks out at the beginning of Fevers) is always bad. 1. Becauſe it impedes the Concoction of the morbific Matter; or (in other Terms) the legitimate Separation of Humours

mours by natural Fermentation. 2. Becauſe it very much waſtes the Spirits, and weakens. 3. Becauſe it's an Effect of Febrile Colliquation, as appears by the Excretions, which are then always remarkably fetid. And therefore, ſuch a *Diarrhœa* is certainly to be ſtopped, or at leaſt ſo far reſtrain'd, as that it may not grow exorbitant.

You ſhall commonly have Phyſicians think, that Purging is then indicated: But *Lindanus* ſaith well, they don't rightly conſider the Nature of it, when it ſupervenes another Diſtemper. For ſince ſuch a *Diarrhœa* is occaſioned from extreme Crudity and Acrimony, and often Malignity of the Matter, and from the Confuſion and Colliquative State of the Humours, aſſuredly it ought not to be irritated, and exaſperated more by Purgers; but either be wholly ſtopt, or at leaſt kept under within due Bounds.

The Doſe is three Ounces every ſix Hours, or oftener, if need be, until the Symptom be moderated. And after that, twice or thrice a day, according as the Caſe ſhall require.

A Camphorated Julep.

Take Water of Elder-Berries and Black Cherries each 6 Ounces; Compound Briony Water 1 Ounce; then fire 4 Scruples of Camphire, and quench it in this Mixture; fire and quench it again and again, till the Camphire be quite conſumed; at laſt add Syrup

of Elder Berries and Black-Cherries, each 1 *Ounce and half*; *mix.*

Often repeated Experience hath approved this to be one of the moſt excellent among the Hyſterics; for by wonderfully charming the frantic Spirits, reſtraining the deſultory, condenſing and fixing the diſſipable, it breaks off a preſent Paroxyſm, and prevents the Return of any more. Yea, if it be uſed but long enough, it ſometimes extirpates it radically. The Doſe is 2 or 3 Ounces.

A Carminative Julep.

Take White-Wine 4 *Ounces*; *Waters of Camomile Flowers and Rue, each* 3 *Ounces*; *compound Piony Water* 1 *Ounce and half*; *white Sugar* 6 *Drams*; *Oil of Juniper* 24 *Drops*; *mix.*

It incides tenacious Phlegm in the Ventricle and Inteſtines; breaks the Froth and Bubbles in it, occaſioned by Convulſive Twitching and Conquaſſation; diſſipates the Wind and Vapours included therein, recals the defective Heat of the *Viſcera*, and takes off the ſpaſmodic Agitation of the Membranes. 'Tis uſefully preſcribed againſt Belching, and againſt Wind diſtending and racking the Ventricle and *Hypochondria's*, againſt the Wind-Colic, Womens After-Pains, Vertigo, *&c.*

The Doſe 3 or 4 Ounces, the Glaſs being well ſhaken before it be poured out.

The Caſtor Julep.

Take Roſemary Tops freſh gather'd, and cut ſmall 1 *Handful*; *pour upon it ſcalding hot Water* 12 *Ounces*; *ſtop it up cloſe for an Hour*; *then ſtrain without ſqueezing*; *to* 8 *Ounces of this Infuſion put Waters of Rue, Penny-Royal, Briony compound, of each* 1 *Ounce*; *of Piony compound, Tincture of Caſtor, of each half an Ounce*; *Salt of Amber half a Dram*; *double refined Sugar* 6 *Drams*; *mix and ſhake all together.*

Againſt Hyſteric Affections give 5 Spoonfuls, together with Spirit of Salt Armoniac, from 5 to 10 Drops.

A Cephalic Julep.

Take Waters of Black-Cherries 4 *Ounces*; *of Rue* 3 *Ounces*; *Piony compound* 2 *Ounces*; *Briony compound* 1 *Ounce*; *Tincture of Caſtor, Spirit of Lavender compound, each* 2 *Drams*; *Oil of Natmeg* 4 *Drops*; *Syrup of Piony compound,* 1 *Ounce and half*; *Powder called de Gutteta,* 4 *Scruples*; *mix.*

It's uſed with Benefit againſt the Epilepſy, all Kinds of convulſive and ſoporoſe Affections, the Head-Ach, Giddineſs and Palſy.

Five Spoonfuls may be given before, in, or immediately after a Paroxyſm; but for Prevention, near the Lunary Periods; for about theſe Times the Brain ſuffers wonderful Alterations; inſomuch, that at the Full Moon it

groweth ſo turgid (which appears by Wounds of the Head) as to fill up the whole Capacity of the Skull; yea, hath often been ſeen to thruſt out thro' a Wound. And as the Moon waneth, it proportionably again ſubſides to the New, and then it's in its leaſt Appearance. Thus we ſee Oiſters, and all Shell-Fiſh, are fuller and better at the Full, and the contrary at the New Moon.

A Chalybeate Julep.

Take Fennel and Parſley Water, each 12 *Ounces*; *Salt of Steel two Drams*; *having throughly diſſolved it at the Fire, ſet it by* 24 *Hours, and poured off the clear, add to it compound Radiſh Water, Syrup of the five Roots, each* 4 *Ounces*; *Spirit of Scurvy-graſs, Elixir Proprietatis tartariz'd, each half an Ounce*; *mix.*

Begin with a ſmall Quantity, as 3 Spoonfuls, and by degrees increaſe the Doſe to ſix or ſeven.

Whilſt this is a taking, let the Phyſician obſerve whether the Steel be carried off, which is to be known by the Blackneſs of the Stools; and if it be not, he may order a Glyſter, or Eccoprotic, to cleanſe the Inteſtines. Yea farther, he may mix Purgers with Chalybeates, to the end that the Body being open, the Steel may not remain ſtopp'd up, ſaith *Primroſe, de morb. mulier.* 176.

A Clove

A Clove Julep.

Take Cloves bruiſed 24 *Grains*; *Saffron clipped ſmall* 12 *Grains*; *Waters of Black-Cherries* 4 *Ounces*; *of Cinnamon, and Mirabilis, each* 1 *Ounce*; *of Piony Compound half an Ounce*; *digeſt warm and cloſe an Hour*; *to the ſtrained Liquor add choice Canary* 4 *Ounces*; *Syrup of Clove Gilly-Flowers an Ounce and half*; *Spirit of Lavender compound* 48 *Drops*; *Oil of Vitriol* 4 *Drops*; *and* 1 *Leaf of Gold*; *mingle all together.*

'Tis Stomachic, Cardiac, Cephalic.

A Cordial Julep.

Take Waters of Balm, Black-Cherries, each 3 *Ounces*; *of Barley Cinnamon* 2 *Ounces*; *Epidemial* 1 *Ounce and half*; *of Piony compound, Syrup of Gilly-Flowers, each* 1 *Ounce*; *Syrup of Lemons half an Ounce*; *Confection of Alkermes* 4 *Scruples*; *mix.*

As ſoon as theſe Sorts of ſpirituous Cordials come to touch upon the Stomach; yea, ſometimes as ſoon as ever taſted in the Mouth, they exert their Virtues; for, by a grateful Appulſe, they refreſh and reſtore the Spirits waiting in the firſt Rooms, or Porch, as 'twere of the Body: And then theſe Spirits affecting others contiguous to them, and they likewiſe others ſucceſſively onward, the pleaſing Ovation undulates in a trice thro' the whole Syſtem of the ſenſitive Soul; and ſo the Brain

and *Præcordia* being recruited and irradiated with a full Influx of exulting Spirits, perform their Buſineſs of vital Functions with a new Briskneſs, and freſh Alacrity; and the Pulſe that lay before weak and wavering, rouzeth up, falls a vibrating luſtily, and drives round the Wheel of Life vigorouſly.

But this ſame aſcititious Vigor wholly depending upon the mere Blaſt of ſo fleeting and fugitive a Thing as Spirit of Wine, is found falſe and fading, and flies off in a Moment; and then the poor ſick Man (his fine Julep nothing availing) falls ſadly back into his late ſick Fits and Languors.

Upon this Conſideration (if the common Cuſtom of Practice would permit) I ſhould willingly, in the place of theſe little deceitful Juleps, ſubſtitute your generous Electuaries; which being rich with Aromatic Oils, would not ſoon go off the Stomach, but by their gratifying Warmth, and delectable *Effluvia*, would put as much Joy and Exultation in the Spirits, for the preſent, as the cuſtomary Juleps could, and would continue ſo to do a great deal longer than the beſt of 'em can pretend to.

A Temperate Cordial Julep.

Take Damask Roſe-water 8 *Ounces*; *ſtrong Cinnamon Water* 2 *Ounces*; *Rheniſh Wine* 4 *Ounces*; *Juice of Orange and white Sugar-candy*,

candy, each 1 *Ounce*; *burnt Hartſhorn finely levigated* 4 *Scruples*; *mix.*

It brings Comfort and Help in Fevers, when the Sick is parched and ſcorched up with fervent Heat, and lieth failing and languiſhing with unſupportable Thirſt: Alſo, when burnt, bilious, acrid Recrements, being ſcummed off from the boiling Blood, and ſhed into the Ventricle, cauſe miſerable ſick Fits, Torture and Anguiſh.

The Doſe is 4 Ounces thrice, or oftener, in a Day.

The Diapente Julep.

Take white (or Rheniſh) Wine 8 *Ounces*; *freſh Spring Water* 18 *Ounces*; *Juice of Lemons ſqueezed out at the time of uſing, two Ounces*; *Gelly of red Currants,* 1 *Ounce*; *Syrup of Rasberries,* 4 *Ounces*; *mix well, and ſtrain.*

This is a very grateful refreſhing Julep in burning thirſty Fevers. The ſame with Julep *Refocillans.*

A Diuretic Acid Julep.

Take Rheniſh Wine 1 *Pint*; *Depurated Juices of Pellitory of the Wall, and of Lemons, each* 2 *Ounces*; *Cleaver Water, French Brandy, Syrup of the five opening Roots, each* 4 *Ounces*; *mix.*

Acid, diuretic Salts, fuſe the Blood, and precipitate it into *Serum*, juſt as ſour Liquors

do when poured into boiling Milk. But this Effect is not wrought upon all alike, nor equally upon any. In a ſound Conſtitution, or one not far from it, the Salt of the Blood is partly fix'd, partly nitrous, and partly volatile: Alſo in ſome Scorbutic, and ſome Hydropic Perſons, it's moſtly fix'd; wherefore in all theſe recited Caſes, your Diuretics conſiſting of an acid Salt, are uſed with Succeſs.

But in Rheumatic Affections, and thoſe Scurvies where the fix'd ſalt Particles of the Blood are carried up to a State of Fluxion, and the Volatile depreſt (which is an uſual Caſe) acidulate Remedies are apt to do more Hurt than Good, foraſmuch as they farther pervert the Blood (which was too much degenerated before) from an healthy *Craſis*. And here Medicines that partake of fix'd and volatile Salts ought rather to be made uſe of.

The Doſe is 4 or 6 Ounces.

A Diuretic Aromatic Julep.

Take White Wine 8 *Ounces*; *Fennel Water* 4 *Ounces*; *Radiſh Water compound* 3 *Ounces*; *Tincture of Salt of Tartar half an Ounce*; *Oil of Juniper* 24 *Drops*; *Oil of Aniſeed, Oil of Nutmeg, each* 8 *Drops*; *White Sugar* 1 *Ounce*; *mix.*

Aromatics, conſider'd as Diuretics, do not operate ſo much upon the Blood as upon the Organs themſelves; For it ſeemeth not to be

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in any-wiſe their Buſineſs to unlock the too cloſe Contexture of the Blood, and liquify it till it lets go its Hold of the *Serum*. But their principal *Ratio Operandi* (moſt aſſuredly) conſiſts in this, that by their Volatility, Tenuity, and Heat or Activity, they open, deterge and comfort the Reins and Ureters, and encourage and ſtimulate them to the Performance of their Office.

And therefore this Medicine hath place, not in a Fever, Scurvy, *&c.* to fuſe, and (by that means) depurate the Blood, but moſt chiefly in Fits of Gravel, to remove Sand and Slime obſtructing the Urinary Paſſages, and ſo to regain a Freedom of making Water. But in a Nephritic Fit, where there's great Incaleſcence and Dolour in the Kidneys, we muſt wholly forbear ſuch hot and ſtimulating Things, leſt the Membranes and Ureters be driven into Spaſms and ſtrong Conſtrictions, and ſo the Deſcent for Sand and Stones be quite ſhut up and ſtopt.

But it's a good ſerviceable Medicine in other Caſes alſo, beſides Gravel and Sand; for being 'tis of ſubtle Parts, and endowed with a Faculty of opening, ſtimulating and comforting, it liquefies the congealed *Lympha*, ſcours out feculent Rubbiſh depoſited in the Receſſes of the Canalicular Habit of the Body, ſweeps it into the Common Sewer of the Circulating Blood; and ſo (tho' but ſecondarily) evacuates by *Diureſis*, and is profitable in the Dropſy;

Dropſy; and that it is eminently ſo alſo in Obſtructions of the *Menſes*, hath been found by good Experience.

The Doſe is four or ſix Ounces twice or thrice a day.

A Diuretic Nitrous Julep.

Take Water of Cleavers 20 *Ounces*; *of Horſe-Radiſh compound, Syrup of Marſh Mallows, each* 6 *Ounces*; *Salt Prunel half an Ounce*; *Salt of Amber* 2 *Scruples*; *mix.*

It eliquates the Blood, dilutes the Juices, diſſolves and drives out the tartarous Salt, and aggeſted *Mucus*; refrigerates, opens, deterges the Reins and Ureters. This ſeems a ſafer Medicine, when the Region of the Loins rageth with Heat and Pain, than the above-ſaid Aromatic one. But it's to be obſerv'd, that the too liberal and frequent Uſe of ſuch kind of nitrous Diuretics, uſeth to weaken the Tone of the Kidneys. Give to drink 4 or 6 Ounces 3 times a day.

An Emmenagogue Julep.

Take Waters of Penny-royal 3 *Ounces*; *of Briony compound* 2 *Ounces*; *White-wine* 6 *Ounces*; *Oil of Savine* 12 *Drops*; *Oil of Cloves* 8 *Drops*; *White Sugar* 1 *Ounce*; *mix.*

It moves the *Menſes*, by exagitating the Blood, unlocking Obſtructions, and ſtimulating the *Uterus:* and it's then eſpecially moſt conve-

convenient, when the *Menſes* are not totally ſtopt, but flow too ſparingly, ſlowly and uneaſily, with Pain of the Back, Belly, and Womb; but where the Blood is much diminiſhed in Quantity, or impoveriſhed, where there is a total Suppreſſion, the Malady confirm'd, and above ſix Months ſtanding, it's wholly in vain to give it.

The Doſe is 3 Ounces (together with *Pil. de Myrrha*, or the like) twice a day, two Days before the expected Term, and during the Evacuation.

An Epileptic Julep.

Take fine powder'd Bark of Peru 6 Drams; and Virginia Snake Root 2 Drams; Waters of Black Cherries, and of Lime Flowers, each 8 Ounces; of Rue and Goats Rue, each 3 Ounces; of Piony compound 2 Ounces; Epileptic Tincture (after deſcribed) 3 Drams; Syrup of Piony compound 3 Ounces; mix.

The Title indicates its Uſe. This was communicated to me. Let the Patient take three Ounces Morning and Evening, before New and Full Moon, ſhaking the Glaſs.

It's reported that *Brunner* chief Phyſician at *Hall* in *Saxony*, having pluck'd the Feathers off from a Turtle-Dove, cauſed it to be held on the Navel of a Woman in an Epileptic Fit; and thereby put it off, for its believed it extracts a certain Venemous *Halitus*; which flings the Dove into Convulſions, and kills it.

it. And *Sennertus* (Tom. 2. p. 478.) thinks well of it for Epileptic Women, that are ſo by ſympathy from the *Uterus*.

Golden Julep.

Take Canary Wine 1 *Pint*; *Cloves bruiſed a Dram*; *Saffron clipped ſmall half a Scruple*; *digeſt cloſe in Balneo an hour*; *to the ſtrain'd add Spirit of Clary (ennobled with Eſſence of Ambergriſe) half an Ounce*; *Spirit of Lavender compound* 1 *Dram*; *Syrup of Gilly-flowers* 1 *Ounce and half*; *Juice of Kermes ſtrain'd half an Ounce*; *Leaves of Gold* 3; *mix.*

This is a very rich, comfortable Cordial.

A Julep with Houſleek.

Take Frog Spawn Water 8 *Ounces*; *Juice of Houſleek depurated, Syrup of Lemons, each* 2 *Ounces*; *mix.*

It powerfully refrigerates, checks the Eſtuoſity of the boiling Blood, recreates a burning Stomach, alleviates Thirſt, and Heat of the Mouth.

I never knew it uſed in Gravel or Stone; but am much inclined to believe it might do good, by cooling the Kidneys, which heat and throb by reaſon of Pain; and alſo by roborating their Tone, which in theſe Caſes is generally flaccid.

And here I'll produce out of *Caſp. Hofman (de Med. Offic.* l. 2. cap. 162.) what he calleth

leth *pulcherrimum præceptum*; and ſaith he had it of his Tutor *Bauhinus*.

If we did but rightly diſtinguiſh (ſaith he) in our Choice of Remedies, we ſhould not have the Stone ſo much among us: For they that continually tamper, and take Diuretics properly ſo called, eſpecially when the firſt Paſſages are not clear, do by that means force a great deal of calculous Matter into the Parts, and ſo increaſe the Malady. How much better do they, who, when they deſign Prevention, cleanſe the firſt Paſſages every three Months, and then drink an Emulſion ſeveral Days after? And when they are upon the Curative Part, in the Fit, do before all other Things gently purge; and after uſe Diuretics, improperly ſo called, which refrigerate, and add Tone to the Kidneys: And as ſuch he mentions *Syrup of Lemons*, &c.

And in great Stoppage and Pains cauſed by Gravel in the Reins, I myſelf have preſcribed ſucceſsfully *Simple Waters 2 Ounces and half; Diacodium an Ounce and half; and Spirit of Nitre (or in want of it, Oil of Vitriol) enough to render it as tart as the Patient could well drink it.*

An Hyſteric Julep.

Take Waters of Black Cherries, Mugwort, Penny-royal, each 3 Ounces; of Briony compound 1 Ounce and half; Tincture of Caſtor half

half an Ounce; Oil of Amber (ground very well together with white Sugar, 1 Ounce) 24 *Drops; mix.*

This, and other fetid Medicines, take off Hyſteric Fits, by handling the Spirits roughly, and driving and diſperſing 'em: For when they grow mutinous, and unequally diſperſed, running in tumultuous Crowds in ſome Places, and leaving others almoſt ungarriſon'd, and ſo either intermit their Duty within the Precincts of the Brain, or *Præcordia*, or elſe do it perverſly; then the beſt Courſe is, to ſend ſuch a ſtern Remedy among them as may uſe ſevere Diſcipline, and laſh and ſcourge them till they are glad to leave their Diſorders, and run to their proper Poſts, and fall to their Charge again: But this Medicine is not equally agreeable to all; for we meet with ſome, in whom Oil of Amber raiſes ſuch abominable fetid Belching, and makes them ſo ſick, that they cannot poſſibly away with it. The Doſe is 2 or 3 Ounces.

A Musk Julep.

Take Waters of Damask Roſes 6 Ounces; of Orange Flowers, Piony compound, each 1 Ounce; of Barley Cinnamon 2 Ounces; Cæleſtis half an Ounce; Musk, Ambergriſe (both ground with Salt of Harſhorn 1 Grain) each 2 Grains; Saffron (clipped ſmall, and tied up in a Muſlin Rag) 1 Scruple; Confection of Alkermes 2 Drams; Oil of Cloves 1 Drop; Syrup

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Syrup of Gilly-Flowers 1 *Ounce and half*; *mix.*

Its delectable *Gas* wonderfully gratifieth the Spirits, allureth them plentifully into the Stomach, and refreſheth them when harraſſed and languid. 'Tis a temperate, indeed, but a moſt noble Cordial; and I never knew a better Medicine in Fevers of a ſuſpicious ill kind, which ſending deleterious Vapours into the Ventricle, inſult the ſick Spirits, puſh them into Confuſions and Convulſions, and ſo excite an Hiccough. But to be ingenuous, tho' this Remedy hath ſometimes (like Succour from Heaven) totally vanquiſhed a *Singultus*; yet I muſt confeſs, I have more often obſerved this Symptom ſo deſperate and deadly, that neither this, nor any other Means I could find out of myſelf, or learn of others, was able to grapple with it: And when we had ſtrove with all our Strength, we found it in vain to ſtruggle with the Fates.

Let five Spoonfuls be admitted every third Hour, or elſe (which I think more adviſeable) let one Spoonful be given every half Hour; ſo ſhall the weak Stomach not be over-charged with Quantity, and be continually imbued with the Medicine.

A Muſk Julep for Children.

Take Black Cherry Water 2 *Ounces and half*; *compound Piony-Water half an Ounce*; *compound Spirit of Lavender* 12 *Drops*; *Muſk*

Musk (ground on a Marble with Salt of Hartſhorn 1 *Grain, and white Sugar-candy* 1 *Dram and half)* 6 *Grains*; *Pearl well levigated* 1 *Scruple*; *mix.*

Let two or three Drams be given to a new-born Infant, thrice, or oftener a day, againſt Convulſions; and ſo more proportionably to the reſpective Ages of Children two or three Years old, for the Chin-Cough.

A Pectoral Julep.

Take Waters of Fennel 6 *Ounces*; *of Penny-royal, Hyſſop, each* 2 *Ounces*; *Sweet Tincture, and Tincture of Saffron (made in Treacle Water) each* 1 *Ounce*; *Oil of Anniſeed* 12 *Drops*; *white Sugar* 6 *Drams*; *Spirit of Salt Armoniac* 12 *Drops*; *mix.*

I commonly add Tincture of Gum Ammoniac (made in Spirit of Wine) to twelve or twenty four Drops.

It conſiſts of Volatile, Oleoſe, and Balſamic Particles, lodged in, and incorporated with a pulpous Body of Sweets: Upon which Accounts its Operations are divers and different; it incides, yet leniſies; attenuates, yet maturates; corrects ſalt *Serum*, melts down thick Phlegm, roborates the ſpringy Tone of the Lungs, frees the *Bronchia* from ſtuffing: In a word, it's a moſt excellent Thoracic, and convenient in any Sort of Cough. The Doſe two Spoonfuls preſently after every Fit of Coughing.

A Pearl

A Pearl Antiphthiſic Julep.

Take of our Pectoral Snail Water 8 *Ounces*; *Barley Cinnamon Water* 6 *Ounces*; *Syrup of Balſam* 2 *Ounces*: *Pearl prepared* 4 *Scruples*; *Oil of Nutmeg* 1 *Drop*; *mix.*

Barley Cinnamon-Water is Cinnamon-Water without vinous Spirits in it: And I look upon Barley-Water not much better for that Uſe than common Water would be.

It's uſeful to refreſh the Spirits, ſupport Strength, retund the Acid of the Stomach, and preſerve its Tone; to diſſolve the crude Tubercles in the Lungs, conglutinate the Mouths of the Veſſels, ſweeten the Acrimony of Humours, correct the colliquative *Diatheſis* of the Blood: Laſtly, to extinguiſh Hectic Heats, and hinder the *Lympha*'s being plentifully ſpewed out of the Glands into the *Trachea* and Lungs. The Doſe is four Ounces thrice a day, or 5 Spoonfuls in ſick Fits.

A Temperate Pearl Cordial Julep.

Take Waters of Borage, Woodſorrel, each 4 *Ounces*; *Damask Roſe, and Barley Cinnamon Water, each* 2 *Ounces*; *Pearl prepared* 1 *Dram*; *white Sugar Candy* 3 *Drams*; *Oil of Nutmeg* 1 *Drop*; *mix.*

It brings an exceeding grateful and preſent Relief to thoſe that are troubled with ſick Fits, and Anxieties in Fevers: For it neither exagitates nor rarifies the Blood; neither doth it

promote or increaſe its Efferveſcence; and yet, nevertheleſs, ſuccours the Ventricle, labouring and almoſt ſinking under the Oppreſſion of ſharp Feculencies, and aduſt Humours flowing from the Blood, endeavouring Deſpumation, and excocted by preternatural Fermentation. And all this it does, by imbuing the Stomach with a ſweetly pleaſant Guſt and Flavour; whereby it being recreated and rejoiced, the Spirits (both indwelling and inflowing) thro' the whole Machine are inſpired with freſh Vigour, at an Inſtant recruited, and mightily ſupported. The Doſe is ſix Spoonfuls at Pleaſure.

A Warm Pearl Cordial Julep.

Take Black-Cherry, and Alexiterial Milk Water, each 4 Ounces; Barley Cinnamon Water 2 Ounces; Epidemial, compound Piony Water, each 1 Ounce; Pearl prepared 1 Dram; white Sugar-Candy 3 Drams; mix.

It hath the Virtues of the laſt foregoing; but becauſe it's a little warmer, ſpirituous and active, it's fitter than it to be preſcrib'd, when not only the Stomach is griev'd and ſick, but moreover, the due Fermentation of the Blood declines, the Pulſe fails, the Spirits droop, and the Animal *Regimen* univerſally languiſhes. Let five Spoonfuls be given in the ſick Fits.

A Pearl

A Pearl Hysteric Julep.

Take Waters of Black Cherries, and Mugwort, each 3 Ounces; Penny-royal, Rue, Briony compound, each 2 Ounces; Pearl prepared 1 Dram; white Sugar Candy 3 Drams; mix.

The Use of this is indicated, not as the two last, when the Stomach or Blood are primarily and principally affected, but when the Spirits themselves, being either inordinately clustered together, are spasmodically exploded, or being over-press'd with heterogeneous Combinations, sink under it, and give out; as it happens when vaporous and hysteric Languors, trembling, twitching, and convulsive, or comatous Affections, either assault or threaten in Fevers.

Let five Spoonfuls be taken, thrice or oftener a day, as the occasion shall call for it.

A Pleuritic Julep.

Take Erratic Poppy Water 6 Ounces; Colts-foot Water 4 Ounces; Syrup of Erratic Poppies 2 Ounces; Salt of Prunel, Goats Blood, each 4 Scruples; mix.

To alleviate Thirst, refrigerate the Blood, dissolve sizy *Coagulum*, break through Obstructions thence proceeding, relax dolorific Crispations of the Membranes, recover due Circulation through the Part, and promote Expecto-

ration and *Diureſis*. Let 4 Ounces be offered thrice a Day.

A Julep of Proprietty.

Take Canary Wine 10 *Ounces*; *Mint Water* 2 *Ounces*; *compound Gentian Water* 4 *Ounces*; *powdered Cloves* 2 *Scruples*; *Spaniſh Angelica-Root* 4 *Scruples*; *give it a warm and cloſe Infuſion for* 3 *Hours*; *to the ſtrain'd, add Elixir Proprietatis tartarized* 2 *Drams*; *mix.*

To excite an Appetite, take off Nauſeouſneſs, and aſſiſt Digeſtion, drink 2 Ounces half an Hour before, and immediately after Dinner, daily.

A Julep with Rasberries.

Take Canary Wine 4 *Ounces*; *Orris-root ſliced thin* 4 *Scruples*; *infuſe in a gentle heat an hour*; *to the ſtrain'd add Waters of Damask Roſes* 4 *Ounces*; *of Barley Cinnamon* 2 *Ounces*; *Cœleſtis, Spirit of Clary, Juice of Kermes ſtrain'd, each* 2 *Drams*; *Syrup of Rasberries* 1 *Ounce and half*; *Leaves of Gold* 2; *mix.*

This is a good, pleaſant, and temperate Cordial, proper againſt ſick Fits, Swooning, and Palpitation, where they proceed from mere Lowneſs and Poverty of Spirits, and not from hyſteric Depreſſion.

A Re-

A Refrigerating Julep.

Take Waters of Purſlane, Borage, Wood Sorrel, each 4 Ounces; Damask Roſe Water, Juice of Lemons (freſh drawn, clear and not muſty) 1 Ounce; Syrup of Rasberries 2 Ounces; mix.

It's a very deſirable Medicine in Fevers, to temper aduſt Filth and Relicts in the Ventricle, incide its tough Phlegm, extinguiſh its Fervor, alleviate unquenchable Thirſt, and repreſs enormous Ebullitions of the Blood.

But too much of any thing is never good; for of the Juice of Lemons (ſaith *Riverius*) this is to be noted, That we ought to be cautious in the Uſe of it; becauſe if it be given too frequently or liberally, it makes *Aphthæ* in the Stomach, and Excoriations, whence ſucceeds a Lientery; which thing may much more be ſaid of ſtrong Mineral Acids. The Doſe 3 or 4 Ounces thrice a day.

A Scorbutic Julep.

Take Elder Flower Water twenty Ounces; Horſe-Radiſh Water compound, Syrup of Elder-berries, each 6 Ounces; Spirit of Scurvy-graſs half an Ounce; Oil of Saſſafras 4 Drops; mix.

The Title points out its Virtues. Of the *Ratio Operandi* of *Scorbutics*, ſee *Scorbutic warm Ale*, *Decoction againſt the Scurvy*,

warm Scorbutic Electuary. The Doſe is 4 Ounces twice a day.

A Saffron Julep.

Take Saffron clipped ſmall 18 *Grains*; *Cochineal (bruiſed, and tied up looſly in Muſlin)* 2 *Scruples*; *Waters of Black Cherry* 4 *Ounces*; *of Mint* 2 *Ounces*; *having given it a cloſe and warm Digeſtion for an hour, pour to it good Canary* 4 *Ounces*; *then ſtrain, and ſqueeze out the Liquor, and add to it Oil of Cinnamon, Nutmeg, Cloves, of each* 2 *Drops*; *the Yolk of one Egg*; *Matthias his Spirit of Lavender a Dram and half*; *Juice of Kermes ſtrain'd, Syrup of Rasberries, of each half an Ounce*; *Syrup of Clove Gilly-flowers* 1 *Ounce*; *and* 2 *Leaves of Gold*; *mix up all together in a Glaſs Mortar.*

It's a generous Cordial, and is particularly good againſt Palpitation of the Heart.

A Splanchnic Julep.

Take Waters of Cuckowpint, Fumitory, Elder Flowers, each 6 *Ounces*; *Gentian compound, magiſtral Worm-water, Syrup of the* 5 *opening Roots, each* 4 *Ounces*; *Tincture of Salt of Tartar* 1 *Ounce and half*; *Spirit of Scurvy-graſs, Elixir Proprietatis tartariz'd, each* 2 *Drams*; *mix.*

It corrects the acid nidorous Juice of the Ventricle, cuts its Phlegm, confirms its Tone, cures the Scurvy. But as to its other Effects in

in the Region of the *Viſcera*, and Maſs of Blood, that I may not make nauſeous Repetitions, I remit the Reader to the *Splanchnic Ale*, and *Decoction*. The Doſe is three or four Ounces, Mornings and Afternoons, to be continued for ſome Weeks.

A Stomachic Julep.

Take Sherry Wine, Barley Cinnamon Water, each 4 Ounces; Waters of Mint, Gentian compound, Wormwood compound, Syrup of Quinces, each two Ounces; Oil of Cloves, Nutmegs, each 2 Drops; mix. Venice Treacle 2 Drams may be added upon occaſion.

It incides and removes heavy Slime, and putrilaginous Filth ſticking in the Folds and *Villæ* of the Ventricle, polluting, and loading it; imbues its feeble and flaccid Fibres with volatile oleous Salt, and corroborates them; encourages Spirits to flow in plentifully, and refreſhes them; and by ſo doing, repairs the Tone of the Stomach, reſtores its natural Heat, recalls loſt Appetite, helps Concoction, cures Belching, diſſipates Wind, takes off Loathing and Vomiting.

Let 3 or 4 Ounces be drank half an Hour before Dinner, to raiſe Appetite in a cold Stomach, or immediately after it, to help Digeſtion.

A Stypric Julep.

Take Plantain Water 6 Ounces; Frog Spawn Water 4 Ounces; Syrup of Coral com-

pound 2 *Ounces*; *Japanic Earth*, *Aſtringent Crocus of Mars*, *each* 2 *Scruples*; *Sugar of Lead* 6 *Grains*; *Liquid Laudanum* 40 *Drops*; *mix.*

It takes down the inordinate Turgeſcence of the Blood, and gives a Stop to its mad Career; corrects the too ſharp *Serum* by Precipitation, makes it rough and auſtere, and ſo prevents its Eruption, and cloſeth up the Gapings and Apertures of the Veſſels: And therefore is available in Hemorrhages at the Noſe, Coughing up of Blood, Flux of Hemorrhoids, *Menſes*, and bloody Urine. Let 3 Ounces be given cold twice or thrice a day.

A Volatile Julep.

Take of the beſt Canary a Pint; *Cinnamon Water* 2 *Ounces*; *ſweet Fennel, and Caraway-Seeds, of each* 2 *Drams*; *Nutmeg, Cubebs, Cardamon, of each* 1 *Dram*; *Cloves, Saffron, of each half a Dram*; *after it hath been an hour in warm Digeſtion, ſtrain and add Syrup of Balſam of Tolu* 2 *Ounces*; *Matthias's Spirit of Lavender, Spirit of Salt Armoniac, of each* 80 *Drops*; *mix, and ſtop up very cloſe.*

This well deſerves Eſteem for its Stomachic, Cardiac, and Cephalic Virtues; for it mightily comforts the Stomach, kindly exagitates the Blood, and evenly expands the Spirits.

A Julep for Child-Bed Women.

Take Waters of Balm, and Black Cherries, each 3 *Ounces*; *of Barley Cinnamon, and Dr. Stephens's Waters, and Syrup of Meconium, each* 2 *Ounces*; *Liquid Laudanum* 40 *Drops*; *mix.*

It's a Bleſſed and well-experimented Remedy for puerperial After-Pains: And none here need fear ſtopping the *Lochia*, for that moſt frequently is occaſioned by intenſe Pain, which by troubling the orderly Motion of the Spirits, convulſing the Fibres, conſtringing the Membranes of the *Uterus* and *Vagina*, and purſing up the Mouths of the Veſſels, ſurpreſſes the Efflux by theſe Ways: And therefore, Opiates that take off thoſe Pains, Hurry of Spirits, and Conſtrictions of Fibres, muſt needs promote the Purgation, and render it placid and plentiful.

And this is not a Practice only excogitated in a Study, and there deemed rational; but is ſufficiently vouched by undoubted Experience, and particularly my own. I know many are againſt it, and eſpecially a late Author, whom I honour; and therefore ſhall not name. But Dr. *Willis* ſaith, If there be a Suppreſſion of the *Lochia*, together with a violent Perturbation of the Blood, Vomiting, Thirſt, and Watching, I have often known *Laudanum* (mix'd with Saffron) given with happy Succeſs.

Dr.

Dr. *Sydenham*, after Trial of Emmenagogues to no purpoſe, gives one ſingle Doſe of *Laudanum*, join'd with Emmenagogues; and ſaith, however aſtringent *Laudanum* may be of it's own Nature, yet, ſince it compoſeth the Perturbation of the Spirits that interrupted the due Evacuation, it ſometimes helps mightily, and recovers the deſired Flux, when forcing Things would do nothing. But (which ought to be heeded carefully) if upon giving it once, the *Lochia* do not follow, the Opium is not to be repeated; for if it be, 'twill ſo perfectly ſtop them up, that they cannot be provoked again by any Art.

Perhaps this Caution of his may be right enough, in caſe of a total Suppreſſion from Loſs of Spirits, and Failure of Nature, occaſioned by a hard Labour, and Flooding: But otherwiſe, when the *Catamenia* flowed not freely enough, and Strength was not wanting I have ſeen where *Laudanum* daily repeated hath brought them down freſh again, quell'd Hyſteric Vapours, cauſed Reſt, and ſupported more than the higheſt Cordial could do. The Doſe is 4 Ounces, to be repeated as the Occaſion requires.

An Hypnopic Lavament.

Take rectify'd Spirit of Wine 3 *Ounces*; *Spirit of Lavender* 1 *Ounce*; *Pil Cochiæ the greater, half an Ounce*; *Crude Opium* 2 *Drams*; *mix.*

It

It may be uſed alone, or (which is better) with an equal Quantity of Oil of Elder-Flowers by Infuſion, and is to be well rubbed upon the Parts, at the Fire, twice a day.

This was communicated to me as an efficacious Remedy againſt watery Tumours, Children's great Bellies, and Hydropical ſwelled Feet. Neither is there any fear of a Gangrene from its Uſe; for (by reaſon of its ſpirituous Particles) it cheriſhes native Heat, opens the Pores of the Parts, and cauſes the viſcous ſtagnating *Lympha* either to evaporate, or be ſucked into the circulating Blood.

An Hyſteric Laudanum.

Take London Laudanum, Aſa-Fœtida, each 2 Grains; Oil of Amber 1 Drop; make 2 Pills for one Doſe.

A Cephalic Liniment.

Take Oil of Nutmeg by Expreſſion, and Palm Oil, each 1 Dram and half; Chymical Oil of Cloves, Roſemary, and Sage, each 1 Scruple; mix.

It's uſed externally for Debility, Pain, Dulneſs, Phlegmatic, and Catarrhous Affections of the Head.

Now, whether outward Applications affect the Meninges and Brain, or not, truly I doubt; for thoſe are ſo cloſely and ſecurely ſhut up in the *Cranium* (as 'twere in a Bone-Box) that I ſuſpect

ſuſpect they can ſcarce have any Communication with the *Pericranium*.

But be that as it will, there may yet be ſundry Caſes, where the *Pericranium* itſelf being primarily affected, permits and requires the Uſe of Externals. And tho' the Matter of a Catarrh do not really flow down out of the Brain, yet the Original of Defluxions is commonly from the *Sinciput* and *Vertex*, where the Humour is collected on the outſide of the *Cranium*, and under the Skin, and thence diſtilling through the *Pericranium* into the adhering Membrane, falls down into the Eyes, Ears, Cheeks, Neck, Teeth, *Uvula*, &c.

Neither is it ſtrange, that theſe thin Humours ſhould be able to deſcend thus, ſince there are Paſſages open enough for the Blood itſelf (tho' much thicker) when thereabouts ſuffuſed into the Parts, by reaſon of a Contuſion and Rupture of the Veſſels. For thus ſaith *Meekren* (in his Epiſt. to *Barbette*) when we opened the *Cranium* of *P. James*, we found *Tulpius* his Opinion true, That in Wounds of the Head, the Blood, which commonly is ſeen to run out at the Ear, deſcends from the upper part of the Head, between the *Cranium* and *Pericranium*; and ſo entring the Space that is between the *Os Parietale* and *Petroſum*, goes on and ſtrains itſelf (as through a Sieve) into the Auditory Paſſage.

A Fron-

A Frontal Liniment.

Take Ointment of Alabaſter 2 *Drams*; *Oil of Roſes* 6 *Drams*; *Opium* 16 *Grains*; *Camphire* 8 *Grains*; *Oil of Nutmeg* 4 *Drops*; *mix.*

Let it be uſed to the Forehead and Temples, to procure Sleep, and eaſe the Head-Ach. But it hath place, not when the Cauſe is in the Brain itſelf, but in the outward Parts only: And that we may be ſurely ſatisfied of, if the Forehead be extremely hot to feel to, the Pain be pulſing, and the Eye-Balls do not ake.

An Hæmorrhoidal Liniment.

Take Poplar Ointment 2 *Drams*; *Oil of Eggs* 6 *Drams*; *Sugar of Lead* 2 *Scruples*; *Opium* 8 *Grains*; *Oil of Amber* 16 *Drops*; *mix.*

The blind Piles are cauſed by reaſon of mucous, thick, ſtagnating Matter obſtructing the Veſſels, and hindring Circulation, and ſo neceſſarily exciting Tumour, Tenſion, Inflammation and Pain. And this Liniment is therefore very profitable, becauſe it attenuates, diſcuſſes, quiets Pain, abates Inflammation; and by contracting the various Veſſels, reduces them to their due Tenor and Size.

A La-

A Lateral Liniment.

Take Ointment of Marſh mallows 6 Drams; Oil of Lillies and Bricks, each 3 Drams; Camphire half a Dram; mix.

It ſmooths, lubricates, and compoſes into Order the *Fibrillæ*, which by dolorific Spaſms being torn and racked, ſtrained and ſtiff, tangled in their Series, and confuſedly corrugated, deprave the internal Chanels, by diſtorting them, and ſhut up the cutaneous Vents, by purſing them up: Alſo it liquifies, exagitates, and diſcuſſes the gelatinous *Lympha*; which, by ſtuffing up the minute Paſſages of the Parts, and hindring the Courſe of the Blood, occaſioned the Inflammation. And by theſe Means, namely, compoſing the *Fibrillæ* into Order, opening the Pores, reſtoring Circulation, taking down Inflammation, and quieting Pain; it muſt needs conduce very much in Pains of the Side, eſpecially when the Muſcles and outward Parts are affected.

But in a true, internal, membranous Pleuriſy, or Peripneumony, I don't remember that I ever yet ſaw it do the leaſt Good at all; and 'tis probable it cannot penetrate ſo far as to touch upon the Part.

Anoint an Iſſue-Paper with it, lay it warm on the Place, cover it with a Piece of Flannel, and repeat it twice a day.

Juſt before we uſe Liniments and Inunctions, it were good to foment the grieved Part with

with a Flannel or Spunge dipped in attenuating and diſcuſſing Decoctions, actually hot, that the Unguents may penetrate deeper; and the Matter, being attenuated and actuated both by the actual and potential Heat, may either be diſſipated and returned again into the Blood, or brought out of the Body by Evaporation.

A Paralytic Liniment.

Take Ointment called Martiatum 2 *Ounces*; *Oil of Spike, Petroleum, each* 3 *Drams*; *powdered Euphorbium* 1 *Scruple*; *Oil of Amber* 1 *Dram and half*; *Oil of Roſemary half a Dram*; *mix.*

Let the relaxed Member be rubbed ſtrongly with this Liniment two or three times a day; namely, to remove Dams and Obſtacles in the Nerves ſtopped up with viſcid Juice, redintegrate the wonted Irradiation of the Spirits, bring the ſlack Fibres into Order, and recover their Tonic Tenſion, exagitate the Blood, and give it a rapid Motion through the Part, and ſo reſuſcitate natural Heat, Senſe and Motion.

But here it's to be heedfully obſerved, that ſometimes the paralytic Part, by the ill Uſe of Externals too intenſly hot, ſhrinks up and withers, to the irretrievable Damage of the Patient. And this happens moſtly (as I conceive) when the Temperament is hot, and the Cauſe of the Reſolution not in the relaxed Part

Part itſelf, but in the Brain, or ſome Member at diſtance; whence the Part, which is ſound enough of itſelf, and rightly conformed, ſuffers by way of Eclipſe, being depriv'd of the Rays of the Spirits: For in that Caſe, if ſuch heating and drying Things be adminiſter'd as are immoderate, and beyond what the Temper of the Part can bear; then they ſcorch, dry, and ſhrink up the *Fibræ Motrices*, diſſipate their indwelling Spirits, and occaſion an uncurable Contraction; for theſe *Fibræ Motrices* are not fit to perform the Function of Motion, unleſs they remain ſoft, flexible, moiſt and ſlippery.

See Paralytic Oil.

A Spinale Liniment.

Take Urine of a healthy Perſon, Tent Wine, Neatsfoot Oil, each 2 Ounces; Sperma Ceti 2 Drams; Mace 1 Dram; boil to 4 Ounces; and ſtrain.

A certain Phyſician kept this as a Secret for the Rickets, and was wont to uſe it on the Spine of the Back, beginning firſt at the Neck, and ſo rubbing downwards.

Since this Malady ariſeth from Obſtruction of the *Medulla Spinalis*, and Debility of the Members, ſuch Ointments as are aperient and corroborant, muſt needs be uſeful. And ſince it ſeizeth none but tender Infants, whoſe Fleſh is limber and flaggy, Things that are over-hot muſt not be applied.

A Ca-

A Volatile Liniment.

Take Oil of ſweet Almonds 1 *Ounce*; *Spirit of Salt Armoniac as much as will bear a Conſiſtence*; *mix in a Mortar by way of Nutrition.*

It penetrates marvellouſly, and doth good Service againſt Cold, Laxity, Obſtructions and Pains of the nervous Parts.

A Litus with Alum.

Take crude, and burnt Alum, of each 2 *Drams*; *Bole, Japanic Earth, of each* 1 *Dram*; *Oil of Saſſaphras* 6 *Drops*; *Honey of Roſes as much as ſuffices*; *mix.*

It's for ſcorbutic, putrid, ſpungy, looſe, bleeding Gums, that ſcarce cover, or ſtick, to the Teeth. Powder'd Gum *Lac* may be added.

A Litus for the Face.

Take Ox Galls 3; *rectify'd Spirit of Wine* 3 *Pints*; *having extracted a Tincture, and exhaled to the Conſiſtence of Honey, diſſolve it in Juice of Lemons* 2 *Ounces*; *and add powder'd Calomel* 3 *Drams*; *Salt of Vitriol* 2 *Drams*; *Venetian Borace* 1 *Dram*; *Fæculæ of Cuckowpint* 1 *Dram and half*; *Digeſt in the Sun* 4 *Days*; *ſtrain and evaporate to a mellaginous Conſiſtence.*

For Sun-burning, Freckles, Spots, Puſhes, Pimples, Redneſs, *Gutta Roſacea*, and all

Blemiſhes in the Face whatſoever. Strike it over the Part thrice a day.

A Litus for Infants.

Take Damask Roſe Water 2 *Ounces*; *the Yolk of an Egg, and fine Sugar ſearced as much as will ſerve to bring it to a due Conſiſtence.*

It's profitable in Eroſions of the Mouth, and againſt *Aphthæ.*

Joel's Litus.

Take Verdigriſe 1 *Dram*; *Honey of Roſes ſtrain'd* 1 *Ounce*; *Vinegar half an Ounce*; *boil to the Conſumption of the Vinegar, and when it's cold, add powder'd burnt Alum* 2 *Scruples*; *Maſtick, Franckincenſe, and Myrrh, of each* 1 *Scruple*; *mix all together.*

It's for ulcerous, putrid Gums. Let a Rag dipped in it be often applied, after waſhing with a proper Gargle.

A Litus with Gum Lac.

Take Gum Lac finely powder'd a Dram and half; *burnt Alum* 1 *Scruple*; *Bay Salt* 15 *Grains*; *Honey of Roſes ſtrain'd* 6 *Drams*; *incorporate all together in a Mortar.*

It's for the Scurvy in the Gums.

A Litus for the Thruſh.

Take Sperma Ceti 2 *Scruples*; *Oil of Nutmeg by Expreſſion* 1 *Scruple*; *ſweet freſh Butter*

Butter half an Ounce; the Yolk of 1 *Egg; free white Chalk waſhed in Roſe Water* 1 *Dram; Honey of Roſes ſtrained, as much as ſufficient to bring it to a right Conſiſtence.*

A Calceous Lixive.

Take Aſhes of Wormwood (not old nor overmuch dryed, but thoroughly burned) 12 *Ounces; Calx Water, and white Wine, of each* 2 *Quarts; infuſe in a gentle Warmth* 12 *Hours; let ſtand to ſettle clear, and decant through a Flannel ſtrainer.*

It corrects the Maſs of Blood when over-ſeaſoned with a muriatic Salt, and cleanſeth it by way of *Diureſis:* For theſe Reaſons Hydropic Perſons find Good by it.

An Hydropic Lixive.

Take ſifted Aſhes of Broom and Bean Stalks, each 2 *Ounces; Juice of Parſley* 4 *Ounces; white Wine* 2 *Quarts; make a Lixivium, to which (when ſtrain'd and clear) add Salt of Tartar* 1 *Dram; Saſſaphras* 1 *Ounce; Bay and Juniper-berries, Seeds of Daucus, Muſtard, Cummin and Anniſe (all bruis'd) each half an Ounce; infuſe cold* 2 *Days; then ſtrain, and add compound Radiſh Water* 4 *Ounces.*

Let a Quarter of a Pint be drank twice a day, with 30 Drops of Spirit of Scurvy-graſs in each Doſe.

An Apophlegmatic Lohoch.

Take Syrup of Hyſſop 2 *Ounces and half*; *Oil of ſweet Almonds* 1 *Ounce*; *Oil of Anniſeed* 2 *Drops*; *Tincture of Myrrh* 1 *Dram*; *powder'd Orris Root* 4 *Scruples*; *Flower of Benjamin half a Scruple*; *Tobacco* 4 *Grains*; *Spirit of Salt Armoniac* 16 *Drops*; *mix.*

By pricking the Parts, drawing the limpid *Saliva*, inciding thick Phlegm, exonerating the Glands, and lubricating the Paſſages, it brings viſcid Phlegm up out of the Throat, and is uſeful whenſoever the *Uvula*, *Parotides*, and internal Parts of the *Gula* are ſwell'd, and oppreſs'd with mucous Filth and when Secretion is to be provok'd, and a failing Cough to be recover'd.

An Aſthmatic Lohoch.

Take Syrup of Ground Ivy, *Horehound*, *each* 1 *Ounce and half*; *Oxymel ſimple* 1 *Ounce*; *Powder of Arum compound*, *of Orris and Gum Ammoniac (diſſolv'd in Cinnamon Water*, *and ſtrain'd) each* 1 *Dram*; *Elixir Proprietatis (prepar'd with Oil of Sulphur by the Bell) half a Dram*; *Flower of Benjamin* 12 *Grains*; *mix.*

It's eminent for the ſame Virtues with the *Lohoch of Garlick*, (after deſcrib'd) namely, it powerfully incides, provokes a Cough, and expectorates; But hath this farther Privilege, That it neither acuates, nor accends the Maſs of

of Blood; and therefore is more proper for ſuch as are of a hot Conſtitution, or actually Feveriſh, as Phthiſical People generally are.

A Balſamic Lohoch.

Take Balſam of Tolu (powder'd, ſearced and ſubacted with Yolk of an Egg) half an Ounce; Lohoch Sanans 1 Ounce; Balſam of Peru 4 Drops; Syrup of Coltsfoot-flowers, as much as needs; mix.

It entirely poſſeſſes all the Virtues that are after to be rehearſed of the *Balſamic Electuary*; but with this Advantage, that being much more grateful to the Palate; it may be more commodiouſly offer'd to the Nice and Nauſeous, that abhor the oily Bitterneſs of Capive.

A Bechic Lohoch.

Take powder'd aud ſearced black Bechic Troches 2 Drams; Lohoch Sanans half an Ounce; Syrup of Jujubes as much as ſufficient; mix.

It obtunds Acrimony, appeaſes Irritation, coats over, lubricates, incraſſates and maturates. It's then eſpecially uſeful, when acrid, ſalt, thin *Serum*, dropping out of the Glands, continually tickles the *Larynx*, and cruelly fatigues the Patient with a perpetual returning Cough.

A common Lohoch.

Take powder'd white Bechic Troches three Drams; Oil of ſweet Almonds, Syrup of Marſh-Mallows, each 1 *Ounce and half; mix.*

It refrigerates, humects, and lubricates the Gullet, and Parts of the Throat, when burnt up, parch'd and rough, more than the Bechic preceding: But it coats over, incraſſates and maturates ſomething leſs. Its preſcrib'd (to very good Purpoſe) in Fevers with Aſperity of the Throat, Difficulty of Swallowing, and Hoarſeneſs; as alſo in ſuch a Cough as is caus'd by Matter of a middling Conſiſtence, between thick and thin.

A Lohoch with Elecampane.

Take powder'd Elecampane, Orris, Liquorice, Japanic Earth, each 2 *Drams; Oil of Anniſeed* 2 *Drops; Syrup of Meconium* 3 *Ounces, or as much as ſufficient to mix.*

It operates after a mix'd Manner, *viz.* Firſt it attenuates, and brings away Matter gathered in the Throat, and then quiets Irritation, and ſtops the farther Extillation of ſharp *Serum:* And is then principally indicated, when the Catarrhous Matter flows ſlowly, and the Cough is excited rather by Aggeſtion than Acrimony; ſuch as that Cough is, that makes it return moſtly in the Morning, and is troubleſome a while, till the Load of Phlegm be coughed

coughed up, and entirely clear'd off, but then yields to a Truce for all day; and is ſcarce at all vexatious, till a new Flow of Filth riſe up to a Turgeſcence, and provoke it again.

A Lohoch with Garlick.

Take Lohoch Sanans 1 *Ounce and half; Garlick candy'd (as in the Pharmac. Bat.) half an Ounce; Gum Ammoniac (diſſolv'd in white Wine, and ſtrain'd)* 1 *Dram; Powder of Arum compound, Myrrh, each half a Dram; mix.*

It powerfully incides thick Matter impacted in the Tubes of the *Bronchia*, and even the uttermoſt Veſicles of the *Trachea*; and by pricking of the *Fibræ Motrices*, and provoking a Cough, cauſes it to be forcibly caſt out.

For Garlick is endu'd with ſuch acrid, volatile, wonderfully penetrating, all ſearching and ſtimulating Particles, that we find (ſaith *Bennet)* upon eating it, Iſſues will plainly ſmell of it, and grow ſore and painful. And *(Lower* obſerves) if bruis'd Garlick be laid to the Feet, the Breath will ſtink of it.

But this Medicine is in no wiſe convenient, where there's a thin, acrid Defluxion *Hæmoptoſis*, Eſtuation of the Blood, or *Præcordia*, and hot Conſtitution of Body.

A Green Lohoch.

Take fine Venice Soap ſcrap'd thin 2 *Scru-*

ples; *Oil of ſweet Almonds*, *Syrup of Violets*, *each* 1 *Ounce*; *mix.*

It recovers a Cough by irritating the *Larynx.* And the whole Republick of Medicine can ſcarcely produce a more effectual thing, to lubricate the Paſſages, and render Excreation facile, prompt and expedite.

Haly's Lohoch.

Take Haly's Powder, freſh made up, half an Ounce; *Diacodium* 1 *Ounce and half, or as much as is ſufficient*; *mix.*

It moſt potently incraſſates, obtunds Acrimony, gratifies the Parts, quiets a tickling Cough, and is preciſely appropriated to a thin Catarrh. It's good for Conſumptive People, I don't deny; but tis ſo only ſecondarily, namely, as it appeaſeth a guttural Cough, which, by continual Succuſſation, uſeth to agitate the Lungs, and pump out acrid *Serum* into them; but it does not primarily affect the Lungs, into which it cannot deſcend. For the *Aſpera Arteria* (by the wiſe and careful Providence of Nature) is lin'd with a Nervous Membrane, of ſo exquiſite a Senſe, that it cannot admit of any thing to enter it but mere Air, not one Drop of clear Water, no not ſo much as Spittle it ſelf (tho' a Liquor ſo near a-kin to what the Glands ſpew into it) without grievous Offence, and Reſiſtance, and Coughing violently, and Struggling, and almoſt Strangling, till it's thrown out again.

Let

Let it be then an eſtabliſh'd Article, that no Eclegme, or any other Medicine (except Vapours and Fumes) can be ſent directly and immediately into the Lungs. And whatſoever the Remedy be, that affects them moſt, (as Balſamicks and Volatiles (it's convey'd mediately only, by the Curricle of the Blood, into the Tracheal Ducts; and Nature never knew any other.

An Haemoptoic Lohoch.

Take Damask Roſe Water, ſharp Vinegar, of each half an Ounce; Whites of Eggs well beaten up 2; *Mr. Boyle's Syrup* 1 *Ounce; as you work it together in a Mortar, ſtrew in powder'd Starch by little and little, till it become of a due Conſiſtence.*

A Lohoch for Hoarſeneſs.

Take Sperma Ceti half an Ounce; white Sugar ſearced, 1 *Ounce; beat them in a Mortar, adding as you work it all along, Syrup of Tolutane Balſam* 3 *Ounces, or as much as ſhall be requiſite to give it a due Body.*

A Japanic Lohoch.

Take powder'd and ſearced Japanic Earth 2 *Drams; White of Egg beaten* 6 *Drams; Syrup of Comfrey ſufficient to give it due Conſiſtence; mix.*

It's a good ſerviceable Thing againſt an *Hæmoptoe*; for it refrigerates and incraſſates the

the Blood, ſtops a Catarrhous Cough that ſtrains and tears the Lungs, and ſhuts and ſeals up the gaping Mouths of the ruptured Veſſels.

An Incraſſating Lohoch.

Take powder'd Marſh-Mallow Root three Drams; Flower of Sulphur 1 *Dram; Gum Arabic half a Dram; White of Eggs beaten up* 1 *Ounce; Syrup of Marſh-Mallows as much as wants to mix it into due Conſiſtence.*

It's egregiouſly advantagious in all hot, thin, ſharp, ſalt Rheums, falling from the exterior Parts of the Head upon the *Larynx*, and hindring Sleep by inceſſant Coughing.

A Levigating Lohoch.

Take Syrup of Marſh-Mallows, White of Eggs beaten to Water, each 1 *Ounce; Sugar Penids half an Ounce; mix.*

In Fevers it's a ſingular Help and Comfort againſt Heat, Siccity, Roughneſs, Hardneſs, Excoriation, Soreneſs and Smart of the Tongue, Mouth,. and Throat, caus'd by either Deficiency or Depravation of the *Saliva*.

A Lohoch with Linſeed Oil.

Take Linſeed Oil new drawn, white Sugar-Candy powder'd and ſearced, Syrup of Ground Ivy, each half an Ounce; powder'd Orris 1 *Dram; Flower of Sulphur half a Dram; Tincture of Gum-Ammoniac* 12 *Drops;*

Oil

Oil of Anniſeed 4 Drops; Salt of Hartſhorn (or Volatile Salt of Salt Armoniac, or Flowers of Benjamin) 6 Grains; mix.

It incides and expectorates thick Phlegm, and is of excellent Service againſt a Pleuriſy and Straitneſs of Breath.

Lucatellus's Lohoch.

Take Conſerve of Red Roſes 2 Ounces; Conſerve of Heps 1 Ounce; Lucatellus's *Balſam (made with Dragons Blood inſtead of Saunders) 3 Drams; Syrup of Comfrey ſufficient to give it a due Body; mix.*

Though I have (in *Haly*'s *Lohoch)* utterly denied the immediate Deſcent of Lambatives into the Lungs, yet I poſitively aſſert their Admiſſion into them by the Mediation of the Blood.

And here I am willing to ſubjoin, that our true Pulmonics conſiſt of ſuch Particles, as being brought into the Blood, cannot be digeſted, ſubdued, and aſſimulated by it; and becauſe they are immiſcible, are preſently (as Circulation brings them to the Place) thrown out of the Pneumonic Arteries, and ſo penetrating into the Tracheal Ducts, have there, according to the Diverſity of their Nature, a reſpective different Operation. Thus Volatiles incide, open, ſtimulate: And Balſamicks diſcuſs Tubercles, eaſe Diſtenſions, and heal Ruptures.

But

But to ſpeak particularly and briefly of this Balſamic *Linctus*, it ſtoppeth a guttural Cough, violently exagitating and rending the Lungs, and it detergeth and healeth the rumid, tenſe, broken and injured Tracheal Veſſels.

A Mucilaginous Lohoch.

Take Seeds of Fleabane and Quinces, each 1 *Dram*; *decoct in a due quantity of Roſe-water to the Extraction of the Mucilage*; *to* 4 *Ounces of which ſtrained, add one White of Egg beaten, and white Sugar Candy pow-der'd and ſearced,* 5 *Drams*; *mix.*

This for Efficacy equals, and it may be excels the foreſaid Levigating Lohoch.

A Lohoch with Myrrh.

Take Myrrh well powder'd 2 *Drams*; *Saffron half a Scruple*; *Nutmeg half a Dram*; *Honey* 2 *Ounces*; *mix.*

This truſty Thoracic has the Privilege to be readily admitted (the Blood introducing it) into the inmoſt *Penetralia* of the Lungs, there to diſſolve thick impacted Matter, deterge the Canals and Veſicles, diſſipate Tubercles, heal Excoriations and little Breaches, imbue the whole Body of the Lungs with Balſam, impart Tone and Strength to its Fibres. In ſhort, it's truly a moſt deſirable and gallant Medicine for ſuch a Conſumption as is not yet gone beyond its firſt Stade.

An Oleose Lohoch.

Take Oil of ſweet Almonds, Syrup of Maiden Hair, each 1 *Ounce and half; white Sugar Candy powder'd and ſearced* 1 *Ounce; powder'd Liquorice half an Ounce; mix.*

A Lohoch with Olibanum.

Take powder'd Olibanum 1 *Dram; Balauſtines* 1 *Scruple; Honey of Roſes* 2 *Ounces; Spirit of Vitriol, enough to give it a convenient Acidity; mix.*

It ſerves very commodiouſly for the healing of Excoriations in the Mouth and Throat.

A Peruvian Lohoch.

Take Lohoch Sanans 1 *Ounce and half; Balſam of Peru* 1 *Dram and half; Yolk of Egg half an Ounce; mix.*

See *Lucatellus*'s Lohoch.

A Pleuritic Lohoch.

Take Syrup of Erratic Poppies, Linſeed Oil each 2 *Ounces; Oil of Anniſeed* 2 *Drops; white Sugar* 2 *Drams; mix.*

It's convenient in a true Pleuriſy and Peripneumony, accompany'd with Difficulty of Breathing and Spitting of Blood; aſſwages Pain, opens, maturates, lubricates the Paſſages, and expectorate

A Lo-

A Lohoch for a Quinsy.

Take Album Græcum (finely powder'd, and ſearced) 1 *Ounce*; *liquid Honey* 3 *Ounces*; *or as much as ſerves for a right Conſiſtence*; *when they are mixed, put them into a Glaſs Vial, with a pretty large Mouth*; *then drop into it Spirit of Salt Armoniac, as much as will give it as great an Acrimony as can be well born in the Throat*; *keep it well corked*; *and if it afterwards grow flat with keeping, quicken it again with more Spirit.*

A Red Lohoch.

Take Conſerve of Heps half an Ounce; *Syrup of Elder-Berries, Oil of ſweet Almonds, each* 1 *Ounce*; *mix.*

This fine-coloured and pleaſant-taſted Lohoch anoints, as 'twere, with a grateful *Mucus*, and imbues with a lenifying Oleoſity the Mouth and Throat, when parched, rough, hard, contracted, ſcorched up, chap'd, crack'd, and excoriated; takes away ill Taſtes in the Mouth, corrects the Acrimony of the *Saliva*, palliates Thirſt, makes the Parts ſmooth, ſlippery, and flexible, and ſo facilitates Deglutition.

I remember one in the Small-Pox, who lying miſerably bad, rather devoured than took this *Linctus*, and clamoured, and even roared out for it, ſaying, he could not live without his Golden Medicine, as he call'd it.

And

And I knew another, a Child of about a Year old, that was preſently and perfectly cured by it of a moſt violent Cough that was like to kill him.

A Lohoch with Sperma Ceti.

Take white Bechic Troches, Sperma Ceti, each 1 *Dram and half; Oil of ſweet Almonds, Syrup of Balſam, each* 1 *Ounce and half; Conſerve of Heps* 6 *Drams; mix.*

It's given, with happy Succeſs, for a Ferine, Catarrhous Cough, that makes the Breaſt cruel tender, ſore, and excoriated; for it obtunds Acrimony, lubricates the Parts, and wonderfully heals.

A Styptic Lohoch.

Take Syrup of Comfrey, Linſeed Oil, each 1 *Ounce; Aſtringent Crocus of Steel* 4 *Scruples; Sugar of Lead* 1 *Scruple; powder'd white Sugar Candy* 1 *Dram and half; mix.*

It's extraordinarily uſeful in Vomiting and Spitting of Blood: But be cautious concerning Aſtringents in *Hæmoptyſis*. See in the Infuſion of Roſes Compound.

A Vitelline Lohoch.

Take Sperma Ceti 2 *Drams and half; ſubigate it in a Mortar with one Yolk of Egg; and add Oil of ſweet Almonds, and Syrup of Althæa, of each an Ounce; work it up according to Art.*

It's

It's uſeful againſt Heat, Drineſs, Eroſion, and Fiſſures of the Mouth and Tongue; as alſo againſt a Catarrh Cough, and Hoarſeneſs.

A Lohoch for Child-bed Women.

Take Sperma Ceti 2 *Drams*; *Balſam of Tolu powdered* 1 *Dram*; *Balſam of Peru, Tincture of Benjamin, of each half a Dram*; *one Yolk of Egg*; *double refined Sugar ſearced* 2 *Ounces*; *white Syrup as much as needful*; *mix.*

And here, for a Concluſion to the Lambatives, I freely communicate two or three Notes concerning Pectorals, which perhaps are not clearly and diſtinctly underſtood by every one, and may poſſibly be worth taking Notice of by young Practitioners.

1. Sweet, mucilaginous, incraſſating Things, tho' they may help Excreation out of the Throat itſelf, may render the Blood ſofter, and diſpoſe the Humours for Maturation and Evacuation: Yet, nevertheleſs (to ſpeak properly) it is not their Talent to fetch up any thing that lies deep in the Cheſt. And therefore, when the Blood and Habit of the Body is foul, and a Load of thick Phlegm is to be brought out of the Lungs, ſuch Things as theſe are very wrongly and noxiouſly preſcribed; for they will farther pollute the Blood with a mucous, heavy Chyle, and ſtuff up the Lungs with a greater *Colluvies*.

2. Brisk,

2. Brisk, acrious, ſtimulating Things, which do not really deſcend into the Lungs, but only by tickling, pricking, and irritating the Fibres, excite a Cough; and by Means of it, exagitate the Lungs, and ſhake the Humours out of them; and ſo do it not primarily, but ſecondarily. Theſe, I ſay, pump out of the Pneumonic Pipes only ſuch Matter as lies looſe and fluid: And therefore are in vain attempted, when a great Maſs of tough Phlegm is depoſited, and ſticks faſt in the *Bronchia*, and inmoſt Veſicles. Yea, oftentimes their Uſe is not only in vain, but hurtful alſo; becauſe they raiſe a Cough, and tire out the Lungs to no Purpoſe, and weaken their Tone to no Advantage.

3. There are no ſuch Things as Expectorators, properly ſo called, except Volatiles and Balſamics: And theſe do not ſlip down directly by the *Trachea*; but being firſt conveyed into the circulating Blood, are thence ſuffuſed into the Pneumonic Veſſels, and their inmoſt Receſſes. And it's ſuch only that have the Power to remove and caſt clammy Phlegm, purulent and gypſeous Matter out of the *Bronchia*, Veſicles and crude Tubercles. And ſo, when a Phyſician conjectures the Foundations of a true Conſumption are laid in the Lungs, all other inſignificant Pectorals, and little Cough Medicines ſet aſide, let him in good earneſt inſiſt on theſe primarily and chiefly; and he that doth not, ſhall be convinced at laſt

of his Miſcarriage by ſad and mortal Experience.

An Aromatic Lotion.

Take Salt of Tartar half an Ounce; Shavings of Saſſaphras 2 Ounces; boil in Spring Water 5 Pints to 2 Quarts; pour the ſtrained Liquor (ſcalding hot) upon Thyme, Marjoram, Roſemary, Lavender, of each a Handful; Muſtard Seed bruiſed half an Ounce; Mace, Nutmeg, of each a Dram and half; Cloves a Dram; give it a warm and cloſe Infuſion for 2 Hours; and then ſtrain it out.

This is deſigned againſt cold Affections of the *Pericranium.*

It's to be uſed either by way of hot Foment, with a Spunge, or Stupe, or elſe by pouring in a Stream, out of an Ewer, upon the Head, when the Stomach is empty. After its Uſe, it may do well to cover the Head with a Cloth fumed with Frankincenſe, and rubbed with Cephalic Liniment.

A Camphorated Lotion.

Take Camphire cut into thin Slices two Drams; grind it in a Glaſs Mortar, pouring into it (by little and little) Juice of Lemons 1 Ounce; when it's diſſolved, add White Wine 1 Pint; ſtrain, and having tied the remaining part of the Camphire (that would not quite diſſolve) up in a Rag, hang it up into the Bottle.

It's

It's to clear the Face of Spots, Redneſs, and other Blemiſhes.

A Cephalic Lotion.

Take Bay Leaves, Betony, Vervain, Marjoram, Roſemary, Lavender, each 2 *Handfuls*; *boil in Lixivium of Wood-Aſhes three Quarts to* 2 *Quarts, adding at laſt powdered Cloves and Nutmeg, each* 2 *Drams*; *mix.*

It's Virtues may be ſeen under the *Cephalic Liniment*; but it diſcuſſes more powerfully than it, and evacuates by *Diaphoreſis*. I have been told of Stammering in Children cured with ſuch an Application, whereby the Organs of Speech were ſtrengthened.

Let the Head be ſhaved and fomented a Mornings (for a Quarter of an Hour at a time) with a Spunge dipt into this Liquor hot, and ſqueezed out again. But let there be great Care taken againſt catching Cold from the Uſe of it.

A Lotion with Ceruſe.

Take Ceruſe powder'd half a Pound; *ſharp Wine Vinegar, Elder Flower Water, of each a Quart*; *boil away* 1 *Pound in an Earthen Veſſel*; *let it clarify by Precipitation*; *then decant through a Flannel Strainer.*

It greatly extinguiſhes external Inflammations, *Eryſipelas*, &c. and repels hot cuticular Eruptions: But one of Judgment ought to adviſe it, for it may do Miſchief when ill appli-

ed. It's more effectual hot than cold; it may be uſed by way of Waſh, or with Stupes.

A Lotion for Eruptions.

Take common Engliſh green Vitriol two Ounces; Crude Alum half an Ounce; boil in an Iron Pot (for it will run thro' an Earthen glazed Pipkin) in Spring Water 12 Ounces, to 8, carefully taking off the Scum; let it ſtand, and when perfectly clear, put the Water up into a Glaſs Bottle; it will keep good a long time.

A Lotion for an Erysipelas.

Take Brandy half a Pint; Sugar of Saturn a Dram; mix.

A Lotion for the Face.

Take Litharge of Silver powdered, half an Ounce; Vinegar 4 Ounces; boil to the Evaporation of a third Part. And in another Veſſel boil Alum and Salt, each half an Ounce, in Roſe-water half a Pint, till it be deſpumated; and then mix both Liquors together.

Litharge of Gold and Silver are the ſame Thing, only the yellow Sort hath undergone a greater Degree of Fire than the White, and perhaps may be a little more drying and reſtrictive. Both are but a Spume blown off in the refining of Silver from Lead, and perhaps mere burnt Lead; for they may be reduced again

again into Lead, by melting with Charcoal. And that which Vinegar takes out of Litharge, is ſcarce at all different from *Saccharum Saturni.*

It waſheth away Spots, deſtroys foul cutaneous Ferment, repels and drives in the Matter, and then ſhuts the Pores, that it break not out again. Let the Face be waſhed, and gently rubbed with it twice a day, ſuffering it to dry in of itſelf.

A Lotion for the Feet.

Take White Poppy Heads (bruiſed together with their Seed) 4 *Ounces*; *Willow Leaves, Lettuce, Mallows, and Violet Leaves, each* 2 *Handfuls*; *boil in Water and Milk, each* 5 *Pints, to a Gallon*; *ſtrain and diſſolve in the Liquor Nitre* 4 *Ounces*; *and put it into a convenient Waſh-Pot.*

Let the Patient ſit with his Feet in it (as hot as can be endured) for half an Hour, and ſo go to Bed, and compoſe himſelf for Reſt, and try to ſleep. *Joel* would have, that after the Lotion, the Soles of the Feet ſhould be rubbed hard with Salt and Vinegar; and then, that the Patient ſhould ſtand on an Oaken Board, heated very hot; for this (he ſays) will wonderfully draw down Rheums from the Head.

In violent, hot, raging, eſtuating Fevers, when the acrid, fervent, boiling Blood gets a head, and tumultuouſly breaks in upon the

Brain, and accends the Spirits, and drives them into Diſtraction and Fury; thereby exciting in the Head, Ardor, Hiſſing, Humming, Crackling, unexplicable Conturbation, frightful Fancies, Terror, Frenzy, *Delirium*, and Watching. I ſay, in ſuch a Caſe, a Pedilave that is potentially cold, and actually hot, uſeth to bring great Relief; foraſmuch as it inclines the Motion of the Blood downwards into the inferiour Parts, and at the ſame time does not enkindle or flutter it e'er the more, but rather, on the contrary, refrigerates and quiets it.

For you muſt know firſt, there are two perfectly diſtinct great Provincial Circles of the Blood: One by the aſcending Artery, through the Parts ſituate above the Heart, and the other by the deſcending Artery through the Parts below. Secondly, that by how much the more rapidly, and with greater Stream, the Blood ruſheth through the inferiour Province, by ſo much the more placidly, and with leſs Current, of Neceſſity will it flow through the oppoſite ſuperiour Province, and ſo on the contrary. And upon this Foundation is grounded the rational Doctrine of univerſal Revulſion.

But here, it's of great Concern to obſerve, that in ſuch Fevers as are *Mali Moris*, where the Blood doth not boil and rage, and ruſh violently, but rather is too ſluggiſh and dead, and ſcarce irrigates and vivifies the Brain, Nerves and Muſcles enough: And alſo where

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the Poverty, Weakneſs, broken Ranks, Deſertion and Diſſipation of the Spirits produce Watching, Phrenzy and Twitchings: In ſuch a Caſe (I ſay) *Lotion of the Feet* is found utterly pernicious; becauſe by how much the more it increaſes the inferiour Circle, juſt ſo much the more doth it diminiſh the ſuperiour, and ſo conſequently defrauds the Brain of Blood and Spirits, which fail'd too much for want of them before.

Herm. Vander Heyden ſaith, In violent Bleeding at the Noſe, when the Blood hath iſſued forth in manner of a Torrent, the ſpeedieſt and moſt certain Remedy (when all other Means have failed) hath been, to put the Patients Feet into warm Water, as far as to the very Knees: As it happened to one that was at the very Point of Death; whence by the Trial of this Experiment he was happily recovered, when both his Legs and Thighs, for want of Blood, had now grown cold; and no Marvel, for his Blood flying up to his Head, he had loſt no leſs than 18 Pints of it at the Noſe, as by moſt exact Obſervation was found. And *Vigo* adviſeth the ſame in a Quinſy.

A Mercurial Lotion.

Take Mercury ſublimate powder'd 1 *Ounce; put it into a Pewter Pot with Water three Pints; let it ſtand (now and then ſtirring it with a Stick)* 24 *Hours till it look black,*

and continue ſo; at laſt filtre it through Cap Paper, that it may become clear and limpid.

Dr. *Harris* acquaints us, that the Way of knowing true Sublimate from Arſenical is, by rubbing a little of it with Salt of Tartar. For if it then proves yellow, it is true Sublimate; but if black, 'tis moſt certainly an Adulteration with Arſenic.

This Medicament doth ſignal Service againſt any Sort of Cutaneous Foulneſs; foraſmuch as it fetches out Humours impacted in the Pores and Spaces, be they never ſo ſmall, diſſolves the inveterate and pertinacious Combinations of Salts and Sulphurs; and wherever it is applied, rectifies all the ill form'd Meatus's of the Skin, and makes it freely paſſable. Upon which Account it's an uſeful Thing, not only for deterging the Face, and clearing it from Spots, but alſo for Puſhes and Redneſs; as alſo for Eryſipelatoſe Affections, black Specks, and little Worms that neſtle there, and may be ſqueezed out with ones Fingers.

But nevertheleſs, it's to be uſed with great Caution, becauſe it hath ſometimes diſmal Conſequences. For the Particles of the Quickſilver coming at the Face together with the Salts (by which they are divided and acuated) do indeed remove the noxious and defiling Matter reſiding in the Pores, and drive it back, but then they enter in together with it; and ſo nimbly inſinuating themſelves into the Blood and Nerves, grow deſperately miſchievous,

and

and break and deſtroy their *Craſis*: Yea, oftentimes impreſs an indelible Virulency upon the Brain, *Præcordia*, Teeth, and other Parts.

Hoechſtetter (Dec. 3. Caſ. 4. Pag. 233.) relates, that *Rumlerus* was wont to uſe the following *Diaphoretic* and *Diuretic Decoction*, to expel the Mercury, when it hath been uſed in Ointment for the *French Pox* too freely.

Take Roots of Elecampane 2 Ounces; of Fennel 1 Ounce and half; White Wine 2 Pints and half; having let it ſtand infuſing 24 Hours, boil away to 1 Quart, which ſtrain. And let the Patient take half a Pint Morning and Evening, and lie in Bed cloſe covered, and try to ſweat. He ſaith, the Sweat will be yellow; and its Uſe muſt be continu'd, till that Colour diſappear and be no more ſeen.

And ſometimes when the Mercury doth not enter into the Blood, yet it cauſeth a great *Phlogoſis* and Tumour in the Part, with extreme, both Pain and Peril: And when it doth ſo, it muſt be very well fomented with warm Milk, or a *Decoction of Liquorice* and *Mallows* in Milk; and after that with the following, lukewarm.

Take Lime Water 14 Ounces; Brandy 2 Ounces; white Troches of Raſes half an Ounce; mix.

Wepfer (de Cicutâ aq. Cap. 20. Pag. 296.) ſaith, it's a memorable Thing which *Kunkel* delivers,

delivers, *viz.* that a tender young Child was ordered this Liniment to kill Lice.

Take Mercurius dulcis 1 *Dram*; *Mercurius vitæ* 1 *Scruple*; *Pomatum* 1 *Ounce*; *mix.*

But an unskilful Apothecary making a vile Miſtake, put in Sublimate inſtead of *Mercurius Dulcis*; upon which the Head became ſo grievouſly tumefy'd and inflam'd, that the poor little Innocent muſt neceſſarily have periſh'd, had not a Phyſician preſently fomented it with a ſtrong *Lixivium*; by the Help of which proper Antidote, it ſoon recover'd indeed, but yet ſo as to loſe all the Hair of its Head.

Apoplectic Lozenges.

Take Ambergriſe half a Dram; *Oil of Roſemary, Cinnamon, Nutmeg, of each two Drops*; *Oil of Cloves, Anniſe, of each one Drop*; *Matthias his Spirit of Lavender* 4 *Scruples*; *of the fineſt Sugar* 4 *Ounces*; *make all upon into Dram Lozenges with Mucilage of Gum of Goats Thorn.*

Morning and Night are fitteſt times to uſe them; but no time is amiſs.

Balſamic Lozenges.

Take fine Dragons Blood (in Drops) 2 *Scruples*; *Flower of Benjamin* 16 *Grains*; *Balm of Gilead* 24 *Grains*; *fine Sugar ſearced* 4 *Ounces*; *Mucilage of Gum Tragacanth*

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as much as requiſite; make Lozenges according to Art.

They are good for ſuch as are in danger of a Conſumption, to be carried always about, and taken frequently.

Lozenges for a Catarrh.

Take Spaniſh Juice of Liquorice 2 Ounces; white Sugar 4 Ounces; Opium 1 Dram; beat all exactly well, ſo as to mix the Opium intimately; and with Mucilage of Gum Tragacanth, form the Maſs into Lozenges.

A Dram of theſe contains about 1 Grain of Opium; but great Care muſt be taken in the well mixing of the Opium, that it lie not in Lumps.

Cephalic Lozenges.

Take Powder call'd de Gutteta, Native Cinnabar, each 2 Scruples; Oil of Roſemary and Nutmeg, each 2 Drops; fine Sugar 2 Ounces; make all up into Lozenges with Mucilage of Gum Tragacanth.

Theſe are proper in an Idiopathic Cephalalgy, Megrim, Epilepſy, and all manner of Convulſive Affections.

Hemoptoic Lozenges.

Take Earth from Japan 2 Drams; Aſtringent Saffron of Steel 1 Dram; Sugar of Lead, Starch, each half a Dram; fine Sugar four Ounces;

Ounces; *Mucilage of Gum Tragacanth, enough to make up Lozenges with.*

Lozenges of Orpiment.

Take Orpiment ground fine, Sulphur vive, Styrax Calamite, Benjamin, of each a Dram; Frankincenſe, Myrrh, of each 2 Drams; form all up into Lozenges with Gum of Goats Thorn Mucilage.

Theſe are not for inward Uſe, but for a Fume in the firſt Stage of a Conſumption.

Paralytic Lozenges.

Take fine powder'd and ſearced Sugar 1 *Ounce*; *Spirit of Lavender compound ſixty Drops*; *Oil of Roſemary* 4 *Drops*; *make it up with Mucilage of Gum Tragacanth into little Lozenges.*

Pectoral Lozenges.

Take powder'd Roots of Orris, Liquorice Elecampane, each half a Dram; *Flower of Sulphur* 1 *Scruple*; *Flower of Benjamin half a Scruple*; *Oil of Amber* 2 *Drops*; *Oil of Anniſeed* 4 *Drops*; *fine powder'd and ſearced Sugar* 4 *Ounces*; *make it into Lozenges, with Mucilage of Gum Tragacanth. Theſe are excellent.*

I am of Opinion that Pectoral Lozenges do good, not properly becauſe they act as Pectorals, (for if the Quantity of Orris, and other Ingredients contained in one Lozenge, be computed,

puted, 'twill be found too inconſiderable thus to operate) but becauſe being to be carried about in Pocket, and therefore very frequently taken, they conſtantly appeaſe the *Epiglottis*, and keep it from flying into ſuch Twitches as raiſe a Cough: And alſo cauſe frequent Swallowing, whereby all the Motion of the *OEſophagus* tending downwards, no ſympathetic Offence is thence offered to the *Larynx*.

Black Peãoral Lozenges.

Take fine powder'd Sugar 1 *Pound*; *Spaniſh Juice of Liquorice* 4 *Ounces*; *Balſam of Sulphur anniſated* 1 *Dram*; *make it into Lozenges with Mucilage of Gum Tragacanth, extracted in Fennel Water.*

Perfume Lozenges.

Take Musk ſix Grains; *Ambergriſe four Grains*; *white Sugar Candy half a Scruple*; *grind them with* 10 *Drops of Spirit of Roſes, upon a Porphyry*; *then having added Powder of Orris of Florence* 4 *Scruples, and Starch* 2 *Ounces, Sugar* 4 *Ounces*; *make a Maſs with Mucilage of the Gum of Goats Thorn, and form it into proper Lozenges,*

Peruvian Lozenges.

Take fine powder'd Bark of Peru 1 *Ounce and half*; *Balſam of Capive* 2 *Drams*; *Sugar of Roſes (diſſolv'd in compound Wormwood Water)* 8 *Ounces*; *with Mucilage of Gum*

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Gum Tragacanth make Lozenges, each weighing 2 Drams.

The Communicator of theſe ſaith, Lozenges are a pretty pleaſant Sort of Medicines, and fit for delicate nice Perſons, that muſt have their Palates complemented, as well as their Diſtempers cured. Theſe are good in Hectic Fevers, Conſumptive Coughs, Difficulty of Breathing, and the like Symptoms.

Let the Patient eat one four times a day, and drink after it a draught of Pectoral Decoction made of Colts-foot, Ground-Ivy, Oak Lungs, *&c.* Bleeding being premiſed where needful.

Stomach Lozenges.

Take Spaniſh Angelica Root, Dragons Blood, of each a Dram; Oil of Cinnamon, Nutmeg, Cloves, of each 2 Drops; Oil of Mint, Wormwood, of each a Drop; fine Sugar 4 Ounces; Orange-flower Water enough to diſſolve the Sugar in; with Mucilage of Gum Tragacanth make Troches.

Maſticatories.

Take Pellitory of Spain powder'd half an Ounce; Maſtich 2 Drams; Oil of Cloves and of wild Marjoram, each 3 Drops; Oxymel of Squills, and Wax, each as much as needful to make it into Pellets.

Theſe, by their biting Acrimony, irritate the *Glandulæ Sublinguales, Maxillares, Parotides,*

rotides, and *Tonſillæ*; and plentifully draw out of them the Salival Juice.

Sometimes, when it's needful to make a large Evacuation by the Noſe, or Mouth; and yet Sternutatories (upon account of *Hæmoptoſis*, or other Conſiderations) are not convenient, or ſafe, Maſticatories may be ſubſtituted in their ſtead, and do as well.

They are convenient in Catarrhal Affections of the Head, and Parts adjacent, in Elongation of the *Uvula*, and Tooth-Ach. And although they do not procure an immediate Evacuation from the Brain itſelf, yet inaſmuch as they bring away *Lympha*, they thereby avert it from the Brain; and ſo by Conſequence do good in a Cephalalgy, Megrim, Lethargy, Apoplexy, Palſy, *&c.*

An Acouſtic Mixture.

Take Tincture of Caſtor 2 *Drams*; *Oil of Sage*, *Roſemary*, *Cloves*, *Marjoram*, *each* 2 *Drops*; *mix.*

It roborates the interior Parts of the Ear, new braceth the relaxed *Tympanum*, cleareth the obſtructed Auditory Nerve, opens a free Paſſage for the Spirits through it, and availeth much againſt Noiſe in the Head and Ears, and Thickneſs of Hearing.

But if the Ear be ſtuffed up with Wax, or other Foulneſs, it muſt be ſyringed and cleanſed with a proper Injection, before this can do any good.

Let

Let 3 Drops be put into the Ear with Cotton, or Wool, every Night at Bed-time.

Simon Paulli (quadripart. Botan. de Amydg.) ſaith, Oil of bitter Almonds is commended for Deafneſs and Noiſe in the Ears; but ought to be uſed ſparingly, by reaſon of the winding Paſſage; for when it gets up to the *Tympanum*, and cannot eaſily be thence deterged, 'twill relax that Membrane, and turn a Thickneſs of Hearing into Deafneſs.

The following general Rules, to be obſerv'd in all Maladies of the Ears, are taken out of Sennertus.

1. Let Medicines to be put into the Ears be lukewarm, not intenſly hot, nor cold.

2. Put no new Medicine into the Ear, till it be well clear'd from the foul Relicks of the former.

3. Three or four Drops are enough at a time.

4. When a Medicine is put into the Ear, let the Patient lie down upon the well Ear.

5. Let the Medicines to be put in be neither too unctuous nor viſcous.

6. In all Sorts of Deafneſs, let the Head be carefully roborated, by both internal and external Medicines.

The Two following are out of *Wedelius*.

7. Fumes are beſt for Exſiccation, humid Vapours for Mollifying and Eaſing, oleoſe and ſpirituous

ſpirituous Things for Diſcuſſing and Roborating. But in all, ever bear it in Mind, that too much of any thing is good for nothing.

8. When Topics are put into the Ear, it's convenient to maſticate, that the Medicine may penetrate the deeper.

An Alcaliſate Mixture.

Take red Coral (levigated into an Alcohol) 2 Drams; Salt of Wormwood half a Dram; Waters of Milk-Alexiterial, of Spearmint, Cinnamon, compound Gentian, compound Wormwood, each 2 Ounces; Spirit of Lavender compound, Spirit of Salt Armoniac, of each 80 Drops; mix.

To ſtop Vomiting, and Help for Sickneſs, and Pain at Stomach, give 2 Spoonfuls often.

An Ammoniac Mixture.

Take Gum Ammoniac, Spaniſh Juice of Liquorice, of each 2 Drams; diſſolve them in Hyſſop Water 2 Ounces; then ſtrain, and add Syrup of Juice of Ground-Ivy, Oxymel ſimple, of each 2 Ounces; Oil of Anniſeed 2 Drops; Tincture of Benjamin 2 Drams; mix.

In an *Orthopnœa* give a Spoonful often.

An Apoplectic Mixture.

Take natural Balſam of Peru 32 Drops; Oil of Nutmeg 4 Drops; Oil of Cloves 2 Drops; fine Sugar 2 Drams; and 1 Yolk of Egg; when they are well wrought together,

add Matthias's Spirit of Lavender 1 *Dram*; *Spirit of Scurvy-graſs half a Dram*; *Waters of black Cherry an Ounce and half*; *of Piony compouud half an Ounce*, *Spirit of Salt Armoniac* 18 *Drops*; *mix.*

Give a Spoonful at a time.

An Aromatic Mixture.

Take Tincture of Salt of Tartar 6 *Drams*; *Oil of Cinnamon*, *Cloves*, *Nutmeg*, *each* 6 *Drops*; *Oil of Pepper*, *Wormwood*, *Mint*, *each* 4 *Drops*; *mix.*

Or you may make it a volatile Aromatic, by taking Tincture of Salt of Tartar half an Ounce; Spirit of Salt Armoniac 2 Drams; and the aforeſaid Oils.

It's a very uſeful Thing for a cold and weak Stomach; cheriſhes its natural Heat and Strength, diſcuſſes crude Inflations, ſtirs up Appetite, promotes Concoction.

The Doſe is 20 Drops in a Glaſs of Canary, or White Wine.

An Aſthmatic Mixture.

Take erratic Poppy Water 9 *Ounces*; *Oxymel of Squills* 3 *Ounces*; *mix.*

In this Diſeaſe, for the moſt part, the Blood boils vehemently, the *Bronchia* are clamm'd up with Phlegm, and the Fibres ſpaſmodically conſtringed. Upon all which Accounts this is a direct Remedy. Let 4 Ounces be given twice or thrice a day, in the time of the Paroxyſm.

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The Aſthma in Infants is cauſed, for the moſt part, by acid Slime ſticking to, and irritating the upper Orifice of the Stomach; and thereby ſympathetically driving the Diaphragma, and Muſcles ſerving to Expiration into ſuch Diſorders as oppreſs their tender Breaſt: *Primeroſe* ſaith, they may be perfectly freed from this Aſthma by an Emetic.

A Balm of Gilead Mixture.

Take true Balm of Gilead a Dram; Tincture of Benjamin, Spirit of Lavender compound, of each a Dram and half; when they are all well malaxed with the Yolk of an Egg, add Syrup of Tolutane Balſam an Ounce and half; Malaga Wine 4 Ounces; mix.

Conſumptive Perſons may take a Spoonful at a Doſe in Milk, or any other proper Vehicle.

A Balſamic Mixture.

Take Balſam of Capive half an Ounce; diſſolve it in the Yolks of 2 Eggs, and add white Syrup 2 Ounces; White Wine 8 Ounces; at laſt ſtrain it.

Copayba I know, by great Experience, to be a moſt noble Medicament, and had I the placing of it, it ſhould ſtand in the Fore-front of the very beſt of Balſams: But becauſe it's not commonly known ſo well as it deſerves, I ſhall not grudge a little Pains in ſetting forth, and briefly explaining ſome of its Properties.

It hath a bitter, hot, Terebinthine Taſte, very penetrating and durable in the Mouth; and though it ſeems to be of the Turpentine Claſs, yet it gives not the Violet Smell to Urine, but imbues it with a manifeſt bitter Taſte, and wonderfully takes off the muriatic Saltneſs of it, and of the *Serum* of the Blood, and of the *Saliva*.

It impreſſeth a Balſamic Character on the Maſs of Blood; cures its ſcorbutic, rancid, and putredinous Cachexy: Is prevalent (both externally and internally) againſt Ulcers, the Palſy, Gout, Weakneſs and Pains of the Back; as alſo *Fluor Albus* and *Gonorrhœa*.

It in a wonderful manner deterges the Reins, Ureters and Bladder, when obſtructed with Sand, *Mucus* or *Pus*; ſtrengthens them when relaxed, and heals them when ulcerated.

It provokes Urine, extinguiſhes its Heat, and cleanſes off its bloody, foul and purulent Contents, more effectually than any thing I ever yet met with. A Patient of mine (now living) who voided mere Chyle inſtead of Urine, and not one Drop of Water with it, and had great Pains and Weakneſs, was reſtored to perfect Health and Soundneſs by the Uſe of this Medicine.

It may very juſtly be accounted the beſt of all Thoracics; deterges the *Bronchia* and Veſicles, recovers the Tone of the Lungs, heals their Breaches, and (as I have thought) even diſſolves the *Tubercula cruda*; for I have ſeen where

where this Balſam alone hath (beyond all Expectation) perfectly cured dry, deep Coughs, that appear'd horribly dangerous, and manifeſtly threatned a Conſumption: And I have more than once cured with it Coughing up of Blood and *Pus* in frightful Quantities. At this very Time of Writing, I have a poor Workman that is an eminent Inſtance of it.

And notwithſtanding it is intenſly bitter, and manifeſtly hot, yet (which is an admirable Advantage of it) I have found it mighty agreeable to Hectic Perſons, and rather abates than augments their Heats, as one might fear it would: The Reaſon of which is, I ſuppoſe, becauſe it ſo powerfully ſubdues Saltneſs and Acrimony; and obliterates putredinous Inquinations.

If it be given to 2 or 3 Drams, in the Form of a white Potion, it purges like Turpentine.

Some cry it up for a *Diarrhœa* and Dyſentery; but of theſe Virtues I know not much yet by Experience.

But to conclude, this Mixture cannot be accus'd of any Inconvenience, except you'll blame it (forſooth) becauſe, tho' its an honeſt benign Medicine, yet it's not very complaiſant to the Palate.

Let a Spoonful be given every Night and Morn daily, for a long time together. If it looſen the Belly more than you would deſire, either leſſen the Doſe, or now and then at times omit it.

A Balſamic Cephalic Mixture.

Take natural Peruvian Balſam, 1 *Dram*; *Oil of Nutmeg, Cloves, of each* 3 *Drops*; *Oil of Roſemary* 6 *Drops*; *work all theſe together in a Mortar with Yolk of one Egg*; *then add fine Sugar powdered* 6 *Drams*; *Matthias's Spirit of Lavender* 2 *Drams*; *Waters of Briony, and Piony (both compound) of each an Ounce and half*; *of Black Cherries* 8 *Ounces*; *Spirit of Salt-Armoniac* 60 *Drops*; *mix.*

Let the Doſe be 4 Spoonfuls.

A Balſamic Nephritic Mixture.

Take Balſam of Capive half an Ounce; *Oil of Juniper half a Dram*; *diſſolve it in the Yolks of* 2 *Eggs, and add Syrup of Marſh Mallows compound* 2 *Ounces and a half*; *Arſmart Water* 10 *Ounces*; *mix.*

The Communicator ſaith, it's endow'd with moſt noble Virtues in the Cure of internal Ulcers, the Gout, Weakneſs and Pain in the Back, *Fluor Albus*, and *Gonorrhœa.*

Alſo it provokes Urine, and expels Stones, as well out of the Gall-Bladder as the Kidnies, of which we had an amazing Inſtance of late in a certain Artificer at our Town of *Peterborough*, who being horribly tortur'd with Nephritic and Colic Pains, fell into ſuch Convulſions of all his Members, that ſeveral ſtrong Men could not hold him in his Chair. When I had

I had conſider'd the Symptoms, I judg'd that volatile Salts and Antipilepticks would never reach the Caſe: And therefore I thought with myſelf I'd give this Mixture. Well, upon taking a few Spoonfuls, he brought away a great Quantity of Urine, together with Gravel and Sand: And (which is the remarkable thing) ſeveral Stones, as big as Capers, by Stool; which, without doubt, muſt come down by the Choler Paſſage out of the Gall-Bladder. And thus was he (to the Wonder and Satisfaction of his Friends) reſtored to his former Health.

A Balſamic Pectoral Mixture.

Take Balſam of Capive 4 *Scruples*; *Balſam of Peru* 16 *Drops*; *Oil of Nutmeg* 4 *Drops*; *of Anniſeed* 2 *Drops*; *Tincture of Benjamin* 8 *Scruples*; *the Yolk of one Egg*; *to theſe, when throughly incorporated, add Syrup of Tolutane Balſam* 2 *Ounces*; *common Pectoral Decoction* 30 *Ounces*; *mix.*

The Doſe is 4 Ounces; into which may be dropped (when expedient) Spirit of Salt Armoniac 12 Drops.

A Mixture with Balſam of Peru.

Take natural Peruvian Balſam, Oil of Mace by Expreſſion, Tincture of Benjamin, of each 4 *Scruples*; *Oil of Anniſeed* 1 *Drop*; *the Yolk of* 1 *Egg*; *when they are all perfectly mixed and united, add of the ſweet*

Tincture 8 *Ounces*; *(or elſe good Canary Wine* 8 *Ounces*; *and Sugar an Ounce*;*) mix.*

Ettmuller tells us, that when Balſam of *Peru* is diſſolved from the Yolk of Egg, it is much quicker and more penetrating, and vellicates the Mouth a great deal more than when taken *per ſe.*

The Doſe is a Spoonful in any grateful and appropriate Vehicle.

A Pectic Mixture.

Take Syrup of Meconium 1 *Ounce and half*; Fracaſtorius's *Electuary, Mithridate, each* 1 *Dram*; *Lohoch Sanans* 2 *Drams*; *Penny-royal Water* 4 *Ounces*; *mix.*

It's a great Remedy againſt ſuch a Cough as proceeds from catching Cold, whilſt it's recent, and a thin Rheum diſtills out of the Glands: For it incraſſates, obtunds, lubricates; and it pacifies the Fury of the Spirits, takes off the Irritation of the Fibres, and advances *Diaphoreſis.* Let it be taken at one Draught at Bed time.

A Mixture with Bole.

Take Barley Cinnamon Water 4 *Ounces*: *Mint Water, Syrup of Myrtle (or of dried Roſes) each* 1 *Ounce*; *finely powder'd Bole* 2 *Scruples*; *Diaſcordium* 2 *Drams*; *Oil of Cloves* 1 *Drop*; *Liquid Laudanum* 30 *Drops*; *mix for* 2 *Doſes.*

It

It comforts, corroborates, and moderately conſtringes the Inteſtines, qualifies their griping, ſpaſmodic Plunges, tempers and abſorbes Acidity, drives the Steams of acrid Humours to the extreme Parts, and ſo away by *Diaphoreſis*. Thus it is a Remedy, every way well appointed for the Cure of a ſymptomatic *Diarrhœa*, and *Hypercatharſis*.

Now Bole (which is an *Alcali)* being one of the Ingredients of this Mixture, I'll here, by the By, take this Opportunity of tranſlating the following Paragraph out of *Wedelius*, for the great Patrons of, and Sticklers for, *Acid* and *Alkali*, to read and conſider of.

It's to be noted, and Experience teſtifies it, that Medicinal Earths precipitate Bile, as well as abſorb acid and ſerous Juices; whence it cannot abſolutely be concluded, that whereever Alcaline Medicaments do good, there an Acid did the Miſchief; for common Experience aſſures us, that Earthy ones give Relief to many Patients in divers Diſtempers, where by the Conſent of all, an Acid is not in Fault, but Bile is, being too much excocted; whereupon it regurgitates, flies, foams, and makes wild Miſchief, and theſe Earths mix in with it, and diſſociate it, and put a Reſtraint upon its preternatural Exeſtuation.

To which Sir *John Floyer*'s Experiment is Conſentaneous, That the Species of the bitter Decoction being boil'd in the *Lixivium* of calcin'd Oyſter-ſhells, lay by their Bitterneſs, and become

become ſweetiſh. But ſince the writing of this, I have made the Experiment, and did not find it ſo.

In Mr. *Ray*'s Letters (p. 76.) it's ſaid if Spirit of Sulphur be dropped into a ſtrong Decoction of Carduus Benedictus; in a few days 'twil loſe moſt of its Bitterneſs: But it hath not the ſame effect upon other Bitters.

A Cardiac Aquoſe Mixture.

Take Black Cherry and Alexiterial Milk Water, each 12 *Ounces*; *Barley Cinnamon, Epidemial Water, each* 8 *Ounces*; *Aqua Cœleſtis* 2 *Ounces*; *mix.*

A Cardiac Edulcorating Mixture.

Take Syrup of Gilly-flowers 4 *Ounces*; *of Rasberries* 1 *Ounce and half*; *Confection of Alkermes half an Ounce*; *Oil of Nutmegs* 4 *Drops*; *mix.*

Theſe two Mixtures were invented for Expedition ſake, that a Cordial Julep may be thrown together in an inſtant; for if both be kept ready in the Shop, the whole Compoſition will not coſt a Minute's time to put it up thus.

Take of the Aquoſe Cardiac Mixture 10 *Ounces and half*; *of the Cardiac Edulcorating Mixture* 1 *Ounce and half*; *mix.*

A Car-

A Cardiac Dioſe Mixture.

Take the Yolks of 2 *Eggs*; *Oil of Cinnamon, Nutmegs, each* 4 *Drops*; *refined Sugar half an Ounce*; *Juice of Kermes* 2 *Drams*; *Canary Wine* 8 *Ounces*; *mix and ſtrain.*

Give 3 Spoonfuls in ſick Fits, and when the Spirits want Support.

A Carminative Mixture.

Take Canary and White Wine, each ſix Ounces; *Spirit of Wine rectify'd* 2 *Ounces*; *the Yolk of* 1 *Egg*; *fine Sugar* 1 *Ounce*; *Oil of Juniper* 32 *Drops*; *Oil of Nutmeg, Caraway, Fennel and Anniſe, each* 8 *Drops*; *mix.*

The full Doſe is 5 Spoonfuls.

A Carminative Anodyne Mixture.

Take Marſh Mallow Root 2 *Ounces*; *boil it in Spring Water a Quart, to a Pint*; *ſtrain out the Liquor, without ſqueezing*; *then take Juniper-berries well bruiſed, half an Ounce*; *Seeds of Anniſe, ſweet Fennel, Caraway, Coriander, of each* 2 *Drams*; *Waters of Rue, Penny-royal, Gentian compound, of each* 4 *Ounces*; *Briony, and Piony compound, of each* 2 *Ounces*; *macerate cloſe and warm* 4 *Hours*; *then having ſtrained it, and mixed it with the foreſaid Decoction, add Syrup of Meconium four Ounces*; Sydenham's *Liquid Laudanum* 40 *Drops*; *mix.*

'Tis

'Tis to be given to eaſe Pain, and cauſe Reſt in the Colic, and in the Stone, to 4 or 6 Ounces. If the Patient be Feveriſh, the Berries and Seeds may be infuſed in Barley-Water.

1. A Colic Mixture.

Take Tincture of Rhubarb ſimple 1 *Ounce and half*; *powder'd Rhubarb half a Dram*; *Syrup of Roſes ſolutive half an Ounce*; *powder'd long Pepper* 3 *Grains*; *Oil of Anniſe* 2 *Drops*; *mix.*

Sometimes it may be expedient to add Spirit of Salt Armoniac 10 Drops, and ſometimes (as the Caſe may require) *Liquid Laudanum* 20, or even 30 Drops, or Salt of Wormwood half a Scruple, namely, when there are enormous Vomitings, and horrid Pains and ſick Fits.

2. Colic Mixture.

Take Mint Water half an Ounce; *ſtrong Cinnamon Water* 1 *Ounce and half*; *Elixir Proprietatis tartarized* 1 *Dram*; *Oil of Juniper* 2 *Drops*; *powdered Rhubarb* 1 *Scruple*; *(or half a Dram) Salt of Wormwood half a Scruple*; *Spirit of Salt Armoniac* 15 *Drops*; *mix, for* 1 *ſingle Draught.*

A Mixture for Concretions.

Take Waters of Hyſſop, Fennel, of each 2 *Ounces*; *diſtilled (or boiled) Vinegar* 6 *Drams*; *Brandy half an Ounce*; *Crabs Eyes* 1 *Dram*;

Sperma

Sperma Ceti, Mumy, of each a Scruple; *London Laudanum* 4 *Grains*; *Syrup of the five Roots an Ounce and half*; *mix.*

If Wine Vinegar be boiled in an earthen glazed Pipkin till a Quarter of it be evaporated, 'twill be much the ſame with diſtilled Vinegar, and may ſerve for the ſame Uſes.

Sylvius (whoſe Preſcript this is) ſaith, if it be timely given, it prevents extravaſated Blood from running into Concretions: And afterwards, when it is in a concreted State, this incides and attenuates the groſſer Parts, and diſcuſſes and ſends off by Sweat, or inſenſible Tranſpiration, the thinner: And not only ſo, but alſo all the while it corrects Acrimony, and ſo aſſwages Pain; upon which ſeveral Accounts, it diſſolves, totally removes, and abſolutely cures Inflammatory Obſtructions. And when it hath been given early enough, and plyed conſtantly, it hath very often cut off beginning Pleuriſies, Peripneumonies, and Inflammations of other Parts, occaſioning grievous Dolours and Anxieties.

He gives a Spoonful at a time frequently.

A Conſolating Mixture.

Take Sherry Wine half a Pint; *ſtrong Cinnamon Water* 4 *Ounces*; *Roſe Water, white Sugar Candy, each* 2 *Ounces*; *Juice of Kermes ſtrain'd* 1 *Ounce*; *Species called Lætificans Galeni* 2 *Drams*; *Leaves of Gold* 4; *Oil of Nutmeg* 4 *Drops*; *mix.*

This

This Medicine I fiſh'd out of a very worthy Gentleman, in whoſe Family it had been kept as a ſacred *Depoſitum*, and great Secret, and was religiouſly delivered down, from Mother to Daughter, in a conſtant Succeſſion of ſeveral Generations.

It helps Concoction, corrects Crudities, diſſipates *Flatus*, cheriſhes native Heat, ſpecifically recreates Women with Child, when drooping and languid, comforts the weak, feeble *Fœtus*, prevents Miſcarriages from Dejection of Spirit, and cold Flaccidity of the Womb, and ſupplies deſir'd Strength, Vigour and Ability, for the happy Performance of the great Work of Child-birth.

It's proper for ſuch only as are cold, weak, and languiſhing. I ſhould by no means adviſe it to any of a ſtrong and hot Conſtitution, nor to thoſe that are Plethoric, or apt to Flooding.

Let 2 Ounces be allow'd Night and Morn, whenſoever Failure of Spirits makes it needful, and more eſpecially the laſt Month of Ingravidation, even till Delivery.

A Coralate Mixture.

Take red Coral finely levigated 2 Drams; Salt of Wormwood 4 Scruples; Juice of Lemons freſh drawn 4 Ounces; ſtrong Cinnamon Water 2 Ounces; mix in an open Glaſs, and let them ſtand uncork'd, leſt their Fermentation break the Bottle.

It

It wonderfully, and almoſt miraculouſly (like a God in a Machine, as they ſay) repreſſeth Subverſions of the Stomach, and Motions to vomit. I have many times obſerved, that in continual Fevers miſerably afflicting with Anguiſh at Stomach, and ſymptomatic Vomiting, more Good hath been done with this Medicine alone, than with all that ever I could by anxious Study and various Trials find out.

Let 2 Spoonfuls be given every Hour, or a Spoonful every half Hour, till the Symptom be overcome, the Glaſs being firſt well ſhaken.

A Mixture with Crabs Eyes.

Take good ſharp Wine Vinegar 4 *Ounces*; *Crabs Eyes reduced to an Alcohol half an Ounce*; *mix theſe in a glaſs Mortar, and when the Ebullition is pretty well over, add Alexiteral Milk Water* 4 *Ounces*; *Treacle Water by Diſtillation* 2 *Ounces*; *then ſtrain, and ſweeten with Syrup of Tolutane Balſam* 2 *Ounces*; *mix.*

In an intermitting, vagous, irregular, or a vulnerary Fever: Alſo in Hypochondriac Conturbations, and Pains, the Doſe may be three Ounces.

A Diuretic Mixture.

Take White Wine 12 *Ounces*; *Oil of Juniper* 24 *Drops*; *Oil of Anniſe* 12 *Drops*; *white Sugar* 1 *Ounce and half*; *mix.*

Diuretics

Diuretics are not to be raſhly given, without premiſing Univerſals; ſuch namely as ſoften the Excrements; abſterge the firſt Paſſages, correct Indigeſtion in the ſanguineous Maſs; and gently evacuate. *Hildanus (Cent. 5. Obſ. 59.)* ſaw a Suppreſſion of Urine cauſed by Turpentine taken immediately upon eating crude viſcid Diet.

Let it be for 4 Doſes, with 20 Drops of Spirit of Salt Armoniac in each: To force away Sand, Gravel, and *Mucus*.

An Ecphractic Mixture.

Take Pine-tops cut ſmall 6 Handfuls; boil in Water 2 Quarts to 1; ſtrain, wringing it hard through a Cloth; add to the Liquor depurated Juice of Scurvy-graſs 1 Pint; of Brooklime, Water Creſſes, and Dandelion, each half a Pint; Radiſh Water compound 1 Pint and half. In this whole Mixture diſſolve Vitriol of Mars 8 Scruples; ſet it by a Night, till the yellow Fæces are ſettled, then decant the clear Liquor, to which add Salt of Wormwood 4 Scruples; white Sugar 12 Ounces; mix,

It enricheth the Blood when impoveriſh'd, depurateth it when feculent, new mixeth it when run aſunder into Parts, and quickeneth it when ſluggiſh.

Alſo it diſſolves ſcorbutic or atrabilarious Feculencies, depoſited and fixing Obſtructions in the Meſentery, Spleen, Liver, Ureters, or Habit

Habit of the Body; opens the Pores and Paſſages for the Fluids, ſcours the common Sewers, procures a free Circulation through the minuteſt Conveyances of the Humane Machine, ſets all the Offices of the vital Functions at work again, and enables them to do it well. The Doſe is 4 Ounces Mornings and Afternoons.

An Epileptic Mixture.

Take Lime-tree Flower and Fennel Waters, each 2 Ounces; Syrup of Stechas and of Meconium, each 1 Ounce; Spirit of Salt Armoniac 1 Scruple; mix, for 2 Doſes.

See the Cephalic Draught and Julep. This Preſcript was ſent me from *Leyden*, and ſaid to be a Secret of *Fred Deckers*, which he highly eſteems, and frequently orders. And truly ſuch Things as diſſipate *Flatus*'s, depurate the Spirits, repreſs Exploſions, and roborate the *Nervoſum Genus*, (which are the manifeſt Intentions of this Remedy) ſeem rightly contriv'd for the breaking off of a ſpaſmic Paroxyſm.

An Erysipelas Mixture.

Take Spirit of Wine half a Pint; Venice Treacle 2 Ounces; long Pepper, Cloves, each 2 Drams; mix.

Dr. *Sydenham* (whoſe Preſcript this is) due Phlebotomy and Purging premiſed, uſeth an Emollient, Diſcutient, and Diaphoretic Foment,

and then binds upon the Part Cap-Paper dipt into this Mixture, to the end that he may vent and diſcuſs the impacted Matter.

For ſuch Things as are emplaſtic, refrigerant and repellent, are (eſpecially if the Eryſipelas ſeize the Face or Head) extremely dangerous. But Spirit of Wine is very agreeable (ſaith *Heide*) by reaſon of the Subtilty and Motion of its Particles, which reduce the diſtorted *Tubuli* of the *Cutis*, and the entangled Fibres into their natural Order, and ſo ſet open the Pores, and bring forth the Matter by *Diaphoreſis*.

And here I'll drop in a ſmall Obſervation, which perhaps may not be quite uſeleſs; and that is, that this Medicine uſeth to change the Colour of the Part, and turn it black, which may poſſibly impoſe upon young Practicers (that never uſed it before, and don't conſider the Reaſon) as tho' it were ſphacelated; whereas that Blackneſs portends no Ill, for it proceeds not from the Diſtemper mortifying the Spirits, but the Medicine ſtaining the Skin.

1. Expectorating Mixture.

Take Tincture of Benjamin half an Ounce; Tincture of Saffron (extracted in Spirit of Wine) Tinctures of Myrrh, of Gum Ammoniac, and Spirit of Salt Armoniac, each one Dram; Hyſſop Water 6 Ounces; Magiſtral Worm Water 3 Ounces; Syrup of Horehound 2 Ounces; mix.

It's

It's made up of volatile, brisk, acrious, penetrating, gummy, and balſamic Things; and its Title denotes its Virtues. Let 2 Spoonfuls be taken as often as clammy tough Phlegm, ſticking in the Throat or Breaſt, occaſions Shortneſs of Breath, or a laborious ſtraining Cough.

2. Expectorating Mixture.

Take Hyſſop Water 8 *Ounces*; *Tincture of Benjamin half an Ounce*; *Tincture of Gum Ammoniac, Spirit of Salt Armoniac, each* 40 *Drops*; *Oil of Anniſe* 8 *Drops*; *white Sugar* 1 *Ounce*; *mix.*

A Mixture for Glyſters.

Take Domeſtic Syrup 2 *Ounces*; *Lenitive Electuary* 1 *Ounce*; *Species of Hiera* 1 *Dram*; *mix.*

Concerning this, ſee the *Purging Glyſter.*

A Golden Mixture.

Take Juice of Kermes ſtrain'd half an Ounce; *Syrup of Gilly-flowers and Rasberries, each two Ounces*; *Oil of Nutmeg two Drops*; *Oil of Cloves* 1 *Drop*; *Leaves of Gold* 5; *mix.*

This Medicine (truly Golden, more from its Virtue than Subſtance) does ſo ſingularly refreſh the Mother and Child, and gives to both ſuch a Vigour and Vitality, that (as ſaith my Communicator) if a Spoonful be taken

twice a day, for a Month before Lying-in 'twill produce an happy Delivery, and a lively Child.

A Mixture for Gravel.

Take Syrup of Marſh-Mallows, Oil of ſweet Almonds (or rather Nut Oil) of each three Ounces; Spirit of Wine tartariz'd (or Queen of Hungary's Water) an Ounce and half; the Yolk of 2 Eggs; Oil of Anniſeed 8 Drops; Spirit of Salt Armoniac 60 (or 80) Drops; mix.

The Doſe may be 3 Spoonfuls each other Hour.

A Mixture for Gripes.

Take Waters of Mint, Cinnamon, Dr. Stephens, of each an Ounce; Syrup of Meconium 2 Ounces; the Yolk of an Egg, Oil of Juniper, Spirit of Salt Armoniac, of each 20 Drops; Salt of Wormwood 16 Drops; mix for 2 Doſes.

Againſt the Wind-Colick and Belly-Ach, from Crudities and Wind.

An Hyſteric Aquoſe Mixture.

Take Waters of Mugwort, black Cherries, each 12 Ounces; of Rue, Penny-royal, Briony compound, each 8 Ounces; mix.

This would I have kept always ready mix'd in the Shops, to make up Hyſteric Juleps with,

in

in an inſtant, without Expence of Time, like theſe *Formulæ*, viz.

Take of the Hyſteric Aquoſe Mixture, 12 *Ounces*; *Pearl prepared* 1 *Dram*; *white Sugar Candy* 3 *Drams*; *mix.* Or,

Take of the Hyſteric Aquoſe Mixture, 10 *Ounces and half*; *Tincture of Caſtor* 4 *Scruples*; *Syrup of Gilly-flowers (or Balm, or Mugwort, or Stechas, or Piony compound)* 1 *Ounce and half*; *mix.*

An Hyſteric Spirituoſe Mixture.

Take Tincture of Aſſa Fœtida (extracted with Spirit of Wine) Tincture of Galbanum, of Caſtor, and Spirit of Salt Ammoniac (or Harts-horn) each 1 *Dram*; *Oil of Amber* 32 *Drops*; *mix.*

Becauſe the Elements of this are Heterogeneous, they can't be ſo perfectly mix'd, but that they'll eaſily run aſunder, and after a little ſtanding appear ſeparate: but this is no great Inconvenience, 'tis but juſt ſhaking the Glaſs, and they'll all run in Order, and unite again into a white Liquor like Milk.

It's an extraordinary Medicine for Hyſteric People, and is ſingularly to be noted for Women in Labour, whenſoever the Spirits being Hyſterically confuſed, do not flow in plentifully and powerfully enough to the Muſcles of the *Abdomen*, and other Parts promoting the Birth; and ſo the neceſſary Pangs thereupon ſlacken and fail, and the Womb itſelf riſeth not up to make

ſtrong Efforts of Expulſion. In this Caſe, I ſay, this uſeth to bring, as 'twere, Divine Help, beyond almoſt any thing elſe, if 20 or 30 Drops be miniſtred in an appropriate Vehicle, and repeated at due Times.

A Juniper Mixture.

Take Oil of Juniper 1 *Dram*; *ſubigate it perfectly with the Yolk of* 1 *Egg*; *mix in white Syrup* 2 *Ounces*; *and ſtrain.*

By the ſame Artifice may moſt efficacious Mixtures be contriv'd, of any Sort of Chymical Oils, according to the various Intention of the Preſcriber.

It very ſignally relieves the Ventricle and Inteſtines when refrigerated, relax'd, troubled with Wind, Pains, and Sickneſs. It egregiouſly refreſhes, ſtimulates and cleanſes the Reins and Ureters, when being debilitated and obſtructed, they perform not their Office duly.

The Doſe is a Spoonful twice or thrice a day, upon an empty Stomach.

A Mixture with Liquorice.

Take Spaniſh Juice of Liquorice 2 *Drams*; *diſſolve it over the Fire in Hyſſop Water* 4 *Ounces*; *ſtrain, and add Syrup of Meconium* 4 *Ounces*; *mix.*

Thus I preſcribe it commonly; ſometimes I have added to it, whilſt the Juice is a diſſolving, *Saffron clipped ſmall* 16 *Grains*; *and when it is ſtrained, Oil of Anniſeed* 2 *Drops*; *Tincture*

Tincture of Benjamin 2 Drams; and inſtead of Syrup of Meconium, Oxymel ſimple.

Againſt a tickling Cough from a thin Rheum, give four Spoonfuls at Bed-time; or elſe (if it trouble much in the Day-time) now and then a Spoonful after a great Coughing Bout.

A Mixture for Ulcers of the Mouth.

Take Balauſtines, Alum both crude and burnt, of each half a Dram; boil in Plantain Water from 8 Ounces to 5; ſtrain, and add Honey of Roſes half an Ounce; Ægyptiac Ointment half a Dram; mix.

It's common to uſe calcined Vitriol, Verdigriſe, and *Ægyptiacum*, in Ulcers of the Mouth. But *Fabricius* warns us againſt them, as very contrary in cancerous Ulcers: And *Muys (Podalyr. p. 71.)* ſaith, *Ægyptiacum* muſt never be uſed in exulcerated Cancers; for 'tis wonderfully pernicious.

A Musk Mixture.

Take depurated Juice of Mint 4 Ounces; compound Wormwood and ſtrong Cinnamon Waters, each one Ounce; powder'd Caſtor one Dram; Musk 4 Grains; white Sugar Candy 3 Drams; mix.

It's deſign'd againſt Pain of the Stomach, Vomiting, and eſpecially a *Singultus*. See the *Musk Julep*. Let three Spoonfuls be exhibited and repeated as ſhall be judg'd needful.

An Dioſe Mixture.

Take Oil of ſweet Almonds (or rather Oil of Walnuts) 2 *Ounces*; *Syrup of Marſh-Mallows* 4 *Ounces*; *Water of Pellitory of the Wall* 6 *Ounces*; *Salt Prunel* 1 *Dram*; *mix.*

It lubricates, relaxes, obtunds Acrimony, and moderately promotes *Diureſis.* It's ever to be obſerv'd, that in a Nephritic Paroxyſm, the greater the Pain is, the leſs ought Diuretics to be uſed, and the milder muſt they be. The Reaſon of which is to be found under the Title of *Draught for Gravel*, and *Diuretic Aromatic Julep.* The Doſe is 3 or 4 Ounces.

A Pacific Mixture.

Take Liquid Laudanum tartarized two Drams; *Oil of Nutmeg and Cinnamon each* 4 *Drops*; *mix.*

It has the common Virtues of *Laudanum*, but in a more eſpecial manner reſpects Vomiting and Looſeneſs; beſides which, it's a good Blind for *Laudanum*, to hide it from the Knowledge of the Patients and By-ſtanders; which Trick is ſometimes exceeding neceſſary, when they are curiouſly impertinent and meddling, or have taken up a fooliſh Averſion to Opium.

The Doſe is 15, 20, or 25 Drops.

A Pa-

A Papaverine Mixture.

Take Alexiterial Milk-Water 2 *Ounces*; *Cinnamon Water* 1 *Ounce*; *Syrup of dryed white Poppy Heads (rightly prepared according to the Apothecary's Art)* 3 *Ounces*; *Gold* 3 *Leaves*; *mix.*

This is a good Paregoric. It's Doſe four Spoonfuls in an appropriate Vehicle.

A Paralytic Mixture.

Take Spirit of Scurvy-graſs 2 *Drams*; *compound Spirit of Lavender, Tincture of Caſtor, each half a Dram*; *Elixir Proprietatis tartariz'd* 1 *Dram*; *Oil of Nutmeg* 4 *Drops*; *Oil of Cinnamon and Cloves, each* 2 *Drops*; *Spirit of Salt Armoniac* 2 *Drams*; *mix.*

It quickens the flat Ferment of the Stomach, repairs its decay'd Vigour, attenuates the Blood when polluted with a pituitous *Colluvies*, prepares pure fine defecated *Materia Subtilis* out of it for the Brain, recovers the Elaſticity of the Spirits, deoppilates the obſtructed Nerves, and deterges the *Fibræ Motrices.*

It's moſt commodious for a weaken'd or relax'd Stomach, occaſion'd by reaſon of the Nerves being ſomewhere obſtructed, or overſtrain'd, for a Palſy, (eſpecially a ſcorbutic one) and in a word, for all Sorts of Maladies depending on the Failure of the Animal Spirits, and Imbecillity of the Nerves.

But

But these high, hot Medicines, that abound with mighty active Particles, are so far from being agreeable to Choleric Paralytics (whose Blood is acrid and fervid, without much *Serum* to temper it) that they often do Hurt, whereas they are signally serviceable to the Phlegmatic, whose Blood being colder, holds much *Serum*, and but little active Elements.

You may allow 30 Drops in a proper Vehicle thrice a day.

A Pectoral Mixture.

Take of the Pectoral Decoction 30 *Ounces*; *Tincture of Saffron (made in Treacle Water)* 6 *Drams*; *Tincture of Benjamin* 2 *Drams*; *Syrup of Ground Ivy* 1 *Ounce and half*; *Oil of Anise* 1 *Drop*; *mix.*

The *Pectoral Decoction* (by means of its mucilaginous, incrassating and mollifying Substance) generates soft Juices, retunds the Acrimony of the Blood, freshens its muriatic Saltness, and hinders its Colliquation. And then *Saffron*, *Benjamin*, *Anniseed*, and *Ground-Ivy*, (upon account of their Aromatic, Balsamic, and Volatile Parts) roborate the Lungs themselves, delicately stimulate and instigate them to excretory Efforts.

And so this Mixture prevents the Breeding of such irritating Humours as provoke a Cough, frees the Lungs from the offensive Load of Phlegm gathered in them, and fortifies 'em against the Incursion of more of the same.

Let

Let 6 Ounces be ſupped up as hot as Coffee thrice a day.

A Peruvian Mixture.

Take very finely powder'd Peruvian Peel 1 *Ounce*; *Alexiterial Milk Water* 1 *Pint*; *Mint*, *Cinnamon*, *Epidemial Waters*, *and Syrup of Gilly-flowers*, *each* 4 *Ounces*; *Oil of Nutmeg* 4 *Drops*; *mix.*

This is ſuch a neat and agreeable Form of giving the great Medicine in Subſtance, that it ſeldom goes againſt any ones Stomach, and very rarely exciteth a *Diarrhœa*, which are two deſirable Advantages.

Let a Quarter of a Pint be adviſed every 3 or 4 Hours, in the Abſence of the Fit. See the *Peruvian Electuary.*

Platerus his Mixture.

Take Spirit of Wine (or Hungary Water, or Tincture of Caſtor) 2 *Drams*; *Juice of Onion* 1 *Dram*; *Oil of Spike* 2 *Drops*; *mix.*

For Noiſe, or Pain in the Ears.

A Pleuritic Mixture.

Take Waters of Hyſſop 2 *Ounces*; *Fennel* 1 *Ounce*; *Epidemial and Treacle Water*, *each half an Ounce*; *Crabs Eyes*, *Bezoar Mineral*, *each* 1 *Scruple*; *Spirit of Salt Armoniac* 15 *Drops*; London *Laudanum* 2 *Grains*; *Syrup of the Juice of Erratic Poppy* 1 *Ounce*; *mix.*

The

The Communicator ſaith, it's (after due Bleedings) convenient in a Pluriſy, takes away the pricking Pain and ſhort Cough. The Sick may take a Spoonful or two every Hour. But as to my own part, I adviſe no Body to truſt to Pleuritic Internals, ſo as to neglect, or be too ſparing of Bleeding; for upon it depends Safety, and in a manner the whole Cure.

A Saline Mixture.

Take Penny-royal Water 6 Ounces; Salt of Tartar 2 Drams; mix.

Let it be taken by Spoonfuls in Broth, ſo as that the Stomach be continually imbued with it: Thus it's good to ſtop Vomiting. Taken a Mornings for ſome time, it lays a good Foundation for a Courſe of Steel in the Green-Sickneſs.

A Saponaceous Mixture.

Take fine Venice Soap ſcraped thin 1 Dram; mix with it Oil of Anniſeed 3 Drops; add Syrup of Maiden-Hair 3 Ounces; Syrup of Hore-hound 1 Ounce; Penny-royal Water 2 Ounces; mix all according to Art, and ſtrain.

It moſt effectually lubricates, attenuates, removes, ſtimulates, and expectorates from the bottom, and inmoſt Receſſes of the Lungs. Let 2 Spoonfuls be given often for tough Phlegm, *Orthopnœa*, and ſtraining laborious Cough.

It's

It's good alſo to provoke Urine, and bring away Gravel.

A Saturnine Mixture.

Take Spirit of Turpentine half an Ounce; *Sugar of Saturn* 1 *Dram*; *Camphire* 2 *Scruples*; *mix.*

In a *Gonorhœa* (from turgeſcent Geniture) Impurity *nocturn.* and *Furor* Uterine, give from 15 to 30 Drops in an appropriate Vehicle.

A Scorbutic Mixture.

Take Horſe-Radiſh Water compound half an Ounce; *Spirit of Scurvy Graſs* 3 *Drams*; *Elixir Proprietatis tartariz'd* 2 *Drams*; *Spirit of Salt Armoniac* 1 *Dram*; *Oil of Juniper* 40 *Drops*; *mix.*

This Aromatic, Volatile Mixture, is uſed with much Advantage by ſuch Scorbutick Perſons as are troubled with a Relaxation of the Ventricle, want of Appetite, ill Digeſtion; alſo Liſtleſneſs, Wearineſs of the Body, and Stupor or Reſolution of the Members.

Let 30 Drops be taken, if it be to rectify the Stomach, an Hour before Dinner and Supper, and that in a ſmall Quantity of a ſolid Vehicle. But if an Alteration of the Fluids in general, and of the Habit of the Body be intended, then in a pretty large liquid Vehicle, every Morning and Afternoon, faſting 2 Hours after.

A Mix-

A Mixture with Sperma Ceti.

Take Canary Wine, Linſeed Oil, each 3 *Ounces*; *Oil of Turpentine* 10 *Drops*; *Sperma Ceti, Crabs Eyes, each half a Dram*; *white Sugar* 3 *Drams*; *mix artificially, and give it warm for one Doſe.*

It's profitable (after due Bleeding) for thoſe that being hurt by a Fall, and bruis'd, have Blood extravaſated, ſettled and coagulated.

A Stomachic Mixture.

Take ſtrong Cinnamon Water 1 *Ounce*; *Oil of Vitriol* 1 *Dram*; *Oil of Cloves* 24 *Drops*; *mix.*

It excites Appetite, roborates the Stomach, takes off Nauſeouſneſs, ſtays Vomiting; and in a word, performs all that can be expected from that operoſe Elixir of *Mynſicht*.

Let 40 Drops (more or leſs) be given in a Glaſs of Canary upon an empty Stomach.

A Succinated Mixture.

Take Lisbon white Wine a Pint; *Canary Wine, Radiſh Water compound, of each half a Pint*; *Salt of Amber, Salt of Harts-horn, Salt Prunel, Salt of Tartar, of each from half a Dram to a Dram*; *Oil of Turpentine* 40 *Drops*; *white Sugar an Ounce*; *Syrup of the* 5 *Roots* 2 *Ounces*; *Spirit of Scurvy-graſs* 160 *Drops*; *mix.*

To

To force *Diureſis* give 4 Ounces Night and Morn; and to the Night Doſes add (when needful) *Liquid Laudanum* 20 Drops.

A Sulphurate Mixture.

Take Syrup of Juice of Hounds-tongue 4 *Ounces*; *Balſam of Sulphur anniſated* 80 *Drops*; *mix.*

It's for a Cough that troubles moſtly a Nights, and proceeds from a thin, ſharp Rheum. The Doſe is a Spoonful Night and Morn.

A Tartareous Mixture.

Take Spirituous Cinnamon Water 6 *Ounces*; *Oil of Tartar by Deliquium* 3 *Drams*; *Spirit of Salt Armoniac* 90 *Drops*; *mix.*

Let it be taken by a Spoonful at a time in a bilious Colick after Purging, *Liquid Laudanum* being added, as the Caſe ſhall require.

A Terebinthine Mixture.

Take fine clear Venice Turpentine an Ounce; *the Yolks of* 2 *Eggs*; *Oil of Anniſeed* 3 *Drops*; *when they are well wrought together into an uniform Maſs, add Syrup of Marſh-Mallows, Malaga Wine, of each* 6 *Ounces*; *mix.*

To provoke Urine, bring a Gravel, cleanſe and cure Ulcers of the Kidneys and Bladder, give 3 Spoonfuls either with or without *Laudanum*, according as the Caſe ſhall require.

The Thebane Mixture.

The Thebane Juice (or for want of it, London Laudanum) 12 *Grains*; *diſſolve it in black Cherry Water* 12 *Ounces, and rectify'd Spirit of Wine half an Ounce, add white Sugar half an Ounce*; *ſtrain, and drop in Spirit of Salt Armoniac* 36 *Drops*; *mix.*

It's for 6 or 9 Doſes, the Glaſs being well ſhaken before it be poured out.

A Mixture for the Throat.

Take Seeds of Flea-wort and Quinces, each 1 *Dram*; *decoct in Water half a Pint to* 4 *Ounces*; *to the ſtrain'd Mucilage add one White of Egg well beaten*; *Damask Roſe-Water* 2 *Ounces*; *Syrup of Rasberries* 1 *Ounce and half*; *mix.*

This is for Heat, dry Parchedneſs, Aſperity and Soreneſs of the Throat. Let a Spoonful be taken after every time the Mouth is gargled.

A Volatile Mixture.

Take Balſamic Syrup 5 *Ounces*; *Matthias his Spirit of Lavender, Spirit of Salt Armoniac, of each half an Ounce*; *Oil of Nutmeg* 12 *Drops*; *Oil of Cloves* 6 *Drops*; *mix.*

'Tis Cephalic, Stomachic, Cardiac. Give a Spoonful (well ſhaken) in an agreeable Vehicle.

A Mix-

A Mixture for Child-bed Women.

Take Sperma Ceti one Dram; Peruvian Balſam 10 *Drops; Oil of Nutmeg* 4 *Drops; Oil of Anniſeed* 1 *Drop; the Yolk of an Egg; white Sugar* 3 *Drams; beat them up together to an uniform Body, and then add Waters of black Cherry an Ounce and half; Mint, Penny-royal, Treacle, each an Ounce; of Cinnamon half an Ounce, Spirit of Salt Armoniac, Liquid Laudanum of each* 30 *Drops; mix for* 2 *Doſes.*

An Hyſteric Nodule.

Take Aſa Fœtida half a Dram; Caſtor, Camphire, each 1 *Scruple; Oil of Amber half a Scruple; mix, and tie it up in a Rag, or piece of Silk.*

Being often held to the Noſe, it helps Vapours and Fits; for it repreſſes the raging Spirits, drives them back from their wild Excurſions and Exorbitancies, forces them into Order, and hinders 'em from running into Tumults and Convulſive Exploſions.

An Acouſtic Oil.

Take Oil of bitter Almonds 1 *Dram; Oil of Nutmeg, Cummin, Majoram, Petre, each* 4 *Drops; Civet* 2 *Grains; mix.*

It hath the ſame Virtues with the *Acouſtic Mixture,* but is more durable in the Ear.

A Cephalic Oil.

Take Balſam of Peru 1 *Dram*; *Oil of Roſemary, Sage, Marjoram, Nutmegs, each* 4 *Drops*; *Camphire half a Dram*; *mix.*

Outwardly uſed it warms, diſcuſſes, and roborates; and therefore is of uſe for cold, catarrhous Affections of the Head, eſpecially of the *Pericranium.*

A Paralytic Oil.

Take Oil of Amber, Saſſaphras, each 1 *Dram*; *Oil of Roſemary, Pepper, each* 1 *Scruple*; *mix.*

The Art and Skill to find out the Part primarily affected, muſt be learn'd from Anatomy, which ſhews the Origine and Inſertion of the Nerves.

Thus, if the Face be reſolved, and all the other parts firm; then we are ſure the Brain only is affected; and in that particular place, whence the Nerves come into that part.

If the Parts below the Head and Face alſo be hurt, then both the Brain and Spine are affected.

If the lower Parts ſuffer, and the Face eſcape free, then the Fault is in the Spine only.

If the Thighs and Legs be ſtruck, the cauſe is toward the lower end of the *Medulla Spinalis*, about the *Vertebræ* of the *Os Sacrum.*

If one ſide of the Face, or Body ſuffer Reſolution; then one ſide of the Brain, or of the Spine occaſions it.

And thus in the reſt, the original cauſe is to be ſought for, where thoſe Nerves ariſe that run into the Paralytic Member. Thus *Riverius*.

I have known where the *Medulla Spinalis* hath been ſo hurt by a fall, that all the Parts below the hurt, loſt not only Motion entirely; but alſo Senſe to that degree, as not to feel Cutting, or Burning any more than Dead Bodies do.

Let it be rubbed hard with a warm hand on the Part primarily affected; but it ſignifies not ſo much on a Member that ſuffers at ſecond hand by Conſent. See the *Paralytic Liniment*.

Oil of Rhubarb.

Take Oil of ſweet Almonds and Rhubarb powder'd, each as much as you pleaſe; put it into a glazed Pot lain up lain; give it a warm Digeſtion for a Night's ſpace, and then preſs out a golden colour'd Oil, ſtrongly in a Preſs, as you would do Oil of Almonds.

As I have heard, it's frequently in uſe at *Heidelburge*, for the Colic, Dyſentery, and Worms: They give to a Child half an Ounce. Indeed I never uſed it; but becauſe it's an odd Medicine, and has ſomething ſingular in it I would not omit it.

An Aſthmatic Drymel.

Take Zedoary 1 *Ounce*; *boil in Water* 1 *Quart to* 1 *Pint and half*; *in the ſtrained Liquor, mix Gum Ammoniacum (firſt diſſolv'd in Vinegar* 4 *Ounces)* 1 *Ounce*; *ſtrain, and add Honey* 4 *Ounces*; *boil, ſcum, and ſtrain it out.*

This is the Experiment of Dr. Sir *J. F.* (a late Author) for Perſons labouring under an *Orthopnœa* and *Aſthma.* It attenuates tough Phlegm, clears out Obſtructions of the Lungs, and maintains and fortifies their Tone. Let 3 Spoonfuls be given Night and Morn for ſome Months.

A Chalybeate Drymel.

Take Water half a Pint; *Honey a Pound*; *boil at a gentle Fire to perfect Deſpumation*; *then having added Chalybeate Vinegar (after deſcribed) half a Pint*; *boil, till it acquire a due Conſiſtence.*

A Purging Pectoral Drymel.

Take Raiſins of the Sun ſtoned and cut ſmall, Orris Root, each 1 *Ounce*; *Elecampane, Calamus Aromaticus, each half an Ounce*; *Senna* 2 *Ounces*; *Agaric (tied up in a Rag) half an Ounce*; *white horebound, Savory, Hyſſop, Ground Ivy, each* 1 *Handful*; *Tobacco dried* 1 *Dram*; *Ginger* 3 *Drams*; *Spring Water* 2 *Pints and half*; *Vinegar half*

half a Pint; boil away to 1 *Quart, throwing in at laſt Anniſeed* 2 *Drams; ſtrain, and add Honey* 1 *Pint; boil it again to a fit Conſiſtence, carefully ſcumming it.*

It powerfully attenuates, removes and carries out thick ſlimy Phlegm, which ſticking in the Stomach, Guts, Lungs, or Habit of the Body, and occaſioning various Obſtructions, produces an OEdematous, Catarrhous, Conſumptive, or Paralytic *Diatheſis.*

The Doſe is 3 Ounces every, or each other Morning, as the Caſe calls for it.

An Drymel of Tobacco.

Take Tobacco Leaves (powder'd and tied up in a Rag) 1 *Ounce and half; Agaric (likewiſe tied up) Liquorice, each* 1 *Ounce; Senna, Raiſins of the Sun, each* 2 *Ounces; Vinegar* 2 *Quarts; boil to* 2 *Pints and half, adding, towards the laſt, Thyme, Hyſſop, each* 2 *Handfuls; Anniſeed half an Ounce; Cloves* 3 *Drams; having ſtrained and clarify'd it, add Honey* 1 *Pint and half; and then boil it up to a due Conſiſtence.*

When you have occaſion to uſe it (ſaith *Quercetan*, who had compoſed a mighty operoſe Oxymel of Tobacco, of which this is an Epitome) give *Cochlearia aliquot* ſome Spoonfuls, either alone, or with a Pectoral Water.

Truly this Medicament moſt excellently and ſtrongly purges, exhauſts, deterges, extirpates the *Saburra*, and *Eluvies* of depraved Humours

mours out of the whole Body in general, and the Ventricle and *Thorax* in particular, and is moſt accommodated, and ſpecifically peculiar to Aſthmatic People.

But in giving it, there's need of Caution and Diſtinction to increaſe or diminiſh, and nicely adjuſt the Doſe, ſo as to fit the Age and Strength of the Sick.

Sometimes (becauſe of the Tobacco) it provokes Vomiting; but then the other Purgers that are mix'd with Vinegar (which is itſelf a prime Corrector and Mollifyer) divert its Vehemence, by drawing it downward, and ſo render it a good and effectual Remedy for pituitous Maladies of the Ventricle and *Thorax*. Thus he.

A Paſte for Aphthae.

Take new Butter juſt out of the Churn, unſalted (and waſhed in Roſewater) 1 *Ounce and half*; *Liquorice Powder* 1 *Dram and half*; *white Sugar Candy powdered, and paſſed through a Searce, as much as ſerves to make it up like Paſte*; *mix.*

Let a little Pellet of this be put into the Mouth to diſſolve by degrees: It's good againſt the Thruſh, Parchedneſs, Heat, and Roughneſs of the Tongue, Foulneſs in the Mouth and Throat, Wheezing, and painful Breathing. It may alſo be put up the Noſe when ſtopped and ſore.

Gallic Paſte.

Take Bole 1 *Ounce*; *burnt Alum*, *burnt Cruſt of Bread*, *powdered Tiles*, *Porcelane Ware*, *each* 2 *Drams*; *clarifyed Honey as much as is ſufficient to give the Conſiſtence of Paſte*; *beat all up together*.

This is uſed in *France*, to cleanſe, ſcour, and whiten the Teeth, to take off Filth, the *Lapis dentalis*, and all manner of Inquinations and ill Smells. Every Morning put a little on a fine Woollen Rag, and rub the Teeth with it. But the Teeth eſpecially, rather than the Gums, are to be rubbed; for frequent and hard rubbing the Gums will wear and waſte them away.

Pellets for the Teeth.

Take Aſa Fœtida 8 *Grains*; *Camphire*, *Dragons Blood*, *each* 1 *Grain*; *Oil of Pepper* 2 *Drops*; *mix*.

It's to ſtop a hollow Tooth; 'twill oftentimes eaſe the moſt ſharp Pains, and prevent their Return.

Peſſaries.

Take powdered Myrrh 2 *Drams*; *black Hellebore (or Savine Tops) Oil of Anniſeed, of each half a Dram*; *(to which may be added, if need be, ſome Grains of Musk or Civet) with Yolk of Egg reduce it to the Form of*

an Unguent, with which anoint Pieces of Gentian Root, cut for the Purpoſe.

Sylvius uſeth a Radiſh Root only.

Alexiterial Pills.

Take powdered Virginia Snake Root 1 *Dram and half; Camphire, Salt of Amber, each half a Dram; thin Diaſcordium as much as needful; beat it up into a Maſs, and make every Scruple into* 4 *Pills.*

Amber Pills.

Take Ambergriſe 2 *Grains; Musk, Salt of Hartſhorn, each* 1 *Grain; Opium* 3 *Grains; Balſam of Peru as much as is ſufficient; bring it into* 3 *Pills for* 3 *Doſes; but be ſure to beat it well, that the Opium may be well divided.*

Theſe are ſerviceable againſt a *Singultus.* But when this Symptom happens in continual and malignant Fevers, we muſt be very wary how we give Opium. See the *Musk Julep.*

Ettmuller obſerves, that ſometimes ancient People are apt to grievous Pains in the Stomach; in which caſe (as alſo in other Cardialgias, with proſtration of Spirits) theſe kind of Pills are excellent.

Moſt Hyſteric Women, and many Hypochondriac Men, cannot away with the Smell of Musk; for their Animal Spirits being of too fine and rare a Texture, are greatly agitated with

with ſuch ſtrong Odours; and ſo running into inordinate Motions, eaſily produce Spaſms in the *Plexus Nervoſi*, and internal *Viſcera*. See *Solenander's Pills*.

Antemetic Pills.

Take powdered Mint 2 *Drams*; *Wormwood* 2 *Scruples*; *Balauſtines* 1 *Scruple*; *Oil of Cinnamon* 2 *Drops*; *Diaſcordium (or Venice Treacle)* 1 *Dram*; *reduce into a Pilulary Maſs with Syrup of Quinces.*

Pills Antiphthiſic.

Take Saturnine Sugar 1 *Dram*; *Vitriol of Mars half a Dram*; *Dragons Blood in Drops, a Dram and half*; *Copayba as much as ſufficient for a Maſs*; *out of which make* 48 *Pills, for* 12 *Doſes.*

See *Antiphthiſic Tincture.*

Arthritic Pills.

Take powdered Ground Pine 6 *Drams*; *Ens Veneris* 2 *Drams*; *make it up into Pills with Venice Turpentine for* 16 *Doſes.*

They aſſiſt Nature in the Buſineſs of Chylification and Sanguification, brace up the relaxed Fibres to a due tonic Tenſion, break and ſubdue tumultuous, fermenting Salts, and turn them out by Urine.

Let the Patient ſwallow a Doſe Mornings and Afternoons, and drink upon them the edulcorating Decoction, Decoction of Woods,

or

or the Sacred, according as the Caſe and Conſtitution ſhall make moſt eligible.

Aſthmatic Pills.

Take Gum Ammoniac ſtrained 1 *Dram*; *Saffron, Salt of Harts-horn, Salt of Amber, Flower of Benjamin, of each half a Dram*; *Oil of Roſemary* 6 *Drops*; *Balſamic Syrup as much as needful*; *make up* 48 *Pills*.

The Doſe is 3 Pills 3 times a day.

Aſtringent Pills.

Take true fine Bole, Dragons Blood in Tears, red Coral, Amber, Maſtich, Aſtringent Crocus of Mars, each 1 *Dram*; *Oil of Cinnamon, Nutmeg, each* 6 *Drops*; *make all into an Alcohol, and then with Turpentine, a Pilulary Maſs, out of every Scruple of which form* 3 *Pills, and duſt them with Powder of Dragons Blood*.

They exſiccate, abſorb, edulcorate, ſtop up, aſtringe, and roborate; they reſtrain a *Diarrhœa* and *Dyſentery*, ſtanch Spitting, Vomiting, and Piſſing of Blood, overflowing of the *Menſes*, Flooding in Child-birth, give eaſe in a *Lumbago*, when it proceeds from either great Loſs of Blood, or *Fluor Albus*.

Three may be given twice, or oftener, a day, till the Indication be ſatisfied.

Balſamic

Balſamic Pills.

Take Millepedes prepared 3 *Drams*; *Gum Ammoniac ſtrained (with Spirit of Wine)* 1 *Dram and half*; *Flowers of Benjamin* 1 *Dram*; *Saffron, Balſam of Peru, each* 15 *Grains*; *Balſam of Sulphur, enough to embody it into a Maſs fit for Pills.*

Theſe are excellent and moſt approv'd Pills in a chronic, ſcrophulous, conſumptive Cough, where the Glands and Paſſages of the Lungs are ſtuffed up with Slime and Phlegm, and where we may conjecture that Tubercles are a growing.

Let 3 be taken thrice a day, together with an appropriate Decoction,

Pills with Bees.

Take powdered Bees, Rhubarb, of each 2 *Drams*; *Oil of Anniſeed* 6 *Drops*; *Venice Turpentine, as much as expedient*; *make all up into Pills of a commodious Size.*

To force away Urine and Sand, give a Scruple twice a day.

Bennet Pills.

Take of the very fineſt Aloes half an Ounce; *Senna* 2 *Drams*; *Aſa Fœtida, Galbanum, Myrrh, each* 1 *Dram*; *Vitriol of Mars* 6 *Drams*; *Saffron, Mace, each half a Dram*; *Oil of Amber* 40 *Drops*; *Syrup of Mugwort ſuffi-*

ſufficient to beat it up with into a Maſs of Pills for 40 *Doſes.*

They exalt and brisk up the depauperated, vapid, heavy Blood, attenuate and purge off muddy ſettling Humours, open and ſtimulate the Veſſels and Fibres of the *Uterus*, when daub'd up with Slime, and unfitted for their Functions. They are properly Women's Phyſic, and a truly experimented, and ſcarce failing Remedy, for ſuch Obſtructions of the *Menſes*, as (tho' they are inveterate) are yet curable: And have moreover this good Property, that Women moſtly bear them well enough, notwithſtanding they purge, becauſe they repel Vapours and Hyſteric Fits.

Let one Scruple be given either every, or every other Night, for ſome Weeks, according to the Judgment of the Phyſician.

Black Pills.

Take powder'd Elecampane, Orris, Anniſeed, Sugar Candy, each 1 *Dram; Liquid Pitch* 2 *Drams, or as much as is ſufficient; make it into* 72 *Pills.*

They attenuate, incide, warm, are admirable, and approved by good Experience, to bring off crude, tough Phlegm, ſticking in the Throat and Cheſt; and to reſtore a tonic Vigour to the Lungs. But where there's a Defluxion of thin Rheum, or a Catarrhal Fever, they are not to be uſed. The Doſe is ſix Evening and Morning.

Cacheſtic

Cacheatic Pills.

Take fine pick'd Ammoniacum in Drops, pure Aloes, each 6 Drams; Steel prepared with Sulphur 5 Drams; Oil of Cloves and Anniſe, each 10 Drops; Spirit of Wine (or Elixir Proprietatis tartariz'd) ſufficient to reduce it to a Maſs.

Theſe are taken out of the *Leuwaerden* Diſpenſatory; and as the *Bennet* Pills are more eſpecially appropriate to Women, ſo are theſe to Men, becauſe they do not ſo directly reſpect Hyſteric Vapours. But yet, being hotter than thoſe, they more ſtrongly exagitate and exalt the Blood, open Obſtructions as well, recover the loſt Tone of the Fibres, exonerate the Habit of the Body, and mend its *Craſis*. They are to be given in the ſame Doſe and Manner with the *Bennet Pills*.

I am not ignorant that the everlaſtingly famous *Sydenham* holds, Cathartics are to be forborne all the while Chalybeates are taken, becauſe the Virtue of the Chalybeate is infringed by the Cathartic; and when the main thing aim'd at is, that the Syſtem of the Spirits be redintegrated, repair'd and confirm'd. All that is built by Steel in 8 Days Space, is ruin'd and flung down in 1 by a Purge, tho' never ſo mild a one. And it's no doubt at all to him, but that the giving now and then a Purge, during the Courſe of the Chalybeate Mineral

Mineral Waters, renders them much the more ineffectual.

But on the contrary, I have very often obſerv'd Effects happy enough from Chalybeates and Cathartics join'd together: And all Practical Books and Bills on the Apothecaries Files (till perhaps of late) are full of it. To ſolve this Difficulty, I judge we ought to diſtinguiſh thus.

If when we give Steel, we have but this one Intention only, *viz.* to exalt the *Craſis* of the depreſs'd Blood, and conſequently corroborate the Syſtem of the Spirits, then I hold with *Sydenham*, that we ought wholly to abſtain from Cathartics.

But put Caſe, that together with the Exaltation of the Blood and Spirits, there are alſo Obſtructions to be removed, and muddy Settlements to be carried off; then Cathartics, aſſiſted with Chalybeates, operate beſt, and with united Forces, do their Buſineſs to purpoſe. And that this is right, we have the conſtant Practice of all our former Phyſicians to vote for it; and certain and undoubted Experience hath ſeldom fail'd to confirm it.

And as to our Author himſelf, its evident he is not always, and in all Caſes againſt a little Purging: For he ſaith (*Proceſ. integr. p.* 10.) if Steel heat the Body too much, let two Quarts of the Mineral Purging Waters be taken every fourth Day, during the whole Courſe; for they will purge, and not diſturb.

Camphorate

Camphorate Pills.

Take powder'd Liquorice, Sugar, Camphire, each 2 Scruples; with Venice Turpentine, make it up into Pills.

Carminative Pills.

Take Gum Ammoniacum ſtrain'd 2 Scruples; Myrrh, Amber, Maſtich, each 1 Scruple; Olibanum, Saffron, Caſtor, each half a Scruple; Salt of Mars (calcin'd to Whiteneſs) half a Dram; Oil of Nutmeg 8 Drops; Elixir Proprietatis as much as is ſufficient; make it into 40 Pills.

This is *Sylvius* his Preſcript, and excellently compoſed to attenuate and ſcour off Phlegm, ſmearing and oppreſſing the Ventricle and Inteſtines, exciting Pain, Wind, and a thouſand Miſchiefs.

Things that diſcuſs Wind are not at all different from ſuch as incide Phlegm, ſaith *Riverius*, and very rightly: For Wind is generated by the Conquaſſation of Phlegm, after the manner as we ſee Whites of Eggs beat up, and whisk'd, till it ſtand all in Froth and little Airy Bubbles. Thoſe Things therefore that correct the Viſcidity of Phlegm, ſlay the very Parent of Wind, and ſo prevent its Birth.

Where the Stomach and Inteſtines are weak and relaxed and Cold, perhaps they may not be able to diſſolve and caſt off the clammy Gum ſticking like Pitch to them; whence may ariſe

ariſe Nauſea, Sickiſhneſs, Diſtreſs, and Anguiſh: in that Caſe it's convenient to attempt their Relief by giving Butter, Oil, Spirit of Wine, Yolk of Eggs, Salt of Tartar, or Soap, and after gently purge them.

Let 5 Pills be given twice a day upon an empty Stomach.

Pills with Caſtor.

Take Caſtor 2 *Scruples*; *Salt of Harts-horn, Salt of Amber, of each* 1 *Scruple*; *Balſam of Peru* 16 *Drops*; *make all up into Pills with Diaſcordium.*

They are very friendly to Hyſteric Women; and may be made chalybeate, by adding to every Doſe three Grains of Vitriol of *Mars*.

I admire what came into *Zwelfer*'s Head, when (*Pharmac. Reg. Claſ. 6. p.* 546.) he thus delivered himſelf, "Experience teſtifies, that "Caſtor being ſmelt to is good for Hyſteric "Women: But taken inwardly is hurtful. "Therefore they do ill to give that from which "we never yet ſaw any good Succeſs.

Perhaps he might meet with ſome Body that could not bear Fetids: Or ſome ill Accident might unluckily happen upon giving of it; which was not occaſioned by the Medicine, but by ſome odd obſcure turn of the Diſeaſe. But he ſhould have conſider'd, that one Obſervation is not enough to eſtabliſh an Aphoriſm upon.

Catarrh

Catarrh Pills.

Take Pil. Ruffi 1 *Scruple*; *Storax Pills* 6 *Grains*; *Oil of Anniſeed* 1 *Drop*; *make it up into* 5 *Pills.*

They hinder the Tranſudation of *Lympha*, attemperate, acrid, vellicating *Serum*, blunt the Senſe of Irritation, ſtop a Cough, procure Sleep, and the next day very gently carry off the Matter by Stool.

But in Catarrhs, all ſtrong Cathartics are to be religiouſly avoided, foraſmuch as they not only debilitate Nature, but alſo (by acuating and exagitating the Blood) augment the Colliquation, and raiſe the Fever.

Let them be taken at Night, without any Obſervance the next Day, and be repeated each, or each other Night.

Catholic Pills.

Take Pill Cochiæ the greater 1 *Dram*; *Rudius's Extract* 2 *Scruples*; *Roſin of Jalap* 1 *Scruple*; *Oil of Anniſeed* 2 *Drops*; *with Balſam of Peru, make all up into* 20 *Pills for* 4 *Doſes.*

They purge well and briskly. Take 'em very early in the Morning in Bed, and ſleep an Hour after them.

Cephalic Pills.

Take Pill Fœtid 15 *Grains, Roſin of Jalap, Caſtor, Salt of Amber, each* 5 *Grains*;

Oil of Amber 2 *Drops*; *Spirit of Lavender compound as much as ſufficient to make all up into* 5 *Pills.*

There's a common Opinion, which takes with moſt, that Pills are more proper than Potions for Purging the Head; and the Reaſon is given, becauſe they lying longer in the Stomach before they diſſolve, irritate longer, and conſequently draw Humours more forcibly from the Head and remote Parts.

Theſe are of a middle Operation, neither weak nor ſtrong, and are extraordinarily agreeable, where Perſons, obnoxious to the Head-Ach, Paralytic, Soporoſe, Convulſive, or Hyſteric Affections, have need of Purging.

Swallow two at Bed-time, and the other three the next Morning, keeping within Doors that Day, but without any great Obſervance.

Chalybeate Pills.

Take Salt of Steel 1 *Dram, Steel prepared with Sulphur, exactly levigated, Virginia Snake-root of each* 2 *Drams*; *Cloves, Mace, Myrrh, Saffron, Aloes of each half a Dram*; *Oil of Nutmeg* 10 *Drops*; *Oil of Anniſeed* 5 *Drops*; *Honey as much as ſufficient: Beat up, and make of the Maſs* 75 *Pills, for* 15 *Doſes.*

Theſe are fit for cold Stomachs and Conſtitutions

Chalybeate

Chalybeate Balſamic Pills.

Take Vitriol of Mars 1 *Dram*; *Gum of Guaiacum, fine Aloes, of each two Drams*; *Scammony, Gum Ammoniac, of each half a Dram*; *Peruvian Balſam as much as requiſite*; *make all into* 60 *Pills*, 5 *of which may be a Doſe.*

Chalybeate Foetid Pills.

Take Vitriol of Mars half a Dram; *Galbanum* 1 *Scruple*; *Aſa fœtida half a Scruple*; *Myrrh, Caſtor, of each* 15 *Grains*; *powder'd Zedoary (Virgina Snake-root, or Peruvian Bark, according to the deſign of the Phyſician) a Dram and half*; *Extract of Gentian (or of Rue, or Venice Treacle)* 2 *Drams*; *Oil of Amber* 4 *Drops*; *Syrup of Piony as much as uſeful to make up a Maſs, whereof form* 60 *Pills, for* 12 *Doſes.*

1. Purging Chalybeate Pills.

Take Ruffus's Pill 1 *Scruple*; *Vitriol of Mars* 5 *Grains*; *make it up into* 5 *Pills with Balſam of Peru.*

2. Purging Chalybeate Pills.

Take Gum Ammoniac (ſtrain'd with Rheniſh Wine) 2 *Ounces*; *Vitriol of Mars (calcin'd to a little Redneſs) half an Ounce*; *Scammony ſulphurated* 10 *Drams*; *Oil of*

Mint 12 *Drops*; *Syrup of Buckthorn as much as ſufficient to make all up into a Maſs.*

They are good in Hypochondriac Melancholy, Cachexy, and pertinacious Obſtructions.

The Doſe is from 5 Grains to 1 Scruple; for when Cathartics are join'd to Chalybeates, a ſmall Doſe is beſt.

Chalybeate Volatile Pills.

Take Vitriol of Mars, Saffron, of each 2 *Scruples*; *Myrrh* 2 *Drams*; *Salt of Hartſhorn, Salt of Amber, of each* 16 *Grains*; *Peruvian Balſam* 8 *Drops*; *Oil of Nutmeg* 4 *Drops*; *Oil of Cinnamon, Cloves, Roſemary, and Origanum, of each* 1 *Drop*; *with Balſamic Syrup make up* 80 *Pills for* 16 *Doſes.*

Cinnaber Pills.

Take Native Cinnaber reduced into an Alcohol, Humane Cranium, each 2 *Drams*; *Caſtor, Salt of Amber, each* 1 *Dram*; *make all into an exquiſite fine Powder*; *to which add Oil of Marjoram* 12 *Drops*; *Balſam of Peru* 1 *Dram*; *Syrup of Piony as much as ſufficient*; *beat all up in a Mortar into a Pilulary Maſs.*

It's againſt an Epilepſy and Convulſion Fits, for 24 Doſes.

This Preſcript is in Compliance with the Cuſtom of Practice; but for my own part, I declare I abominate it: For I take Man's Skull

Skull to be not only a mere dry Bone, void of virtue, or any manner of Effect, but alſo a naſty, mortify'd, putrid, carrioniſh Piece of our own Species, Man: And to take it inwardly, ſeems ſuch a horrible, execrable Fact, that even the *Anthropophagi* would ſhiver at it: And therefore, in my Opinion, 'twould be decent, and almoſt pious, to carry them all out of the Shops, and

Oſſa ſepulchrali contumulare domo.

Cochineal Pills.

Take Cochineal 2 Drams; Saffron 1 Dram; with Honey bring it to a Maſs for Pills.

They are Alexipharmac, and may be properly preſcrib'd in malignant Fevers, eſpecially ſuch as are accompanied with a Symptomatic *Diarrhœa.*

Colic Pills.

Take Pills è duobus half a Dram; Calomel half a Scruple; Oil of Amber 2 Drops; London *Laudanum 2 Grains; Diacodium as much as uſeful to make 5 Pills.*

All Purging (and even Glyſters) are found hurtful in a Hyſteric Colic. But in a Bilious Colic, when a cruel Pain is fix'd in one place, (eſpecially the Ventricle and upper Inteſtines) and the Belly is abſolutely ſhut up, and no Glyſter may be injected, becauſe of the Spaſms drawing up the Inteſtines: Then theſe Pills come in as a ſeaſonable Aid, for they firſt ap-

peaſe the Pain and diſſolve the Spaſm, and after, ſtrongly ſtimulate and turn downwards the Periſtaltic Motion, and exterminate the morboſe Matter.

But if it chance (as it often doth) that they fail of their Buſineſs the firſt time, then uſe Carminative Fomentations, and repeat the Pills again, that the Operation may follow; for as ſoon as ever they make their way through the Inteſtines, (and not before) the Spaſm, together with the Main of the Diſtemper, is broken, and goes off.

Crato's Pills.

Take Cubebs, Nutmeg, Cloves, Maſtich, Calamint, each 1 *Dram*; *Ambergriſe half a Dram*; *Musk* 6 *Grains*; *with Juice of Marjoram, make Pills*

To prevent an Apoplexy, give 1 Scruple Night and Morn every New and Full Moon.

Diachalcite Pills.

Take Roch Alum calcined 12 *Grains*; *white Vitriol* 8 *Grains*; *with Venice Turpentine make up* 12 *Pills, for* 6 *Doſes.*

Theſe are to put a Stop to Flooding, and too great Fluxes of the *Menſes*, and muſt be given with Judgment, according as the preſent Caſe requireth: For general Rules are too large to fit particular Caſes.

When we viſit an Author, we are not obliged to put off our Senſes, and leave them at his

his Door, and afterwards ſwallow all he treats us with, without Taſte or Thought. *Schroder* is a very good Author; he preſents us with what he calls *Cloſſæus* his Diuretic Pills, made only of white Vitriol and Turpentine. Now I ſuſpect, neither *Cloſs* nor he ever experimented them, becauſe they preſcribe ſuch a monſtrous Doſe as 2 Drams, and ſay they will not vomit. Nay, I am perſuaded, they never ſo much as made them up, becauſe their Expreſſion is *non fit ſine labore*; whereas the Mixing of them hath no Difficulty nor Labour in it.

Many like Inſtances might be found; but this ſeems ſufficient to evince the Folly and Miſchief of implicit Faith, and the Uſe and Neceſſity of Reaſoning, wherever there is Room for it.

Wedelius hath ſomething remarkable (*Amœnit. lib. 2. Sect. 2. Cap. 16.*) I have known ſome who ſucceſsfully uſed white Vitriol, giving at leaſt 1 Grain a Day for many Days together; which being not enough to cauſe Vomiting, raiſed a gentle Sort of Salivation, by exciting a Naufeouſneſs.

Diaphoretic Pills.

Take Virginia Snake-root 1 Dram and half; Saffron, Camphire, Salt of Amber, each half a Scruple; make all into a ſubtle Powder, of which with the thin Part of Diaſcordium, make up 30 Pills.

Some have a great Averſion to Powders and Bolus's, eſpecially if bitter, who yet can ſwallow Pills well enough; and theſe Pills are compoſed for the Uſe of ſuch, and deſign'd againſt ſuch Fevers as are ſuſpected of Malignity: As for the Manner and Reaſon of their Operation, turn back to the Decoction called *Sacrum*.

Let 5 be given every 3, 4, or 6 Hours, as the Occaſion requires, in a fit Vehicle.

1. Diuretic Pills.

Take powder'd Bees 2 *Drams*; *Salt Prunel* 1 *Dram*; *Salt of Amber*, *Muſtard-ſeed*, *each half a Dram*; *Oil of Anniſeed* 12 *Drops*; *Venice Turpentine ſufficient to make all up into Pills for* 12 *Doſes*.

They liquify the *Campages* of the Blood, deterge the Glands and interior Receſſes of the Body, ſtimulate the Reins, ſcour out *Mucus* and Sand, and powerfully provoke Urine.

Moreover, given at Night, they egregiouſly aſſiſt the *Tunbridge* Water Drinkers, whenſoever the Waters (either by reaſon of pituitoſe Obſtructions, or the Sluggiſhneſs of the propelling Fibres) remain in the Habit of the Body, and paſs not off, as they ought to do.

But as to Water-drinking, young Practiſers muſt obſerve, that there are two Caſes in which ſuch acrious Medicines as this are in no wiſe convenient.

Firſt,

Firſt, When the Waters ſtagnate in the Habit of the Body, becauſe of ſome Feveriſh *Intemperies* or acrid *Diatheſis* of the Blood; which, by troubling the Spirits, and irritating the Fibres, contract and criſp up the *Tubuli*, and ſhut up the little Paſſages. And in this Caſe, Bleeding, Laxatives, Refrigerants, Liniments and Demulcents, come in opportunely.

Secondly, When the Waters are ſtopt, not in the Habit of the Body, but in the Ventricle it ſelf, and firſt Paſſages, and are felt as an oppreſſive Fulneſs and Weight; for then Diuretics are not indicated, but Aromatics, Carminatives, warm Stomachics, and ſuch Things as heat and comfort, and revive the Function of Expulſion, and Cathartics. This Reaſon perſuades, and Experience teaches.

2. Diuretic Pills.

Take Egg-ſhells calcin'd half a Dram; Camphire 1 *Scruple; Cantharides half a Scruple; Venice Turpentine ſufficient to form out of it* 9 *Pills.*

Of all things that we know, *Cantharides* moſt powerfully provoke Urine, and that (its thought) by means of their plenty of Volatile Sulphur, and acrious Cauſtic Salts, which being liquable in the *Serum*, and carried into the Reins and Bladder, ſometimes ſtimulates, pricks, and erodes to that degree, as to cauſe grievous Strangury, and bloody Urine.

Some

Some have ſet their Philoſophy at work about this, and ſaid *Cantharides* are full of fine ſharp Prickles, and theſe make abundance of little Wounds, and conſequently the ſaid Pains. But this ſeems unlikely, for as much as if you grind and mix them with Oleoſe viſcid things, which are likely to break off, and ſheath up thoſe Points; yet they will ſtill produce the ſame effect, which the fine Thinker may conſider of.

Of the internal Uſe of *Cantharides*, ſee Dr. *Groenvelt*. Let 3 be ſwallow'd every 3 Hours.

Pills of Dragons Blood.

Take fine Dragons Blood in Drops 2 Drams and half; Sugar of Saturn, crude roch Alum, of each 15 Grains; with Venice Turpentine beat up, and make 48 Pills.

Theſe are notably Styptic. The Doſe 4.

Dyſenteric Pills.

Take true Bole powder'd 2 Drams; Oil of Paper 4 Drops; Galbanum ſtrain'd, as much as will make it into a pilular Maſs. I ſuppoſe there will be need of ſome Syrup to bring it to a Body.

A certain Outlandiſh Phyſician communicated this Preſcript to me, and proteſted upon his Word, he had ample Experience of their Virtues when he was in the Army in *Ireland*. And it ſeems to me, that Bole may retund the Acrimony, and ſtop the Afflux of Humours:

And

And then *Galbanum*, and Oil of Paper, may appeaſe the dolorific Corrugations of the Inteſtines. The Doſe is one Scruple.

Ecphractic Pills.

Take Stomach Pills with Gum, Aloephagine Pills, powdered Rhubarb, Gum of Guaiacum, Salt of Steel, each 4 Scruples; Salt of Wormwood, extract of Gentian, each 2 Scruples; Elixir of Propriety as much as needs to make up a Maſs for 16 Doſes.

They have the ſame Virtues with the *Ecphractic Mixture*, and *Cachectic Pills*, which ſee. Let them be taken either every, or each other Night, for a Month together.

Emmenagogue Pills.

The Venetian Borace, Myrrh, each 45 Grains; Birthwort-root, Saffron, each 15 Grains; Oil of Pennyroyal, Savine, Cloves, each 2 Drops; with Syrup of the 5 opening Roots make 24 Pills, for 6 Doſes.

The Title tells their Deſign. Let them be given (after the *Bennet Pills* have been uſed) about the Menſtruous Time, when Nature is ſlothful, and wants Stimulation, twice a day.

Expectorating Pills.

Take Gum Ammoniac ſtrain'd (or rather the fine Grains of it picked out) Millepedes, each 1 Dram and half; Caſtor, Flower of Benjamin, Salt of Amber, each half a Dram; Camphire;

3

Camphire, Saffron, each 15 Grains; with Balſam of Sulphur beat it up into a Maſs, and form 5 Pills out of every Scruple.

Pills for Fainting.

Take Musk 6 Grains; Cinnamon, Nutmeg, each 1 Scruple; Cloves, Saffron, each half a Scruple; make it up for 3 Doſes of Pills, with Confection of Alkermes.

They inſpire the Spirits, that have their Station about the Stomach, with freſh Vigour; and an exulting Undulation thence ariſing, the whole Syſtem, that was ſunk before, and fallen, becomes rouzed up and recruited.

Febrifuge Pills.

Take powder'd Camomile-flowers 2 Drams and half; Diaphoretic Antimony 1 Dram; Salt of Wormwood half a Dram; with Mucilage of Gum Tragacanth, make up Pills for 12 Doſes.

I have known theſe more than once (tho' not always I confeſs) put off an Intermitting Fever (without a Relapſe) when I had before attempted it in vain, with the *Cortex*. Let them be taken every three Hours in the Abſence of the Paroxyſm.

Pills for a Fluor.

Take Calomel 2 Drams; Saturnine Sugar 1 Dram; Camphire, Starch, of each half a Dram;

Dram; with Balſam of Capive make 36 Pills, for 12 Doſes.

Againſt a *Gonorrhœa* and *Fluor Albus.*

Garlic Pills.

Take Juice of Garlic half an Ounce; Gum Ammoniac one Dram and half; Millepedes prepared 1 Dram; Saffron 1 Scruple; Flowers of Benjamin half a Scruple; Oil of Aniſeed 4 Drops; Elecampane Powder, as much as ſerves to give it a Pilular Conſiſtence; mix.

They moſt powerfully incide, attenuate, and expectorate.

Gentian Pills.

Take powder'd Gentian, 2 Drams; Salt of Wormwood 2 Scruples; Extract of Gentian 1 Dram; Syrup of dried Roſes as much as needs; mix.

They are levelled againſt Intermitting Fevers, and Weakneſs of Stomach.

Gilead Pills.

Take white Sugar Candy powder'd and ſearced 2 Drams; the cold Species of Gum Tragacanth 1 Dram; Balſam of Tolu 2 Scruples; Flower of Benjamin 1 Scruple; bring theſe to a fine Powder, and with Balm of Gilead beat it up into Pills for 12 Doſes.

They are a commodious Preſcript for ſuch as are in danger of falling into a Conſumption, are

are troubled with a chronical Pain of the Side, and an old dry Cough: For they correct the Acrimony of the owzing *Serum*, expedite Pulmonary Infractions, diſcuſs crude Tubercles, eſtabliſh the Tone of the *Fibrillæ*, and heal up the Ruptures of the minute Veſſels. They are to be given Night and Morn with a ſuitable Vehicle.

Guaiacum Pills.

Take Gum of Guaiacum, Aloes, each one Dram and half; Balſam of Peru enough to make them up; mix.

The Manuſcript, out of which I fetched them, will needs have it, that the Aloes in this Mixture loſes all its Bitterneſs. I think it a fine Pill for cold Diſtempers of the Stomach, and I fancy it much for Prevention of the Gout. The Doſe is half a Dram before Suppers.

Haemoptoic Pills.

Take powder'd Hearts-tongue Leaves, as much as you pleaſe, and make it up into Pills with Balm of Gilead.

The Phyſician that communicated theſe, aſſured me they were very effectual againſt Spitting of Blood, and ſufficiently experimented. The Doſe is one Scruple thrice a Day.

Haloſanthine Pills.

Take Sperma Ceti 1 *Dram; white Sugar-candy* 2 *Drams; grind theſe very well together*

ther in a Mortar; and then with a warm Peſtle beat all up into a Maſs with Balſamic Syrup.

Theſe are ſerviceable for ſuch as are bruiſed, and for Lying-in Women. The Doſe may be half a Dram, or a Dram.

Hydragogue Pills.

Take Gamboge powder'd 12 Grains; Oil of Juniper 2 Drops; Mithridate as much as ſuffices, and make them up into Pills for one Doſe.

Theſe Pills commonly begin their Operation on thoſe that are not uſed to 'em with ſomething of Qualms and ſick Fitts, and two or three Vomits: But after a few Doſes taken, they leave their Vomiting Quality, and purge only downwards; and they work ſo ſtrongly and faſt, that I have often wondered to ſee them bring off 12 or 15 great watery Stools, and the whole Operation, from the Time of taking, performed in two Hours ſpace.

Though the faſhionable Opinion of late runs, that there is no ſuch thing in Nature as Elective Purgation, and no Cathartic reſpects one Humour more than another, yet irrefragable Experience proves to the very Senſes, that theſe Pills draw off eſpecially and ſpecifically watery Humours; yea, ſo watery, that ſometimes the Stools are very little tinged. And therefore in an *Anaſarca* (where the Bowels are ſound) one would bleſs himſelf to ſee how much

much Good they do, as alſo in OEdematous Swellings, and running Ulcers.

They alſo very ſtrangely put a Stop to thoſe Sweats which are owing (not to the *Criſis* of a Fever, but) to a plenty of *Serum*, and Fuſion of the Blood: And I know nothing elſe in all the *Materia Medica* that will do the like.

Note, They are proper Phyſic for Perſons of a cold, moiſt Conſtitution, but are pernicious to thoſe of a hot and dry Temperament.

Concerning the Manner of purging Dropſical People, ſee the *Purging Hydropic Potion*, hereafter deſcribed.

Hyſteric Pills.

Take Galbanum ſtrained, Aſa Fœtida, Myrrh, each 1 Dram; Caſtor, Camphire, Salt of Amber, each half a Scruple; Oil of Amber 4 Drops; Balſam of Peru as much as needs, and ſo beat them up. Note, if the Galbanum be of a ſoft Conſiſtence, there will be no need of the Balſam.

They ſeem to exert their Force, by driving the exorbitant and deſerting Spitits into their proper Stations and Ranks, which is more largely explained under the Title of *Hyſteric Julep*.

If they chance to purge (which in ſome Bodies that are eaſily moved, they will do, becauſe of the Gums) they muſt be forborne, for vaporous Perſons cannot bear Purging.

Let

Let one Scruple be exhibited for a Doſe with the *Hyſteric Pearl Julep.*

N. B. If two Scruples of *Salt of Steel* be added, they are called *Hyſteric Chalybeate Pills.*

Japanic Pills.

Take Japanic Earth powder'd 2 Drams; Oil of Cinnamon 4 Drops; Syrup of dried Roſes ſufficient to make a Maſs of Pills.

They notably corrugate and aſtringe, mend the Laxity of the Stomach, and Slipperineſs of the Inteſtines, ſtop Vomiting, repreſs a *Diarrhœa*, and ſtanch inward Bleedings, eſpecially bloody Urine. *Laudanum* may be added, as the Caſe ſhall call for it. The Doſe is one Scruple thrice a day.

Icteric Pills.

Take Cream of Tartar, Cochineal, each half a Dram; Venetian Soap 2 Drams; beat theſe up into Pills. Or inſtead of Cochineal may be uſed Barbadoes Indigo.

I have experimented theſe, and recommend them for an excellent Anticteric. Let half a Dram be given thrice a day till the Diſeaſe be conquered, which will be in a ſhort time, unleſs ſome almoſt invincible Tumour, or Obſtruction in the Liver, or Gall-Paſſages, hinder.

Pills of Crude Mercury.

Take crude Mercury, cleanſed well, ſix Drams; Turbith 2 Drams and half; Aloes, Rhubarb, Coloquintida, Diagrydium, Agaric, each 2 Drams; Hermodactyls, Myrrh, Mithridate, each 1 Dram and half; Musk, Ambergriſe, each 15 Grains; Leaves of Gold 12; Venice Turpentine 1 Ounce and half; make up a Maſs of Pills, with Syrup of Lemons as much as ſufficient, according to Art.

Mercury *vive* for medical Uſe had need be purged, and ſeparated from the Saturnine, Antimonial, Biſmuthine, or Arſenical Concretions that adhere to it: And is done ſeveral Ways.

1. By working it well in your Hands with the Crumb of hot Bread, ſo will it depoſite its Plumbage.

2. By ſqueezing and ſtraining it through *Chamois* Leather.

3. By waſhing it with Spirit of Wine.

4. By firſt rubbing it well in a Glaſs Mortar with Vinegar and Salt; then waſhing it with hot Water; and at laſt, clearing it off with Spirit of Wine.

5. By diſtilling it out of an earthen Retort, with an equal Weight of *Salt of Tartar*, and *Calx vive*; and repeating the Proceſs three or four times.

6. But the very beſt way of all ſeems to be, by reviving it out of Cinnabar, Sublimate, Precipitate, or an *Amalgama*.

To

To prove whether Mercury be pure, hold a little of it in a Silver Spoon over a Chafing-diſh of hot Coals, till it fly off in Smoak; if then it leave any kind of Subſtance that will not evaporate, or a black or dark Spot in the Spoon, it is adulterated; but if it leave nothing behind it but a white or yellowiſh Spot, you may believe it fine and good.

The Doſe is from half a Scruple to two Scruples.

Pills of Mercury Dulcis.

Take powder'd Mercury Dulcis half a Scruple; Rudius's Extract 15 Grains; Reſin of Jalap 5 Grains; Oil of Cloves 1 Drop; Syrup of Roſes enough to make 5 Pills.

Taken in the Morning, they work very well, and may be given whereſoever a Load of Phlegm burdens the Inteſtines; ſlimy Matter ſettles in the Habit of the Body; muriatic Salt cauſeth the Scurvy; acrid Juices make painful Ulcers; filthy *Ichor* blemiſhes the Skin; and where there are Worms.

I make a doubt whether it's proper to preſcribe *Salt of Tartar* (or any *Lixivial Salt*) together with *Mercury Dulcis*; for ſeeing *Sublimate* (of which *Dulcis* is made) is *Mercury* coagulated with an Acid, if the *Lixivial Salt* break the Acid, perhaps the Compoſt may be diſſolved, and the *Mercury* let looſe thereby.

Ettmuller hath a remarkable Paſſage (in *Ludovic. Tit. 4. Pag. 1077.*) *Mercury Dulcis* is an admirable Thing to prevent the Small-Pox. He gives to a Child of 5 Years old *Mercury Dulcis 5 Grains, Powder of Jalap 1 Grain,* (which ſeems an inconſiderable Doſe) *made up into a Bolus with Conſerve of Roſes.* I have often (ſaith he) admired the Effect of it for this Purpoſe; and from this Proſpect have conſtantly ordered it in the Beginning of the Small-Pox as the very beſt of Laxatives, foraſmuch as it is the genuine Corrector of that Diſeaſe.

Myrrh Pills.

Take Myrrh 1 Dram; Saffron 1 Scruple; Balſam of Peru half a Scruple; Yolk of Egg as much as ſufficient to bring all into a Maſs.

They are Pectoral, Stomachic, Alexiterial, and Emmenagogue. The Doſe is two Scruples.

Nephritic Pills.

Take Millepedes, Crude Salt Armoniac, Venetian Soap, each 2 Drams; Gum of Ivy 1 Dram and half; Saffron half a Dram; Oil of Juniper 16 Drops; make all up into Pills with Venice Turpentine.

A certain Phyſician in great Vogue and Practice uſed very much, and ſet a great Value upon theſe Pills, to expel Urine, *Mucus*, Gravel and Sand. Hitherto may be referred what

what was above ſaid of *Diuretic Pills.* Doſe half a Dram.

Olibanum Pills.

Take Olibanum powdered and ſearced, 4 *Scruples*; *Salt of Harts-horn* 1 *Scruple*; *with Yolk of Egg, make a Maſs.*

Theſe are commodiouſly, and to good Purpoſe preſcribed for flatulent, flying, pinching Pains in the Side, and Stiches, with Difficulty of Breathing, no Fever or Inflammation preſent: As alſo in the Pleuriſy itſelf, after due Bleeding. But the Truſting to Specifics in a Pleuriſy, to the Neglect of Bleeding, hath been (I fear) the Death of many a one. Let this be a Caution to the young Practitioner. The Doſe is half a Dram three times a day, with the *Pleuritic Decoction.*

Pectoral Pills.

Take powdered Elecampane, Orris, Liquorice, each 1 *Scruple*; *Saffron, Flower of Benjamin, each half a Scruple*; *white Sugar Candy* 2 *Scruples*; *make it up into a Maſs with Balſam of Sulphur anniſated.*

They open, cleanſe, and free the Cheſt and Lungs when ſtuffed up and clogg'd with heavy Phlegm; are extraordinary convenient in a wheezing Cough, with difficult ſhort Breath, and Conſumption itſelf, whilſt yet in its firſt Stage, and before the Hectic Fever begins to burn. The Doſe is half a Dram thrice a day.

Pleuritic Pills.

Take Goats Blood prepared 1 *Dram and half*; *Volatile Salt of Salt Armoniac (or of Harts-horn) Salt of Amber, Camphire, each half a Scruple*; *with Venice Turpentine make a Maſs.*

They anſwer the ſame Intentions with the *Tar Pills*; (after deſcribed) moreover they ſeem uſeful for thoſe that are bruiſed, for they diſſolve coagulated Gore, and carry off by Urine. The Doſe is 1 Scruple every four or ſix Hours.

Polychreſt Pills.

Take lucid Aloes, Scammony prepared, each 3 *Drams*; *Troches of Alhandal,* 2 *Drams*; *Maſtich, Saffron, each* 45 *Grains.*

Let the Aloes, Maſtich, and Scammony, be powder'd ſeverally, and brought into a Maſs with Spirit of Wine, and then mix the other Powders with it.

It's borrowed from the *Leuwaerden Pharmacopœia*, purges ſtrongly, and is to be given in the Morning from 15 to 25 Grains, or half a Dram.

Poterius's Pills.

Take Flower of Sulphur, Liquorice, white Sugar Candy, each 1 *Dram*; *Balſam of Sulphur enough to reduce it into a Maſs.*

They

They correct, edulcorate, temper, incraſſate, and make fit to be ſpit forth, thin, ſharp, hot Rheum: which falling upon the *Larynx*, or into the Lungs, tickles, and cauſes a troubleſome Cough.

For Sulphur is called the Balſam of the Lungs; and nothing ſtops a Catarrh ſo much as Sulphur and Sulphurate Things. *Wallæus* ſaith, upon the Uſe of Sulphur, the Spittle that is coughed up will be globous, as we ſee any moiſt Maſs is converted into Rotundity by Heat.

Sennertus aſſerts, That Sulphurate Medicines are not convenient for Women with Child, for fear of Miſcarriage. And *Ettmuller* upon *Scroder* (*p.* 928.) ſaith Sulphur and Myrrh ſuffice (without any more) in a hard Labour, and expell a dead Birth, and Secundines. And for this Reaſon Women with Child had need be very cautious how they take Sulphur. But I cannot tell whether Fancy or Experience produced this Caution.

It's wonderful what *Ettmuller* avers (*Vol.* 1. *p.* 717. *b.*) that a Balſam of Sulphur is prepared with Spirit of Turpentine ſo egregiouſly penetrative, that if a few Drops be rubbed upon the pulſing Part of the Wriſt; a while after the Urine will ſmell Sulphureous.

Reſinous Pills.

Take common Roſin, Sugar of Saturn, of each a Dram; Camphire, Balſam Capive, of

each half a Dram; Oil of Turpentine 12 *Drops; with Yolk of Egg make* 48 *Pills.*

Theſe are good againſt Heat of Urine, white *Fluor*, and *Gonorrhœa*. The Doſe from a Scruple to half a Dram.

Tho' Pills for a *Fluor*, and theſe Reſinous, are ſaid to be good in the ſame Maladies; yet are they very different in their Nature and Uſe, and prove ſafe and effectual only in the Hands of a skilful Phyſician. Such therefore as are not qualify'd to make a Judgment of Medicines, and their Powers; and alſo why, to whom, when, and how they are reſpectively applicable, according as particular Perſons and Caſes admit and require, ſhould not be ſo preſumptuous as to practiſe upon the Body of Man, from Herbals, Books of Preſcripts, and Virtues there ſet down.

Rhubarb Pills.

Take good Rhubarb powdered 1 *Dram; Gum of Guaiacum* 2 *Scruples; Salt of Amber one Scruple; Oil of Anniſeed* 6 *Drops; with Venice Turpentine make up* 30 *Pills; of which give* 5 *at Bed-time.*

Saffron Pills.

Take Extract of Saffron 16 *Grains; Flower of Benjamin* 24 *Grains; Spaniſh Juice of Liquorice* 2 *Scruples and half; Oil of Anniſeed* 2 *Drops; make with Elixir of Propriety* 12 *Pills.*

The

The Virtue of theſe is carried (by the Vehicle of the Blood) into the Lungs themſelves; and there, partly by tempering the Acrimony of the *Lympha*, and hindring its Tranſudation, partly by attenuating groſs, and removing ſtagnant Phlegm, and partly alſo by irritating the Membranes of the *Bronchia*, and invigorating their Tone, they potently ſuccour the Lungs when ſtuffed up and oppreſſed.

Take a Pill 3 times a day, and ſup up after it ſome appropriate Draught.

Salt Gem Pills.

Take powdered Rue, long Pepper, Salt Gem, Camphire, Balſam of Peru, each half a Dram; Oil of Cummin 4 Drops; Diacodium ſufficient to make it into Pills.

Theſe are good in a Colic.

Saline Pills.

Take Salt of Wormwood 2 Scruples; Oil of Anniſeed, Cloves, and Amber, each one Drop; with Venice Turpentine make 8 Pills for 4 Doſes.

Theſe may alſo be made up with thick Mucilage: But muſt be kept very dry; otherwiſe they will diſſolve.

They are againſt Vomiting, Wind, and Belching.

Salt

Salt of Steel Pills, the greater.

Take Salt of Steel, Gum Ammoniac, each half a Dram; Zedoary, Extract of Gentian, each 2 Drams; with Syrup of the 5 Roots make a Maſs, and out of it 60 Pills.

The Doſe is ſix twice a day.

Salt of Steel Pills, the leſs.

Take powdered Salt of Steel 2 Drams; Galbanum ſtrained, as much as needful, and a little Syrup of the 5 Roots; all which beat up into Pills for 24 Doſes.

I have ſometimes brought *Salt of Steel* into Pills with only Honey. It may alſo be done with *Mucilage of Gum Tragacanth*; and then one ſingle Pill may ſuffice for a Doſe, and be not very ungrateful to the moſt nice, or nauſeous Palate.

Pills called Sanctae.

Take Gum of Lignum Sanctum, Roſin of the ſame Wood, of each a Dram and half; chymical Oil of the ſame Wood 1 Scruple; with Balſam of Peru make a Maſs for Pills.

They are a ſingular Balſamic, prevent and correct Putrefaction, cauſe Sweat, do very well in the firſt Stage of a Conſumption, in Spurious Arthritic Affections, and in the Venereal Diſtemper. To ſome People they are a little Purging.

The

The Patient may take, at Bed-time, half a Dram, and drink after a Draught of the *Sanctum Decoction.*

Saturnine Pills.

Take Sugar of Saturn, Camphire, of each 2 Drams; Calomel half an Ounce; with Venice Turpentine make 120 Pills.

Againſt a *Gonorrhœa*, and white *Fluor.* The Doſe 5. But let the Tools be never ſo good, none but an Artiſt will make good Work.

Scammony Pills.

Take powdered Jalap Root, Scammony prepared, Calomel, each half a Scruple; Oil of Caraway 1 Drop; Honey enough to make 5 Pills.

They are almoſt of the ſame Virtues with Pills of *Mercury Dulcis.*

Pills againſt Scrophulae.

Take Spunge calcined 1 Dram; Cuttle Bone half a Dram; Sugar of Saturn 24 Grains; Camphire 6 Grains; with Venice Turpentine make 30 Pills.

The Doſe is 5.

Smegmatic Pills.

Take Venetian Soap 2 Drams; Oil of Aniſeed 8 Drops; beat them up together, and make 24 Pills.

They

They ſingularly cleanſe the Paſſages of the Reins and Ureters, and are egregiouſly prevalent againſt a Dyſury and Jaundice.

The Doſe is ſix; after which, let a Draught be taken of Tincture of Saffron 1 Dram, made in White Wine 1 Pint.

Solenander's Pills.

Take Musk 8 *Grains*; *Dragons Blood, white Sugar, each* 1 *Scruple*; *make all up with Balm of Gilead into Pills, for* 4 *Doſes.*

Theſe are conducive for ſuch as are troubled with Vomiting, Hiccough, Faintings; and ſometimes, alſo, Mother Fits.

The Smell of Musk and Civet makes Hypochondriac and Hyſteric Perſons ſwoon away, but when they are taken in Subſtance, they are ſo far from being injurious to them, that they moſt effectually ſtop and reſtrain Hyſteric Fits, ſaith *Ettmuller.*

Now, I conceive, they are moſt eſpecially agreeable, not where the Spirits are furiouſly exploded, upon the Account of their Plenty and Turgeſcence, but where they fall into Confuſion, and are put out of Array, becauſe of their Want and Weakneſs: For Musk exagitates the Blood after a potent manner, and mightily refreſhes the Spirits.

And *Sennertus* adviſeth, that if upon a Wound received into the cavity of the *Thorax*, the Blood floweth not out, but remaineth in the Breaſt, the Patient ſhould hold a Grain or two of

of Musk in his Mouth; and that (ſaith he) will cauſe the Blood to run out, and this ſome keep as a Secret.

I have obſerved ſometimes, that where *Fœtids* have been very diſagreeable; there perfumed were grateful, and beneficial; and have brought Strength, and Vigour, and Compoſedneſs.

1. Splenetic Pills.

Take Spikenard 1 *Dram*; *Aſa Fœtida*, *Ens Veneris*, *each half a Dram*; *Oil of Amber* 8 *Drops*; *with Balſam of Peru, reduce them into a Maſs, and form* 4 *Pills out of every Scruple.*

2. Splenetic Pills.

Take Ens Veneris 4 *Scruples*; *Saffron*, *long Pepper*, *Virginia Snake root*, *Spikenard*, *each* 1 *Scruple*; *Galbanum* 4 *Scruples*; *with Tincture of Myrrh, make* 72 *Pills.*

Theſe are much hotter than the former, and ſo are fitter for a cold lumpiſh Conſtitution.

Stomach Pills.

Take powder'd Cinnamon, Mace, Nutmeg, each 1 *Scruple*; *Cloves, long Pepper, Balauſtines, each half a Scruple*; *Extract of Gentian* 1 *Dram and half*; *Elixir of Propriety, as much as will reduce them into a fit Maſs, whereof roll up large Pills, that they may remain,*

remain, and be the longer a diſſolving in the Stomach.

They warm, comfort, and ſtrengthen the Stomach, diſcuſs Wind, reſtore loſt Appetite, take away Loathing of Meat, aſſiſt Concoction, and ſtop Vomiting.

He that helps a weak Stomach with hot Things, muſt leave them off again as ſoon as ever he perceives the Urine grow high coloured, ſaith *Wallæus*. But, I ſuppoſe, this is rather ſpoken of vinous Spirits, than Aromatics and Bitters.

Stomach Pills with Ammoniac.

Take Gum Ammoniac ſtrain'd, Aloes, each 1 *Dram*; *Myrrh, Senna, Saffron, each half a Dram*; *Oxymel of Squills, as much as will bring it into a Convenient Conſiſtence.*

There may be added, according to the Intention of the Preſcriber, *Salt of Steel, Oil of Juniper, Anniſe, Caraway, Wormwood, Mint, Cloves, &c.*

The Doſe a Scruple at Bed-time.

Stomachic Pills Purging.

Take Ruffus's Pill 1 *Scruple*; *Reſin of Jalap, Salt of Wormwood, each* 5 *Grains*; *Oil of Wormwood, Mint, each* 1 *Drop*; *with Elixir of Propriety tartariz'd, make* 5 *Pills.*

They not only incide, ſcour off, and benignly purge out viſcid Phlegm ſticking to the Folds

Folds and *Villæ* of the Stomach, and occaſioning a thouſand Miſchiefs, but alſo warm and roborate the Stomach into the Bargain.

Let two be taken over Night, and the other three the next Morning.

Stypticˇ Pills.

Take Aſtringent Saffron of Mars 2 *Scruples*; *Sugar of Lead, Camphire, each* 16 *Grains*; *Oil of Amber* 1 *Drop*; *make up into* 24 *Pills with Venice Turpentine, for ſix Doſes.*

Theſe are againſt immoderate Flux of the *Menſes*, or *Lochia.*

Sulphur Pills.

Take Maſtick, half a Dram; *Balſam of Sulphur anniſated, a Dram and half*; *Yolk of Egg*, 2 *Drams*; *Liquorice Powder as much as ſufficient*; *make all up into a Pilulay Maſs.*

They are for Diſtempers of the Breaſt.

Sylvius's Pills.

Take Gum Ammoniac ſtrain'd 2 *Scruples*; *Vitriol of Mars (gently calcined to Whiteneſs)* 1 *Scruple*; *Myrrh, Caſtor, each* 15 *Grains*; *Saffron half a Scruple*; *Troches of Alhandal* 1 *Dram*; *Reſin of Jalap, Scammony prepared, each* 1 *Scruple*; *Oil of Fennel* 5 *Drops*; *Elixir of Propriety, as much as ſufficient, to make the Maſs into* 50 *Pills.*

They

They are mainly ſerviceable to cut viſcid Phlegm, diſcuſs Wind occaſioned thereby, and kindly purge it off. I have uſed theſe often, and eſteem them much.

Let the Patient take three, or more, at Bed-time. Or he may take five in the Morning, or as many as ſhall be found agreeable to his Conſtitution, ſo as to evacuate vicious Humours gently and benignly.

Tar Pills.

Take hard ſhining Wood Soot 1 *Dram and half*; *Salt of Harts-horn half a Dram*; *Tar as much as you want to bring it into a fit Maſs.*

They melt down ſizy Blood, diſcharge Obſtructions cauſed thereby, reſtore the circular Courſe through the Part affected, refreſh the ſinking Spirits, and promote Expectoration. Therefore they are given in Pleuriſies (after due Bleeding) with good Advantage, to 1 Scruple every fourth Hour.

Teſtaceous Pills.

Take Egg-ſhells newly calcined 1 *Dram*; *Cream of Tartar, Salt Prunel, of each* 18 *Grains*; *Salt of Tartar, Salt of Amber, of each* 12 *Grains*; *Oil of Anniſeed* 3 *Drops*; *with Venice Turpentine make Pills for* 6 *Doſes.*

They powerfully provoke Urine, and are good in Intermitting Fevers.

Tolu-

Tolutane Pills.

Take Balſam of Tolu powdered 1 *Dram*; *Gum of Guaiacum* 2 *Drams*; *Flower of Benjamin, Balſam of Peru, of each half a Dram*; *Oil of Juniper* 8 *Drops*; *with Yolk of Egg make up* 60 *Pills for* 12 *Doſes.*

Turmeric Pills.

Take powdered Turmeric Root 1 *Dram*; *Saffron* 18 *Grains*; *Volatile Salt of Salt Armoniac, Salt of Amber, of each half a Dram*; *long Pepper* 12 *Grains*; *Venice Treacle a Dram and half*; *Oil of Roſemary* 4 *Drops*; *Spirit of Lavender compound half a Dram*; *with Syrup of the* 5 *Roots*; *beat up a Maſs for Pills.*

They are of uſe in an ill Habit of Body Jaundice, Obſtruction of the Liver, and Spleen. The Doſe from a Scruple to half a Dram, and may well be joined with a Chalybeate.

Turpentine Pills.

Take Venice Turpentine (coctted in Plantain Water to a due Conſiſtence) half an Ounce; *Amber, Dragons Blood, Bole, each half a Dram*; *make Pills.*

They are Styptic and Reſtringent.

Volatile Pills.

Take Salt of Harts horn, Salt of Amber, of each 1 *Scruple*; *Crum of white Bread newly baked* 2 *Scruples*; *Oil of Lavender* 4 *Drops*; *with Balſamic Syrup make all up into* 20 *Pill for four Doſes.*

They extimulate the Spirits, open obſtructed Nerves, and are ſerviceable in Soporoſe, Paralytic, and Hyſteric Maladies.

Volatile Oleoſe Pills.

Take Oil of Roſemary, Lavender, Nutmeg, of each 10 *Drops*; *of Cinnamon* 2 *Drops*; *Peruvian Balſam* 16 *Drops, Salt of Wormwood, Volatile Salt of Salt Armoniac, of each* 16 *Grains*; *Yolk of Egg* 1 *Dram*; *with powdered Gentian as much as ſuffices, make* 5 *Pills out of every Scruple, for a Doſe.*

Theſe ſtrengthen the Fibres of the Stomach, when Paralytically, or otherwiſe weak; incide viſcous Phlegm; deterge the *Cruſta Villoſa*; diſcuſs *Flatus*; appeaſe Vomiting; help Digeſtion; and are of excellent Advantage where the Head ſuffers, by Sympathy, from a cold infirm Stomach.

The Womens Pills.

Take powdered Savine, Dittany of Crete, each 1 *Dram*; *Myrrh, Galbanum, Gum Ammoniac, Caſtor, each* 2 *Drams*; *make all into a Maſs with Syrup of Mugwort.*

Theſe

Theſe are forcible to bring the neceſſary Pains in Child-Birth, to expell the After-Birth when left behind, and increaſe the Cleanſings. But let nothing be over-done: As ſoon as ever Matters anſwer, and the Intention is ſatisfy'd, you muſt hold your Hand, and give no more: And always remember this neceſſary Rule, never to give any Forcers, where the Child lieth not right for a Birth. The Doſe is 1 Scruple, or half a Dram.

Yellow Pills.

Take Reſin of Jalap 1 *Dram*; *Oil of Juniper* 6 *Drops*; *Saffron* 8 *Grains*; *Myrrh* 12 *Grains*; *with Yolk of Egg make up* 16 *Pills for* 4 *Doſes.*

1. Plaiſter againſt Abortion.

Take Plaiſter for Ruptures 1 *Ounce*; *Cerate of Sanders, Counteſſes Unguent, each* 3 *Drams*; *Oil of Myrtle* 3 *Drams and half*; *Wax half an Ounce*; *to theſe (when melted) add the following Powder*, viz. *Dragons Blood, Maſtich, Bole, Galls, Biſtort Root, each half a Dram*; *Amber, red Coral, Nutmeg, each* 2 *Scruples*; *at laſt caſt in Cyprus Turpentine, as much as needful to make it into an Emplaſtic Maſs.*

Let it be worn upon the Region of the Loins, to prevent Miſcarriage.

My Opinion is, That Bole, Coral, Plaiſter of *Paris*, and the like, in Plaiſters, do no

Good, upon the Score of their being properly Aſtringents; for they touch nothing but the outward Part where they lie; and (having nothing of Volatile Steams) ſend no Medicinal *Effluvia* inward. But they make the Compoſition to be of a more Compact Body, and as 'twere better Mortar, to ſtick and cleave faſter on: For Aſtringent Plaiſters (as I judge) do nothing at all but adhere ſtrongly, and compreſs the *Cutis*; and like a Bandage, conſtringe the Fibres, and ſo give the Part, as 'twere, an artificial Tone, and new Strength; and all this, without heating, or diſcuſſing, or fitting uneaſy on the Parts, as Bandages are apt to do.

2. Plaiſter againſt Abortion.

Take Plaiſter for Ruptures, (or Cæſar's) Diapalma, each 1 Ounce; Cyprus Turpentine half an Ounce; make it into 2 Plaiſters, one for the Back, the other for the Belly.

Aloetic Plaiſter.

Take powdered Aloes 2 Drams; chymical Oil of Wormwood 8 Drops; with Bullocks Gall reduce it to a right Emplaſtic Conſiſtence, which when ſpread upon Leather lay to the Navel.

This is uſed againſt Worms.

An Anodyne Plaiſter.

Take Red Lead Plaiſter 4 Ounces; Oil of Lillies half an Ounce; Venice Turpentine 2 Drams;

Drams; *Opium*, *Camphire*, *Sugar of Lead*, *each* 2 *Scruples*; *mix.*

It refrigerates, and to a wonder appeaſes Pains and Tortures; yea ſometimes (laid to the Back) even Nephritic Pains.

Although a little Opium taken inwardly can ſo affect the Spirits, as to ſtop their Activity, and thereby ſtupify Pain; yet I muſt confeſs, I have a ſecret Doubt with my ſelf, whether outwardly applied, it be Anodyne: For it abounds with a fiery volatile Salt, and ſtrong fœtid Sulphur, is inflammable, bitter, acrid, and ſo very hot, that perhaps it's in the higheſt degree of Diſcutients, and almoſt a Cauſtic. And ſo it ſeems but ill-ſuited for an Anodyne, whoſe Buſineſs is to cool the Fervour that Pain raiſed in the Part, to afford a benign Moiſture to dilute and temper the Acrimony of irritating Salts, and ſupple and mollify the tenſe, diſtorted, and divulſed nervous *Fibrillæ*: So that the ſolid Parts returning to their due Laxity, Temper, and Poſition, the Liquids may freely flow again through them, as Nature appointed.

An Apoplectic Plaiſter.

Take Galbanum, *Opopanax*, *Pellitory of Spain*, *Muſtard Seed*, *long Pepper*, *Caſtor*, *each* 1 *Dram and half*; *Venice Turpentine* 3 *Drams*; *or as much as ſufficeth*; *adding Oil of Amber* 1 *Scruple*; *mix.*

Shave the Head, and apply it all over in ſoporoſe Diſtempers, not occaſioned by a Fever, and in a Palſy.

An Armoniac Plaiſter.

Take Volatile Salt of Salt Armoniac (juſt made Liquid with Water) 2 *Drams*; *Venice Turpentine* 6 *Drams*; *mingle by Degrees in a Mortar.*

It's like the Volatile Plaiſter; and is good for Weakneſs of the nervous Fibres, and in Pains that lie deep.

An Arthritic Plaiſter.

Take Gum Elemi, Colophonia, Burgundy Pitch, each 2 *Ounces*; *powder'd Red Lead, Maſtich, Olibanum, Bole, each* 2 *Drams*; *Oil of Petre, Spike, Anniſe, each* 1 *Dram and half*; *mix.*

It obtunds ſharp gnawing Pains, attenuates thick obſtructing Humours, and calls them out through the Pores: Alſo it gently relaxes ſpaſmodic, dolorific Tenſions of the *Fibrillæ*; and at the ſame time wonderfully comforts and corroborates the Nerves and Joints.

A Plaiſter of Balauſtines.

Take Galbanum ſtrain'd a Dram and half; *powder'd Maſtich* 3 *Drams*; *Venice Turpentine half a Dram*; *hard Pitch* 2 *Scruples*; *work them together in a warm Mortar, adding expreſſed Oil of Mace* 15 *Grains*; *powder'd*

der'd Balauſtines 45 *Grains*; *bring all to a Plaiſter artificially.*

This elegant Salve mightily corroborates, and comforts the Head, Stomach, *Abdomen*, and *Uterus*.

A Baſamic Plaiſter.

Take Diapalma 2 *Ounces*; *Cyprus Turpentine, yellow Wax, each half an Ounce*; *melt theſe together, and add Oil of Nutmeg* 16 *Drops*; *powder'd Balſam of Tolu* 1 *Ounce*; *mix.*

Lay it to the Back for Pain and Weakneſs, and *Fluor Albus*. If it cauſe a troubleſome Itching, it muſt be pulled off for a few Days, till its volatile Parts are a little flown off, and then put on again.

A Carminative Plaiſter.

Take fine Turpentine 1 *Dram*; *Volatile Salt of Salt Armoniac* 2 *Scruples*; *Camphire one Scruple*; *Chymical Oil of Cummin* 16 *Drops*; *theſe when mixed together, are to be incorporated with the following.*

Take Plaiſter of Cummin (or of Bay-berries) half an Ounce; *common Roſin* 1 *Dram*; *yellow Wax half a Dram*; *melt theſe together at the Fire*; *and when the Maſs is growing cool and thickiſh, unite the aboveſaid with it.*

It attenuates and diſcuſſes viſcid Humours, impacted in, and oppreſſing any Member:

comforts weak nervous Fibres; reſtores their tonic Tenſion, and helps in Joint Aches.

A Cephalic Plaiſter.

Take Plaiſter of Betony half an Ounce; Caranna, Tacamahacca, each 3 Drams; powder'd Balſam of Tolu 2 Scruples; Balſam of Peru (or Capive) 1 Scruple; mix.

It warms and roborates the Head, is accounted good in a cold Head-Ach, Giddineſs, Night-Mare, Epilepſy, Palſy, Deafneſs; and uſeth to be preſcribed for Convulſive and Soporoſe Affections.

A Dorſale Plaiſter.

Take Rupture Plaiſter, Diapalma, each as much as you pleaſe, and melt them together.

It's for Pain and Weakneſs of the Back, and *Fluor Albus*. Applications are made to the Loins in theſe Caſes, not becauſe the Kidneys are there ſituated, but becauſe the Arteries that bring the Blood to the *Pudenda* iſſue out of the *Aorta* at this place: And alſo becauſe of the relaxed Muſcles and Ligaments of the ſame Part.

If you have a mind to take off a Plaiſter that ſticks very hard, hold near it an hot Fire-ſhovel: or apply over it Stupes dipped into hot Water, and wrung out dry: And when it is a little melted you may looſen, and draw it off with one Hand; and all along as it cleaves off keep it oiled with the other.

An

An Epiſpaſtic Plaiſter.

Take white Pitch 8 *Ounces*; *Venice Turpentine, Cantharides finely powder'd and ſearced, each* 2 *Ounces and half*; *mix.*

Among the many Receipts every where about for Bliſtering Plaiſters, I account this far the beſt; for it doth its Buſineſs in 10 or 12 Hours, and never fails: And then (for which I think it valuable) 'tis of ſo right a Conſiſtence, and ſo adheſive a Nature, that if an Artiſt have the managing of it) it brings off all the Skin with it clear at once.

Epiſpaſtics are proper for ſuch as are pituitoſe, of a cold Conſtitution, and abounding with *Serum*. They may be applied at the very firſt Attack of Fevers, by way of Prevention, to ſecure the Head from ill Symptoms: As alſo in its Augmentation, State or Declenſion, by way of Cure, when the Spirits being ſtruck with Sleepineſs, Vertigo, grievous Head-Ach, Convulſions, and the like dolorous and dangerous Affections, require a particular Regard.

But in very hot Conſtitutions, where there is not much *Serum*, and the Blood is aduſt: Alſo in ſuch Fevers as are accompanied with intolerable parching dry Heat, Reſtleſneſs, and Phrenſy, Epiſpaſtics ſeem not ſo agreeable. Neither are they allowable for Women great with Child, for ſuch as have the Stone, or are apt to Sharpneſs of Urine.

Dr. *Bay-*

Dr. *Baynard* (of *Cold Baths*, *Part* 2. *Pag.* 199.) ſaith, Intempeſtive and over Bliſtering hath deſtroyed many Men, (eſpecially upon a *Criſis*) by altering the Juices, diſturbing Secretions, mixing venomous *Effluvia* with the Blood, acuating the Pulſe, bringing the Strangury; and they act ſo according to the Nature of the Devil, that he believes old *Belzebub*, that Prince of Flies, to be nothing elſe but a great Cantharid.

Euphorbium Plaiſter.

Take Burgundy Pitch 2 *Drams*; *Venice Turpentine*, *Aſa Fœtida*, *of each* 1 *Dram*; *Euphorbium*, *Grains of Paradiſe*, *Camphire*, *of each half a Dram*; *Volatile Salt of Salt Armoniac* 1 *Scruple*; *Oil of Amber half a Scruple*; *make all up for Plaiſters for the Soles of the Feet.*

They promiſe Aſſiſtance in Fevers that occaſion Head-Ach and ſoporoſe Affections.

Farinaceous Plaiſter.

Take powder'd Frankincenſe 1 *Ounce*; *the Yolks of* 8 *Eggs*; *Barley Meal as much as 'twill bear to come to a juſt Conſiſtence*; *mix.*

This for Weakneſs and Pain at Back, and is not over-heating.

A Febrific Plaiſter.

Prick a Piece of white Leather all over with the ſharp Point of a Knife; *ſtrew upon it*

it powder'd Frankincenſe, melt it with a hot Spatula, and then over that ſpread Turpentine.

Let it be worn upon the Navel till it grow dry, and fall off of it ſelf.

A Plaiſter for the Feet.

Take Cephalic Plaiſter 3 *Drams*; *hard Pitch* 2 *Drams*; *powder'd Euphorbium* 2 *Scruples*; *Camphire and Oil of Amber, each* 1 *Scruple*; *mix.*

It's uſeful and neceſſary in ſuch Fevers as are accompanied with Head-Ach, Dozineſs, Watchings, Phrenzy, *&c.* foraſmuch as the eſtuating Blood is then circulated unequally, and more impetuouſly thrown up into the Head, than the lower Parts: Concerning which, ſee *Lotion for the Feet.*

A Frankincenſe Plaiſter.

Take Frankincenſe 2 *Drams*; *Tacamahacca* 1 *Dram*; *Saffron powder'd half a Scruple*; *Venice Turpentine ſufficient*; *mix.*

'Tis a very ſightly, neat Plaiſter, and is to be put on the Wriſts in Fevers.

A Plaiſter with Hiera.

Take Aloes, Myrrh, each 1 *Dram*; *Species of Hiera, Venice Treacle, each half a Dram*; *Chymical Oil of Wormwood* 4 *Drops*; *Ox Gall* 1 *Scruple*; *Honey as much as ſufficient.*

Lay it to Children's Bellies againſt Worms.

An

An Hydropic Plaiſter.

Take the Soap Plaiſter 2 Ounces; Oil of Anniſeed, Petroleum, each half a Dram; mix.

It attenuates, removes, and carries out, by *Diaphoreſis*, the *Lympha*, which is collected and coagulated in the Habit of the Body: But as to the Water ſhed out into the Cavity of the *Abdomen*, it ſignifies nothing at all. Lay it all over the Belly.

An Iſteric Plaiſter.

Take powder'd Saffron 2 Drams; make a Plaiſter of it with Honey, which ſpread upon a piece of Leather, and lay it ſo as to cover the Region of the Liver and Navel.

It was the Experiment of an eminent Phyſician, for ſmall Children affected with the *Icterus*, who can take little.

An Iſchiatic Plaiſter.

Take white Pitch 2 Ounces; Galbanum 1 Ounce; Sulphur vive 2 Drams; Amber 1 Dram; Hermodactyls, Orris Root, Cumminſeed, Camomile-flowers, each half a Dram; make it up into a Maſs with Petroleum.

It attenuates groſs, and ſweetens ſaline, acrid Juices; it roborates the nervous Parts, and qualifies Arthritic Pains without Repulſion.

A Lateral Plaiſter.

Take Cummin Plaiſter 1 *Ounce*; *Camphire*, 1 *Scruple*; *Oil of Anniſeed* 16 *Drops*; *mix.*

It penetrates, attenuates, diſcuſſes, and diſſipates Flatulencies, eaſes Pains, and takes away Stitches.

A Plaiſter for the Loins.

Take Vigo's Plaiſter of red Lead 2 *Ounces*; *Diapalma (prepared with Oil of Roſes inſtead of Hog's Lard)* 1 *Ounce and half*; *Caranna (diſſolved in Vinegar of Roſes, and ſtrained) half an Ounce*; *Bole, ſealed Earth, Maſtich, each* 4 *Scruples*; *Cyprus Turpentine* 1 *Ounce*; *mix.*

It hinders the Afflux of Humours, and repels; withall, it's friendly to the nervous Parts, comforting and corroborating them. And it eaſes Pains in the Back.

A Plaiſter with Marjoram.

Take white Pitch half an Ounce; *powder'd Marjoram half a Dram*; *Euphorbium* 1 *Scruple*; *mix.*

It's to be laid behind the Ears, or in the Nape of the Neck, for a Catarrh, Tooth-Ach, and Head-Ach.

Maſtich Plaiſter compound.

Take Maſtich, Gum Juniper, Nutmeg, Cloves, each 1 *Scruple*; *Labdanum* 6 *Drams*; *work*

work it with a hot Peſtle and Mortar, with a ſufficient quantity of Oil of Maſtich, into a Plaiſter.

Lay it all over the Top of the Head, to reſtore Heat and Tone to the *Pericranium*, when having ſuffered Prejudice by cold Air, or ill Humours, it is weak and relaxed: For it ſtops the Stream of the Rheumatic *Colluvies*, which hath its Fountain there: And ſo it's convenient in a Cephalalgy from a cold Cauſe, Dentalgy, Tumour of the Tonſils, Inflammation of the *Uvula*, Aſperity of the *Gula*, &c. See the *Cephalic Liniment*.

A Plaiſter with Mercury.

Take Hemlock Plaiſter, with Gum Ammoniac, 3 Drams; Diachylon with Gums two Drams; ſtrained Galbanum, Venice Turpentine, Crude Mercury, of each a Dram; Balſam of Sulphur half a Dram; mix up all according to Rules of Art.

It reſolveth hard Tumours, and helpeth for internal Pains that lie deep.

A Nephritic Plaiſter.

Take powder'd Opium 2 Drams; ſoft Soap 1 Ounce; Oil of Juniper half a Dram; mix, and lay it to the Region of the Reins.

Whether Opium externally uſed be Anodyne, or not, one may lawfully doubt, as before-ſaid of *Anodyne Plaiſter*.

A Mu-

A Nuchale Plaiſter.

Take white Pitch 2 *Drams and half*; *ſtrained Galbanum, Venice Turpentine, of each half a Dram*; *Muſtard Seed, black Pepper, Volatile Salt of Salt Armoniac (ground with Oil of Origanum* 2 *Drops) of each half a Scruple*; *mix.*

It hath the Virtues of the Marjoram Plaiſter, yet with ſome Variety, which one that can look into the inſide of Medicines may eaſily perceive.

A Pectoral Plaiſter.

Take Tacamahacca ſtrained half an Ounce; *Venice Turpentine* 2 *Drams*; *melt together, and add powder'd Benjamin, Storax Calamite, each* 1 *Dram*; *Saffron half a Scruple*; *Oil of Anniſeed* 8 *Drops*; *Oil of Nutmeg, Cloves, each* 4 *Drops*; *mix artificially.*

It warms, attenuates, diſcuſſes, roborates, comforts the Thoracic Muſcles, when clogged up and hindred in their Motion by a tough, cold, Phlegmatic, or Lymphatic *Colluvies*; and is then eſpecially of uſe, when the Violence of Coughing hath made the Breaſt ſore and tender, and painful.

A Plaiſter with Pellitory.

Take Galbanum colated, Sagapenum, Ammoniacum (diſſolved in white Wine, and ſtrained) each 1 *Ounce*; *powder'd Pellitory of Spain, Muſtard*

Muſtard Seed, each half an Ounce; *Wax* 1 *Ounce and half*; *Venice Turpentine a ſufficient quantity*; *mix.*

It warms, deobſtructs, and roborates the nervous Parts, ſtimulates the ſluggiſh Animal Spirits, and puts them into Motion. It's great uſe is, for Paralytic Members. It's a Sinapiſm, or Phœnigm, which the Ancients uſed much, and might be ſerviceable yet, if rationally applied.

A Pleuritic Plaiſter.

Take Stictic of Paracelſus, Soap Plaiſter, each 1 *Ounce*; *Poplar Ointment* 1 *Ounce and half*; *melt them over a gentle Fire, continually ſtirring with a Spatula*; *then take off, and when it begins to grow coldiſh, add Camphire in Powder* 3 *Drams*; *and make it up into a ſoft Plaiſter.*

The Communicator ſaith, it's very Anodyne, appeaſes Pleuritic and Podagric Pains, diſſipates Inflammatory Tumours, and the Quinſy, without any danger of Repercuſſion.

A Quinſy Plaiſter.

Take Diachylon ſimple 3 *Drams*; *Chymical Oil of Wormwood* 18 *Drops*; *mix.*

Lay it to the Throat, from Ear to Ear, but truſt to no inward nor outward Remedies, without good Bleeding.

A Ro-

A Roborating Plaiſter.

Take Magiſtral Stomach Plaiſter three Drams; Oxycroceum (rightly made up, with its due of Saffron) 2 Drams; Gum Caranna, Tacamahacca, of each a Dram; powder'd Balſam of Tolu 2 Scruples; Balſam of Peru 1 Scruple; Oil of Cinnamon, Cloves, Nutmeg, of each 2 Drops; Oil of Mint, Wormwood, of each 1 Drop; mix all with Art.

You'll ſcarce find out ſo noble a Plaiſter as this to comfort the Stomach, or any cold weak Part. Its only Fault is, 'tis ſomething coſtly.

A Spinale Plaiſter.

Take Diapalma half an Ounce; Oxycroceum 2 Drams; Oil of Amber 12 Drops; mix.

'Tis excellent in Pain and Weakneſs of the Back, where 'tis not too hot, and in Obſtructions of the Spinale Marrow. Let it be laid to the Back Bone of Rickety Children, all along, from the Nape to the *Os Sacrum.*

1. Splenetic Plaiſter.

Take Plaiſter of Cummin, Melilot compound, Gum Tacamahacca, each 2 Drams; Plaiſter of Hemlock, with Ammoniac, Balſam of Peru, each 1 Dram; mix.

It returns into the Chanel of Circulation, atrabilarious Feculencies collected, and ſtagna-

ting in the *Hypochondria:* And alſo quiets and compoſes the Corrugations, Tenſions, and ſpaſmodic Affections of the Fibres.

2. Splenetic Plaiſter.

Take Plaiſter of Cummin 3 Drams; Oxycroceum Tacamahacca ſtrain'd, each 1 Dram and half; Oil of Saſſaphras 3 Drops; mix.

1. Stomach Plaiſter compound.

Take Magiſtral Stomach Plaiſter half an Ounce; Tacamahacca colated 2 Drams; melt, and then add powdered Balſam of Tolu one Dram; Dragons Blood, Balſam of Peru, each half a Dram; Oil of Nutmeg, Cloves, each 2 Drops; Oil of Anniſeed 1 Drop; mix.

It warms and helps Concoction, repreſſes Queaſineſs and Vomiting, frees the Stomach of Crudity and Flatulency, and remedieth its Laxity, Imbecillity and Diſtenſion.

2. Stomach Plaiſter compound.

Take Tacamahacca colated, 7 Drams; powdered Mint, Balauſtines, each half a Dram; Oil of Cloves, Nutmeg, Anniſe, Amber, each 2 Drops; mix.

The Left Orifice of the Ventricle is tied to the *Diaphragm*, about the 11th *Vertebra* of the *Thorax*, and inclineth toward the hinder Parts. Hence Doctor *Highmore* argues, that in

in Debility of Stomach, it's of moſt Advantage to lay the Stomach Plaiſter to the Back; which Thing alſo *Riverius (de Appetitu Canino)* noteth: And *Bartholine*, in his *Anatomy de Ventriculo*, p. 68.

A Plaiſter for the Temples.

Take Caranna 1 *Dram*; *ſpread it upon a fitting piece of Leather, and put in the middle of it Opium* 2 *Grains*; *Oil of Amber* 4 *Drops.*

It's an Anodyne; applied to the Temples, it hath Power againſt Reſtleſneſs and Head-Ach: Behind the Ears, it takes away Pain of the Teeth.

Two Twigs of the external Carotid Artery running under the Ear, and entring into the inferior *Maxilla*, are diſſeminated thro' all its length into the Roots of every Tooth, to carry Blood for their Nouriſhment. In theſe Veſſels, acrid Humours (together with the Blood) paſs to the Teeth, and gnaw and vellicate the exquiſitely ſenſible Membrane, that coats their interiour *Medulla*, and are the Cauſe of the intolerable ſhooting, twinging Pain. And from this Origine of the Arteries that run to the Teeth, it is, that Remedies behind the Ears are found more ſucceſsful in the Tooth-Ach, than at the Temples, ſaith the ſame *Highmore*.

The Vapour Plaiſter.

Take ſtrained Galbanum 3 *Drams*; *Aſa Fœtida, yellow Wax, of each* 2 *Drams*; *Camphire (malaxed with Oil of Amber* 8 *Drops) half a Dram*; *Caſtor, Salt of Harts-horn, of each* 15 *Grains*; *make all up duly into an Emplaſtic Maſs.*

A Volatile Plaiſter.

Take fine Venice Turpentine 1 *Ounce*; *work it with a Peſtle and Mortar, pouring in by little and little, Spirit of Salt Armoniac, till it hath taken up its own Weight of it*; *labour it very well, till it unite into a white Emplaſtic Body.*

It ſticks on very tenaciouſly; penetrates deep: adds warmth to the Part; ſtrength to the *Fibrillæ*; and briskneſs to the Spirits. It opens the carneous, and nervous Paſſages; incideth and diſcuſſeth their impacted *Colluvies*; and driveth it out by Evaporation. But I have found it too hot and fiery for ſome tender skin'd People; and have known it cauſe Veſicles, and Excoriation.

A Volatile Foetid Plaiſter.

Take ſtrained Galbanum half an Ounce; *Aſa Fœtida, yellow Wax, of each a Dram*; *melt them all together at the Fire*; *then take off, and when the Maſs beginneth to cool, and ſtand, add to it the following*, ſc.

Take

Take Venice Turpentine 1 *Dram*; *Salt of Harts-horn* 2 *Scruples*; *Camphire* 1 *Scruple*; *Oil of Amber half a Dram*; *mix.*

A White Plaiſter.

Take Rupture Plaiſter, Diachalcit Plaiſter, of each 3 *Drams*; *White Ointment camphorated* 4 *Scruples*; *Sugar of Lead* 2 *Scruples*; *mix. Opium may be added where the Phyſician ſeeth needful.*

Lay it to the Back, to allay Heat, and eaſe Pain.

Poſſet with Tamarinds.

Take Tamarinds 2 *Ounces*; *put to them (in a Marble Mortar) a little Milk*; *work it about with a Peſtle, till the Tamarinds are diſſolved*; *then pour it into boiling Milk one Quart*; *and ſtrain the Whey from the Curd, through a Sieve.*

This is a little more acid than the following of Wood-Sorrel, and therefore quenches Thirſt more; but becauſe it ſhould be taken in leſs Quantity, it does not ſo effectually dilute the Blood. That of *Lujula* is beſt when a *Diarrhœa* is feared, and this when the Belly is too much bound. You may give to half a Pint 3 or 4 times a day.

A Poſſet with Wood-Sorrel.

Take new Milk 1 *Quart*; *good freſh Small Beer* 1 *Pint*; *White-Wine half a Pint*;

make Poſſet, boiling in it Wood-Sorrel two Handfuls.

In burning Fevers, it doth not only dilute and temper bilious acrid Humours miſerably burning in the Stomach, exciting intolerable Thirſt and bitter Anguiſh; but alſo refrigerates the fervent Blood, repreſſes its Ebullition, liquifies its groſs Contexture, and exterminates its aduſt Recrements by Urine.

Let it be drank plentifully at pleaſure.

An Ammoniac Potion.

Take pure Gum Ammoniac 2 Scruples; diſſolve it in Hyſſop Water 2 Ounces and half; to the ſtrained add Lenitive Electuary half an Ounce; Syrup of Roſes ſolutive one Ounce; Salt Prunel 2 Scruples; mix.

In Potions where Hypochondriac Perſons are to be purged, its proper to diſſolve *Ammoniacum*; but where Hyſteric Women, *Aſa Fœtida*, for my ſettled Opinion is they are different Maladies. I wiſh Phyſicians would come off from that idle way of making ſhort work, and huddling up all Diſeaſes and Cures into Generals.

A Colic Potion.

Take Waters of Mint, 1 Ounce; Dr. Stephens, Cinnamon, of each half an Ounce; Syrup of Meconium, from 6 Drams to an Ounce and half; half the Yolk of an Egg; Oil of Juniper 10 Drops; Salt of Wormwood two Grains;

Grains; when all are well mixed, drop into them Spirit of Lavender compound, and Spirit of Salt Armoniac, of each 10 *Drops.*

A Lenitive Potion.

Take Cream of Tartar powdered 2 *Scruples; firſt diſſolve it over the Fire in Elder-Flower Water* 3 *Ounces; then diſſolve Manna* 1 *Ounce and half in the ſame; and ſtrain, and add Syrup of Roſes ſolutive half an Ounce; for one Doſe.*

It's a pleaſant-taſted, and very gentle Medicine to looſen the Belly, and empty it a little.

A Purging Hydropic Potion.

Take Powdered Jalap Root half a Dram; Ginger 2 *Grains; Salt of Tartar* 12 *Grains; White-Wine* 3 *Ounces; Syrup of Roſes ſolutive* 1 *Ounce; Domeſtick Syrup half an Ounce; mix.*

As to the method of Purging Dropſical Perſons, our famous *Sydenham* would, Firſt, That ſuch Cathartics only be uſed, as work ſmartly, and apace. Secondly, That they be given daily, unleſs it be found reaſonable to omit now and then a Day or two, when the Patient is too weak to go thro' with it, or when the preceding worked almoſt too much. Thirdly, That Purging be continued on in a Courſe, without ceaſing, (except upon ſome

urging Neceſſity) until all the whole Maſs of Water be drain'd off.

I know not whether that of *Ettmuller* will be thought of Uſe, where he ſaith, It's beſt Purging thoſe that have the Dropſy in the Decreaſe of the Moon: For in the Increaſe, the Diſeaſe increaſes alſo; on the contrary, in the Decreaſe, it decreaſes. And Purging will do moſt Good when we have Nature helping us.

A Purging Nephritic Potion.

Take Mallows 1 *Handful*; *Senna* 2 *Drams*; *Salt of Tartar* 1 *Scruple*; *Boil in Water half a Pint to* 3 *Ounces*; *ſtrain, and diſſolve in the Liquor, Manna* 1 *Ounce and half*; *Oil of ſweet Almonds half an Ounce*; *Oil of Juniper* 10 *Drops*; *mix.*

A Purging Reſinous Potion.

Take Reſin of Jalap 12 *Grains*; *Oil of Anniſeed* 1 *Drop*; *having mixed theſe well with the Yolk of an Egg, add Syrup of Roſes ſolutive* 6 *Drams*; *White-Wine* 2 *Ounces*; *mix. It may be farther enforced with Gamboge, if needful.*

A Rhubarb Potion.

Take powdered Rhubarb 1 *Scruple (or half a Dram;) Mint and Cinnamon Water each* 1 *Ounce and half*; *Oil of Nutmeg* 2 *Drops*; *Syrup of dried Roſes* 6 *Drams*; *mix.*

It

It happily cures a Flux of the Belly, by recreating the weak Inteſtines, moderately correcting their Slipperineſs, and gently drawing down and carrying forth the acrid material Cauſe.

The Potion called Sanctа.

Take powdered Gum of Guaiacum 1 *Dram and half*; *diſſolve, and ſubigate it with the Yolk of an Egg*; *add Cinnamon Water half an Ounce*; *Fumitory Water* 1 *Ounce and half*; *Syrup of Roſes ſolutive half an Ounce*; *mix.*

After the ſame manner may Potions be prepared of any ſort of Reſins.

This is ſaid to be a prevailing Specific againſt Gouty, and flying vagous Pains. It purgeth pretty ſtrongly and roughly, moſtly by Stool, tho' ſometimes by Vomit.

The Vulnerary Potion of Arcaeus.

Take powdered Rhubarb half a Dram; *Madder, Mumy, each* 1 *Scruple*; *ſealed Earth half a Scruple*; *Juice of Pomgranate, Waters of Scabius and Bugloſs, each* 1 *Ounce*; *mix.*

The Warwick Potion.

Take Scammony ſulphurated, Diaphoretic Antimony, Cream of Tartar, each half a Scruple; *Succory Water* 3 *Ounces*; *Cinnamon*

mon Water 2 *Drams*; *Syrup of Roſes ſolutive* 1 *Ounce*; *mix up a white Draught*.

Diaphoretic Antimony, (as ſaith *Zwelfer*) if expoſed to the Air, puts on in tract of Time a moſt ſcurvy and malignant Nature; and being taken into the Body, produces Anguiſh, Heart-burning, Swooning, Vomiting, and the like bad Symptoms; all which may yet eaſily be avoided, either by making it freſh every two or three Months, or by calcining the old, either *per ſe*, or with the Addition of Nitre; and then (if Nitre be uſed) waſhing it and reverberating it a little.

It's a certain Thing, (ſaith *Hofman*) That Antimony Diaphoretic, join'd to Purgers, adds to their Purgative Virtue, and prevents Griping. Thus, if you take Jalap-root half a Scruple, and throw into it 3 or 4 Grains of Diaphoretic Antimony, its Energy will equal a Doſe of 1 Scruple of Jalap.

Some have been fearful of uſing Diaphoretic Antimony at all, by reaſon of its uncertain Operation. *Reidlin* reports, That he gave it a Woman, and it cauſed above twenty Stools: And he gave the very ſelf-ſame Preparation to a Man, and it provoked Sweat, and not one Stool. He quotes *Welſchius* for it, and tells us, *Cornachines* Powder was forbid at *Rome*, upon Pain of being condemned to the Gallies.

This Potion differs little from the *Warwick* Powder. Among other its Virtues, it's a ſeldom-

dom-failing Remedy for Vernal Tertians, if given ſo as to begin Work juſt before the Invaſion of the Fit. Sometimes 'twill give a Vomit or two, when the Stomach is weak or foul.

The White Potion.

Take Venice Turpentine 3 *Drams (or half an Ounce;) Oil of Nutmeg* 2 *Drops; Oil of Anniſeeds* 1 *Drop; ſubigate theſe with the Yolk of an Egg; then add Syrup of Marſh Mallows* 1 *Ounce; White Wine* 3 *Ounces; and ſtrain it. Syrup of Violets may be added inſtead of that of Marſh Mallows.*

Powder againſt Abortion.

Take Kermes Berries 1 *Dram; red Sanders, Tormentile Root, each half a Dram; Cloves, Pearl, red Coral, each* 1 *Scruple; pearled Manus Chriſti* 3 *Drams; Leaves of Gold* 3; *make all into a Powder.*

Acid Powder.

Take vitriolated Tartar 2 *Drams; Cream of Tartar half an Ounce; Oil of Cloves ſix Drops; Sugar of Roſes* 3 *Drams; make of all a Powder, to be divided into* 6 *Doſes.*

Several ſuch Forms of Powders as this are to be met with in a certain modern Author, who ſeems to imagine, that moſt Diſeaſes are occaſioned by an Alcaliſate Salt, and conſequently muſt be cured by an Acid. As many have

have been of the direct contrary Opinion, ever blaming Acids, and adviſing Alcalies. Now as to myſelf, I believe theſe oppoſite Theoriſts are both wrong; for Nature's Operations are, if not infinite, yet indefinite; and therefore its Principles may be ſo too. And I have always thought, that our ſcanty way of limiting all Things to Alcaly and Acid, and the four Ariſtotelian, the five Chymical, or any other poſitive Syſtem of Elements, hath been one main Obſtacle to the Progreſs of Natural Philoſophy; which (it muſt be owned) hath hitherto produced but little Satisfaction as to the true Cauſes of Things, and few Inventions for the real Uſe of Man.

Alexipharmac Powder.

Take Goa-Stone, Contrayerva Stone, Gaſcoign Powder, Virginia Snake Root, each 5 Grains; make a Powder.

It's a Champion againſt malignant and peſtilential Fevers; for it encourageth the Spirits, and drives out the Enemy by Sweat.

And here I would not have this moſt noble Antidote thought the worſe of, becauſe it's jumbled up of ſuch a vaſt Number of Ingredients: For the Virtue of an Alexipharmac, or Counter-Poiſon, doth not conſiſt in this alone, That by reaſon of a certain occult Quality, it oppoſes Poiſon (as they phraſed it) *totâ ſubſtantiâ*; but eſpecially, becauſe it ſtirs up a freſh Ferment in the Body; by means of which, the

the ſinking and almoſt dying Spirits being rouzed up again, and the Blood recovering its due Mixture, and being brought off from Coagulation and Putrefaction, Nature makes a brisk Effort, and expells the deleterious Matter. Now, to produce ſuch a Fermentation, there are neceſſarily required Heterogeneous Particles, that cannot be intimately mixed with, or ſubigated by the Blood. And the greater Number of Ingredients there are, ſo much the greater likewiſe will be the Heterogeneity, and conſequently the Fermentation. Thus we ſee, the great Alexipharmacs (ſuch as Venice Treacle) are a huge Hodge-podge of Things wonderfully unlike each other; which, becauſe Experience hath eſtabliſh'd for ſtanding Medicines, ſomebody hath this Expreſſion, *That a wiſe Man will make uſe of that which none but a Fool could have invented.*

Amber Powder.

Take Species Diambræ, Powder of Crabs Claws compound, each 1 *Dram*; *Oil of Cinnamon* 1 *Drop*; *mix for* 6 *Doſes.*

It's good againſt Trembling of the Heart and *Syncope.*

Powder of Angelica compound.

Take Spaniſh Angelica Root 5 *Grains*; *Japanic Earth* 15 *Grains*; *Species of Hyacinth half a Scruple*; *Oil of Cinnamon* 1 *Drop*; *make all into Powder.*

It

It recreates the Spirits that want Support, drives morbific Matter outwards, comforts the Inteſtines, and notably repreſſes a ſymptomatic *Diarrhœa*, breaking out in the Small Pox or malignant Fevers.

Powder of Anniſe compound.

Take Seeds of Anniſe, ſweet Fennel, of each a Dram; Cinnamon, Nutmeg, Cloves, Saffron, of each half a Dram; make all into a Powder, for 4 or 6 Doſes.

Anthelminthic Powder.

Take Coralline prepared 1 *Dram; Mineral Æthiops (made without Fire) half a Dram; Oil of Wormwood* 1 *Drop; make it into Powder.*

I thought the Preparation of *Æthiops Mineralis* without Fire had been an Invention of this Age; but I find it in *Rondeletius (de Unguentis* 1037.) where he ſaith, *Argentum vivum extingui poteſt, vel Sulphure, vel Aceto, vel Calcinatione.*

Rochas ſaith, Wormſeed is ſo far from deſtroying, that it generates Worms; and attempteth to prove it thus. *Take* 1 *part of Seed powdered, and* 3 *of fine Flour; make it into a Loaf; keep it in a warm Place, and 'twill produce Plenty of Worms in* 24 *Hours.*

But *N. Andry* (who writes a Tract of Worms) aſſureth us, he made the Experiment ſeveral Times without Succeſs: And it's certain

tain, that any Plants laid up in Heaps, and putrified, will generate Inſects, tho' not ſuch as humane Worms.

Tabernomontanus gives an Account of the Frauds and Impoſtures of Vagabond Mountebanks, who attributing moſt Diſtempers to Worms (when the Sick hath none at all) that they may ſeem to make their Words good, give *Powdered Worms*, and thoſe generate other Worms in the Inteſtines, which they carry off afterwards by Medicines that expel Worms. But I muſt intreat Leave to diſſent from this Author, becauſe the Worms muſt be dried well at the Fire before they can be powdered; and I can as much expect to hatch Chicken out of roaſted Eggs, as Worms out of torrified Worms.

Let the Uſe of all this be, that the Reader believe not every thing lightly that he findeth in Books.

Let 15 Grains be given to an Infant Morn and Even, for 3 Days before New and Full Moon, to diſturb the Worms, and drive them out of their Neſts, and kill them: And then after it, the next following to caſt both them and their Seed quite out of the Body.

Mineral, ſuch as Mercurial, and Antimonial Powders are not conveniently given in thin Liquors, partly becauſe being heavy they will ſink and be left behind at the bottom: And partly becauſe they are apt to ſtick in the Gullet, or *Plicæ* of the Ventricle, whence much Miſchief

Miſchief may enſue, as continual Provocation to Vomit, or Purge, Salivation, *&c.* But given in a ſolid Form they will be clean ſwallowed; and after (the *Menſtruum* and Ferment of the Stomach operating) rightly ſubacted, and diſpoſed of, ſo as to occaſion no manner of harm.

Anthelminthic Purging Powder.

Take Scammony prepared 6 Grains; Rhubarb four Grains; Calomel half a Scruple; make a Powder for a Child 6 or 8 Years Old.

Sylvius powders a Doſe of Scammony; puts Water to it, diſſolves what will diſſolve, and then pours it off, leaving a blackiſh Matter at the bottom. He ſaith, he knows no Purging Medicine to be preferr'd before it, when thus prepared; for it works effectually without Gripes or Trouble, and is ſo ſafe, that he has abundance of Times given it to Lying-in Women and Children with mighty Succeſs: And he could not but laugh at the Fears of our Theoretic Writers, that are perpetually crying out againſt the Uſe of *Scammoneats*; and yet thoſe moſt common Medicines, *Diaprunum Solutivum*, and Electuary of *Juice of Roſes*, owe their principal Virtue to Scammony.

Arabic Powder.

Take Gum Arabic, white Sugar Candy, each half an Ounce; Oil of ſweet Almonds 16 Drops; make a Powder for 8 Doſes.

For

For its Virtues, consult *Decoction of Mallows*, and *Arabic Emulsion*.

Aromatic Powder.

Take Cinnamon, Mace, Nutmeg, Cloves, Ginger, each 8 *Grains*; *Seeds of Anniſe, Caraway, Coriander ſweet Fennel, Bay Berrie, each* 16 *Grains*; *Loaf Sugar* 2 *Drams*; *make all into a Powder for* 8 *Doſes.*

Its Virtues are much like thoſe of the *Peptic Powder*, which ſee.

Arthritic Powder.

Take Ground Pine, Southern Wood, each half a Scruple; *Gum of Guaiacum, white Sugar, each* 1 *Scruple*; *Oil of Saſſaphras* 1 *Drop*; *mix for a ſingle Doſe.*

Let it be given Mornings and Afternoons with the Decoction called *Sanctum*, if the Patient be of a cool Conſtitution, or with Decoction of *Sarſa*, if of a hot; and let it be continu'd for the whole Months of *March* and *September*, to prevent the Gout.

An Aſtringent Powder.

Take Balauſtines half a Scruple; *Cinnamon, Nutmeg, each* 4 *Grains*; *Cochineal* 2 *Grains*; *Sugar of Roſes* 1 *Scruple*; *make it into a Powder for* 1 *Doſe.*

It's to ſtop a *Diarrhœa*, concerning which ſee the *Aſtringent Julep.*

Balſamic Powder.

Take Balſam of Tolu half a Scruple; *Benjamin*, *Myrrh*, *each 5 Grains*; *Balſam of Peru* 1 *Drop*; *white Sugar Candy* 1 *Scruple*; *mix*.

It's profitable for ſuch as are in danger of a Conſumption, who have crude, putredinous Matter impacted in their Lungs, with fœtid Breath, *Orthopnœa*, dry Cough, Pain in the Breaſt or Side ſhooting to the Back, Leanneſs, Languiſhing and Weakneſs.

It's to be drank every Morning and Afternoon in a Draught of Aſſes Milk.

Bezoartic Powder.

Take Powder of Crabs Claws compound, *Goa and Contrayerva Stone*, *Oriental Bezoar*, *each 5 Grains*; *half a Leaf of Gold*; *mix*.

Powder for a Bruiſe.

Take Iriſh Slate, *Mumy*, *each* 12 *Grains*; *Salt of Amber*, *Salt of Harts-horn*, *each* 3 *Grains*; *mix*.

Zwelfer abhorrs the common Mumy that we have brought over now-a-days, which he ſaith is black cadaverous Fleſh wrapp'd up in foul Rags, and is moſt uſually ſuch as died of ſome noiſome Diſeaſe; and is nothing leſs than the true Aromatic Mumy of the *Ægyptians*: And ſo far from being fit to be taken into our Bodies

Bodies as a Medicine, that it's for the moſt part an unwholſom and very prejudicial Thing.

See the *Traumatic Decoction*, and *Mixture* of *Sperma Ceti*, to which its Virtues are akin; only it raiſes the Spirits more, and helps for Fainting, by reaſon of its volatile Salts.

Capillary Powder.

Take Roots of Orris 1 *Ounce*; *Male Piony half an Ounce*; *Spaniſh Angelica* 2 *Drams*; *yellow Saunders, Nutmeg, Mace, Cloves, each half a Dram*; *Liquid Storax, Balſam of Peru, each* 4 *Grains*; *Oil of Roſemary, Lavender, each two Drops*; *make all into a Powder.*

It hath a very pleaſant Scent, and emulates the Virtues of the *Cucupha*, which ſee. But as to a Catarrh, ſee the *Cephalic Liniment.*

Duſt it into the Hair every Night, and kemb it out again 24 Hours after.

Cardialgic Powder.

Take ſoft white Chalk (waſhed in Roſe Water) half an Ounce; *Crabs Eyes, Liquorice, white Sugar, each* 4 *Scruples*; *Oil of Nutmeg, Cloves, each* 2 *Drops*; *make it up for* 8 *Doſes.*

Carminative Powder.

Take Seeds of Anniſe and ſweet Fennel, each 26 *Grains*; *Nutmeg, Cinnamon, each* 18

Grains; *long Pepper*, *Cloves*, *each* 6 *Grains*; *Maſtich* 1 *Scruple*; *mix for* 6 *Doſes*.

It ſerves for the ſame Uſes with the *Peptic Powder*, but is ſomething hotter.

Common Cathartic Powder.

Take Reſin of Jalap, *Scammony prepared*, *each* 5 *Grains*; *Senna*, *Cream of Tartar*, *each half a Scruple*; *Oil of Cloves* 1 *Drop*; *mix*.

It's not much different from *Pulvis Diaſennæ*, but is contracted more, and in my Judgment excells it.

Catholic Powder.

Take Senna 2 *Drams*; *Rhubarb*, *Jalap*, *Turbith*, *Diagrydium*, *of each one Dram*; *Cloves*, *Mace*, *Cinnamon*, *Ginger*, *of each half a Dram*; *powder all*.

Catholic ſignifies *general*, and hath nothing to do with Religion, as ſilly Readers may be likely enough to imagine; and yet, as ſilly as they are, they will be practiſing.

Cephalic Powder.

Take Powder de Gutteta, *native Cinnaber prepared*, *each half an Ounce*; *mix*.

'Tis a Specific in Convulſive Affections, Vertigo, Cloudineſs, and Head-Ach.

It's an obſervation worth noting, That pertinacious Pains of the Head, almoſt to Madneſs, have been happily cured (when other Means had been to no purpoſe) with this *Pulvis*

vis de Gutteta alone, and an Infuſion of Primroſe-Flowers, Betony, or Tea.

It's a memorable Hiſtory of a young Gentlewoman of Note among us, who permitting a little Dog that was mangy and mad to lie in Bed with her, was ſo contaminated by the *Effluvia* paſſing from him, and perhaps by his venomous *Saliva* alſo, that ſhe fell into convulſive Motions, and an *Hydrophobia*; and (marvellous to relate) could not forbear Barking like a Dog Night and Day. She having conſulted divers Phyſicians, among other Remedies took this Cephalic Powder with Reliefe, and after ſome time recovered her former Health. Thus the Communicator.

Chalybeate Powder.

Take Ruſt of Iron powder'd and ſearced 8 Scruples; Salt of Steel, Saffron, Ginger, each 1 Scruple; Anniſeed 5 Scruples; Mace 4 Scruples; white Sugar 10 Scruples; make all into a Powder for 20 Doſes.

Chalybeates are *inſtar omnium* for a Cachexy, Green-ſickneſs, Obſtructions, Jaundice, Dropſy, and all Diſeaſes whatſoever owing their Origin to Crudity and Poverty of the Blood: For they raiſe a new Fermentation, and agitate, beat up, mix, depurate and exalt the Maſs of Blood in ſuch a manner, that whereas before it wanted the rich red *Globuli*, and look'd pale and watery, it is by degrees render'd pure red, ſpirituous, brisk, ſpumous and

ſparkling. Alſo whereas the unconcocted ſlimy *Pituita* having daub'd up the Paſſages, and made Obſtructions, and ſo the Blood was forced to circulate unequally, here ſwiftly, there ſlowly, Steel breaks thro' thoſe Obſtructions, and opens the Ways, and cauſes the Blood to run, paſs and repaſs freely, and vividly, through all the minuteſt Canals and Rivulets of the Body, ſo as to bring and diſtribute, equally and benignly, Nouriſhment, Heat and Life, to every individual Particle of the Machine.

But if the Condition of the Blood be ſuch as is altogether uncapable of the requiſite, luſty, juvenile Fermentation, becauſe of its Principles being grown old, the Fibres worn out, the Tone broken, the Paſſages fallen in, and the whole humane Fabric in an old ruinous State: In vain then do we expect much from a Remedy, tho' ſo generous and powerful an one as Chalybeates are. 'Twould be as eaſy to reduce dead Vinegar into ſweet Wine, a withered Roſe into a freſh and florid one, yea to turn old Mutton into Lamb, or old Beef into Veal. As to my own part, I ingenuouſly confeſs, that looking back, and carefully calling to mind the Series of my Practice, I don't remember that I ever obſerv'd any great Advantage accrue to ancient People from the Uſe of Chalybeates.

Powder for Children.

Take Crabs Eyes nicely ground, white Sugar Candy, Calomel, of each 5 Grains; Resin of Jalap 8 Grains; (more or less, according to Strength) Oil of Anniseed 1 Drop; mix for 1 Dose.

If powdered Crabs Eyes be given in Water-Gruel during the Operation, 'twill prevent Griping.

1. Colic Powder.

Take Zedoary 6 Drams; Balsam of Peru 12 Drops; mix for 12 Doses.

2. Colic Powder.

Take Sperma Ceti washed, white Sugar, each half a Dram; Castor 3 Grains; Powder it for a single Dose.

Comfrey Powder compound.

Take the Root of Comfrey that bears a red Flower, Mouse-flesh dried in an Oven, Hogs Claw, Buck's Priapus, each as much as you please; make a Powder of all, and mix.

It's said to be a well experimented, and almost infallible Secret, against involuntary Pissing a Bed.

Incontinence of Urine in old Folks is common, and is mostly incurable. In Children it frequently goes off, as Years and Strength come on, but it ought to be before the 25th

Year; for if it pass that Time, there's Danger of its being an utterly incurable Malady.

Give 1 Scruple, or half a Dram, in a Glass of White Wine, Evening and Morning, 3 or 4 Days, about the Time of New and Full Moon. Thus goes the Traditional Direction. But I should rather give it with a Decoction of Agrimony, or *Solomon*'s Seal Root. You may also apply a corroborating Plaister to the Region of the Loins, and another to the *Os Pubis*.

Powder of Contrayerva compound.

Take Contrayerva Stone 4 Scruples; Contrayerva Root 2 Scruples; Oriental Bezoar 24 Grains; Saffron 16 Grains; make a Powder for 8 Doses.

Powder of Crabs Eyes compound.

Take Crabs Eyes ground on a Marble 1 Dram; Cream of Tartar half a Dram; Salt of Wormwood, Prunel, each 12 Grains; Salt of Amber 6 Grains, make all into a Powder for 6 Doses, to be given twice or thrice a Day.

It restoreth the Ferment of the *Viscera* and Blood, when almost lost and gone; fuses thick Blood, promotes the Secretion of Febrile Matter, and by way of Precipitation throws it off into the Emunctories.

Damask

Damask Powder.

Take Roots of Orris 1 *Pound*; *Calamus Aromatic, Cyperus, each* 4 *Ounces*; *Marjoram* 1 *Ounce*; *Damask Roſes, Nutmeg, Cloves, Storax Calamite, Benjamin, Labdanum, each* 2 *Ounces*; *make all into a groſs Powder.*

Dentalgic Powder.

Take Tobacco 1 *Scruple*; *Ginger, Flower of Sulphur, each half a Scruple*; *mix.*

Let the Patient ſnuff a little of this up into the Noſtril that is oppoſite to the Pain, and preſently throw himſelf upon a Bed; for twill immediately give him a Twinge, as though he were ſhot through the Head; yet it ſcarce provokes Sneezing, tho' it draw out a great deal of Water; anon it brings a little Dozineſs as 'twere, and ſeldom fails of driving the Tooth-Ach for that Time.

Schroder's Dentifrice Powder.

Take Powder of Tiles half an Ounce; *moiſten it, at ſeveral times, with Oil of Tartar, till it hath imbibed its own Weight, and bring it to the Conſiſtence of Paſte*; *then add white Tartar three Drams*; *Bread burnt black two Drams*; *make it into Powder.*

Rub the Teeth with it when grown foul, yellow or black, and waſh it off with warm Wine.

The

The Teeth are never over-grown with *Lapis Dentalis* while the Gums are ſound, and riſe up to the middle of the Tooth in a pointing Shape, and ſtick faſt to it: But Gums that are ſpungey, apt to bleed, flaccid and looſe from the Teeth, and ſo give way for external Injuries to come at the Teeth, and don't ſupply them with good Nouriſhment, but pervert it: Such occaſion theſe ſtony Concretions.

Diaphoretic Powder.

Take Virginia Snake Root, Spaniſh Angelica Root, Contrayerva, each 5 Grains; Myrrh 3 Grains; Saffron 2 Grains; mix.

1. Diuretic Powder.

Take Prunel Stone 1 Dram; Egg Shells calcined 2 Scruples; Salt of Amber 1 Scruple; white Sugar two Drams; make it into Powder.

The Doſe is half a Dram, or two Scruples. See the *Diuretic Nitrous Julep.*

2. Diuretic Powder.

Take Anniſeed 1 Dram and half; Salt of Amber half a Dram; Oil of Nutmeg three Drops; make a Powder for three Doſes.

The beſt way both of giving and keeping Salt of Amber, is to mingle it with double its Weight of Nitre, ſaith Dr. *Willis.*

Edulco-

Edulcorating Powder.

Take Lemnian Earth 1 *Scruple*; *red Coral, Crabs Eyes, Egg and Oiſter Shells, each* 5 *Grains*; *powder and mix all.*

Whereſoever there's an Acid offending in the Stomach or Inteſtines, theſe abſorbing and concentrating Medicines have place; but whether or no that be found beyond the firſt Paſſages, I am not ſufficiently aſſur'd.

It's obſervable, I confeſs, that Fleſh Broths, if kept till they corrupt, grow ſowr; and thence perhaps a probable Argument may be drawn, to prove, that Animal Juices ſhut up, and corrupted in the uttermoſt Receſſes of the Body, may contract Acidity. But this granted, it in no-wiſe follows, that edulcorating Earths are able to correct thoſe Juices lodged at ſo great a diſtance out of the Way; for it's moſt likely their duſty Particles ſpend their whole Force in the firſt Paſſages, being utterly unfit to enter the Mouths of the Lacteal Veins, and get into the Maſs of Blood; or (if they were there) to paſs through the Glands, and many fine Strainers, to arrive into the remote Habit of the Body.

If we conſult Experience, that moſt certainly tells us, that ſmall Children are apt to abound with noxious Acids in their Bowels: That a great Part of their Maladies are to be hence accounted for, and that conſequently their Cure is to be fetched from teſtaceous and cretaceous

cretaceous Medicines; and theſe are ſo proper and peculiar to this Age, that I have very rarely known them given to Infants in acute Diſtempers, skilfully, and in ſufficient Quantity, but that commendable Succeſs hath followed. On the other ſide, I confeſs, I have ſeldom ſeen them do much Good to grown Perſons. I reckon it therefore an eſtabliſh'd Axiom, that teſtaceous and cretaceous Things are appropriated to Children, and to Illneſſes in the firſt Paſſages, but ſignify not ſo much to grown People, and Diſtempers of the Blood, and more remote Juices.

Emmenagogue Powder.

Take Venetian Borace 15 Grains; Myrrh 12 Grains; Saffron 3 Grains; Oil of Cloves 1 Drop; mix.

It's endow'd with the ſame Virtues with the *Emmenagogue Decoction*, and is proper to give with it.

Epidemial Powder.

Take Troches of Vipers 1 Dram; Virginia Snake-root, Contrayerva, each half a Dram; mix.

It's not only prevalent againſt malignant Fevers, but alſo (being given before the Fit) commonly drives Agues. The Doſe is from one Scruple to two Scruples.

Epe-

Eye-bright Powder compound.

Take Eye-bright 3 *Drams*; *Mace* 1 *Dram*; *make it into a fine Powder.*

I have ſeen decrepid old Men almoſt blind, which were by the Help of this Powder reſtor'd to entire Sight, ſaith *Montagnana.*

But beſides its being a good Eye Medicine, it's eminently available againſt the Head-Ach, if taken in a Glaſs of Wine at Bed-time: That Time is beſt, becauſe the Brain imbibes Medicines (by the Vehicle of the Blood) moſt of all in the time of Sleep.

For the Eyes, take half a Spoonful before Meals in a Glaſs of Sack.

Eye-bright Powder more compound.

Take Eye-bright half an Ounce; *ſweet Fennel-ſeed* 2 *Drams*; *Mace*, *Nutmeg*, *each* 1 *Dram*; *White Sugar* 1 *Ounce*; *make all into Powder.*

The Doſe is 1 Dram twice a day.

Febrific Powder.

Take Salt of Wormwood half a Dram; *Diaphoretic Antimony* 1 *Dram*; *Camomile Flowers* 2 *Drams and a half*; *make a Powder for* 8 *Doſes, to be taken every* 3 *or* 4 *Hours between Fitts.*

Powder

Powder of Filipendula compound.

Take Roots of Filipendula, Seeds of Aniſe, of each a Dram, Egg Shells 2 Drams; make all into Powder.

It's excellent to provoke Urine, and bring away Gravel.

Powder called De Gutteta.

Take Root and Seeds of Piony, white Dittany, Miſſletoe, of each half an Ounce; ſtinking Orrach Seed two Drams; Humane Cranium three Drams; Red Coral, Hyacinth prepared of each a Dram and half; Elks Claw prepared half an Ounce; Musk one Scruple; Leaf Gold one Dram: Powder fine, and mix.

Haemoptoic Powder.

Take Seeds of Henbane, White Poppey, each 2 Drams; ſealed Earth, Hæmatites, each 1 Dram; Sugar of Roſes 6 Drams; mix.

It's near ally'd to Mr. *Boyle*'s Electuary, and may be given to good purpoſe with Aſſes Milk twice a day to 1 Dram.

Powder againſt Haemorrhages.

Take Aſtringent Crocus of Mars half a Scruple; Dragons Blood 5 Grains; Alum 3 Grains; Sugar of Lead 2 Grains; make all into Powder.

Halo-

Halosanthine Powder.

Take white Sugar Candy, Spema Ceti, of each 2 Scruples; Crabs Eyes half a Dram; Salt of Harts-horn 6 Grains; Salt of Amber 4 Grains; London Laudanum 3 Grains; make all into a Powder for 2 Doses.

For Persons that are bruised, and for Childbed Women.

Powder in an Hernia.

Take of Solomon's Seal and Comfrey Roots, Anniseed, each 1 Dram; make a Powder.

It doth good, by expelling Wind, easing Pains, and consolidating the Parts, Let a small Child take 15 Grains thrice a day.

It greatly avails also against both Pain and Flux of the Hæmorrhoids. Let grown Persons take half a Dram, or 2 Scruples, with a Draught of Decoction of Yarrow, or our Styptic Decoction.

Hibernic Powder.

Take Irish Slate 15 Grains; Salt of Amber 3 Grains; Salt of Harts-horn 2 Grains; Oil of Nutmeg 1 Drop; mix.

It's ordered against a Plurisy, Rheumatism, and all manner of Distempers, where the *Serum* of the Blood turns into Size.

Hysteric

Hysteric Powder.

Take Roots of white Briony 1 *Dram*; *Piony Root bearing a white Flower* 2 *Drams*; *Castor* 2 *Scruples*; *Salt of Amber* 1 *Scruple*; *Oil of Amber* 4 *Drops*; *make a Powder.*

It not only correcteth and lasheth the disorderly Spirits (as before said of the Hysteric Julep) but moreover extricates them from their Heterogeneous *Copula*, and depurates them; adds Strength to the Brain itself, roborates the whole nervous System: And upon these Accounts useth to be a great help, then especially to Hysteric Women, when the Brain itself is chiefly affected, and the Distemper threatens running over to an Epilepsy. The Dose is half a Dram.

Incrassating Powder.

Take Marsh-Mallow Root, *Gum Arabic*, *Dragons Blood*, *Liquorice*, *each* 5 *Grains*; *beat all into a fine Powder.*

For its Virtues, consult the *Incrassating Decoction.*

Gum Lac Powder compound.

Take Gum Lac 2 *Drams*; *astringent Crocus of Mars* 3 *Drams*; *Dragons Blood* 1 *Dram*; *make of it a subtile Powder.*

It hath a notable Stypticity, and is therefore prescrib'd in all manner of internal Hæmorrhages; but particularly is celebrated with wonderful

wonderful Elogies for its remarkable Faculty of ſtanching bloody Urine. The Doſe half a Dram.

Laxative Powder.

Take Senna and Cream of Tartar, each as much as you will, and reduce them into a Powder.

It's a ſhort Compoſition, but a moſt benign Medicine, purging very mildly, and without Trouble, Gripes or Sickneſs. For Cream of Tartar is the beſt Corrector of *Senna*. The Doſe is from half a Dram to 2 Scruples, or 1 Dram, for grown Perſons, to be taken at Night.

Marjoram Powder compound.

Take Marjoram, Arabian Stœchas Flowers, each 5 Grains; Nutmeg 3 Grains; Muſtard-ſeed 2 Grains; Oil of Saſſaphras 1 Drop; make all into Powder.

It opens the *Meatus* of the Brain and Nerves, when ſubſiding by reaſon of Laxity, clears them out when obſtructed with Phlegm, depurates the Spirits when clogg'd with Filth, rouzeth them up when ſluggiſhly ſtagnating, reſtoreth the animal Expanſion: And therefore is a moſt deſirable Remedy againſt Soporoſe and Paralytic Affects, to be given Night and Morn.

Maſtich Powder compound.

Take Maſtich, Olibanum, Japanic Earth, Flower of Sulphur, each 5 Grains; Sugar Candy 1 Scruple; Powder all.

It's of egregious Uſe in a Catarrh, and emulates the Electuary of Maſtich.

Let it be given at 4 in the Afternoon, and at Bed-time, with a Draught of the *Decoction of Hounds Tongue.*

Powder of Millepedes compound.

Take Millepedes prepared 12 Grains; Saffron 3 Grains; Flower of Benjamin, Salt of Amber, each 2 Grains; Ginger 1 Grain; Oil of Anniſeed 1 Drop; bring all to a Powder.

I have known this preſcrib'd for an Aſthma, but to no purpoſe; perhaps becauſe the boiling Blood and heated Lungs might require cooler Things. However, in a Straitneſs of Breath from a Cold, and tenacious *Colluvies* ſtuffing the *Bronchia*, it's an efficacious and moſt deſirable Medicine; for it potently incides, removes and expectorates Phlegm. But of theſe, conſult the *Expectorating Decoction* and *Electuary.*

Montagnana's Powder.

Take the inner Skin of a Gizzard of a Cock dryed, half an Ounce; burnt Hedge-hog 6 Drams; Agrimony 2 Drams; reduce all to a Powder.

This

This for thoſe that water their Beds. A Dram is the Doſe.

Myrrh Powder compound.

Take Myrrh, Savine, Grains of Paradiſe, each 5 Grains; Saffron 3 Grains; Caſtor 2 Grains; Oil of Amber 1 Drop; make a Powder.

It's ſomething like the *Women's Pills*, which ſee.

Nephritic Powder.

Take Smalage and Saxifrage Roots, each 2 Drams; Crabs Eyes 1 Dram; vitriolated Tartar, Prunel Stone, each 2 Scruples; Cream of Tartar 4 Scruples; Oil of Juniper 4 Drops; make all into a Powder.

The Communicator ſaith, it promotes Urine, expells the Stone, bringeth the *Menſes*, &c. The Doſe is from 1 Scruple to 1 Dram, with a *Decoction* of *Marſh Mallows*.

Nitrous Powder.

The Prunel Stone 1 Dram and half; Cinnaber of Antimony half a Dram; white Sugar half an Ounce; reduce all to a Powder.

It's preſcrib'd in hot burning Fevers, to temper Heat and Thirſt, allay Ebullition, and provoke Urine. The Doſe is 1 Dram in ſome grateful Vehicle.

Nutmeg Powder compound.

Take Nutmegs half an Ounce; *Cinnamon* 2 *Drams*; *Mace*, *Cloves*, *Marjoram*, *Betony*, *Roſemary*, *Lavender Flowers*, *each* 1 *Dram*; *make all into a Powder.*

Verzaſcha ſaith, this Powder uſeth to be kept in the Shops at *Baſil* in *Swiſſerland:* It roborates the Stomach, helps Digeſtion, comforts the Brain, and is of egregious Uſe whenſoever the Head ſuffers by Sympathy from the Stomach. Let 1 Dram be taken after Meals, and at Night, immediately before Sleep.

Odoriferous Powder.

Take Rhodium Wood half an Ounce; *yellow Sanders*, *Damask Roſes*, *Florentine Orris*, *each* 2 *Drams*; *Spaniſh Angelica Root* 4 *Scruples*; *Mace half a Dram*; *Apoplectic Balſam half a Scruple*; *Oil of Cloves* 6 *Drops*; *beat them into a groſs Powder.*

To recreate the Spirits, and delight the Senſe.

Orange-peel Powder compound.

Take the thin yellow peel of Orange, *Cummin Seed*, *each* 12 *Grains*; *Caſtor* 5 *Grains*; *long Pepper* 1 *Grain*; *Oil of Juniper* 1 *Drop*; *make a Powder.*

It comforts the Ventricle and Inteſtines, corrects Phlegm, diſcuſſes Wind, ſolves the Spaſm; and

and (after needful Purges have made their way) happily cures a Colic.

Let it be taken thrice a day, and after it a Draught of the *Bitter Febrific Decoction.*

Panchymagogue Powder.

Take Cream of Tartar half an Ounce; Senna 1 *Ounce; Rhubarb* 6 *Drams; Scammony* 2 *Drams; Mace half an Ounce; beat all up to a Powder.*

This is tranſlated from the *Leuwaerden Pharmacopœia.* Its Doſe is from 2 Scruples to 1 Dram.

Peacock Powder.

Take the white Part of Peacocks Dung 15 *Grains; Salt of Amber* 5 *Grains; Oil of Nutmeg* 1 *Drop; reduce them to a Powder.*

'Tis a Specific againſt a Vertigo, to be given Night and Morn with a Draught of *Cephalic Decoction.*

Pearl Powder compound.

Take Oriental Pearl, white Coral, of each half an Ounce; Crabs Eyes an Ounce; levigate them into an abſolute Alcohol on a Marble.

Teſtaceous Powders diſſolve, and exert their Virtues much eaſier and ſooner, when fine, than when coarſe; and therefore Care ſhould be taken to levigate them well. This Powder may be preſcribed either alone, or in Pearl

Juleps, from 2 Scruples to 2 Drams, in 12 Ounces of the Aqueous Vehicle.

Pectoral Powder.

Take Sulphur vive, Florentine Orris, Liquorice, Anniſeed, each 5 Grains; Sugar Candy 1 Scruple; make theſe into Powder.

It contends in Virtues with the *Pectoral Julep.*

Peptic Powder.

Take Seeds of Coriander half an Ounce; Anniſeed, ſweet Fennel, each 4 Scruples; Nutmeg half a Dram; Cinnamon, Cloves, each 1 Scruple; long Pepper half a Scruple; white Sugar 1 Ounce; of theſe make a Powder for 16 Doſes.

It's moſt commodiouſly us'd, when, after Meals, happen Illneſs, Nauſeouſneſs, Belching, Heavineſs, Tenſion, Inflation, and Fullneſs of the Stomach: As alſo Fluſhings in the Cheeks, Liſtleſneſs, Drowzineſs, Head-Ach, and other the like Signs of bad Digeſtion.

For Aromatics correct ſlimy Phlegm in the Ventricle, and by their volatile, oleoſe, quick Salt, incide and attenuate it, kindly deterge the *Plicæ* and *Villæ* of the Stomach, and reſuſcitate native Heat; upon which, Appetite and Digeſtion return of courſe.

The Way I moſt uſe in giving it, is, to have it ſprinkled upon a Toaſt dipt in Wine, and ſo eaten preſently after Dinner and Supper.

Peptic Powder tartarized.

Take Cream of Tartar 3 Drams; Anniſeeds 2 Drams; Cloves 1 Dram; Sugar of Roſes 6 Drams; Powder all for 12 Doſes.

Peſtilential Powder.

Take Diaphoretic Antimony 15 Grains; Salt of Harts-horn 3 Grains; Camphire 2 Grains; make a Powder for one Doſe.

Piony Powder compound.

Take Male Piony Root, Humane Cranium, each 5 Grains; native Cinnaber half a Scruple; Oil of Nutmeg 1 Drop; bring it to a Powder.

This Powder being fetch'd out of the triple Kingdom, Animal, Vegetable, and Mineral, very notably ſuccours Children troubled with Convulſion Fits.

Pleuritic Powder.

Take Olibanum half a Scruple; Crabs Eyes, Flower of Sulphur, each 5 Grains; reduce them to a Powder.

I have ſeveral times cautioned the young Practitioner againſt truſting to Specifics in a Pleuriſy, to the Neglect of Bleeding. And I here repeat the ſame.

Powder of Rhubarb compound.

Take choice Rhubarb, Cream of Tartar, Anniſeed, Liquorice, of each 1 *Dram; white Sugar Candy half an Ounce; reduce all to a Powder.*

This is a valuable Medicine for thoſe that are troubled with Hypochondriac Vapours. They may take a Scruple 2 or 3 times a day, according as they find agreeable and needful.

Saline Powder Major.

Take Cream of Tartar a Dram and half; Salt of Tartar, Salt Prunel, Salt Armoniac, Salt of Amber, Salt of Harts-horn, of each half a Dram; Egg-ſhells both crude, and alſo newly calcined, of each 2 *Drams; Oil of Nutmeg* 4 *Drops; bring all to a fine Powder, which may ſerve for* 8 *to* 16 *Doſes.*

The inner Skin of the Egg-Shells ought to be taken out before they be calcined; and to do them thoroughly, and bring them to a white *Calx*, is a more difficult Buſineſs than any one would expect, that hath not tried it.

This Powder is a potent Diuretic.

Saline Powder Minor.

Take Salt of Wormwood and of Harts-horn, of each 1 *Dram; Salt of Amber* 36 *Grains; Camphire, Saffron, of each* 12 *Grains; Oil of Nutmeg* 3 *Drops; make a Powder for* 12 *Doſes.*

None

None but a skilful Phyſician ought to manage malignant Fevers; and ſuch an one will know how to give this Powder.

A Sinapine Powder.

Take Muſtard Seed, Cloves, of each 15 *Grains*; *Nutmeg* 2 *Drams*; *Cinnamon, Mace, of each* 1 *Dram*; *Marjoram, Lavender Flowers, ſweet Fennel Seed, of each half a Dram*; *make a Powder.*

It's good for the Stomach and Head; may be given after Meals, to half a Dram, upon a Toaſt ſopped in Wine.

Powder to promote Spitting.

Take Cryſtal Mineral 3 *Drams*; *Salt of Amber* 1 *Dram*; *Sugar Candy half an Ounce*; *powder all, and divide into* 24 *Papers.*

Hold one of theſe in the Mouth, till it be diſſolved, and then ſpit it out.

Splanchnic Powder.

Take Aſhtree-rind half a Scruple; *Rhubarb* 5 *Grains*; *Spikenard, Saffron, each* 2 *Grains*; *long Pepper* 1 *Grain*; *make them into a Powder. To which may Chalybeates be added,* pro re natâ.

It removes Obſtructions of the *Viſcera*, corrects depraved Ferments, repreſſes ſpaſmodic Flatulencies, rouzeth up a languiſhing Appetite, and alleviates Pain and Tenſion of the *Hypochondria.*

As

As a *Porrigo*, or a Leproſy, which have their *Minera* in the cutaneous Glands, tho' they are external Maladies, and lie fair and open enough for the Application of Remedies, and yet are moſt exceſſively pertinacious and difficult of Cure; even ſo may we conceive of the Hypochondriac Affections, that they have their *Minera* in the Glands of the Ventricle and *Viſcera*, and remoteſt Parts; and there (by reaſon of ſome vicious, unconquerable Ferment ſpew'd out) deprave Chylification, and raiſe Hurry and Conturbations. And ſince it's an internal Diſtemper, and wholly uncapable of having the Touch of immediate Applications, it's no wonder at all, if it be moſt ſtubborn, and almoſt uncurable.

This Age produces a Sett of idle, ſhallow, ſhewiſh Men, that are for a ſhort Cut, forſooth, into Phyſick, without the Expence of that Learning that it coſt our Forefathers. To bring this about, they read no Books, deſpiſe Pharmacy, cry down *Hypotheſes*, confound Diſtempers; and tho' they affect to be call'd rational Practicers, are, in truth, ſcarce tolerable Empirics. I know that Fœtids will repreſs Vapours in Women, but will ſeldom touch upon the Vapours of Men. Why then muſt Hyſtericiſm and Hypochondriaciſm be confuſedly jumbled together, and accounted the ſame, and all their Difference be in Degree? Why do we not rather let them be different as to both Place and Eſſence? And then,

then, why do we not ſtudy out, and ſettle their particular Remedies and Method of Cure? But perhaps this *Parergon* may raiſe the Spleen in ſome ſort of Readers, I therefore ſtop ſhort.

Let a Doſe be taken in a Draught of White Wine every Morning and Afternoon, for a Courſe of ſome Weeks.

Sternutatory Powder.

Take Florentine Orris 1 *Scruple*; *white Hellebore half a Scruple*; *Oil of Nutmeg* 1 *Drop*; *make a Powder*; *white Vitriol five Grains may be added.*

Sternutatories purge and cleanſe the Head, becauſe they irritate the Spirits nidulating in, and irradiating thoſe Nerves that are diſſeminated into the internal Membranes of the Noſtrils. For the Spirits being provoked into Spaſms and tumultuary Tranſports, looſen the impacted viſcous Humours, ſhake them out of their Places, and eliminate them through the *Infundibulum* and Pituitary Gland out of the Confines of the Brain into the Veins: And ſo it's all inward, and out of Sight. But as to that *Pus* and Putrilage that is caſt out of the Noſe by Sternutation, it comes no farther than from the Neigbouring Glands and Caverns, and not from the Brain itſelf.

Powder of *Aſarum* Leaves is a very commendable Sternutatory.

In

In Rheumatic affections of the Eyes without much Redneſs and Pain, there's no Reaſon why Sternutatories ſhould be forbidden. But where the Patient is Old; the Eyes weak; the Malady of long ſtanding; the Defluxion ſharp, and Inflammation great, they are manifeſtly pernicious, and muſt be avoided. And ſtrong Sternutatories hurt the Ears.

Stomach Powder.

Take Spaniſh Angelica Root, Mint, Cinnamon, each 1 *Scruple*; *Mace* 12 *Grains*; *Balauſtines, long Pepper, each* 4 *Grains*; *Oil of Wormwood* 1 *Drop*; *white Loaf Sugar* 4 *Scruples*; *make all into a Powder for four Doſes.*

It warms, comforts, corroborates, *&c.* much like the Stomach Electuary.

Bitter Stomach Powder.

Take Virginia Snake Root, Zedoary, Gentian, Elecampane, each 5 *Grains*; *Oil of Nutmeg* 1 *Drop*; *make a Powder.*

It warms, roborates, deterges, and uſeth to bring conſiderable Advantage, when by reaſon of daily hard Drinking, Sotting and Soaking, the Fibres of the Stomach being over-waſh'd, become lapſe like a Tripe; and its *Villæ* being ſlabbered over, and oppreſs'd with ſlimy Putrilage, retain nothing; whence ariſe Loathing of Food, Morning Strainings, and Vomiting.

Give

Give a Doſe every Morning, half an Hour before riſing, in a Draught of *Bitter Decoction.*

A Powder for Strumae.

Take Rocket Seed, and Poultry Bones dry'd in an Oven, as much as you will; beat both into Powder, and mix.

Tho' this be an Empirical Remedy, and I never us'd it; yet, becauſe I knew a certain young Woman, who upon undoubted Experience found much Good by it, I had a mind (tho' not to recommend, yet) to communicate it. She took as much as would lie on a broad Knife's Point twice a day, for a long time.

Ettmuller appoints Medicines againſt *Strumæ* to be given eſpecially in the Wane of the Moon.

1. Styptic Powder.

Take Troches of Lemnian Earth, Bole, each 1 Dram; Hæmatites Stone, Dragons Blood, Maſtich, Gum Arabic, each half a Dram; make all into a Powder.

It's to ſtanch inward Hæmorrages.

2. Styptic Powder.

Take Aſtringent Crocus of Mars, Seeds of white Poppy and Henbane, each 1 Dram and 12 Grains; Sugar of Lead 24 Grains; make a Powder for 8 Doſes.

Sulphur Powder compound.

Take Flour of Sulphur, Rheniſh Wine, Tartar, fine Benjamin, of each 1 *Dram*; *Aniſeed, Florentine Orris, Liquorice, of each half a Dram*; *Elecampane, Saffron, of each* 15 *Grains*; *white Sugar Candy* 2 *Drams*; *powder all for* 9 *Doſes.*

'Tis Pectoral.

Tartar Powder compound.

Take Cream of Tartar 5 *Drams*; *Balauſtines* 1 *Dram*; *Spirit of Vitriol enough to make it pretty tart*; *mix up a Powder.*

It corrects bilious Humours ſuffuſed into the Ventricle, reſtores natural Acid, ſtrengthens the looſe Tone; and ſo is of approv'd Uſe, when a bitter *Colluvies* brings Queaſineſs, Loſs of Appetite, Bradypepſy, Vomiting, or *Diarrhœa.*

Riverius (Cap. de Concoctione læſâ) relates a very ſingular Story of himſelf, how that having been troubled with an *Alvine* Flux for 4 Months; at laſt he was freed from it, and perfectly cured in a few Days, by the Uſe of Vinegar. He indeed lays the Blame upon Phlegm and Melancholy, being impoſed upon (as I imagine by his Stools, which (the Sharpneſs of Humours raking off the Linings of the Guts) appear'd all ſlimy and pituitoſe: Whereas, in reality, the whole Cauſe was to be referred to extreme acrid Bile, plentifully flowing into the Guts.

Tartar Powder Duple.

Take Cream of Tartar 2 Scruples; Salt of Tartar 1 Scruple; Oil of Juniper 3 Drops; white Sugar 1 Dram; powder all together, for 3 Doſes.

To cure Intermitting Fevers, and to carry off by Urine.

Tilingius his Powder.

Take Cryſtals of Tartar, Peach Stone, Crabs Eyes, each 1 Dram; Salt of Amber half a Dram; white Sugar 3 Drams and half; make a Powder, adding Oil of Anniſeed five Drops.

It's uſed in Nephritic Caſes. The Doſe is from half a Dram to 1 Dram.

Treacle Powder.

Take Roots of Tormentile 2 Drams; Spaniſh Angelica, Virginia Snake Root, Contrayerva, Zedoury, Spikenard, Saffron, each 1 Scruple; Mace half a Dram; Camphire, Opium, each 15 Grains; make all carefully into a well mix'd fine Powder.

By Malignity (ſaith *Ettmuller*) we can conceive nothing elſe but an Acrimony in ſuch Exceſs, that it's vehemently operative, even in the leaſt Quantity imaginable, which makes upon the nervous Syſtem a highly deſtructive preternatural Impreſſion; and brings on the Humours a putredinous Mutation of their proper

per Texture. Concerning the *Operandi ratio* of Alexipharmacs, ſee the *Decoction* called *Sacrum*.

It emulates the Virtues of Treacle. One Scruple of it contains one Grain of Opium.

Viper Powder compound.

Take Troches of Vipers (or rather Vipers Fleſh dry'd) 15 *Grains*; *Salt of Amber* 3 *Grains*; *Saffron* 2 *Grains*; *make a Powder.*

It's held for a great *Arcanum* againſt the Jaundice.

Uvular Powder.

Take Japanic Earth, Balauſtines, each 1 *Scruple*; *Alum, long Pepper, each half a Scruple*; *powder and mix.*

See the Gargle for the *Uvula:* The Manner of uſing it is thus: The Tongue being held down with a *Speculum Oris*, let the Powder be blown upon the *Uvula* with a Pipe or *Uvula* Spoon, and let the Operation be repeated as Occaſion requires.

The Womens Powder.

Take Aſtringent Crocus of Steel half a Scruple; *Spikenard, Species of Hyacinth, each* 5 *Grains*; *bring all into a fine Powder.*

It's of great Service to correct the Laxity of the *Uterus*, hinder a Flux of Blood, and conſequently prevent Miſcarriage. Let it be given Night and Morn with a Glaſs of rough red *Lisbon*

Lisbon Wine; or oftner, if there be an actual Flux.

Ptiſan.

Take Quich Graſs root 3 *Ounces*; *Liquorice, Shavings of Harts-horn and Ivory, each* 2 *Drams*; *Raiſins of the Sun* 1 *Ounce and half*; *boil in depurated Barley Water* 3 *Pints to* 1 *Quart*; *in the ſtrained Liquor diſſolve Salt Nitre four Scruples*; *Syrup of Violets* 1 *Ounce*; *mix.*

It's a Drink for People in Fevers, and pleaſant enough; quencheth Thirſt, mitigates Fervors, ſuccours the Lungs, and provokes Urine.

A Quilt for a Cap.

Take Male Piony Root 2 *Drams*; *Spaniſh Angelica Root* 1 *Dram*; *Florentine Orris, Lavender Flowers, each half a Dram*; *Arabian Stœchas Flowers* 1 *Dram*; *Cloves, Nutmeg, Mace, each* 1 *Scruple*; *Storax Calamite, Labdanum, Amber, Balſam of Tolu, each* 1 *Dram*; *Oil of Roſemary* 5 *Drops*; *reduce it to a groſs Powder*; *which being mixed into Cotton, is to be quilted in a ſilk Cap according to Art.*

Every Night, at Bed-time, let this Cap be fumed and warm'd with the Smoak of Amber, *Olibanum*, Balſam of *Tolu*, or the like, ſprinkled upon Coals.

It's of ſignal Uſe in humid, pituitoſe Affections of the Head, in cold, cuſtomary, Rhuma-

tic Pains of the ſame: And it's believ'd to re-create the Spirits, and roborate the Brain.

A Cardiac Quilt.

Take Spaniſh Angelica Root, Calamus aromatic, each half an Ounce; yellow Saunders, Lavender Flowers, Saffron, Caraway Seed, Cloves, Mace, Benjamin, Storax Calamite, each half a Dram; make all into a groſs Powder, to be quilted in Silk with Cotton, and hanged from the Neck, upon the Region of the Heart.

A Pectoral Quilt.

Take yellow Sanders, Florentine Orris, Calamus aromatic, each 2 Drams; Lavender Flowers, Coriander Seed, Nutmeg, Mace, Benjamin, Storax Calamite, each 1 Dram; Oil of Anniſeed, Cloves, each 3 Drops; bring all into a courſe Powder.

1. Stomach Quilt.

Take Spaniſh Angelica Root, Aromatic Reed, each 1 Dram and half; dried Mint, Wormwood, each 2 Drams; Seeds of Coriander and Caraway, each 1 Dram; Cinnamon, Nutmeg, Mace, Cloves, Storax Calamite, Benjamin, each half a Dram; beat all into a groſs Powder.

2. Stomach

2. Stomach Quilt.

Take Florentine Orris, Aromatic Reed, each two Drams; Cubebs, Nutmeg, Mace, Cloves, Calamite Storax, Benjamin, each one Dram; Oil of Caraway, Mint, Rhodium, each two Drops; Oil of Wormwood one Drop; powder grosly, and mix.

Rob of Acacia.

Take Sloes (not fully ripe) as many as you please; stew them in warm Water till soft; pass them through a pulping Sieve; evaporate away the superfluous Humidity; then add half its Weight of fine Sugar, and boil it up to a due Consistence.

This deserves to hold one of the highest Places among the strongest Astringents.

A Sinapism.

Take Crum of white Bread 2 Ounces; fine Meal of Mustard Seed searced 1 Ounce; Oil of Cloves 32 Drops; Vinegar 3 Ounces; Honey as much as needful; reduce it to the Consistence of a Cataplasm.

Now-a-days, because of the frequent Use of Epispastics, Sinapisms (which are a Degree under them) are almost quite left off; but (as I take it) undeservedly: Forasmuch as,

1. They call the Spirits and Humours to a weak Part, and restore its Tone; and so do a

great deal of good in a Palſy, Atrophy, Mortification, *&c.*

2. They attract Matter, which lieth deep, to the Superficies; upon which Account they are of uſe in the *Sciatica*, or other Pains remotely ſituate; as alſo in Malignant and Peſtilential Tumours.

3. They revel from the Part affected, and thereby draw away Pains of the Head and Teeth, and Rheums from ſore Eyes, and diſperſe the tumultuous Cluſters of Spirits, when one particular Member is hyſterically, or otherwiſe ſpaſmodically affected: And (which is no ſmall piece of Service) when the Gout, leaving the extreme Parts, flies dangerouſly to the Head, or Stomach, a Sinapiſm applied to the Feet will probably bring it back again, if any thing can.

When a Sinapiſm is laid on, the Part muſt be often inſpected; for it muſt not be left there till it cauſes Tumour, vehement Pain, or Bliſters; but only till the Skin, being preſſed with the Finger, doth not turn white, but continues red.

Fleſh Bruſhes are a gentle and pleaſant Remedy; and may (in ſome caſes) perform what is deſired from Sinapiſms.

Antiſcorbutic Spirit.

Take Bark of Guaiacum 7 Ounces; Orange-Peel 5 Ounces; Juniper-Berries 1 Pound; Daucus Seed 6 Ounces; Sugar 6 Pound; Spring-

Spring-Water 25 *Quarts*; *Yeſt as much as needs*; *Let it ſtand fermenting* 12 *Days*; *after which, add the* 4 *greater hot Seeds each* 1 *Ounce*; *and (when the Fermentation is almoſt finiſh'd) Scurvy-graſs* 12 *Handfuls*; *Brook-Lime* 3 *Handfuls*; *Indian and Water-Creſſes, each* 4 *Handfuls*; *Horſe-radiſh Root* 2 *Ounces*; *Saſſaphras* 3 *Ounces*; *diſtill and rectify.*

The Communicator ſaith, its Title ſpeaks its Uſe. 'Tis convenient in a cold Scurvy; infringes Acid, diſcuſſes Flatulencies, *&c.* The Doſe is from 1 Scruple to 1 Dram.

Spirit of Caraway compound.

Take French Brandy 1 *Quart*; *Caraway Comfits half a Pound*; *Species of Aromaticum Roſatum, and Galen's Lætific, each* 2 *Scruples*; *having let them ſtand macerating* 14 *Days, ſtrain, and add Muſk and Ambergriſe (ty'd up in a Piece of Muſlin) each two Grains*; *Orange-Flower-Water* 4 *Ounces*; *at laſt, put to it as much Leaf-Gold as you pleaſe.*

Spirit of Wine Camphorated.

Take rectify'd Spirit of Wine a Pint; *Camphire (ground upon a Marble with a little of the ſame Spirit) an Ounce and half*; *let them ſtand in a gentle digeſting Heat, till the Camphire be entirely diſſolved, and taken up into the Spirit.*

Some add *Spirit of Salt Armoniac.*

In malignant Fevers, with Watching, *Delirium*, Twitching, *&c.* Camphire is reputed excellent, to give the Spirits a fine and ordinate Expanſion, and to diſpoſe them to kindly Reſt.

It promotes Sweat and Urine; and is commonly preſcribed in an Uterine *Furor*, *Gonorrhœa*, and Scalding of Urine.

Outwardly it's prevalent againſt a *Cholera*, Iliac Paſſion, Colic, external Inflammation, *Eryſipelas*, Burn, Gangrene, Tooth-Ach, Spots and Puſtles of the Face, and Joint-Pains.

Alexiterial Stone.

Take Amber, red Coral, each half a Dram; diaphoretic Antimony, Contrayerva-root, Crabs Eyes, each one Dram; Crabs-claws half an Ounce; levigate all upon a Marble, till it be an exquiſitely fine and impalpable Powder, which make up into little Balls, with Jelly of Harts-horn; to theſe may be added Ambergriſe 12 *Grains.*

It's not ſo chargeable as Powder of Crabs Claws compound, becauſe it hath neither Pearl nor Bezoar, and yet perhaps is a Compoſition not much inferiour to it.

Sugar Nitrated.

Take Cryſtal Mineral one Ounce; double refined Sugar three Ounces; powder them together.

Dur

Our Sugar of Pearl.

Take white Sugar-candy powderd and ſearced 3 *Ounces*; *Pearl prepared* 1 *Ounce*; *make it into a ſubtile Powder.*

It's Uſe is for the making up of Pearl-Juleps ſpeedily and eaſily, thus:

Take what Waters you have occaſion for 12 *Ounces*; *Sugar of Pearl half an Ounce*; *mix.*

Sugar Scorbutic.

Take Juice of Scurvy Graſs as much as you pleaſe; *keep it in a glaſs Bottle cloſe ſtopped up till the Fæces are precipitated*; *then decant the clear, put a good Quantity of Sugar to ſome of it in a Marble Mortar, and work it well together*; *then gently dry it. Then put more Juice to the ſaid Sugar, dry it again, and repeat this Operation ſeveral times*; *ſo ſhall you have a green Sugar, which being put into a Glaſs, and impregnated with Spirit of Scurvy-graſs, and kept cloſe ſtopped up, will be an egregious Magiſtery.*

Diſſolve as much as a Knife's Point will take up, in a Draught of Wine, for a good grateful Antiſcorbutic Drink.

The ſame Proceſs may be uſed for Wormwood, and many other Vegetables. *Ettmuller.* Vol. 1. Pag. 1003.

Suppositories.

Take common Salt, (or Salt Gem.) powdered Aloes, (or Species of Hiera) each half a Dram; Honey boiled up to a just Consistence (that is till 'twill not stick to and dawb the Fingers) as much as sufficient; mix, and make out of it 2 Suppositories.

Or they may be made with crude Alum 1 Dram; *Hiera Picra* half a Dram; and Honey boil'd up to a due Height.

Ettmuller (upon *Scroder*, *cap.* 83. *p.* 1033.) saith, if fresh Pork, or old Cheese, be put up in the Form of Suppositories, the *Ascarides* will fix thereon, and may be drawn out with it.

When the Peristaltic Motion of the Intestines flyeth upward; Suppositories, and Glysters are of use to turn, and incline it downwards; and withal cause the circular (or perhaps spiral) Fibres to remit of their Constriction and Convulsion.

For I (saith *Wepfer de Cicutâ aq. p.* 325.) have more than once observed in Vivisection; and also in a certain Woman, who for several Years had a Portion of her Intestine hanging out of the Abdomen; that the Motion of the Intestines made equally upwards and downwards, according as I lightly pricked it in the upper, or lower part.

Our Syrup of Ammoniacum.

Take Gum Ammoniacum, not ſtrained, half an Ounce; diſſolve it in Water 1 *Ounce; ſtrain, and join it according to Art, with white Syrup* 11 *Ounces.*

It powerfully incides, attenuates, deterges, and expectorates. It helps very much in inveterate Maladies, that owe their Original to thick tough Phlegm, in a laborious ſtraining Cough, *Aſthma, Empyema*: yea, and in a *Peripneumonia* and Pleuriſy, when the Fury of the Inflammation is paſt.

Aſthmatic Syrup.

Take Fox-glove Flowers freſh gathered in the Month of May 2 *Ounces; (that is about* 200*) Waters of Hyſſop, and Penny-royal, of each half a Pint; give them a cloſe hot Infuſion for an Hour; to the ſtrained Liquor add Liquorice half an Ounce; Elecampane, Anniſeed, of each* 1 *Dram; Agaric (cut thin and tyed up in a piece of Muſlin)* 2 *Drams; ſtop up cloſe, and keep them hot, an Hour more; then ſtrain out the Liquor, and in* 11 *Ounces of it diſſolve fine Sugar* 18 *Ounces; and in one Ounce of the Liquor (kept out for this purpoſe without Sugar) diſſolve Gum Armoniac half an Ounce; laſtly having joined both together by Rules of Art, add Tincture of Benjamin* 3 *Drams.*

The Doſe is a Spoonful.

Balſamic

Balſamic Syrup.

Take Balſam of Tolu 6 *Drams*; *boil it (without ſcumming) in Spring (or fine Barley) Water* 20 *Ounces to* 12 *Ounces*; *then add treble refined Sugar* 16 *Ounces*; *and without any farther boiling, as ſoon as 'tis melted, take it off from the Fire*; *ſet it by to cool, and ſtrain it, when the Balſam is coagulated again, otherwiſe it will ſtick in the Strainer.*

In *Pharmac. Bat.* 2 Ounces of Balſam are allowed to this quantity: and its only infuſed and not boiled. But if it be made as here taught 'twill be cheaper; and (as far as I can know by Taſte and Smell) full out as good.

Mr. Boyle's Syrup.

Take Comfrey-roots ſix Ounces; *Plantain-leaves* 12 *Handfuls*; *cut, beat, and ſtrain out the Juice*; *to which add an equal Weight of Sugar, and boil it up to a Syrup.*

He muſt be a mere Stranger in Phyſic, that is not acquainted with this (as its Author was) moſt noble Syrup and how mightily it ſuccours thoſe that cough up Blood.

Chalybeate Syrup.

Take White Wine 1 *Pint and half*; *Filings of Iron* 1 *Ounce and half*; *powdered white Tartar* 6 *Drams*; *Cinnamon, Nutmeg, each* 1 *Dram and half*; *Mace, Cloves, each half a Dram*; *make a warm Infuſion* 4 *Days in a large open Glaſs (elſe it will burſt aſunder)*

der) or (which is better, if time will permit) let them ſtand cold 14 *days; decant the clear Wine through a Strainer; and having added to* 1 *Pint of it fine Sugar* 1 *Pound, make a Syrup.*

Iron (according to *Lemery*) far excells Steel, for Medicinal Uſes, becauſe it's not ſo Compact; diſſolves eaſily in the Body, and more freely gives out its Virtues.

Syrup of Diagrydium.

Take Diagrydium powdered, 6 *Drams; Cinnamon powdered,* 2 *Drams; rectify'd Spirit of Wine* 1 *Pint; burn till half be evaporated; then ſtrain, and with white Sugar half a Pound make a Syrup according to Art.*

Its Doſe is an Ounce.

Diuretic Syrup.

Take Arſmart-water 1 *Quart; Prunella-ſtone* 2 *Ounces; white Sugar* 2 *Pound; boil it up to a Syrup.*

Mayern takes Water a Quart; Sugar and Salt Prunel of each 12 Ounces; and boils them up to the Conſiſtence rather of a Julep, than a Syrup leaſt the Salt ſhould granulate in it.

It has the ſame Virtues with the *Diuretic Nitrous Julep.*

If the Spirit of Vitriol, Nitre, Salt, Oil of Sulphur, or the like intenſe Mineral Acids, be poured upon Nitre, 'twill raiſe a Smoak like *Aqua fortis:* Therefore Care ſhould be taken, that

that none of theſe Chymical Acids be mixed with this Syrup, or any other Nitrous Medicine, becauſe they'll produce ſuch a Corroſive Sharpneſs, as will be extremely noxious to the Stomach and Bowels.

Syrup of Eggs.

Take Whites of Eggs 3; *Plantain Water* 6 *Ounces*; *beat them very well*; *then having put to it double refined Sugar (powder'd, and ſearced)* 6 *Ounces, mix and work them together in a Mortar, allowing Time and Pains till it become a perfect Syrup, without the help of Fire.*

Some ſay, if you beat up Whites with a green Stick from a Fig tree, you may ſoon reduce them to Water: If the Milk of Fig-tree have a Quality of diſſolving Whites, perhaps it may the gelatinous *Serum* of the Blood; which Thing deſerves to be experimented.

This Syrup is to be uſed in ſuch a Cough, as proceeds from a thin ſharp Rheum irritating the *Larynx*.

Syrup of Elecampane.

Take Roots of Elecampane, Polypodium, Currants, each 2 *Ounces*; *Liquorice half an Ounce*; *Virginia Tobacco dryed* 2 *Drams*; *Colts-foot, ſpotted Lungwort, Savory, Calamint, each* 1 *Handful*; *boil them in ſimple Hydromel to a Pint and Half*; *ſtrain, and adding Sugar* 1 *Pound and half, make a Syrup.*

It

It hath a great Faculty at attenuating, inciding, deterging groſs, tough, viſcid Phlegm, and opening the Lungs: : 'Tis therefore convenient in a laborious, deep, pectoral Cough, Shortneſs of Breath, Humoral *Aſthma*, *Empyema*, *&c.*

Syrup of Garlic.

Take Garlic, (peel'd, and cut into pieces) Anniſeed bruiſed, each half an Ounce; Elecampane-root 3 Drams; Liquorice 2 Drams; Brandy 1 Pint and half; ſtop it up cloſe, and give it a warm Digeſtion, two or three Days; then having ſtrained the Liquor out clear, and put it in a ſilver Porrenger over hot Coals, make it ready to boil, and added very fine Sugar 1 Pound and a half, ſet it a Fire, and as it flameth, keep it ſtirring as long as 'twill burn. And at laſt, paſs it through a Flannel Bag.

This is Dr. *Willis*'s Syrup: I have often caus'd it to be made, and found it a very good one. The Virtues of Garlic may be ſeen in *Lohoch of Garlic.*

Syrup of Hounds-tongue.

Take Juice of Hounds-tongue, (clarify'd by Coction) and fine Sugar, each 1 Pound and half; boil it up to a Syrup.

The whole Body of Phyſicians hath, all along, with a general Voice, atttibuted to this Plant a ſoporiferous Quality; and therefore it's

it's made the Baſis of *Pil. de Cynogloſſo.* Nay, *Schroder* ſaith, becauſe it's ſuſpected to contain a virulent (or venomous) Narcoticiſm, it's ſeldom us'd. Thus may a good Medicine (as well as Phyſician) be vogu'd down by a groundleſs Fancy! I profeſs, I have us'd this Syrup a multitude of times, and I could never yet find it cauſe Sleep, or to be in the leaſt virulent; but I often experimented it to be a great Remedy, ſecond to none, againſt hot, ſharp, thin, Catarrhous Humours, and a Cough occaſioned thereby.

Incraſſating Syrup.

Take Plantain-Water 1 *Pint*; *Gum Arabic* 1 *Ounce and half*; *diſſolve at the Fire, and add fine Sugar* 1 *Pound*; *make it into a Syrup.*

See the *Incraſſating Decoction*, whoſe Virtues it emulates. To which add, that externally us'd, it checks an *Herpes.*

Syrup of Liquorice.

Take ſweet Tincture, Honey, each 1 *Pint*; *Oil of Anniſeed* 8 *Drops*; *make a Syrup.*

It incraſſates, mollifies, maturates, obtunds Acrimony, helps for a Catarrh Cough: But when the Lungs are filled with thick Matter, and ſo ſuffer a Difficulty of Breathing, then attenuating and inciding Medicines (ſuch as *Syrup of Elecampane)* are more of uſe.

Syrup

Syrup of Mallows.

Take the Magiſtral Decoction of Mallows 1 *Pint*; *fine Sugar* 1 *Pound make a Syrup.*

For its Virtues, ſee the ſaid *Decoction of Mallows.*

Syrup of Moſs.

Take Moſs (called Oak Lungs) 4 *Handfuls*; *Comfrey-root* 6 *Ounces*; *Malaga Raiſins ſton'd* 2 *Ounces*; *Liquorice* 3 *Drams*; *Balſam of Tolu* 2 *Drams*; *boil in Hydromel ſimple to* 1 *Pint and half*; *and with Sugar ſufficient, boil it up, pretty high, into a thick Syrup.*

It's (ſaith the Communicator) famous, and effectual againſt clangoſe, convulſive, hooping Coughs, if a Spoonful or two be given often, both before and after every Fit of Coughing, either in Penny-royal Water, or Pectoral Decoction, for ſome Days.

Syrup of Myrrh.

Take Myrrh 2 *Drams (or at moſt half an Ounce;) grind it with brown Sugar-candy* 4 *Ounces*; *diſſolve it in hard boiled Whites of Eggs (juſt as Oil of Myrrh by deliquium is prepared.)*

It's moſt excellent in an inveterate Cough, Phthiſic, and Ulcer of the Kidneys.

Syrup

Syrup of Salt of Steel.

Take Succory-water 8 *Ounces*; *Salt of Steel powdered* 2 *Drams*; *melt it throughly over the Fire in a glazed Veſſel*; *then ſet it by two days, that its Crocus may be precipitated*; *which done, decant the pure clear Liquor, and adding fine Sugar* 8 *Ounces, Oil of Cinnamon and Nutmeg, each* 2 *Drops, make a Syrup.*

If you pour the Solution of Salt of Steel into Milk, 'twill not coagulate it at all; therefore that Salt, tho' prepar'd out of Oil of Vitriol, (one of the moſt acid of Acids) yet contains no Acid in it; which is remarkable enough.

Where I had this Note I cannot call to mind; but I believe it's partly a Miſtake, and I wiſh I knew all mine, that I might retract 'em. Others Experiments are not always to be rely'd on. My own was as follows.

I put into three earthen Porrengers, cold, tepid, and boiling hot Milk, and poured into each the Solution; *and after having let them ſtand by* 24 *Hours, found the cold ſcarce turned at all*; *the tepid a little*; *but the hot Milk was perfectly ſeparated into a thin bluiſh Serum, and a Coagulum ſwimming over it*; *which yet was rather a thick Cream, than a true Curd.*

Syrup

Syrup of Salt of Steel Hysteric.

Take Asa Fœtida a Dram and half; dissolve it cold (according to Art) in Hysteric Water an Ounce; strain, and mix it with Syrup of Salt of Steel 11 *Ounces.*

Syrup of Sassaphras.

Take Shavings of Sassaphras 2 *Ounces; boil them in fair Spring Water* 3 *Pints to a Quart; adding at last Cinnamon, sweet Fennel Seed, of each half an Ounce; strain, and with Sugar, boiled up Candy high* 2 *Pound, bring it to a Syrup, without more boiling.*

'Tis Cephalic, Pectoral, Cordial, Stomachic; is prevalent against Catarrhs, and such Maladies as are occasion'd from Phlegm, and Cold.

Syrup of Tobacco.

Take Liquorice half an Ounce; Virginia Tobacco (cut and dried ready for Smoaking) 1 *Dram; give it a hot and close Infusion in fair Water* 6 *Ounces for* 2 *Hours.; in* 4 *Ounces of the strained Liquor dissolve Honey* 2 *Ounces; white Sugar,* 4 *Ounces; at last add Oil of Anniseed* 1 *Drop; Tincture of Benjamin* 2 *Drams; mix.*

It expectorates powerfully, and sometimes where the Stomach is apt to take Offence, causes a Pukeing.

Treacle Syrup.

Take Contrayerva Root bruiſed, Andromachus his Treacle, of each half an Ounce; Democrites his, and Fracaſtorius his Electuary, of each 2 Drams; Angelica Seed 1 Dram; Saffron, Cochineal, of each half a Dram; Alexiterial Milk Water 4 Ounces; Treacle and Epidemial Waters, of each 1 Ounce; Wine Vinegar 4 Ounces; let theſe ſtand in a Glaſs Bottle (well corked and tyed over) in a Pot of hot Water 12 Hours; then having ſtrained the Liquor through a Flannel Bag, and ſet it by to ſettle, decant the clear, which with Sugar, (boiled up to a Candy height) half a Pound, make into a Syrup, without boiling.

Give 2 Spoonfuls in a proper Vehicle; or ſweeten Alexipharmac Juleps with it.

The White Syrup.

Take pure Fountain-Water 1 Quart; fine Sugar 3 Pound; boil (and ſcum it well) into a Syrup.

Some in the boiling up of Syrups that are to keep, add Honey to the Sugar; and ſay 'twill help throwing off their Scum; preſerve their Conſiſtence; and keep them from candying.

I uſe to appoint my Apothecary to keep this ſimple Syrup always ready in his Shop; and that, not for any Medicinal Quality I expect from

from it, but partly (ſince 'tis cheap) to make up Electuary (of the Bark, for Inſtance) Maſſes of Pills, Mixture of Juniper, and a thouſand other Things, where I require nothing at all from the Syrup, but merely Conſiſtence, or Sweetning.

And partly, that the Colour of the Medicine may not be ſpoiled, and on this Account it's an Ingredient in the Balſamic Emulſion; and to inſtance in others, when I preſcribe Spirit of Harts-horn, or any other of that Volatile Salt kind to be mixed in a Julep, if I ſhould order Syrup of Gilly-flowers, 'twould turn it naſty black; if Syrup, of Violets, green; if Syrup of Cowſlips, brown, like Urine; but when I uſe this colourleſs Syrup, it gives no unpleaſing Colour, nor alters the Look of the Medicine in the leaſt.

Cardiac Tablets.

Take powdered Spaniſh Angelica Roots, Species called Diambra, of each half a Dram; Oil of Nutmegs 4 Drops; Oil of Cinnamon and Cloves of each two Drops; fine Sugar diſſolved in Aqua Mirabilis, and boiled up to a due Height, 3 Ounces; make Tablets, according to Art.

They repair languid and ſpent Spirits; cure cold Diſtempers of the Stomach; and help for Palpitation, and Trembling of the Heart.

Hyſteric Tablets.

Take Loaf-Sugar 4 *Ounces*; *put a little Water to it*; *boil it up to a Tablet Height*; *then add Oil of Amber* 8 *Drops*; *and ſo drop it in ſmall Cakes upon a Pewter Plate.*

Alexiterial Tincture.

Take Virginia Snake-wort, *Contrayerva*, *Spaniſh Angelica roots*, *and Venice-Treacle*, *each half an Ounce*; *Myrrh* 2 *Drams*; *Saffron* 4 *Scruples*; *Cochineal* 2 *Scruples*; *Tincture of Salt of Tartar* 1 *Pint*; *digeſt according to Art*, *and filtre.*

Antiphthiſic Tincture.

Take Sugar of Lead, *and Vitriol of Mars powder'd*, *each* 1 *Ounce*; *rectified Spirit of Wine* 8 *Ounces*; *ſet it by till it extract a red Tincture*, *which filtre.*

Ettmuller takes Vitriol of *Mars* 1 Part, and Sugar of Lead 2 Parts, and ſaith, the Tincture partakes not much of the Steel, but hath its chief Virtue from the Lead.

I have heard *Jo. Michael* was the Author of it, and that 'tis of great Eſteem in *Germany*. It reſtores due Tone to the *Bronchia* when grown lax, hinders the Admiſſion of acrid *Serum*, heals ruptured Veſſels, extinguiſhes putredinous Ferment, keeps under Hectic Heat, is counted a Specific againſt Spitting of Blood, and is a profitable Medicine in the firſt Stage of

of a Conſumption. *Wedelius* ſaith, it tempers the Acrimony, concentres the Halituoſity, reſtrains the Rarifaction of the *Serum*, and ſtops profuſe Sweating; which, if it do, it merits a very particular Regard. Let 20 or 30 Drops be given twice a Day in an appropiate Vehicle.

Aromatic Tincture.

Take Matthias his Spirit of Lavender 1 *Ounce*; *Cloves bruiſed one Dram*; *Saffron* 16 *Grains*; *black Pepper* 4 *Grains*; *digeſt* 2 *or* 3 *Days cold, and then filtre.*

'Tis cephalic, cordial, ſtomachic: its Doſe 20 Drops in a fit Vehicle.

Balſamic Tincture.

Take Balm of Gilead, of Capive, Peru, and Tolu, each 2 *Drams*; *Spirit of Wine rectify'd half a Pint*; *Tincture of Benjamin* 1 *Ounce*; *digeſt in Balneo* 2 *Days, and filtre.*

I have ſometimes made it with Spirit of Lavender compound, inſtead of Spirit of Wine; and it very much enriched it.

This Tincture was invented, to the end that the moſt delicate, nice and nauſeous Perſons, might take Balſamics in a Compendium, and without Offence. It's a prevailing Medicine to heal Excoriations of the Lungs, and fetch off their Infarctions. Alſo againſt bloody Urine, and Nephritic Affects. The Doſe is 30 Drops thrice a Day, in a good Vehicle.

Tinâture of Cantharides.

Take powder'd Cantharides half an Ounce; good Spirit of Nitre 1 Ounce; digeſt 24 Hours; then add Spirit of Wine camphorated 3 Ounces; digeſt again in Balneo 2 Days, and then filtre.

Its Uſe is to force Urine, cure Ulcers of the Reins and Bladder; and take away Scorbutic vagous Arthritic Pains: But every Ignorant muſt not meddle with this Edge Tool.

Groenvelt ſays, Camphire is the proper Corrector of Cantharides.

The Doſe is from 4 to 20 Drops twice a Day, in a Draught of Decoction of Mallows, edulcorated with Syrup of Violets.

An Epileptic Tinâture.

Take Ruſſia Caſtor half an Ounce; yellow Amber powder'd, Engliſh Saffron, of each 2 Drams; freſh Flowers of Lilly of the Valley 1 Ounce; to theſe pour Spirit of Wine camphorated, Spirit of Lavender compound, Spirit of Salt Armoniac, of each 4 Ounces; digeſt without Heat 6 Days; and then decant, and filtre.

It throughly and miraculouſly (ſaith the Communicator) eradicates an Epilepſy and Hyſteric Paſſion; if given before and after the Paroxyſm, and repeated before New and Full Moons.

The

The Doſe is from 1 Scruple to 1 Dram, in Black-cherry or Lime-flower Water, or a Cephalic Julep.

Tincture of Gentian.

Take Gentian ſliced thin 2 Ounces; Canary Wine 1 Quart; digeſt 3 Days cold, and pour it thro' a Strainer.

It's Stomachic, Anticolic, Anthelminthic, Antapoplectic, Febrific; and good in the Bite of a mad Dog: If it lye too long in the Wine, 'twill make it ſlimy.

The Doſe 3 Ounces thrice a Day.

Hyſteric Tincture.

Take Sydenham's liquid Laudanum, Tincture of Caſtor, of each half an Ounce; Aſa Fœtida 1 Dram; digeſt a due Time.

The Doſe is 20, 30, or 40 Drops.

Japanic Tincture.

Take the black Part of Terra Japanica powder'd 1 Ounce; Peruvian Bark half an Ounce; Balauſtines 2 Drams; Pomegranate Peel 1 Dram; Cloves, Cochineal, of each half a Dram; rectify'd Spirit of Wine 8 Ounces; ſtrong Cinnamon Water 4 Ounces; digeſt according to Art, and filtre.

'Tis an excellent Aſtringent and Styptic.

Odontalgic Tincture.

Take Roots of Pellitory of Spain half an Ounce; Tobacco cut and dried, Balauſtines, of each 1 Dram; Cloves a Dram and half; black Pepper 1 Scruple; Camphire half a Scruple; Hungary Water 8 Ounces; ſharp Vinegar 2 Ounces; extract a Tincture; to which (when filtred) add Liquid Laudanum (not tartariz'd) 2 Drams.

It may be uſed together with a Decoction of Savine. Let the Patient be careful not to ſwallow it down.

Pectoral Tincture.

Take liquid Amber, Styrax liquid, Peruvian Balſam, Venetian Turpentine, of each 2 Drams; Calx Water a Quart; evaporate half away; then filtre, and boil till it come to the Conſiſtence of Honey; which done, pour on it Tincture of Salt of Tartar half a Pint, and by due Digeſtion extract a Tincture.

This is of Uſe to exonerate, heal, and roborate the Lungs; and may be given from 20 to 30 or 40 Drops, in an appropriate Vehicle.

Purging Tincture.

Take Senna 3 Ounces; Rhubarb 1 Ounce; Scammony 4 Scruples; Brandy 2 Quarts; digeſt.

The Doſe is from 2 Ounces to 3 or 4.

Purging Cephalic Tincture.

Take Senna half an Ounce; Rhubarb, Agaric ty'd up, Species of Hiera, each 2 Scruples; white Wine 1 Pint; macerate and ſtrain.

I have known it do much good in a Headach, occaſion'd by Crudity, and Foulneſs of Stomach.

Let 3 Spoonfuls be given at Night, and 4 the next Morn, each other Day, with ſlight Obſervance.

Tincture of Rhubarb.

Take Rhubarb ſliced thin 2 Ounces; Brandy 1 Quart; infuſe cold: For ſome Uſes it's beſt to infuſe it in Cinnamon Water.

It's excellent in the bilious Colic. The Doſe 3 or 4 Ounces.

Stomachic Tincture.

Take Cinnamon 2 Drams; Mace, Nutmeg, each 1 Dram and half; Cloves 45 Grains; Grains of Paradiſe 1 Scruple; yellow Paring of Orange Peel not dry'd 1 Dram; Saffron 2 Scruples, Cochineal 15 Grains; Tincture of Salt of Tartar 12 Ounces; digeſt.

Stomatic Tincture.

Take Gum Lac powder'd half an Ounce; burnt Alum 1 Dram; ſmall Spirit of Scurvygraſs 8 Ounces; ſtop up cloſe in a Glaſs Bottle,

tle, digeſt till a good Tincture appear, and warily decant.

It's a ſingular Thing for the Cure of ſcorbutic Laxity, Bleeding, Waſting, Putrefaction of the Gums, and ſtinking Breath occaſioned by the ſame.

Sweet Tincture.

Take Spaniſh Juice of Liquorice cut thin 1 *Ounce, Cochineal* 2 *Scruples; Canary Wine* 1 *Quart; digeſt. To theſe may be added Saffron* 1 *Dram.*

Liquorice is truly, in general, a laudable and uſeful Medicine; but is found fault with notwithſtanding; becauſe conſiſting of a thick, heavy, ſluggiſh Juice, it creates Nauſeouſneſs in the Stomach, and paſſeth not currently into the Blood. But this Tincture happily poſſeſſes the entire Virtues of Liquorice, without its Vices; for it ſits eaſy upon the Stomach, and finds ready Admittance into the Blood; and (by its Conveyance) into the inmoſt *Loculi* of the Lungs, where it mollifies and obtunds acrid *Serum*, moderates the Straining of a dry tireſome Cough; admirably digeſts, and maturates crude Phlegm ſticking in the *Tubuli*, and Veſicles, and renders it fit for Expectoration.

Give a Spoonful often, either alone, or with a Pectoral Julep.

A To-

A Tobacco for Catarrhs.

Take Piſtachio Peels 6 Drams; Tobacco 2 Drams; Colts-foot 1 Ounce; Oil of Anniſeed 8 Drops; cut and mix.

Taken in a Pipe like Tobacco, it's good to ſtop a Catarrh, and prevent a Conſumption.

A Tobacco for Conſumptions.

Take Piſtachio Peels 3 Drams; dry'd Hyſſop, white Horehound, Roſa Solis, each two Drams; Auripigment, Tobacco, each half an Ounce; reduce all into an exquiſitely fine Powder; which grind upon a Marble with Yolk of Egg, till it become juſt like Painters Paint. This lay upon the rough ſide of Coltsfoot Leaves with a Pencil or Knife, and hang them by, ſingle: When they are dry, cut them with Sciſſors fit for a Pipe.

Smoak it, like Tobacco, Morn and Even, and as you are ſmoaking draw it into the Lungs with your Breath, and cough it out again.

Dr. *Willis* ſaith, Empirics ordinarily preſcribe Smoaking of Orpiment like Tobacco; and ſometimes with good Succeſs. And it's a Practice with the common People, to ſmoak Bits of Cloth painted with Orpiment (ſuch as we find us'd for Hangings in ſome old Houſes) and ſuck it into their Lungs, for a Cure of Conſumptions.

A Ta-

A Vapour with Coloquintida.

Take Coloquintida Apple half an Ounce; Tops of Savine 2 Handfuls; Herb Feverfew, Penny-royal, of each 1 Handful; Bay, and Juniper Berries, of each 1 Ounce; boil in Spring Water 5 Pints to 4; ſtrain, and when you uſe it, add as much Spirit of Salt Armoniac as will give the Vapour exhaling a quick Smartneſs.

To provoke the *Menſes*, it is to be uſed in a Cloſe-ſtool; and every time it is heated (which may be done with hot Flints) there ought to be freſh Spirit of Salt Armoniac put into it.

Some have a way of uſing Spirit of Salt Armoniac alone for a Vapour. See *Ettmuller, Tom. 2. Pag.* 1589.

A Diuretic Vapour.

Take Horſe-radiſh-root pounded 8 Ounces; put it into a Bottle with ſtrong Beer 2 Quarts; ſtop it up cloſe, boil it in a Kettle of Water, and then putting it in a Cloſe-ſtool-Chair, ſit over it as hot as may be endur'd.

When Stoppage of Urine happens, by reaſon of Pain of the Stone (either cramping up the Fibres of the Bladder, or paralytically relaxing 'em) ſuch a ſmart ſort of a Vapour brings good Relief; for by ſolving the Spaſm, and rouzing the Spirits, it cauſeth the Fibres to fall to their neceſſary work again of Compreſſion. But when the Water is ſuppreſs'd by a Stone,

a Stone, plugging up the Paſſage of the Ureters, or *Urethra*, little or no Aſſiſtance can be expected from it.

A Vapour for the Ear.

Take Hellebore Roots both white and black, of each 1 *Ounce*; *Juniper and Bay Berries, of each* 6 *Drams*; *Cummin-ſeed half an Ounce*; *Rue, Wormwood, Camomile Flowers, each* 1 *Handful*; *Water* 3 *Pints*; *Vinegar* 1 *Pint and a half*; *boil to* 2 *Quarts for a Vapour.*

This ſubtile, piercing, and very ſharp Vapour, penetrates to the *Tympanum* itſelf; fuſes and deterges the Ear Wax and Filth, and notably ſtrengthens the Tone of the Ear. An eminent Phyſician (in his Place and Time) held this as a very great Secret againſt Deafneſs, and wonderfully commended it to me. Perhaps the firſt Hint of this might be taken from an Oil for the Ear, which *Rondeletius* makes of white Hellebore Roots, Bay and Aſh Leaves, and Rue boil'd in Wine and Oil.

An Emmenagogue Vapour.

Take the Scoria of Regulus of Antimony powder'd, 4 *Ounces*; *decoct in ſaturated Lixivium of Aſhes as much as convenient, ſo as to extract a red Tincture*; *ſtrain, and to four Ounces of it add Malvatic Wine* 1 *Ounce, (or rather Spirit of Wine half an Ounce.)*

Let a Spoonful or two of this be caſt upon burning Coals; and let the Patient receive the aſcending Reek. *Hartman*

Hartman (whoſe Preſcript this is) ſaith it muſt be uſed only at the due Seaſon.

Zwelfer thinks it better to inject it into the *Vagina Uteri*; a *Metrenchyta* deſcribed by *Scultetus Tab.* 13. *Fig.* 3. may be proper to do it with.

A Vapour for the Haemorrhoids.

Take Mullein, Henbane, each 4 *Handfuls; boil in Water* 4 *Quarts to* 3 *Quarts; and let the Vapour be received hot thro' a perforated Chair.*

It's a good thing for the Hæmorrhoids, to abate their Swelling, and allay their Pain.

A Pectoral Vapour.

Take Balſam of Tolu, Benjamin, each two Drams; Hyſſop, Penny-royal, each 1 *Handful; Anniſeed half an Ounce; boil in Milk* 3 *Pints, to* 1 *Quart; at laſt add Spirit of Salt Armoniac* 2 *Drams; mix.*

Altho' the *Aſpera Arteria* admits no Liquors into it (as is aforeſaid in *Haly*'s Lohoch) yet it allows, without Reluctation, that Vapours may inſinuate themſelves immediately into the *Tubuli* and Veſicles of the Lungs, with their entire Virtues.

This Remedy is profitable to Conſumptive People, upon ſeveral Accounts; for becauſe of its comforting, digeſting Warmth, it refreſhes the Tone of the Parts, and ripens Crudities; becauſe of its inciding and irritating Qualities, it

it attenuates viſcid Phlegm, and brings it off: And laſtly, becauſe of its balſamic, ſanative Nature, it corrects a putredinous Tendency, and cures and heals Ruptures of the Veſſels.

A Vapour for a Quinſey.

Take Pepper powder'd 1 *Ounce*; *Milk* 1 *Quart*; *boil it to* 1 *Pint and half*; *put it into a Glaſs Bottle with a ſmall Neck, and let the Reek be receiv'd as hot as can be endured, with open Mouth.*

This *Euporiſton* doth, more powerfully than any other Gargle whatſoever, attenuate, melt down, and draw forth tough Phlegm, which by obſtructing the Glands, and ſpungey Fleſh, and hindering the free Paſſage thro' them of Blood and Humours, occaſion'd the Inflammation and Tumour. And therefore, more effectually takes off this perilous Diſtemper, than any of them.

Vinegar Chalybeate.

Take of the ſharpeſt Wine Vinegar 3 *Quarts*; *Filings of Steel* 6 *Ounces*; *infuſe cold* 3 *Days, and then ſtrain.*

This is from *Zachias (de Affect. Hypochondr.)* and is for the making of Chalybeate, Oxymel.

Aloetic Unguent.

Take powder'd Aloes 2 *Drams*; *Scammony, Troches of Alhandal, each half a Dram*; *Ox Gall*

Gall 1 *Dram*; *Butter as much as needs*; *make an Unguent.*

It's to be us'd to Childrens Navels, againſt Worms. I know not whether that of *Riverius (cap. de Hydrope)* be founded on Experience, or not, where he writes, that Unguents compos'd of the ſtrong Purgers are dangerous, becauſe the purgative Quality being carry'd into and fix'd in the Muſcles and Membranes often cauſes a mortal Flux.

Aperitive Unguent.

Take Oil of Lillies, and of Tamarisk, each 2 *Ounces*; *Juice of white Briony Roots, and Smalage, each* 1 *Ounce*; *Boil to the Conſumption of the Juices*; *and adding Ointment of Marſh-Mallows, freſh Butter, each* 1 *Ounce*; *Gum Ammoniac ſtrained half an Ounce*; *Wax as much as needs*; *make an Unguent.*

All Tumours are cauſed by an Obſtruction ſomewhere or other; which like a Dam, ſtopping the Courſe of the influent Humours, makes an Inundation. Therefore Aperitives ought to be ſuch, as (by reaſon of the Subtilty of their Particles, and ſuch a Degree of Warmth as is agreeable to the Nature of the Part) are able to diſſolve thoſe Concretions, ſupple and ſmooth the rigid Fibres, deoppilate the Interſtices, and internal Paſſages, relax the tenſe *Cutis*, and ſet open the Pores that were clos'd up. Theſe Things accompliſh'd, the Blood whirls round, and reſorbs the thick *Liquamen* into its Channel;

nel; and the free Pores give way for the thinner Part to fly off by *Diaphoreſis*. And ſo all is brought back, and reſtor'd to its due State of Nature again.

The common Opinion of Authors is, that fat Things obſtruct the Pores, hinder Tranſpiration, and retain Vapours in the Part affected. But the Contrary of this (if I am not mightily miſtaken) is true. For as the *Fibrillæ* (of which the *Tegmen* of the *Cutis* is made) are either contracted or relaxed, Tranſpiration is accordingly either hinder'd or helped. And when, by reaſon of a painful Tumour, theſe *Fibrillæ* are tenſe, rigid, and conſtring'd, then they purſe up the Pores, and ſuffer nothing to tranſpire: But when, by means of lenifying, ſuppling Oils, thoſe *Fibrillæ* are ſoften'd, lubricated, and relaxed; they ſuffer the Pores to open again, and facilitate *Diaphoreſis*.

This Unguent is very prevalent in a tenſive Tumour of the Liver, Spleen and *Abdomen*; but not in an aquoſe, glandulous, or ſchirrhous Swelling.

Unguent for an Atrophy.

Take Humane Fat 1 *Ounce*; *Oil of Bay half an Ounce*; *white Pepper half a Dram*; *Euphorbium* 1 *Scruple*; *Alum Plumoſe (diſſolved in Spirit of Wine) half an Ounce*; *Oil of Juniper, Petroleum, of each* 1 *Dram*; *mix.*

See *Rivers* his *Penis lib.* 17. *c.* 1. *p.* 540. concerning *Ætius* his Liniment. Let the Mem-

ber be every Day rubbed with it, till it grow red, and ſwell a little. Perhaps a Fleſh Bruſh may be better.

Unguent de Bills.

Take white Ointment half an Ounce; Camphire (ground with a few Drops of Oil of Almonds) Flower of Sulphur, each 24 Grains; Flower of Benjamin 12 Grains; Queen of Hungary's Water 40 Drops; Oil of Rhodium 8 Drops; Oil of Cloves 4 Drops; make an Ointment.

It's very uſeful for Puſhes, Pimples, and Blemiſhes in the Face.

Unguent of Biſmuth.

Take Oil of ſweet Almonds 2 Ounces; Sperma Ceti 3 Drams; Magiſtery of Biſmuth 1 Dram; mix.

'Tis a Beautifyer, and particularly helpeth to take varioloſe Redneſs out of the Face.

Cordial Unguent.

Take Orange Flower Butter, Palm Oil, each 2 Drams; Apoplectic Balſam 1 Scruple; Oil of Cinnamon, Cloves, Nutmeg, each 4 Drops; mix.

Crinitic Unguent.

Take Bees burnt, Mouſe Dung, each half an Ounce; Balſam of Peru 2 Drams; Honey as much as ſufficient; make an Unguent.

The Fore-part of the Head only is liable to be bald, ſaith *Ariſtotle:* The Reaſon given is, becauſe, between the *Cutis* and *Cranium*, in the *Sinciput*, there are found no Muſcles or Fat, as there are in the *Occiput*; and ſo the *Cutis* there becoming dry, and, as it were, teſtaceous, the Hair falls off.

Diſſipating Unguent.

Take Ointment of Althæa 1 *Ounce*; *Gum Ammoniac a Dram and half*; *crude Mercury half a Dram*; *Oil of Wormwood Chymical* 4 *Drops*; *mix.*

An Erysipelas Unguent.

Take Juice of Elder Leaves, (or Rinds) Linſeed Oil, each 2 *Ounces*; *boil to the Conſumption of the Juice, and then add powder'd Litharge as much as ſerves to make it up into an Unguent.*

A Frontal Unguent.

Take Unguent of Alabaſter 1 *Dram and half*; *Oil of Mace by Expreſſion* 1 *Scruple*; *Opium (diſſolv'd in a little Roſe Water) half a Scruple*; *mix.*

See the *Frontal* with *Camphire.*

Haemorrhoidal Unguent.

Take Populeon Ointment 1 *Ounce*; *Oil of Amber* 2 *Drams*; *mix.*

It's for the Hæmorrhoids, when ſwell'd and painful.

Unguent to drive back Milk.

Take powder'd Alum half an Ounce; *Butter* 2 *Ounces*; *Wax* 2 *Drams*; *mix.*

Pectoral Unguent.

Take yellow Wax 6 *Drams*; *Sperma Ceti, Oil of Mace expreſſed, each* 2 *Drams*; *Oil of ſweet Almonds* 3 *Ounces*; *Oil of Nutmeg* 16 *Drops*; *Oil of Cloves* 8 *Drops*; *mix.*

It's a very fine, yellow, fragrant, comfortable Unguent; and hath the ſame Virtues with the Pectoral Plaiſter.

It's generally to be obſerv'd, in the external Uſe of Chymical Oils, that they are to be apply'd not alone, but mixed with Wax, and Fats, that they may adhere to the Skin the better; otherwiſe they will be apt to be diſſipated, and evaporated into the Air.

1. Pleuritic Unguent.

Take Unguent of Marſh Mallows 1 *Ounce*; *Linſeed Oil half an Ounce*; *Oil of Cummin half a Dram*; *Camphire half a Scruple*; *Spirit of Salt Armoniac a Dram and half*; *mix.*

In inflammatory Tumours, there's a Congeſtion of gelatinous *Lympha*, which (by compreſſing the Veſſels) ſtops the Courſe of the Blood, and forceth it to extravaſate, and then the carneous Fibres by that extravaſated Blood (which

(which drives in among them like Wedges) being thruſt out of Place, confuſedly tangled, and ſtretch'd and ſtrain'd out beyond their due Tone, produce the Senſe of Pain. Now, towards the Removal of this Evil, there are two Things eſpecially to be done. Firſt the ſizy Concretion muſt (by the Aſſiſtance of Volatiles) be ſo diſſolv'd, and liquefy'd, as that it may eaſily be remanded into the Veins again. Secondly, the Fibres themſelves muſt (by oily Things) be made limber, and ſlippery. Theſe accompliſh'd, the pulſific Motion of the Blood continually thruſting on, the Fibres will be diſentangled, and recover their natural direct Rows; due Circulation through the Part will be redintegrated, congeſted Humour reſorbed, and conſequently the Diſtemper diſcharged.

2. Pleuritic Unguent.

Take Althæa Ointment 1 *Ounce*; *Oil of ſweet Almonds* 3 *Drams*; *Camphire* 1 *Scruple*; *Spirit of Salt Armoniac* 1 *Dram*; *mix.*

Anointed on the Parts affected, it appeaſes, and takes away Pleuritic, and Podagric Pains, (ſaith the Communicator) for it's very penetrating, and either obtunds or diſſipates the ſharp ſtagnating Particles; or reſtores the extravaſated to the circulating Maſs of Blood.

And I have learn'd from Experience (ſaith he) that ſpirituous Medicines mixt with Unctuous, do mightily eaſe Pains, which Spirituous alone do not.

Podagric Unguent.

Take black Soap 4 *Ounces*; *Barbadoes Tar*, *Hony*, *each* 1 *Ounce and half*; *and the White of* 1 *Egg*; *mix.*

Of the manner how external Antipodagrics operate, *See the Arthritic Plaister and Podagric Foment.* This hath often brought Relief.

Refrigerating Unguent.

Take Sugar of Saturn 3 *Drams*; *dissolve it in Frog-Spawn-Water* 6 *Drams*; *and mix it up in a Mortar, with Ointment of Roses* 3 *Ounces.*

Or it may be made thus: *Take Lotion with Ceruse*, 2 *Ounces*; *Oil Olive as much as required*; *beat them up together.*

It allays Itching, Heat, and Pain of the Back; and is good in Burns.

Renal Unguent.

Take Ointment of Poplar 1 *Ounce and half*; *Oil of Scorpions*, *Juice of Lemons*, *each half an Ounce*; *Opium* 1 *Scruple*; *Camphire half a Scruple*; *make an Unguent, to be us'd to the Reins, in a Nephritic Fit.*

Saponaceous Unguent.

Take Castile Soap 1 *Ounce and half*; *Oil of Tartar by Deliquium* 1 *Ounce*; *Fullers Earth* 3 *Drams*; *Roots of white and black Hellebore*, *each* 1 *Dram and half*; *Elder Ointment*

ment prepar'd with a Mixture of Broom-flowers in it) 2 Ounces; mix.

It's for Spots, Puſtules, Scabs, and all manner of Foulneſs of the Face and Skin.

Unguent for Shrinking of the Sinews.

Take Nerve Ointment 1 Ounce; Neats-foot Oil, Oil of Earth Worms, Bullocks-fat-Marrow (that droppeth out of a boil'd Marrow-bone) each half an Ounce; fine Turpentine 2 Drams; liquid Storax, Sperma Ceti, each 1 Dram; Oil of Anniſeed 12 Drops; mix up an Unguent.

When a Limb, ſtruck with a dead Palſy, begins to grow cold, waſte away, loſe its Motion, and ſhrink up: In this difficult Caſe, ſuch a Remedy as this, uſed with good Friction, ſometimes is helpful. For by means of its ſuppling oily Subſtance; it mollifies and relaxes the dry, hard, contracted, carneous Fibres; by means of its Balſamic, and Aromatic Parts, it revives and roborates the benumbed, weak, nervous Fibres. And laſtly, when good Rubbing is added to the reſt, one may well hope, that the Blood and Spirits may be drawn more plentifully into the Part; and that natural Heat, and Tone, and Nouriſhment may be reſtor'd to the Member again.

Splanchnic Unguent.

Take Dialthæa Unguent 2 Ounces; Gum Ammoniacum ſtrain'd half an Ounce; Oil of Juniper

Juniper twenty Drops; mix according to Art.

It excellently attenuates, and diſſolves groſs, tough Humours, where-ever collected, and is mighty convenient in Tumours of the *Abdomen*, and *Hyponchondria*.

Splenetic Unguent.

Take Gum Ammoniacum ſtrain'd, half an Ounce; Labdanum 2 Drams; Hens-greaſe 1 Ounce; Oil of Roſes 4 Ounces; Juice of Hemlock 3 Ounces; boil to the Conſumption of the Juice; at laſt, add (when it groweth cool) Balſam of Peru 2 Drams.

It ſerves for the ſame Uſes with the next precedent. *See the Aperitive Unguent.*

Stomachic Unguent.

Take fine Venice Turpentine, Spirit of Salt Armoniac, each 1 Dram; Wax, Oil of Juniper, each 2 Drams; Oil of Cloves 1 Dram; Oil of Mint 2 Scruples; Oil of Wormwood 1 Scruple; mix with Art.

It's an elegant and noble Unguent, which I have experimented myſelf, and highly approve of.

Unguent for the Stone.

Take Ointment of Marſh Mallows 1 Ounce; Oil of Turpentine and Anniſe, each 1 Scruple; mix.

Let the Region of the *Pubes* and *Perinæum* be anointed with it, in a grievous Fit of the Stone

Stone in the Bladder, to comfort the Parts weaken'd by Torture; and to relax their dolorific Tenſion.

Volatile Oleoſe Unguent.

Take Venice Soap ſcraped thin 2 *Ounces; Oil of Caſtor, Spirit of Wine camphorated, of each* 3 *Drams; Oil of Juniper* 1 *Dram; Spirit of Salt Armoniac* 2 *Drams; mix all up into an uniform Body.*

'Tis commended in Rheumatic Joint Pains, and in the Palſy.

Unguent for Lying-in Women.

Take Jeſſamy Butter, Orange-flower Ointment, of each an Ounce and half; Oil of ſweet Almonds 6 *Drams; Sperma Ceti* 2 *Drams; mix.*

For Wrinkles in the Belly, after Child-birth.

Wafers of Tamarinds.

Take Tamarinds 1 *Ounce; maſh them in a Mortar with thin Mucilage of Gum Dragant, paſs them through a pulping Sieve, diſſolve alſo Spaniſh Juice of Liquorice in the ſame Sort of Mucilage* 2 *Drams; mix and make Troches as thin as Wafers to ſeal Letters; which dry in an Oven according to Art.*

Theſe are very pretty, deſirable and uſeful Things to hold in the Mouth, to alleviate Thirſt, and take away an ill Taſte in *Fevers*.

Balſamic

Balſamic Water.

Take Ground Ivy, white Hore-hound, Hyſſop, Penny-royal, of each 3 Handfuls: Roots of Elecampane, Orris, of each 2 Ounces; Venice Turpentine (diſſolved with Oil of Tartar) 4 Ounces; Milk 3 Quarts; Spirit of Wine half a Pint.

Diſtill off the Water in a Sand Bath mix all together, and ſeparate the Oil.

Ettmuller informs us, that if Turpentine be well wrought in a Mortar with Oil of Tartar *per deliquium*, it will turn into a Milky Liquor.

This Water is good in a Pulmonary Cough, and in the Beginning of a Conſumption; foraſmuch as it reſiſts Putrefaction, mundifies, conſolidates, exſiccates, and roborates.

The Doſe is 2 or 3 Spoonfuls, twice a Day, with Syrup of Juice of Ground Ivy, or Balſamic Syrup 1 Spoonful.

Burdock Water compound.

Take Roots of Burdock, Avens, Tormentil, Hounds Tongue freſh gathered, each 4 Ounces; Herbs of Ragwort, Herb Robert, Plantain, Celandine, Agrimony, Speedwel Ground Ivy, Houſleek, each 2 Handfuls; Seeds of ſweet Fennel, Coriander, each 2 Ounces; Whey 2 Gallons; diſtill in a cold Still as long as it runs good.

In diſtilling of Waters, it's a very great (and perhaps common) Fault, to be over covetous;

for

for a little Bad that falls at laſt, will quite ſpoil all the Good that came before. Let the Apothecary therefore leave off, as ſoon as ever it begins to taſte ſour or burnt.

I moſtly prefer Whey before Milk, for Diſtillation; becauſe the Cheeſy Part being taken away, it's leſs apt to burn, and give an abominable Taſte to the Water. Yet I am of the Mind that for ſome Uſes Milk is to be preferr'd: My Reaſons for which ſhall be hinted, when I ſpeak of Scorbutic Snail Water.

Its Uſe is, to make Juleps of in obſtinate Diſtempers, that lie deep and remote; ſuch as Cancer, King's-Evil, *&c.* In 3 Ounces of it may be maſhed, waſhed and ſqueezed out 40 or 50 Millepedes, for a Morning Doſe, to be continu'd for a whole Month together.

Chalybeate Water.

Take clean Filings of Needles, and white Tartar powder'd, each 4 Ounces; Spring Water 1 Gallon; ſtir it well together, and either let it ſtand cold 14 Days, or (if you want it ſooner) digeſt it 3 Days in a moderate Heat in an Oven. Then carefully decant the clear, and keep it for Uſe in Bottles, not corked cloſe, but ty'd over with a Paper only; for if it be kept cloſe corked, or too long, it will corrupt, and ſtink, and be unfit for Uſe. But if it ſhould, that Inconvenience will not be great, ſince it's not very chargeable ſtill to make freſh.

Dr.

Dr. *Willis*'s Preparation of Steel (to be found in Dr. *Harris*'s *Pharmacologia)* gave me the firſt hint of making this Liquor; which is highly impregnated with both Sulphur and Salt of the Mineral, and may not inconveniently be given in form of a pleaſant Julep, thus:

Take Chalybeate Water 1 *Pint*; *Water of Mint and Wormwood compound, each* 2 *Ounces*; *Magiſtral Worm Water, Gentian compound, Syrup of the* 5 *opening Roots, each* 4 *Ounces*; *mix, and give* 6 *Spoonfuls twice a Day.*

Horſe-dung Water.

Take Brook-Lime, Water Creſſes, Harts-tongue, each three Handfuls; *Juicy Orange-peels* 3; *Nutmeg* 6 *Drams*; *ſucculent freſh Horſe-dung* 3 *Pound*; *Whey* 9 *Pints*; *Juice of Scabious, Dandelion and Hyſſop Water, each* 1 *Pint. Draw off the Water gently in a cold Still*; *for in an Alembic (which is uſed for expedition ſake) they are apt to urge it with too much Fire, and then the Water is not ſo pleaſant.*

'Tis uſed in Juleps, in the Pleuriſy, Scurvy, and vagous Pains.

Juniper Water compound.

Take Juniper Berries well bruiſed 12 *Ounces*; *Seeds of Anniſe, Caraway, Coriander, each* 1 *Ounce*; *Brandy* 6 *Quarts*; *Water (boil'd half away)* 2 *Quarts*; *decrepitated Salt*

Salt 4 *Ounces, Diſtill in an Alembic according to Art.*

If inſtead of Brandy you employ a foul Spirit, ſuch as the common Diſtillers uſe, its filthy Phlegm would give your Water a naſty Smell and Taſte.

I add Water, both to take down the Heat of the Spirit, and alſo to keep the Ingredients from Burning: And I may put in as much as I will, for the Spirit will come over the Helm firſt; and afterwards when it runneth too ſmall, I may ceaſe the Operation, and leave the reſt behind in the *Veſica*. My Deſign in boiling it is, to drive off thoſe crude Particles that are apt to make it mothery or muſty.

That diſtill'd Water is not the ſame with Spring-Water, appears from this Experiment, (as I read in *Tachenius Hip.* 106.) if you drop a Solution of *Saccharum Saturni*, made in common Water, or of Silver, made in *Aqua fortis*, into Spring-Water, 'twill turn it milky white; which 'twill not do, if dropped into the ſame Water diſtilled: And therefore *B. Porta (in Mag. nat. l. 5. C. 5. p. 254.)* for the preparing of the Philoſophical Tree, appointeth the Water to be 2 or 3 Times diſtill'd, that it may remain Diaphanous. And ſo he thinks it plainly prov'd, that Spring-Water contains an occult *Alkali*, which Diſtilling utterly diveſts it of.

It provokes Urine, expells Wind, warms and corroborates the Stomach and Bowels, and is good in the Colic and Spleen.

Water

Water of Millepedes.

Take live Millepedes 1 *Pint and half*; *freſh Orange and Lemon Peel, each* 3 *Ounces*; *white Bread* 12 *Ounces*; *Nutmeg* 6 *Drams*; *Juice of Scabious and Cleavers, each* 1 *Pint*; *Whey* 3 *Quarts*; *make a Diſtillation.*

The Peels ought to be green, and juicy; for tho' aromatic Herbs (ſuch as Mint, and Thyme) yield forth more chymical Oil when dry, than green and clogg'd with Phlegm; yet on the contrary, Orange and Lemon Peels afford moſt Oil (and conſequently moſt Taſte, Smell and Virtue) before they are dry'd.

It depurates the Blood, clears the Nerves, carries off by Urine; is uſeful in Diſtempers of the Brain, and *Genus Nervoſum*; in ſcorbutic Joint-Pains, Gout, Spleen, Phthiſic, Conſumption, Kings-Evil, Weakneſs of the Eyes. *See more in the Expreſſion of Millepedes ſimple.*

Scelotyrbic Water.

Take Horſe-Radiſh and Arum Roots, Orange-peel, each 3 *Ounces*; *Scurvy-Graſs, Arſmart, each* 6 *Handfuls*; *Water-Creſſes, Brook-lime, Sage, Mint, each* 3 *Handfuls*; *Nutmeg* 3 *Drams*; *ſtale ſtrong Beer* 6 *Quarts*; *diſtill in an Alembic.*

It ſerves to put into Juleps, Infuſions, Decoctions, *&c.* againſt the Scurvy, and its various Symptoms; as alſo to provoke Urine, in caſe of Dropſy, Palſy, *&c.*

Snail

Snail Water Pectoral.

Take Snails beaten to maſh with their Shells 3 *Pound*; *Crum of white Bread new bak'd* 12 *Ounces*; *Nutmeg* 6 *Drams*; *Ground-Ivy* 6 *Handfuls*; *Whey* 3 *Quarts*; *diſtill it in a cold Still, without burning*.

If I would have this Water not ſo abſolutely cold, I add Brandy half a Pint, or a Pint.

The Eſſence and Affections of Things are ſo minute and ſubtile, ſo abſtruſe and remote, that they are moſtly better underſtood *à poſteriori*, than *à priori*. 'Twas not ſpeculative Philoſophy, and fine ſpun *Hypotheſes*, but Experience and Obſervation that taught us *Lapis Lazuli* is purgative, *Stibium* emetic, and Arſenic venomous. How many ingenious Hot-heads have we ſeen, whoſe Brains were fill'd with nothing but Fumes, Fancies, and Falſities, that might as well have been furniſh'd with uſeful practical Knowledge, had they been content to have let Experience go before, and Reaſon follow after? Upon theſe Conſiderations, tho' *Zwelfer* denies any Virtue to ſuch-like Waters, becauſe Snails and Bread cannot ſend their Mucilage and thick Juice over the Helm in Diſtillation; yet for ought he knew (and 'tis believ'd Experience vouches it) ſanative Effluviums, which our Senſes reach not, they may, ſufficient to enrich their watery Vehicle with Medicinal Virtues.

This Water humects, dilutes, ſupples, tempers, nouriſhes, comforts; and therefore is highly conducive in hectic conſumptive Emaciations.

Snail Water Scorbutic.

Take Snails bruis'd with their Shells 3 *Pound*; *freſh Orange Rinds* 3 *Ounces*; *Brooklime*, *Water-Creſſes*, *Cleavers*, *each* 3 *Handfuls*; *Whey* 3 *Quarts*; *diſtill in a cold Still.*

As to cold Still Waters, its moſt certain, they are apt to carry off the Salt of the Metal: For I have often obſerv'd them to taſte as tho' a good Quantity of *Saccharum Saturni* were diſſolv'd in them. And in the Book of Experiments, made in the Academy *del Cimento*, it's ſaid, that if Water diſtill'd in a Leaden Still be pour'd into River or Spring Water, 'twill muddy it; which Water diſtill'd in Glaſs will not: And that muddy Water will become clear again, if a few Drops of ſtrong Vinegar be put into it, and ſhook about; the plain Reaſon of which muſt be, becauſe the Acid precipitates the Salt of the Lead.

That Water diſtill'd from Milk is not (whatever others may ſuggeſt) mere, ſincere, elementary Water, manifeſtly appears (among other Arguments) from hence; that if it be too long kept, it turns ſour. Now Fleſh Broth (which is Water impregnated with Animal Juices) will do the ſame; but as for ſimple Water, tho' it be kept a whole Age, it never will.

But

But Milk Water is (according to my Notion) a delicate Animal Dew, agreeable to our Nature; which ſupplying a ſoft and amicable *Lympha*, void of all ſaline Aſperities, dilutes, edulcorates, contempers, and mingles the whole Maſs of Blood, renders it uniformly liquid, benign, homogeneous; and ſo notably aſſiſts it to circulate freely through the minuteſt Paſſages, break open Obſtructions, caſt off its Excrements, ſubdue its Fervors, and cheriſh and nouriſh the Parts.

But to get ſuch a fine Water in Perfection, I ſhould adviſe, to receive the Milk under the Cow into a Glaſs Cucurbit; to cloſe its Head upon it preſently while warm; to diſtil it with as low a Degree of Fire as will juſt ſerve to make it riſe; to draw no more at a Time than the Patient is to drink for one Doſe, and to give it as ſoon as diſtill'd.

This Snail Water is commendable in erratic ſcorbutic Fevers, Fluſhing, flying Pains of the Joints, hectic Waſting of Fleſh, and Night-ſweats.

Deoppilating Whey.

Take Roots of ſharp-pointed Dock, and Polypodium, each 4 Ounces; Herbs Liverwort, Agrimony, Succory, Hop-tops, each 2 Handfuls; Juice of Fumitory 1 Pint; Senna 1 Ounce; Tamarinds 3 Ounces; Whey 3 Gallons; boil to 2 Gallons, and ſtrain.

Diaetetic Whey.

Take Whey 2 Quarts; Juice of Lemon

1 *Ounce*; *Juice of Pippins (or other ſharpiſh Apples) freſh preſſed out*, 4 *Ounces*; *fine Sugar* 2 *Ounces*; *mix, and clarify with* 2 *Whites of Eggs.*

No more than will ſerve for 3 Days ought to be made at once, for 'twill not keep good longer.

'Tis a pleaſant and moſt excellent Medicine for Maladies cauſed by black Choler or muriatic Salt. It humects, and refrigerates the Ventricle, and Parts miniſtring to Nutrition, when they are parched up with Heat, and inflamed: And it ſweetens Salt Chyle, and *Serum:* And carries Recrements off with the Urine.

The Doſe is a Pint in a Morning, every Day, for a Month together.

Purging Whey.

Take white Briony Roots 1 *Ounce*; *Senna, Agaric, each half an Ounce*; *infuſe in a Luke-warmth for a Night, in Whey* 1 *Pint and half*; *in the Morning boil to* 1 *Pint, adding, at laſt, Caraway Seed half an Ounce*; *Manna* 2 *Ounces*; *in the ſtrain'd diſſolve Syrup of Mugwort* 2 *Ounces*; *mix for* 4 *Doſes,*

This particularly purges Phlegm, is proper in a Green ſickneſs, and after Lying in.

Scorbutic Whey.

Take Scurvy-Graſs, Plantain, each 2 *Handfuls*; *Brook-lime, Water-Creſſes, Fumitory, Sorrel, each* 1 *Handful*; *beat them in a Marble Mortar*; *pour to them Whey* 1 *Quart*; *ſtrain out, and boil till it be well clarify'd.*

Splenetic

Splenetic Whey.

Take Whey 3 *Pints*; *Dodder of Thyme* 2 *Ounces*; *black Hellebore Root a Dram and half*; *Hony* 2 *Ounces*; *infuſe warm* 12 *Hours*; *then boil to a Quart, and having ſtrained it, add Cinnamon Water* 2 *Ounces*; *mix.*

The Doſe is 6 Ounces, twice a Day.

Bitter Wine.

Take White-Wine 1 *Quart*; *Brandy* 4 *Ounces*; *Gentian Root* 4 *Scruples*; *Tops of Carduus, Centory, Camomile Flowers, each* 8 *Scruples*; *thin yellow Parings of Oranges* 2 *Drams*; *Mace, Nutmegs, Cloves, Cochineal, each* 2 *Scruples*; *macerate cold till the Virtues of the Ingredients be extracted*; *then decant through a Strainer.*

Bitter Cathartic Wine.

Take bitter Wine 1 *Pint*; *Senna* 1 *Ounce*; *Rhubarb* 2 *Drams*; *infuſe cold, and ſtrain.*

The Doſe 5, 6, or 7 Spoonfuls.

Bitter Chalybeate Wine.

Take bitter Wine, and Chalybeate Wine, each 1 *Quart*; *mix.*

Begin at 4, and ſo gradually aſcend to 8 Spoonfuls twice a Day.

Cathartic Wine.

Take Senna 2 *Ounces*; *white Tartar powder'd* 8 *Scruples*; *White Wine* 1 *Quart*; *Brandy* 4 *Ounces*; *macerate cold* 3 *Days, and ſtrain.*

It may be given, either alone to 4 Ounces, or purging Potions may be made of it *extempore*, by adding Oil of Anniſeed 1 Dram, Scammony and Syrup of Roſes ſolutive, as much as ſhall be deem'd requiſite.

Chalybeate Wine.

Take clean Filings of Needles (without mixture of Pin-duſt) 2 Ounces; Juices of 8 ſour Oranges; let it ſtand 24 Hours; then add White Wine 2 Quarts; Cinnamon half an Ounce; Cloves 2 Drams; Mace 4 Scruples; digeſt and ſtrain. If it be done cold, the Wine will be the freſher, but the longer in doing.

In the *Chalybeate Syrup*, you have alſo the Preparation of another very good Chalybeate Wine; which ſee.

Whatever Virtue Steel can give out into Wine, this entirely poſſeſſes. Some there are, who conceiting that the principal Uſe of Steel conſiſts in deſtroying of Acids, are vehemently ſet againſt preparing it with Acids. But if they would ſerve their *Hypotheſis* leſs, and conſult Experience more, they would be certainly convinc'd, that Acids are the beſt Key to unlock Chalybeates with.

Of the Virtues and Uſe of Steel, more may be ſeen in *Chalybeate Powder:* To which I ſhall here add, that if the primary Intention be to correct the deprav'd Ferment of the Stomach, Chalybeate Electuaries, or Powders are moſt proper Forms; but if exalting of the Blood, opening Obſtructions, and rectifying the Habit of

of the Body be the Deſign, then Wine is more eligible.

The Doſe is to 3 Ounces twice a Day.

Diuretic Wine.

Take White Wine 1 *Quart*; *Salt of Wormwood* 2 *Drams*; *mix.*

Every one knows the Medicine for a Dropſy made of Wormwood, or Broom Aſhes in White Wine: But ſince Wine can extract nothing out of thoſe Aſhes but their fix'd Salt, it's manifeſt, that this is the ſelf-ſame Thing, but cleaner than that, and prepar'd *extempore.*

It's not only a good Remedy againſt a Dropſy, but alſo againſt Nauſeouſneſs, Vomiting, and intermitting Fevers. The Doſe 4 or 6 Ounces twice a Day.

Elecampane Wine.

Take green Elecampane Root, white Sugar, Currants cut ſmall, each 4 *Ounces*; *White Wine* 2 *Quarts*; *infuſe cold.*

It diſcharges the Lungs, roborates the Stomach, kills Worms, removes Obſtructions, depurates the Blood. The Doſe is 3 Ounces twice a Day.

1. Hydropic Wine.

Take Florentine Orris 2 *Ounces*; *Elecampane, Squills, each half an Ounce*; *Elder and dwarf Elder Rind, each* 1 *Ounce*; *Winters Bark* 2 *Drams*; *Senna* 2 *Ounces*; *black Hel-*

lebore, Agaric, Jalap, each 2 *Drams*; *White Wine* 2 *Quarts*; *infuſe cold.*

It's a moſt excellent, and a thouſand times experimented Medicine for an *Anaſarca*; for it having attenuated, diſturbed and remov'd the gelatinous *Colluvies* ſtagnating in the Habit of the Body, hindering free Paſſage thro' the *Tubuli*, and occaſioning the *Lympha* to overflow; it firſt returns it into the Chanel of the circulating Blood, and then carries it away both by Urine and Stool.

Panarolus (Pentecoſt. 4. *Obſ.* 20. *P.* 123.) ſaith, In diſſecting of ſeveral who dyed of a Dropſy, the *Abdomen* being open'd, and a great deal of Water let out, we found the outer parts of the Liver and Spleen very white *(Candidiſſimum)* being coated over with an incraſſated *Pituita:* But the *Pancreas*, Reins, Inteſtines, and other *viſcera* were not ſo. This *Pituita* (as our Author calls it) was the *Lympha* extravaſated and gelatiniſed: Which he had no Notion of, becauſe the *Lymphæducts* were not known to him, and had not been diſcovered above a Year before his Book came out.

The Doſe is 4 Ounces in the Morning.

2. Hydropic Wine.

Take Dwarf Elder Rind, Florentine Orris Root, each 2 *Ounces*; *inner Rind of black Alder dry'd* 1 *Ounce and half*; *Elecampane, Squills, each half an Ounce*; *Juniper-berries* 2 *Drams and half*; *Jalap half an Ounce*; *black Hellebore* 2 *Drams*; *Senna* 2 *Ounces*; *Salt*

Salt of Wormwood 4 *Scruples*; *White Wine* 2 *Quarts*; *digeſt cold and filtrate.*

It's a very good Medicine for an univerſal Dropſy (ſaith our Communicator) for it incides and attenuates the viſcous *Lympha*, which being congeal'd in the Pores of the Parts and Lymphatic Veſſels, endangers burſting of them; and after, partly precipitates them thro' the Cataracts of the Kidnies, and partly evacuates 'em by Siege. The Doſe is 4 Ounces in the Morning.

Icteric Wine.

Take Turmeric powder'd 2 *Ounces*; *Saffron* 2 *Scruples*; *Cochineal* 4 *Scruples*; *Millepedes* 320; *Canary Wine* 2 *Pints and half*; *infuſe cold.*

It's eminent for the ſame Virtues with *Icteric Decoction* and *Turmeric Electuary*. The Doſe 4 Ounces twice a Day.

Wine called Mirabile.

Take Canary (or rather Sherry) Wine 1 *Quart*; *Cinnamon-water* 4 *Ounces*; *Cloves, Mace, Nutmeg, Cubebs, Cardamom, Galingal, Cochineal, Saffron, each* 1 *Dram*; *digeſt and ſtrain.*

It's an *Aqua Mirabilis* by Infuſion; is ſtomachic, carminative, cordial, cephalic, and good only in cold Diſtempers.

Pectoral Wine.

Take Spaniſh Juice of Liquorice 1 *Ounce*; *Saffron* 1 *Scruple*; *Seeds of Coriander, Caraway,*

way, Anniſe, each 2 *Drams*; *Salt of Tartar half an Ounce*; *Penny-royal and Hyſſop Waters, each* 4 *Ounces*; *Canary Wine* 1 *Quart*; *digeſt cold.*

It's akin to the *Sweet Tincture*; but incides and expectorates more. Let 2 Ounces be given 4 times a Day, or oftener.

Scorbutic Wine.

Take Garden Scurvy-graſs (dry gather'd and whole) 1 *Handful*; *Horſe Radiſh Root ſcrap'd half an Ounce*; *Winters Bark powder'd groſly* 2 *Drams*; *Arum Water, White Wine, each* 1 *Pint*; *let them ſtand cold* 3 *Days.*

The Title ſpeaks its Uſe. See *warm Scorbutic Ale.*

Three Ounces may be drank in Ale or Beer thrice a Day.

Stomach Wine.

Take Roots of Virginia Snake-weed, and Gentian, each 3 *Drams*; *Galingal, Cloves, Cubebs, Mace, Nutmeg, Saffron, each* 1 *Dram*; *Cochineal half a Dram*; *Canary Wine three Pints*; *infuſe cold.*

For Weakneſs, Crudity, Belching, want of Appetite, bad Digeſtion, and all kinds of Stomach Illneſs from a cold Cauſe, give a Draught before and after Meals.

F I N I S.

BRITISH 2 MA 93 MUSEUM

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Antiparalyt. Internal. *Ale Cephalic. A. Diuretic. A. Scorb. warm. A. of Woods. Balsam Arthritic. B. Mirab. Decoc. Cephal. D. Neurotic. D. against Scurvy. D. of the Woods. Dra. of Volatiles. Elec. Apophlegm. E. of Mustard. E. Scorb. hot. E. Spirituose. Errhines 6. Gargle of Mustard. G. Paralyt. G. for Phlegm. Julep Cephal. Loh. Apophlegm.*

Loz. Paralyt. Maſticat. Mixt. Balſam. M. B. Cephal. M. Hyſter. Spirit. M. Juniper. M. Paralyt. Oxym. Purg. Pect. Pil. Cephal. P. with Caſtor. P. Cephal. P. Crato's. P. Volat. P. V. Oleoſe. Powd. of Eye-bright 2. *P. of Marjoram. P. of Millep. P. of Nutmeg. P. Peacock. P. Sinapine. P. Sternutat.*

Antiparalyt. Intern. their Ratio. *Mixt. Paralyt.*

Antiphthiſics. *Dec. Antiphth. D. Balſam. D. Cereviſ. D. Edulcor. D. Liberans. D. of Roſes. D. Tolutane. Dra. Milky. Elec. of Maſtich. E. Sulphur. E. Terebinth. Expr. of Millep. E. Roſac. Extr. Pect. Fume in a Catar.* 2. *F. in a Conſumption. Hydromel Calceous. Jul. Pearl Antipth. Loh. of Myrrh. Loz. Balſam. L. for a Catar. L. with Opium. L. Peruvian. Pills Antiphth. P. Sanctæ. P. Tolut. Syr. of Ammon. S. Balſ. S. of Eggs. S. of Myrrh. Tinct. Antiphth. T. Balſam. T. Pect. Tobacco for Conſumpt. Vapor. Pect. Water of Millep. W. of Snails Pect. W. of S. Scorbut.* See Milk diſtilled. Analept. Antihect. Balſam. Catarrh. Hæmopt. Pectorals.

Antiphthiſic Intentions. *Dec. Antipth. Elect. Poterii. Jul. Pearl Antiphth. Loh. of Myrrh. Tinct. Antiphth. Vapor. Pect.*

The Anus its Procidence. *Fom. Aſtring. Fume for falling*, &c.

Aperients. *Ale Aperient. A. Diuret. A. Ricket. A. Scorb. ſweetning. Decoct. Aper. D. Depur. D. Diuret. D. Emmenag. D. againſt Scroph. Ung. Aper.* See Chalybeates. Emmenagogues. Hypochondr. Obſtruct. Pectoral Incid. Splanchnics.

Aperients their Ratio. *Dec. Splanch. Mixt. Ecphractic.*

Apples their Virtue. *Juices for a Dropſy.*

Aphrodiſiacs. *Elect. of Satyrion. Tinct of Canthar.*

Apophlegmatics. *Elect. Apophlegm. Errhines* 6. *Garg. of Muſtard. G. Paralyt. G. with Pellitory. G. for Phlegm. Loh. Apophlegm. Maſticat. Powd. Dentaly. P. for Spitting. P. Sternutat. Tinct. Odontaly. Vapour for a Quinſy.*

Apophlegmatics their Ratio. *Elect. Apophlegms. Gargle for Phlegm. Loh. Apophlegm.*

Apoplectics. See Cephalics. Soporoſe. Antiparalyt.

In Apoplexy Glyſters to be repeated. *Glyſt. Apopl.*

Appetite to excite. *Decoct. Bitter Aromat. Infuſ. Bitter. Julep of Propriety. Mixt. Stomach. Powd. of Tartar. Wine Bitter.* See Bitters, Carminatives, Stomachics.

Aromatics. *Ale Bitter Aromat. Bag. Arom. Dec. Bit. Arom. D. of Junip.* 2. *Elect. Card. warm. E. Carmin. E. Cretac. E. Grand. E. Stomach. E. of Zed.* 2. *Eleoſac. Card. Elix. Stom. Eſſence Cord. Hyſter. Infuſ. Col. I. of Zed. Jul. Carmin. J. Diur. Arom. J. Pect. Mixt.*

Mixt. Aromat. M. Carminat. M. Conſol. M. Diuret. M. Junip. M. Paralyt. M. Stomach. Pills Chalyb. P. Crato's. P. for Fainting. P. Stomach. Powd. of Angelica, P. Aromat. P. Carmin. P. of Marj. P. of Nutmeg. P. of Orange. P. Peptic. P. Stomach. 2. P. Treacle. Spir. of Caraway. Tinct. Aromat. T. Stomach. Water of Juniper. Wine Bitter. W. Mirabil. W. Stomachic.

Aromatic Diuretics their Ratio. *Jul. Diuret. Aromat.*

Aromatic Stomachics their Ratio. *Powd. Peptic.*

Arthritics External. *Epith. Saponac. Fom. Arthrit. F. Podagr. F. Spirituoſe. Plaiſt. Anod. P. Arthrit. P. Iſchiat. P. Pleurit. Ung. Pleurit. U. Podagr.*

Arthritics Ext. their Ratio. *Epith. Saponac. Fom. Podagr. Plaiſt. Arthrit.*

Arthritics Ext. are dangerous. *Fom. Arthrit.*

Arthritics Internal. *Ale Arthrit. Dec. of Burdock. D. of Chamapitys. D. of Piony. D. of the Woods. Expr. of Millep. Infuſ. Arthrit. I. of Zed. Mixt. Balſ. Nephr. Pills Arthrit. P. of Rhubarb. P. Sanctæ. Powd. Arthrit. P. of Rhub. Water of Millep.*

Arthrit. Int. their Ratio. *D. of Chamap. Pills Arthrit.*

Of Aſa Fœtida. *Ammon. Potion.*

Aſarum a good Sternutatory. *Sternut. Powder.*

Aſcarides their Nature and Cure. *Fom. Bitter. Glyſt. Bitter. G. Sweet Suppoſitories.*

Aſcites is increaſeed by Diuretics. *Ale Hydropic.*

Aſthmatics. *Dec. Expect. D. Pacif. Hyſter. Emulſ. Aſthmat. E. Brunners. Expr. Aſthmat. E. of Millep. Hydrom. Aſthmat. H. Joels. H. Simple. Mixt. Ammon. M. Aſtmat. Oxym. Aſthmat. O. of Tobacco. Pills Aſthmat. Syr. of Ammon. S. Aſthmat. S. of Elecampane. S. of Myrrh. S. of Saſſaph. S. of Tobacco. Tinct. Pector. Water of Millep.*

Aſthmatics their Ratio. *Mixt. Aſthmat.*

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Aſthma in Infants. *Aſthmatic Mixture.*

Aſtringents External. *Catapl. with Sedum. C. for Vomiting. Epith. Aluminous. E. of Sugar of Lead. Fom. Aſtring. F. Dyſenteric. F. for Hæmorrh. Flux. Litus with Alum. Lot. with Ceruſe. L. for Eruptions. Plaiſt. againſt Abortion. E. of Balauſt. E. White. Tinct. Antiphthiſ. T. Japan. Ung. to drive Milk. U. Refriger.*

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Aſtringents bad in an Eryſipelas, Gout, Quinſy. *Catap. in a Quinſy. Arthrit. Fom. Mixt. Eryſip.*

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Cardiacs Temperate and their Ratio. *Elect. Card. warm. Jul. Cord. J. Musk. J. Pearl Cord.*

Of Cardiacs a Note. *Bole Cord.*

Cardialgic. *Elec. Cretac. Emulſ. Arab. E. Edulcor. Infuſ. Spaniſh. Powd. Cardialg. Powd. Edulc.*

Carminatives. *Ale Bitter Aromat. A. of Berries. A. of Daucus. A. Junip. Dec. Junip. 2. Elec. Carminat. E. Cretac. E. Stomach. Jul. Carmin. Mixt. Arom. M. Carminat. M. C. Anod. M. Junip. Pil. Carmin. Powder of Anniſe. P. Aromat. P. Carmin. P. of Nutmeg. P. of Orange peel. P. Pept. P. P. Tartarized. Spir. of Caraway. Water Juniper. Wine Elecamp. W. Mirab. W. Stomach.*

Carminatives their Ratio. *Jul. Carmin. Pil. Carmin.*

In a Catarrh. Externals. *Bag of Cumin. Fume in a Catarrh. Lin. Cephal. Plaiſt. Maiſt. Quilt for a Cap. Tobacco 2.*

Catarrh Extern. their Ratio. *Linim. Cephal. Plaiſt. of Maſtic.*

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Catarrh Intern. their Ratio. *Dec. of Catechu. Dra. Bechic. D. Catarrh. D. Sacchar. Loh. Haly. Pil. Catarrh. P. Poter.*

In Catarrhs Pectoral, Inciders and ſtrong Purgers to be avoided. *Hydrom. Pect. Pil. Catarrh.*

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Cathartics Pectoral. *Dec. Pect. D. Sanct. Purg. Oxym. Purg. Pect. O. of Tobacco. Potion White.*

Carthartic Roſins, their Miſchiefs and Remedy. *Emulſ. Cathart. Catholic. Cath. Powder.*

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Ceph. Ext. affect not the Brain. *Catap. of F. Earth. Lin. Ceph.*

Cephalics Internal *Ale Cephal. A. Epilept. Balſ. Sheffers. Dec. Cephal. D. Neurotic. D. of Piony c. D. Sanct. D. of the Woods. Dra. Cephal. D. Epilept. D. of Volatiles. Elect. Cephal. E. of Cinnab. E. Hyſter. E. with Miſſleto. E. with Muſtard. E. Peruv. Epilept. E. with Piony. E. Quadr. E. Spirituoſe. Elix. Volat. Emulſ. with Piony. Expr. of Millep. E. of Piony. Glyſt. Apopl. G. Epilept. Infuſ. Araldine. I. Cephal. I. Epilept. I. of Zed. C. Jul. with Caſtor. J. Cephal. J. Clove. J. Epilept. J. Volatile. Loz. Apoplect. L. Cephal. L. Paralyt. Mixt. Apoplect. M. Balſ. Ceph. M. Epilept. M. Paralyt. M. Volat. Pills with Caſtor. P. Cephal. P. with Cinnab. P. Crato's. P. Volat. 2. Powd. Cephal. P. of Eyebright. c. P. of Marjor. c. P. of Nutmeg c. P. Peacock. P. of Piony c. P. Sinapine. Syr. of Saſſaphr.*

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Cephalics when best given. *Jul. Ceph. Powd. of Eyebright.*

Cephalalgics External. *Cataph. with Poppy. C. of F. Earth. Epith. Anod. E. Avicen. Errhines. Fom. Anod. F. Corrob. F. Pacif. Front. with Camph. F. with Mastich. F. with Opium. F. Rosaceous. Linim. Front. Lot. Cephal. L. for the Feet. Plaist. Cephal. P. Epispast. P. of Mast. P. Nuchale. Quilt for a Cap. Spir. of Wine Camphorated. Sinapism.*

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H. Internals. *Dec. Aſtr. D. in a Diarrhœa. D. Fracaſt. 2. D. Pacif. Hyſt. D. Sacr. Sedativ. Dra. Antemet. D. Aſtring. D. Paregor. Elec. Aſtr. E. with Ginger. E. Stomach. Glyſt. of Pomgran. Jul. Stomach. Mixt. with Bole. M. Pacif. Powd. Aſtrin.* See Diarrhœa.

Hypnotics. See Somniferous.

Hypochondriac Medicines. *Ale Juniper. Dec. of Juniper 2. D. of Piony. D. of Raiſins. D. Splanch. D. Splenet. D. of Walnut-rinds. Elix. Stomac. Expr. Refrig. Infuſ. Bitter Chalyb. Jul. of Propriety. Mixt. Junip. Pil. Chalyb. Purg. P. Splenet. P. of Turmeric. P. Volat. Powd. of Rhub. c. P. Splanchn. Syr. of Tobacco. Water of Millepedes. Spleen Whey.* See Chalybeates. Scorbut. Temper. Splanchnics.

Hypochond. Medicines their Ratio. *Dec. Splanchn. Powd. Splanchn.*

Hyſterics External. *Nodule Hyſteric. Plaiſt. Armon. P. Epiſpaſt. P. Euphorb. P. for the. Feet. P. Vapour. P. Volat. 2. Vapour Eminenag.*

Hyſterics Internal. *Ale Hyſteric. Dec. Hyſter. D. H. Pacif. D. Sacr. 2. Dra. Hyſt. Elec. Camph. E. Hyſter. E. Peruv. Epilept. Emulſ. Hyſter. Eſſence Cord. Hiſt. Glyſ. Carmin. G. Hyſter. Jul. Camph. J. Caſt. J. Hyſt. J. Pearl Hyſt. Mixt. Hyſt. 2. M. Muſk. Pil. Camph. P. Caſtor. P. Hyſt. P. Solenand. Powd. Hyſt. Syr. of Salt of Steel Hyſt. Tab. Hyſt. Tinc. Epilept. T. Hyſter.* See Chalybeates, Somniferous.

Hyſteric Purges. *Dec. of Agaric. Ammon. Potion. Whey Purg.*

Hyſteric Perſons which can bear Sweets. *Pil. Solenand.*

Hyſteric and Hypochondriac Affections not the ſelf-ſame. *Powd. Splanchn. Ammon. Potion.*

Of the Hyſteric Colic. *Glyſt. Colic.*

J. I.

Jaundice. See Antiſterics.

Iliac Paſſion. *Dra. Antemet. Fom. Spirituoſe. Glyſt. Oily bitter. Jul. Antemet. Mixt. Coral. Spir. of Wine Camph.* See Colic. Epithem. Anodyne.

Incraſſants. *Ale Aſtring. Dec. Incraſ. D. of Mallows. Emulſ. Arab. Powd. Arab. P. Incraſ. Syr. Incraſ.* See Pectoral Incraſſants.

Incraſſants near the Menſes-times are bad. *Jul. Stypt.*

I. in a Thoracic Cough not good. *Dra. for a Catarrh.*

Infants. See Children.

Inflam-

Inflammation. *Catap. Laterale. C. with Poppy. Fom. for Inflam. Lotion with Ceruſe. Ung. Refrig.* See Eryſip.

Inteſtinal Medicines, and their Ratio. *Glyſ. Anod. G. Balſam. G. Carmin. G. Colic. G. Comfort. G. Conſol. G. of Pomgr. G. Terebint.* See Colic. Diarrhœa. Gripes.

Inteſtine falling out. *Fom. Aſtring. Fume for falling out.*

Joint-Pains. See Pains, Scorbutic, Vagous.

Iron better than Steel. *Syr. Chalyb.*

Itch. See Pſorics.

Juices their Virtues. *Juice Scorbut.*

Juices when beſt. *Juices Scorb.*

Juices whom unfit for. *Juice Attemper.*

Juices to preſerve. *Juices for a Dropſy.*

Juleps Extempore. *Mixt. Cord. Edulc. M. Hyſter. Aquoſe.*

K.

Kibes and Chilblains. *Epith. of Calx.*

Kidneys. See Bladder, Stone.

King's-Evil. *Ale Cancer 2. A. ag. Scroph. Dec. Liber. D. ag. Scroph. Expr. of Millep. Pills Balſam. P. ag. Scorph. P. of Merc. crude. P. of M. dulc. Powd. of Struma. Water of Burd. W. of Millep.*

King's-Evil Medicines their Ratio. *Dec. ag. Scorph.*

K. E. Medicines when to be given. *Powd. for Struma.*

L.

Lateral Medicines External. *Bag for the Side. Catapl. Laterale. C. with Orris. Fom. Later. Linim. Later. Plaiſt. Later.*

Lateral Medicines Ext. their Ratio. *Fom. Later. Lin. Later.*

Lateral Med. Internal. See Pain of the Side. Pleuriſy.

Laudanum to conceal. *Mixt. Pacif.*

Laxants. *Dec. of Tamarinds. Elec. Laxat. E. of Manna. E. of Tamarinds. Glyſ. Emoll. G. for Infants. G. Laxat. Poſſet with Tamarinds. Potion Lenitive. Powd. Laxat. Suppoſit.* See Cathart. mild.

Lethargy. See Soporoſe.

Of Liquorice. *Tinct. Sweet.*

Of Litharge. *Lotion for the Face.*

Lithontriptics. See Stone.

Lobſters. *Broth of Cray-fiſh.*

Lochia to reſtrain. See Bleeding, and Menſes to ſtop.

Lochia to promote. See Emmenagogues.

Lochia are not ſtopped with Opiates. *Jul. for Child-bed Women.*

Lohochs their Ratio. *Loh. for Child bed Women.*

Loins their Pain, and Weakneſs. *Plaiſt. of Balauſt. P. Dorſale. P for the Loins P. White.* See Fluor. Gonorrh. Stone.

Looſeneſs. See Diarrhœa.

Of Lucatellus Balſam. *Loh. Lucatel.*

Lozenges how they operate. *Pectoral Lozenges.*

For the Lungs. See Aſthmat. Antiphthiſ. Pectorals.

Lungs weak bear not things actually cold. *Dec. Bálſam.*
Lying-In. See After-Pains. Birth. Fever. Continual Hyſterics. Lochia. Women.

M.

Mad Dog. See Bite.
Malignity. *Powd. Treacle.*
Mallows. *Dec. of Mallows.*
Man's Skull an horrid Medicine. *Pills of Cinnaber.*
Maraſmus. See Antiphthifics. Atrophy. Analeptics.
Martial Medicines. See Chalybeates.
Maſticatories their Ratio, and Uſe. *Maſticat.*
Meaſles. See Small-Pox.
Melancholy. See Hypochondr. Hyſterics. Splanchn. Splenet.
Againſt Melancholy, Intentions. *Expreſ. Refrig. Infuſ. Card.*
Menſes to promote. See Emmenagogues.
Menſes to reſtrain. *Dra. Japan. D. Stypt. Fom. in Hemor. Flux. Hydrag. Chartac. Infuſ. Styp. Jul. Stypt. Pills Aſtring. P. Diachalcit. P. Stypt. Powd. Arab. P. ag. Hamorrhag. P. Styptic* 2. See Bleeding. Incraſſants.
Mecurials. *Bole Worm. Elect. of Cinnaber. Lotion. Mercur. Pills of Merc.* 2. *Plaiſt. with Mercury.*
Merc. their Miſchiefs and Remedies. *Elect. Mineral. Lotion Mercur.*
Mercury dulcis not to be preſcribed with a Lixive Salt. *Pills of Merc. dulc.*
M. dulc. to prevent the Small-Pox. *Pills of Merc. dulc.*
Mercury voided by Urine. *Dra. Diuret. Oleoſe.*
Mercury vive to depurate and prove. *Pills of crude Merc.*
Merc. Sublimate when true. *Merc. Lotion.*
Milk diſtilled. *Water of Snails Scorbut.*
Milk to drive back. *Ung. to drive.*
Millepedes. *Expreſs. of Millep. ſimple.*
Miſcarriage. See Abortion.
Miſſleto. *Infuſ. Epilept.*
Mortification. See Gangrene.
Mouth Aſperities, Erofions, Fiſſures, Heat. See Stomatics.
Mumy. *Power for a Bruiſe.*
Muſk. *Pills. Amber. Solenanders.*
Muſk Julep 2.

N.

Narcotics. See Somniferous.
Nauſeouſneſs. See Antemetics. Stomachics.
Nephritics. See Stone.
Neurotics. *Balſ. Mirab. Dec. Neurot. Expreſ. Millep. Fom. Spirituoſe. Plaiſt. Armom. P. Volat. Spir. of Wine Camph.*
See Antiparalytics. Arthritics. Cephalics.
Nitre. *Dec. Scarlet. Dra. Nitroſe. Jul. Pleurit. Powd. Nitroſe. Sugar nitrated.*
Nitre its Abuſe. *Jul. Diuret. Nitroſ.*
Nitre not to be mix'd with Acid Spirits. *Syr. Diuret.*
Nitre how to be given, and not in too great Quantities. *Dec. Scarlet.*

Nitroſe Medicines improper in malignant Fevers with Vomiting, and Diarrhœa. *Scarlet Decoct.*

Noſe ſtop'd to open. *Errhine Deterg. E. Vitriol., Paſte for Aphth.*

O.

Obſervation of a Pain repelled. *Fom. Arthrit.*

Obſ. of a Bloody Small-Pox. *Jul. Acid.*

Obſ. of Urine ſuppreſſed. *Dra. Diuret. Acid.*

Obſtructions. *Ale Aper. A. Icter. A. Purg. Hydr. Decoc. Aper. D. Cachect. D. Splenet. Jul. Chalyb. J. Propriet. Mixt. Ecphract. Pil. Chalyb. Purg. Ung. Aper. Whey Deoppil. W. Splenet. Wine Elecamp.* See Anticter. Chalyb. Ecphract. Splanchnics.

Odontalgics. *Elect. Apophlegm. Epith. Alum. Errhines. Garg. of Pellit. G. for Phlegm G. Quieting. Maſticat. Pellets for the Teeth. Plaiſt. Epiſpaſt. P. with Marjor. P. Maſtic. P. Nuchale P. for the Temples. Powd. Dentalg. Sinapiſm. Spir. of Wine Camph. Tinct. Odontalg.*

Odontalgic Intentions. *Garg. of Pellitory.*

O. why applied to the Temples. *Plaiſt. for the Temples.*

Odoriferous Medicines External. *Fume Odor. 2. Loz. Perfume. Powd Capill. P. Damaſk. P. Odorif.*

Odoriferous things ſtink when burnt. *Fume Odorif.*

Odor. Internals. *Elect. Royal. Jul. Muſk 2. Pills Amber. P. Crato's. P. for Fainting. P. Solenand. Powd. Amber.*

Odoriferous things when, and why they diſagree. *Pills Amber.*

Oils Chymical how to mix up. *Emulſ. of Pieny. Mixt. Junip.*

Oils Chymic to prove. *Card. Eleoſacch.*

O. C. in Glyſters. *Glyſ. Anod.*

O. C. externally Uſed. *Ung. Pect.*

After Oil Draughts Drink to be forborn. *Dra. Oleoſe*

Oil voided by Urine. *Dra. Diuret. Oleoſe.*

Oil rancid perhaps beſt. And to purify Oil. *Dra. Oleoſe.*

Oils externally uſed ſhut not up in the Pores. *Ung. Aper.*

Ophthalmic Externals. *Balſ. Mirab. Catap. with Apples. C. with Sedum. Fom. Ophthalm. Front. Maſt. Plaiſt. Epiſpaſt. P. of Euphorb. P. of Marjor. P. Nuchale. Sinapiſm.*

Ophthalmic Internals. *Expr. of Millep. ſimp. Powd. of Eye-bright. c.* See Cephalics.

Opiates. See Somniferous.

Opium not convenient in Contin. Fevers. *Pills Amber.*

Opium to be cautiouſly uſed in the Ears. *Cat. with Cummin.*

Opium outwardly perhaps not Anodyne. *Plaiſt. Anod.*

Opiates and Cordials do well together. *Dra. Diaphor.*
Opium in Glyſters. *Glyſ. Somnif.*
Opium to conceal. *Mixt. Pacif.*
Orange-peel beſt green. *Water of Millepedes.*
Orpiment. *Tobac.*
Orthopnœa. See Aſthmatics. Pectoral Inciders.
Ozæna. *Garg. with Myrrh.*

P.

Pains. See Anodynes. Somniferous.
Pain of the Back. *Glyſ. Carmin. G. Terebinth. Mixt. Balſ. Nephrit. M. Carmin. Anod. Pills Reſin. P. Turpent. Plaiſt. Anod. P. Balauſt. P. Balſam. P. Dorſal. P. Farinac. P. for the Loins. P. Spinale. P. White Ung. Refrig.* See Colic. Fluor. Stone.
Pain of the Belly. See Colic. Diarrhœa. Gripes.
Pains that lie deep. *Plaiſt. Armon. P. Epiſpaſt. P. Mercur. P. Volat. 2.*
Pain of the Ears. *Catapl. of Cummin. Plater's Mixture.*
Pain of the Head. See Cephalalgy.
P. of the Side. *Elec. Carmin. Lin. Later. Mixt. Arom. M. Carmin. Pil. Olib. Plaiſt. Carmin.* See Carmin. Laterale. Pleuriſy.
P. of the Side its Ratio. *Lin. Later. Ung. Pleurit.*
Pains in the Stomach. *Amber Pills.*
After-Pains. *Jul. Carmin. J. for Child-bed Women. Mixt. for Concret. M. Junip. M. Theb. M. for Child-bed Women. Plaiſt. Vapor. P. Volat. fœtid.*
After-Pains their Ratio. *Jul. for Child-bed Women.*
Pains of the Limbs. See Arthritics. Rheumatiſm. Scorbutic.
P. Scorbutic. Vagous. *Ale Arthrit. Dec. of Chamæp. D. Edulcor. D. Sacr. D. Sanct. 2. D. of Sarſa. D. of Trefoil. Elec. of Sarſa, Epith. of Galx. Fom. Arthrit. F. Scorb. Juice of Scurvy-graſs. Plaiſt. Carminat. P. Volat. Ung. Volat. Gl.* See Diaphor. Scorbut.
P. of the Teeth. See Odontalgics.
Palate. See Uvula.
Palpitation Externals. *Bag. Arom. B. Cord. Catap. Stom. Epith. Cord. Fom. Stom. Lin. Ceph. Ol. Ceph. O. Paral. Plaiſt Pect. Quilt. Card. Ung. Cord.*
P. Internals. *Balſ. Scheffers. Bole Cord. Dra. Card. D. of Volatiles. Jul. Muſk. Jvi. Saffron. Loz. Card. Mixt. Muſk. Pills Amb. P. Solenan. P. for Faint. Powd. Amb. Tinc. Cephal.* See Cardiacs. Cephalics.
Palſy. See Antiparalytics.
In a Palſy, to find the firſt part affected. *Paralyt. Oil.*
Parotides. See Quinſy-Uvula.
Peacocks-Dung. *Ale Epilept.*
Pearl Medicines. *Julep Pearl 4. Pearl Powder. Sugar of Pearl.*
Pectorals External. *Bag. Lateral. Cat. of Orris. Plaiſt. Pect. Quilt. Pect. Ung. Pect.*

P. E. their Ratio. *Plaiſt. Pect.*
Pectoral Internals Mixt. See Bechics.
P. I. their Ratio. *Jul. Pect. Loh. Lucatel. Mixt. Pect. Pil. Saffr.*
Pectorals Balſamic. *Dec. Balſam. D. Pect. Balſ. D. Tolut. Dra. of Hounds-Tongue. Elec. Balſ. E. Lucatel. E. with Myrrh. E. Terebinth. Loh. Balſ. L. Lucatel. L. of Myrrh. Loz. Balſ. Mixt. Balſ. M. of Balm of Gilead. M. Balſ. Pect. M. with Balſ. of Peru. M. Sulphur. Pills Aſthmat. P. Balſ. P. Black. P. Expect. P. Gilead. P. Myrrh. P. Sanctæ. P. Tolutane. Potion White. Powd. Balſam. Syr. Balſam. Tinc. Balſam. T. Pect.*
P. B. their Ratio. *Dec. Balſ. Elec. Balſ. Loh. of Myrrh. Pills Gilead. Mixt. Balſ.*
Pectoral Inciders. *Dec. of Allium. D. Expect. Elect. Expect. E. Spirit. Emulſ. Aſthmat. E. Brunner's. Expr. Aſthm. Hydrom. Aſthmat. H. Joels. H. Pect. Jul. Pect. Loh. Aſthm. L. with Electamp. L. with Garlic. L. Green. L. of Myrrh. Mixt. Ammon. M. Aſthmat. M. Balſ. M. Expect. 2. M. Sapon. Oxym. Aſthmat. O. Purg. Pect. O. of Tobacco. Pills Aſthm. P. Black. P. Expect. P. Garlic. P. Myrrh. P. Pect. P. Saffron. P. Sulph. Powd. of Millep. Syr. of Ammon. S. Aſthmat. S. of Elecamp. S. of Garlic. Wine Electampane.*
Pect. Inciders their Ratio. *Dec. Ecphract.*
Pectoral Incraſſants. *Decoc. in a Catarrh. D. Cereviſ. D. Incraſ. D. Pect. Dra. Bechic. El. of Mallows. E. of Maſtic. E. Fect. E. Quadr. E. Sanative. Extr. Pect. Honey Pect. H. of Raiſins. Loh. Bech. L. Common. L. Haly. L. Incraſ. L. Oleoſe. L. with Sperma Ceti. Loz. for Catarrh. Mixt. Bechics. Powd. Arab. P. Incraſ. Syr. of Hounds-Tongue. S. Incraſ. Syr. of Liquor. S. of Mallows. Tinct. Sweet.*
P. Incraſſants their Ratio. *Dec. Pect. Elect. Balſ. Loh. Bech.*
Pectorals go not immediately into the Lungs. *Loh. Haly.*
Pectorals, the Manner of taking them. *Infuſ. Spaniſh.*
Of Periſtaltic Motion. *Suppoſitories.*
Phlegm to bring off. *Elect. Apophleg. Errhines 6. Gargle Deterg. G. Paralyt. G. with Pellitory. G. for Phlegm. G. for a Quinſy. G. for the Uvula. Maſticat. Powd. Dentalg. P. Sternutat. Vapor for a Quinſy.*
Phlegm in the Habit of the Body to attenuate, digeſt, caſt out. *Dec. Cachect. Oxym. Purg. Pect.* See Cachectics. Scorbutics. Splanchn.
Phlegm in the Lungs to correct and evacuate. See Aſthma Pect. Balſam. P. Inciders.
Phlegm in the Stomach and Inteſtines to incide and carry

carry off. *Emetics. Oxym. Purg. O. of Tobacco. Pills Ammon. Stomach. P. of Merc. dulc. P. of Sylvius. Tinct. Purg. Cephal.* See Carminat. Stomachics.

Phrenzy. See Cephalalgy. Fevers Contin. Refriger. Watching.

The Hackney Physician. *Emulſ. Glyſter.*

Pigeons applied in epilepſy. *Epilept. Julep.*

Piles. See Hæmorrhoids.

Pills better than Potions for the Head. *Pills Cephalic.*

Plaiſters to take off. *Dorſale Plaiſter.*

Pleuritics External. *Bag. Laterale. Catap. Later. Fom. Later. Lin. Later. Plaiſt. Pleurit. Ung. Pleurit.*

Pl. Ext. their Ratio. *Fom. Later. Ung. Pleur.*

Pl. Ext. ineffectual in a true Pleurify. *Lin. Lateral.*

Pleuritic Internals. *Dec. Scarlet. D. Pect. D. Pleurit. Dra. Nitr. D. Oleoſe. D. Pleurit. D. of Volat. Emulſ. com. Expr. Pleur. Jul. Pleur. Loh. of Linſeed Oil. L. Pleurit. Mixt. for Concrete. M. Pleur. Pil. Olib. P. Pleur. P. Tart. Powd. Hibern.*

P. I. their Ratio. *Expr. Pleur. Pills Tartar.*

In a Pleuriſy a Caution. *Mixt. Pleur. Pil. Olib.*

Podagrics. See Arthritics.

Poiſon. See Alexiph. Bite of a Mad Dog.

Heavy Powders to give. *Anthelminth. Powders.*

Small-Pox. *Dec. Pacif. D. Pect. D. Scorzon. D. Variol. Dra. Paregor. 2. D. in the Small-Pox. Elect. Cord. temp. E. Pect. Emulſ. Variol. Garg. for a Quinſy. G. in the Sm. Pox. Glyſt. Comfor. Jul. Pearl. temp. Loh. Com. L. Red. Paſte for Aphth. Powd. Angel. c.*

S. P. allowed not of hot Medicines. *Glyſ. Comf.*

S. P. to prevent. *Pills of Merc. dulc.*

S. P. Bloody, an Obſervation. *Julep Acid.*

To prepare for a Purge. *Dra. Prep.*

Procidence of the Uterus what. *Fume for falling out of the U.*

Procidence of the Anus and Uterus. *Fom. Aſtring. Fume for Falling 2.*

Pſeudo-Phyſicians. *Dec. againſt the Scurvy. Glyſ. Anod. Powd. Splanch.*

Pſoric Medicines. *Ale Antimon. A. Purg. with Antimon. Dec. Cachect. D. Pſoric. Elect. of Cinnab. E. Minerale. Lotion Mercur.* See Blood feculent, Cutaneous.

Purges. See Cathartics.

Q.

Quieting Medicines. See Somniferous.

Quinſy Externals. *Catap. with Caſſia. C. with Orris. C. in a Quinſy. Lotion for the Feet. Plaiſt. Epiſpaſt. P. Pleurit. P. Quinſy.* See Uvula.

Quinſy Internals. *Elect. Apophlegm. Garg. for Phlegm. G. in a Quinſy. Loh. common. L. Green. L. for Hoarſneſs. L. Mu-*

L. Mucilag. L. for a Quinſy. L. Red. L. Vitelline. Pow. Uvula. Vapour for a Quinſy.
In a Quinſy Repellents are bad. *Catap. for a Quinſy.*
In a Quinſy Intentions. *Catap. for a Quinſy. Garg. for Phlegm. Garg. in a Quinſy. Vapour for a Quinſy.*

R.

Of Raiſins. *Honey of Raiſins.*
Refrigerants. *Dec. Portug. D. Scarlet. D. of Sorrel. D. of Tamarinds. Dra. Nitr. Elect. Acid. Emulſ. com. Epith. of Sugar of Lead. Expr. of Brooklime. Front. with Camph. F. Roſac. Glyſt. Refrig. Infuſ. Roſ. Jul. Acid. J. Diapente. J. with Houſleek. J. Refrig. Plaiſter white. Poſſet with Wood-Sorrel. Powd. Nitroſe. Ung. Refrig.*
Refrigerants their Ratio. *Infuſ. Roſ. Jul. Refrig. Poſſet with Wood-Sorrel.*
Of Regimen hot and cold. *Dec. Sacrum.*
Repellents. *Epith. Alum. Fom. in Hæmorrh. Flux. Lotion with Ceruſe. L. for Eruptions. Ung. to drive Milk.*
Repellents bad in Eryſipelas, Gout, Quinſy. *Catap. in a Quinſy. Fom. Arthrit. Mixt. Eryſip.*
Revulſion its Ratio. *Lotion for the Feet.*
Rheum. See Catarrh.
Rheumatiſm. *Dec. Depur. D. Edulc. D. Pect. D. of Sarſa. D. Scarlet. Dra. Nitroſe. Emulſ. com. Epith. of Calx. Infuſ. Traumat. Powd. for a Bruiſe. P. Hybernic.*
Of a Rheumatiſm. *Dec. Incraſs.*
Rickets Externals. *Linim. Spin. Plaiſt. Spinale. Ung. Aper.*
R. Internals. *Ale Ricket. Dec. Aperit. D. Edulc. D. Pect. Jul. Pearl Antiphth. Water of Snails Pect.*
Of the Rickets. *Ale Ricket. Linim. Spinale.*
Rupture. *Elect. in a Rupture. Fom. Aſtring. Plaiſt. of Balauſt. Powd. in an Hernia.*
Rupture Medicines their Ratio. *Powder in an Hernia.*

S.

Salts to make up with Pills. *Saline Pills.*
Salt of Amber. *Powd. Diuret.*
Salt Prunel. *Dec. Cochin. Dra. Nitroſe.*
Salts Volatile their Operation. *Dra. of Volatiles.*
S. V. in Glyſters. *Glyſ. Epilept.*
Sand. See Stone.
Sarſa and China ſuſpected. *Dec. of Sarſa.*
Sciatica. See Arthritics.
Scybala to expell. *Dec. Coprogogue.*
Scorbutics External. *Epith. of Avicenna. E. of Calx. Fom. Scorb. Sinapiſm.*
Scorb. Ext. their Ratio. *Fom. Scorb.*
Scorbutic Internals temperate. *Ale Aperient. A. Scorb. ſweet. Dec. Aper. D. Depur. Elect. Acid. E. Scorb. Temp. Exp. of Brooklime. E. Scorb. Temp. Juices Attemp. J. Scorb. Sug. Scorb. Water of Horſe-dung. Whey Dietetic. W. Scorb.*
Sc. Int. Temp. their Ratio. *Ale Scorb. ſweet. Juices Scorb.*
Scorb. Jeru. warm. *Ale Diuret. A. Scorb. Extemp. A. S.*

warm. Dec. ag. Scurvy. D. of Trefoil. Elec. of Muſtard. E. Scorb. hot. Expr. Scorb. warm. Juice of Scurvy-graſs. Jul. Scorb. Mixt. Ecphract. M. Scorb. Spir. Antiſcorb. Water Scelotyrb. Wine Scorbutic.

Sc. Int. warm their Ratio. *Ale Scorb. warm. Dec. ag. the Scur. Elect. Scorb. hot.*

Scorbutic Pains. See Pains.

Scorzonera ſuſpected. *Dec. of Scorzon. D. Varioloſe.*

Scrophulæ. See King's-Evil.

Tumour of the Scrotum. *Catapl. with Turneps.*

Scurvy-graſs. *Ale Aperient.*

Scurvy not ſo common as believed to be. *Dec. ag. the Scurvy.*

Secundines. See Emmenagogues.

Senna. *Dec. Purg. Infuſ. Purg. Powd. Laxat.*

Serpentaria Root. *Dec. Sacr.*

Side. See Lateral Pains.

Sight. See Ophthalm.

Sinapiſms their Uſe. *Sinapiſm.*

Singultus. *Bag. Aromat. Catap. Stom. Jul. Muſk 2. Pills Amber. P. Solenanders.*

Of a Singultus. *Jul. Muſk.*

Sizy Lympha. *Julep Amber. Wine Hydropic.* See Pleuritics.

Skin. See Cutaneous.

Sleep. See Somniferous.

Small Pox. See Pox.

Snails diſtilled. *Water Pectoral Snail.*

Snatchings and Startings. See Subſultus.

Somniferous Medicines External. *Catap. for the Feet. C. with Fullers Earth. C. with Poppy. Epith. Anod. Front. with Camph. F. with Opium. F. Roſac. Linim. Front. Lotion for the Feet. Plaiſt. Anod. P. Epiſpaſt. P. for the Temples. Ung. Front.*

Somniferous Medicines Internal. *Dec. Pacif. D. P. Hyſter. D. P. Sacr. Sedative. Dra. Pareg. 2. Emulſ. Pacif. Glyſt. Somnif. Jul. for Childbed Women. Mixt. Pacif. M. Papav. M. Theb. Pills Catarrh. Potion Colic. Tinct. Hyſteric.*

Soporoſe Diſtempers Externals. *Catapl. for the Feet. C. of Herrings. C. with Radiſh. C. Sinapine Errhines. Lin. Cephal. Plaiſt. Apoplect. P. Epiſpaſt. P. of Euphorb. Powd. Sternut.*

Soporoſe D. Internals. *Ale Cephal. Dra. of Volatiles. Elect. Apophlegm. E. of Muſtard. Garg. Muſtard. G. Paralyt. G. for Phlegm. Glyſ. Apopl. Jul. Cephal. Loz. Apopl. Maſticatories. Mixt. Apopl. Pills Crato. P. Volat. Oleoſe. Powd. of Marjoram.* See Cephalics.

In Soporoſe Diſtempers Intentions. *Powd. of Marjoram.*

Specifics. *Decoct. of Walnut-rinds.*

Spirit of Wine externally. *Mixt. Eryſip.*

S. of W. with Unctuoſe Things. *Ung. Pleurit.*

S. of W. in Glyſters. *Glyſ. Epilept.*

Spirits Volatile in Glyſters. *Glyſ. Epilept.*

Spitting to promote. *Elect. Apopl. Errhines 6. Garg. Deter.*

Deter. G. with Muſtard. G. Paralyt. G. with Pellitory. G. for Phlegm. G. for the Uvula. Loh. Apophl. Maſticator. P. Diachalcit. Powd. Dentalg. P. to promote Spitting. P. Sternutat. Vapour for a Quinſy.

Spitting not ſtopped by Aſtringents. *Garg. with Vine Leaves.*

Spitting Blood. See Hæmoptoics.

After Spitting Blood, Aſtringents, to be uſed with Caution. *Infuſ. Roſ.*

After S. B. Sulphur to be forborn. *Elect. Sulphur.*

Splanchnics and Splenetics Extern. *Fom. Splenet. Plaiſt. of Mercury. P. Splen. Ung. Aperit. U. Splanch. U. Splenet.*

S. and S. their Ratio. *Plaiſt. Splenet. Ung. Splanch.*

Splanchnics Internals. *Ale Splanch. A. Splen. Dec. Junip. 2. D. Splanch. D. Splenet. D. of Wallnut-rinds. Dra. Pareg. Elect. of Currants. E. Splanch. Expr. Refrig. Jul. of Propriety. J. Splanch. Mixt. Arom. M. Carmin. M. Ecphract. M. Junip. Pil. Chalyb. 6. P. Splenet. 2. Potion Ammon. P. Rhub. P. Splanch. Tinct. of Gent. Water of Millep. Whey Splenet. Wine Elecamp.* See Aperit. Chalybeates, Scorbutics.

Splanchnics their Ratio. *Dec. Splanch. Glyſ. Carmin. Mixt. Ecphract.*

Spleen. See Hypochondriacs.

Stammering. *Lotion Cephalic. Plaiſt. Cephal.*

Steel. See Chalybeates.

Sternutatories their Ratio. *Powd. Sternutat.*

Stomachics External. *Bag. Arom. B. Stomach. Cataph. Stomach. C. for Vomiting. Epith. Stomach. Fom. Aſtr. F. Stom. Pla. Balauſt. P. Balſam. P. Rodorat. P. Stom. Quilt. Stom. Spir. of Wine Camph. Ung. Stomach.*

Stom. Ext. their Ratio. *Plaiſt. Stom.*

Stom. Internal. *Ale Bitter Arom. Bole Sudor. Dec. Bitter Arom. D. Catechu. D. of Juniper. 2. Dra. Antemet. Elec. Acid. E. Card. warm. E. Carmin. E. of Cinnam. E. Cretac. E. of Ginger. E. Grand. E. of Mint. E. Spirituoſe. E. Stomach. Eleoſacch. Card. E. Stomach. E. with Cloves. Infuſ. Bitter. J. of Zed. Julep. Antemet. J. of Propriety. J. Stomach. J. of Volat. Loz. Stomach. Mixt. Alcaliſ. M. Aromat. M. Carmin. M. Conſol. M. Corall. M. Junip. M. Stomach. M. Volat. Pil. Amber. P. Antemet. P. Carmin. P. Gent. P. Japan. P. Stomach. P. S. with Ammoniac. P. S. Purg. Pil. Vol. Oleoſe. Powd. of Anniſe. P. Aromat. P. Carmin. P. of Nutmeg. P. Sinapine. P. Stomach. P. S. Bitter. P. Tartar. Tinct. Aromat. T. Gentian. Tinct. Stom. Water Juniper. Wine Bitter*

Bitter. W. Mirab. W. Stomach.

S. l. their Ratio. *Elec. Stom. Jul. Carmin. J. Stom. Pil. Stom. Powd. Stom. bitter. P. Tart.*

Stomach Purgers. *Pills of Guaiacum. P. Rhubarb. P. Stom. Purg. Tinct. Purg. Cephal. W. Cathart.*

Of Stomach Spirituose Medicines. *Pil. Stomach.*

Stomatics for Asperities, Erosions, Fissures, and Heat of the Mouth. *Garg. Emulf. G. Levig. G. for Heat of the Mouth. G. for Quinsy. G. Refrig. G. with Sedum. G. in the Small-Pox. Paste for Aphtha. Syr. Incraf. S. of Mallows.* See Thrush. Thirst.

Stomatics for foul and stinking Mouth. *Garg. Com. G. Deterg. G. ag. Fœtor. G. of Myrrh. G. Scorbut. G. of Vine-Leaves.*

Stom. for Ulcers of the Mouth. *Garg. Com. G. with Mastich. G. with Myrrh. G. with Roses. G. Scorb. G. of Black Thorn. G. with Vine-Leaves. G. for Ulcers. Loh. of Myrrh. L. with Olibanum. Mixt. for Ulcers.*

Stone Externals. *Catap. of Juices. Fom. for Colic. F. Diur. Plaist. Anod. P. Nephrit. Vapor. Diur. Ungu. Renal. U. for the Stone.*

In the Stone Intentions. *Fom. Diuret. Vapor. Diuret.*

Stone Internals. *Ale of Berries. A. Daucus. A. Diuret. A. Juniper. Bole of Cassia. Dec. of Alth. D. Diuret. D. D. Cathart. D. Incraf. D. of Mallows. D. Nephrit. Dra. for Gravel. Elect. Nephrit. E. Tereb. Elix. Anod. Emulf. Arab. E. Common. Expref. of Millep. Glyf. Anod. G. of four Oils. G. Saponac. G. Terebinth. Hydrom. Diur. Jul. with Housleek. Mixt. Balf. Nephrit. M. Carmin. Anod. M. Diuret. M. for Gravel. M. Juniper. M. Saponac. Pills Nephrit. P. Smegmat. P. Terebinth. Pot. White. Powd. of Filipend. P. Nephrit. P. of Tilingius. Tinct. of Cantharides.* See Carmin. Diuret. Somnif.

In the Stone proper Purges. *Bole of Cassia. Decoct. of Raisins. Potion White. P. Purg. Nephrit.*

In the Fit of the Stone (not of Sand or Gravel) sharp Diuretics are bad. *Dra. for Gravel. Mixt. Oleose.*

Strangury. See Dysurie.

Styptics. See Bleeding.

Subsultus of the Tendons. *Jul. Pearl Hyster. Plaist. Epispast. Powd. Alexiph. P. Cephal.* See Alexiph. Cardiacs. Diaphoretics. Suppedaneous.

Sugar too much used is pernicious. *Dra. for a Catarrh. Elect. Pectoral.*

Sulphur its Virtues. *Pill Poterius's.*

Sulphur not allowable in Hectic Fevers, ruptur'd Vessels, nor Women with Child. *Elect. Sulphur. Pills Poterius.*

Balſam of Sulphur penetrative, *Poters Pills.*
Suppedaneous Medicines. *Catap. for the Feet. C. of Herrings. C. with Radiſh. Lavam. Hydrop. Lotion for the Feet. Plaiſt. of Euphorb. P. for the Feet.*
S. their Ratio. *Catap. for the Feet. Fom. Pacif. Lotion for the Feet.*
Syncope Externals. *Bag. Aromat. Catap. Stomach. Fom. Stom. Nodule Hyſter. Ung. Cord.*
Syncope Internals. *Balſ. Sheffers. Bole Cord. Caud. Cord. Dra. Conſol. D. of Volatiles. Elect. Grand. E. Royal. Eſſence Cord. Hyſt. Jul. Muſk. J. Stom. Loz. Apoplect. Mixt. Muſk. Pills for Fainting. P. Solenanders. Powd. Alex. P. Amber.* See Cardiacs. Hyſterics. Stomachics.
In Syncope Intentions. *Jul. Cord. J. Pearl Hyſter. Pills for Fainting.*
Sweating Medicines. See Diaphoretics.
Sweating to moderate. *Dec. Incraſ. Elect. Ictter. Emulſ. Arab. Expr. of Brooklime. Hydrag. Chartar. Pills Hydrag. Tinct. Antiphthiſ.* See Analeptics. Blood to depurate, exalt, ſweeten.
Of Sweating before the Acceſſion of an Ague. *Dec. Febrif.*
Syrup of Balſam how made. *Syr. Balſ.*
Honey in Syrups. *White Syrup.*

T.

Tartar its Virtues. *Elec. Tart.*
Teeth. See Odontalgics.
Teeth coming in Children. *Glyſter in Gripes. Powd. Edulc.*
Teeth to clean. *Paſte Gallic. Powd. Dentifr. Tinct. Stomatic.*
Teeth on Edge. *Garg. for Teeth on Edge.*
Teeth their ſtony Concretions. *Powd. Dentifr.*
Teneſmus. *Fume in a Teneſmus.*
Teſtaceous Powders ought to be fine. *Pearl Powd. c.*
Theoriſts dwell too much upon Generals. *Acid. Powder.*
Thirſt. *Dec. Depur. D. Portug. D. of Raiſins. D. Scarlet. D. of Scorzon. D. of Sorrel. D. of Tamarinds. Dra. Nitroſe. Elec. Acid. Emulſ. Com. Expr. Brooklime. E. Refrig. Garg. Com. G. Deterge. G. for Heat of the Mouth. Garg. Refrig. Hydrom. with Cherries. Infuſ. Roſ. 2. Julep Acid. J. Cord. temp. J. Diapente. J. with Houſleek. J. Refrig. Ptiſan. Poſſet with Tamarinds. P. with Wood Sorrel. Sugar nitrated. Syrup Diuretic. Wafers of Tamarinds.*
Thruſh. *Dec. of Mallows. D. of Turneps. Elect. with Manna. E. Sanat. E. in a Thruſh. Garg. Com. G. Deterg. G. for Heat of the Mouth. G. Refrig. G. of Vine-Leaves. Litus for Infants. L. for a Thruſh. Loh. Com. L. Levig. L. Mucilag. L. with Olib. L. Red. L. Vitelline. Mixt. for the Throat. Paſte for Aphtha.*

Of

Of Tinct. Antiphthiſ. *Tinc. Antiph.*
Of Tobacco Glyſters. *Glyſt. Colic.*
Tongue foul. *Deterg. Gargle.*
Tonſils. See Quinſy. Uvula.
Traumatics. *Ale Aſtring. Balſ. Mirab. Bole Balſam. B. for a Bruiſe. Dec. Traumat. Dra. for a Bruiſe. D. for a Vuln. Fever. Elec. Lucatel. Infuſ. Traumat. Mixt. for Concretions. M. with Crabs-Eyes. M. with Sperma Ceti. M. for Child-bed Women. Pills Haloſ. P. Volat. 2. Potion Vuln. Arcæi. Powder for a Bruiſe. P. Haloſanth. P. Hybernic.*
Traumatics their Ratio. *Dec. Traumat. Dra. for a Bruiſe. Powd. for a Bruiſe.*
Of Water Trefoil. *Water Trefoil.*
Trembling of Heart. See Palpitation.
Tumours their Ratio. *Ung. Aperit. Ung. Pleurit.*
Tumours for the Feet. *Lixive Calc.*
Tumors Peſtilential. *Sinapiſm.*
Tumor of the Tonſils. See Quinſy.
Of Turpentine. *Glyſ. Tereb.*
Tympany. *Fom. for a Tympany.*

V.

Vapours and Flatus what. *Glyſt. Carmin.*
A Spirituoſe Vapour. *Vapor with Coloquint.*
Venom what it is. *Powd. Treacle.*
Againſt Venom. *Elixir Anodyne.* See Alexiph. Fev. Malig. Mercurial Miſchiefs.
Venemous Bites. See Bites. Alexiph.
Vertigo. *Ale Cephal. A. Epilept. Elec. Camph. E. Cephal. E. of Miſſleto. E. of Piony. Infuſ. Cephal. Loz. Cephal. Pills Ceph. P. Gent. Powd. Cephal. P. of Eye-bright. P. Peacock. Tinc. Epilept. T. Gent. T. Purg. Cephal.* See Cephalics.
Vinegar boiled. *Mixt. for Concretions.*
Vinous Spirits in Glyſters. *Glyſ. Anod.*
V. S. outwardly. *Mixt. Eryſipel.*
St. Vitus's Dance. *Elect. Peruv. Epilept.*
Ulcers. *Dec. Liber. Elect. of Sarſa. Hydrom. Calc. Pills with Merc. dulc.* See Balſamics. Conſumption. Traumatics.
Ulcers of the Bladder. See Bladder.
U. of the Lungs. See Antiphthiſics.
U. of the Mouth. See Mouth.
Volatile Salts in Glyſters. *Glyſ. Epilept.*
V. S. in Plaiſters. *Plaiſt. Armon. P. Volat. 2.*
Vomits. *Emetic Forms.*
Vomiting to ſtop, Externals. *Bag. Aromat. B. Stomach. Catap. Stomach. Epith. Stom. Fom. Aſtring. F. Spirit. F. Stomach. Quilt. Stom. 2. Plaiſt. of Balauſt. P. Robor. P. Stomach. Sp. of Wine Camph. Ung. Stom.*
Vomiting to ſtop, Internals, *Dec. of Junip. 2. D. of Maſtic. Dra. Antemetic. Elec. Acid.*

Acid. E. Card. warm. E. of Cinnamon. E. Cretac. E. of Ginger. E. Grand. E. of Mint. E. Spirituous. E. Stomach. E. of Zed. 2. Elix. with Cinnam. E. Stomach. Expr. of Roſes. Infuſ. of Roſ. I. of Zedoary. Julep. Antemet. J. Cord. J. Stomach. J. Volat. Mixt. Alcaliſ. M. Arom. M. Corall. M. Junip. M. Pacif. M Saline. Stomach. M. Volat. Pil. Antemet. P. Saline, Powd. Stom. Syr. Treacle. Tinct. Aromat. T. Gent. T. Japan. T. Stom. Wine Bitter. W. Diuret. W. Mirab. W. Stomach.

Urine to provoke. See Diuretics.

Urine ſuppreſſed. *Dra. Diuret. Acid. Glyſter Oily bitter.* See Stone.

Urine bloody. *Infuſ. of Nettles. Powder of G. Lac.* See Bleeding.

Urine Scalding. See Dyſury.

Urine to retain. *Dec. of Hempſeed. Powd. of Comfr. P. Montagnane's.*

Urine in Glyſters. *Glyſ. Terebinth.*

Urinary Paſſages. *Dra. Diuret. Oleoſe.*

Uterine Furor. See Furor.

Uterus its Bleeding to ſtop. *Dra. Japan. Pills Diachalcit. Tinct. Japan.* See Menſes to reſtrain.

Uterus fallen out. See Procidence.

Uterus to ſtrengthen. *Fom. Aſtring. Plaiſt. of Balauſt. Vapour of Coloquint.*

Uvula inflamed and relaxed. *Bag Cummin. B. for the Uvula. Catap. with Orris. C. in a Quinſy. Dec. Malaga. D. Pect. Elect. Apophlegm. E. of Manna. E. Sanat. Fume in Catarrh. Garg. for Phlegm. G. Quinſy. G. for Uvula. Glyſt. Com. Loh. Apophlegm. L. for Hoarſeneſs. L. Mucilag. L. Oleoſe. L. in a Quinſy. L. Red. L. with Sperma Ceti. L. Vitelline. Maſticator. Plaiſt. Epiſpaſt. P. Nuchale. P. for Quinſy. Powd. Uvular. Vapor for Quinſy.*

In Uvula inflamed Intentions. *Garg. for the Uvula.*

W.

Waſtings. See Analeptics. Antiphthiſics.

Watching. See Somniferous.

Spring-Water has an Acid in it, and an Alcali. *Emulſ. with Hartſhorn.*

Spring has an Alcali. *Juniper Water.*

Barley-Water and Spring-Water. *Jul. Acid.*

Barley-Cinnamon Water. *Jul. Pearl Antiphth.*

Common Water diſtilled. *Infuſ. bitter. Water - Snail Scorb.*

Milk Water is not pure Elementary Water. *Water-Snail Scorbut.*

A fine Milk-Water. *Water-Snail Scorb.*

Water of Frog-Spawn. *Dra. Japan.*

Tunbridge-Water. *Pills Diuretic.*

Whey better than Milk for the Uſe of Diſtillation. *Water Burdock.*

Whites.

Whites. See Fluor.
Whites of Eggs to beat up. *Syr. of Eggs.*
Wind to expel. See Carminatives. Stomachics.
Wind and Vapours, their Difference. *Glyſ. Carmin.*
Women with Child. See Abortion.
Women in Child-bed. *Elect. with Cinnam. Jul. for Child-bed Women. Mixt. for Child-bed Women. Pills Haloſanth. Powd. Haloſanth. Ung. for Lying-in-Women.* See Birth. Emmenag. Fever Contin. Hyſterics. After-Pains. Somnif.
Women after Child-birth. *Whey Purging.*
Againſt Worms, Externals. *Catap. of Bitters Fom. Bitter. Plaiſt. Aloet. P. of Hiera. Ung. Aloet.*
Againſt Worms, Internals. *Bole Worm. Currants Anth. Dec. of Coralline. D. Sacr. 2. Glyſ. Bitter. G. Sweet. Infuſ. Anthelm. Pills of Merc. 2. Powd. Anthelm. P. A. Purging. P. for Children. Suppoſitories. Wine Elecampane.*
Worm Medicines how to be given. *Glyſt. of Bitters. Powd. Anthelm.*
Worms their Nature. *Fom. Bitter. Glyſ. of Bitters. G. Sweet.*
Of Wormſeed. *Powd. Anthelm.*
Wounds. See Traumatics.

Z.

Zwelfer of Caſtor. *Caſtor Pills.*

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